



THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls

Weekly News – Issue 9

11th November 2022



Dear Parents/Guardians

Headteacher's Headlines...

Thank you to parents and carers of our Year 11 pupils who attended the Progress evening on Tuesday 8th. It was lovely to speak with so many of you and talk with your daughters about their aspirations for 6th Form. I would really love to see as many of our Year 11 pupils stay at the Ursuline for Year 12 and I enjoyed talking with them about the programmes of study they are interested in pursuing. Dr Nguyen, our Curriculum Deputy Head, will be carrying out some surveys soon to find out about subjects they want to study and the enrichment activities and facilities which they feel would maximise their 6th Form experience. More on this soon! Please do read the entry about our visits to 6th Form fayres below and the flyer we have produced to share with external students, along with all the other 6th Form news we have this week! (Pages 12 – 14)

Please see the details on completing our survey from Mr Challis below. For parent(s)/carer(s) of Year 12 and 13 please note the following dates:

Year 12 Progress Evening: 23rd November 4.30pm – 7.30pm

Year 13 Progress Evening: 6th December 4.30pm -7.30pm

INSET day for staff only: 18th November – School closed to students

This week I hosted a series of 'hot chocolate breaktimes' with the pupils who wrote such lovely letters to me about what it means to be an Ursuline, you'll see the pictures further down the bulletin on page

We had a 2 minutes silence today to mark Armistice Day, in recognition of the exact time that hostilities ceased in 1918 – the 11th hour of the 11th day of the 11th month, and we also reflected on the service and sacrifices the Armed Forces make on our behalf. Please see our beautiful Library displays below on page 6.

Ms Stone



Pastoral Deputy Headteacher's Headlines...

Anti-bullying week

Next week in school, we will be marking anti-bullying week with a range of activities. Our school assemblies will all focus on this topic and students will also complete work and discussion during form time. As a



visible sign of our stance against bullying, students are invited to wear odd socks at the culmination of this week on Thursday 17th November. There will be further events and activities during the week, some of which will be led by students, for students to engage with and consider how we can stand against bullying as a school community.



It was wonderful to see so many of our Year 11 parents and carers who were able to attend our Year 11 progress evening on Tuesday and I hope you found the evening useful. I would be very grateful if you could take a few minutes to complete our parent's questionnaire by following the link below. You can remain anonymous if you wish and it provides the opportunity to let us know your views on key areas of school life and to raise any concerns you may have.

Thank you for your ongoing support during this crucial year for the girls.

<https://forms.office.com/r/5WubxHFp4C>

Mr Challis



Newsletter Contents this week:

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Chaplaincy News



Pope Francis@Pontifex – 9th November 2022

I renew my invitation to pray for war-torn #Ukraine. Let us ask the Lord for peace for these people who are suffering so much cruelty on the part of some mercenaries making war. Let us #PrayTogether



Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint November: Community

11th November: Act in such a way that they may always follow your example.

12th November: Consider that we live in the midst of snares and dangers.

13th November: Learn from Our Lord who, while he was in this world, was a servant.

14th November: Let interaction with one's neighbour be prudent.
15th November: Charity teaches discretion and moves the heart.
16th November: If you see one faint-hearted, encourage her.
17th November: In everything, willingly be gentle.



Prayer Garden

Here at UAI we are developing a prayer garden outside the Chapel which will be a place for prayer and reflection when the weather permits.

Each week, students volunteer to clean up the leaves and tidy the garden. Pope Francis reminds us that we have a duty to care for our earth. These girls are following his example and putting Serviam in action.

Well done girls!



Year 8 Chaplaincy Reps tending to the garden



Book of Remembrance

November is traditionally the month of remembrance. We remember and pray for, those of our friends and loved ones who have died but also, we remember those who fought in wars for our country, our freedom and our rights.

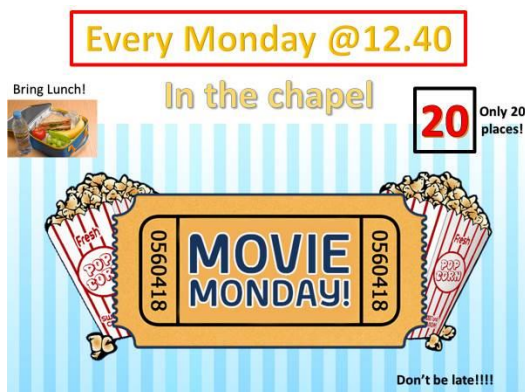
We now have our very own book of remembrance in the chapel where we invite you to come and write the names of anyone who has passed away that you want to remember this month.

Be creative, write their names or draw something to remember them, or write a message/prayer of hope.

The book will remain there till Christmas.



Movie Mondays



Starting on Monday 14th November we will be bringing back Movie Mondays! This club gives students an opportunity to watch an age friendly movie whilst eating their lunch and popcorn, and then discuss the major themes and do an activity. This was very popular with the year 7 students last year and so we hope to see a few new faces!

Please remind girls to bring their lunch and not to be late or they will miss parts of the movie 😊 **Cleo, Chaplain**



Art News



Ursuline meets with Drum Uk advertising agency

GCSE and A level art students were invited to an award-winning advertising agency in London. Luke Southern (Chief Executive Officer) presented a custom made pitch to UAI students, he explained the workings of a modern day agency and showed them how they created a campaign for Ocean bottle, (a water bottle made from 1,000 recycled plastic bottles from the oceans) . Students were given a real brief to work on and devised the next stage for the campaign.

Students worked in teams with strategists, designers and media planners.

After students presented their thoughts and designed, Luke said *"all three teams have developed great idea... with great story telling - I really like the fact that they are rooted in great insight- a great combined bedrock of ideas – you are all so good, that we would welcome you at Drum, after your education"*



Suneil Saraf, Senior Strategist at Drum UK (below) said of Ursuline Academy Ilford students

"We loved every minute of it. They're good kids!"



"I'm so grateful to have been given this opportunity to gain a better understanding of how content marketing on social media agencies like Drum work up close"

Imogen- Bess van Beers, Year 11



"If this opportunity comes your way I would definitely recommend it" - **Jessica Madu, Year 12**

"We learnt about the design industry and the best part was designing our own advert, as it was a creative task it kept us involved" – **Ehimare, Year 10**

"This is not something we do every day and it was so interesting, I discovered so much about people's careers and that your interests and passions are important" – **Aaliyah Siddiq, Year 11**

"It gave me clear understanding of the industry and how I can enter it through internship" -**Raneem Ramzan, Year 11**



"I learnt a lot and would like to be a graphic designer" - **Tracey Eze, Year 9**

"Influential and funny"- **Ibtida Khan, Year 9**

"Engaging hosts & informative"

"The visit to Drum UK was spectacular!"

"sustainability and creating ideas to help the environment. " - **Hana Asghar, Year 9**

UAI students have made a real difference by being a part of real brand development.

In addition to learning about the creative industry and making a path for themselves towards their individual goals, they have developed confidence in presenting and pitching their ideas. Their strategies and concepts for promoting the brand Ocean bottle involved team planning, lateral thinking and undoubtable has boasted their confidence.....and Drum UK were very impressed.



"We shared ideas", "we worked together"

" I have a strong understanding of advertising, the process, the jobs and how they got there"

-**Iman Asghar, Year 11**

"Lovely, educational"- **Holly Moffatt, Year 10**

And one final quote "I am so proud of all the students that participated and they should be congratulated. Well done"

Mr Butler
Head of Art



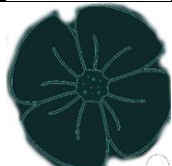



Library News

We Will Remember Them RIP

The Library displays this month commemorate the bravery and sacrifice of all those who died in the World Wars hoping to secure for us a life of freedom and unity. Sadly, war continues around the world so we also remember those affected by war at this time.



	Red - Fallen Soldiers		White - All Victims of War
	Black - Black, African and Caribbean Soldiers		Purple - Animals killed in War

Ms Finlay, LRC Manager

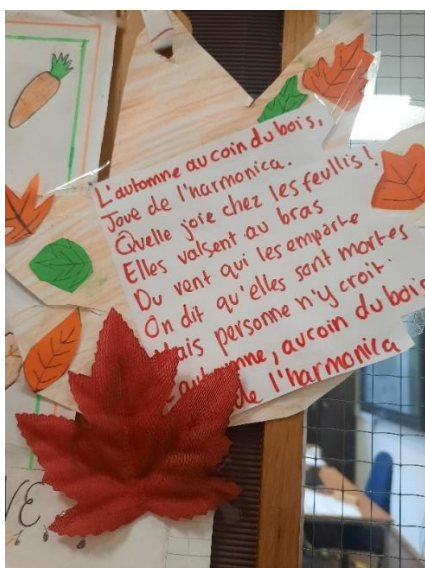


MFL News

Last week, Year 7 French students took on the incredible challenge to learn one of Maurice Carême's famous poems off by heart all in French, 'L'Automne'. Some of them performed in front of the class showing much Courage and Resilience when making mistakes. They also created this amazing display to decorate our classroom door with. Here are **Chloé** and **Roshaany** proudly posing in front of their lovely creations.

'Maurice Carême (12 May 1899 – 13 January 1978) was a Belgian francophone poet, best known for his simple writing style and [children's poetry](#).'

Ms Delpech, Head of MFL





Music News

'Future Makers'

Students in Years 7, 8 and 9 went on an exciting music trip to the Royal Albert for a tour and concert this week. Thank you to Ms Probert, Mr Hastie and Mr Basilio for accompanying the trip. 'Future Makers' is a new annual schools' concert which showcases talented young musicians from across London. The girls were inspired by the 9 amazing acts aged 14-18 who performed their own original music and songs from across the genres of rock, pop, jazz, rap and folk in the Hall's world-famous auditorium. The concert was presented by two of the Hall's Associate Artists, LionHeart and Jess Gillam, and featured a special performance by Jess and her ensemble. After the concert, the girls even got to meet some of their favourite performers!





"The trip to the Royal Albert Hall was very inspiring and informative. We learnt about how the Royal Family founded the hall and how history was made through the years in the hall. Alongside the tour, we watched a concert where we saw many young musicians. I enjoyed this as we saw instruments that we have never seen and heard of, and we also saw aspiring artists with goals to conquer in the future. Overall, the trip was very fundamental towards my music learning and it taught me a variety of things about music and history of the Royal Albert Hall." – **Nevaeh, 9U**

"The trip was amazing. We got to see memorials around the hall. We had a lovely tour guide who took us around and told us about the place in general but also about who had performed previously. I had so much fun listening to the music and seeing how each person made their own songs. It is really inspiring." – **Bianca, 9U**

"The trip was amazing. We had a tour around the hall and got to watch solo performances and group acts and in the end we got to meet some of the performers!" – **Tareena, 9U**

"The trip was really fun and inspiring and it was nice to watch the performances. I really liked the performances, despite the fact that one of them was so long. My favourite performance was G*R*C* because it was lively and upbeat. The Royal Albert Hall was an idea proposed by Prince Albert who sadly died before he could see it. Overall, the trip was great and I learnt a lot." – **ChiChi, 9U**

"The trip to the Royal Albert Hall was very fun. What I liked about it was watching people perform – the group I liked the most was GRC." – **Chidinso, 9U**

"The music trip was amazing. The people that worked there gave us a quick tour and historical facts about the place. It was named after Queen Victoria's husband, the Royal "Albert" Hall. There were 9 contestants that performed, groups and solos. Each one of them sharing their story on their music learning and how they made their music. It was nice to hear different instruments and different genres." – **Uchechi, 8C**

"The trip was quite an adventure. Seeing London itself was a pleasure: having views of statues while traveling. I most likely learning about the Royal Albert Hall from the very enthusiastic tour guide, who also surprised me about the amount of time it took to build the famous hall – 4 years! All in all, I really enjoyed this trip very much and would definitely go there again to see the spectacular performances." – **Gabriella P, 8C**

"It was amazing – nothing I've ever seen before. It was like x factor. It was a great day and I would like to do it all over again!" – **Phoebe, 7T**

"I loved the experience and I enjoyed the concert. The singing and music there was amazing! I'd like to do it again in the future." – **Anita, 7T**
Ms Deller, Head of Music

Alumni 'Once an Ursuline always an Ursuline'

When we talk about role models, it makes you wonder who's going to be in the next series. Well the irony now it's come full circle at the Ursuline!

Last Thursday as part of our Black History Season, it was lovely to welcome back alumni Isabella Mahoney who left the school at aged 18 in 2015.

Isabella quickly gave a brief introduction of her time enjoyed at the school, then gave students an indication of what to expect with a quick question for a show of hands, if anyone had considered entrepreneurship. The world of becoming an entrepreneur is something not very often talked about when choosing one's career path in schools. Therefore, it was great for students to listen to what she has done since leaving and what she was presently doing at the award-winning company Foundervine that is empowering diverse founders to build, grow and scale their business.



Isabella is now a Program Manager at the award-winning start-up company 'Foundervine', running various programmes, accelerators, networking, mentoring and coaching. Amongst many the company offers partnerships, working with Lloyds, Barclays, Wray and Nephew, Amazon and more recently with Sainsbury's. Part of Isabella's job essentially is to help under represented founders to start their own businesses. Especially working towards building more black leadership and supporting more black owned businesses within these brands. It was great to see the importance of her work with Sainsbury, especially with the lack of diversity of African foods in the store. She is presently looking after and working with 9 black owned businesses to get their products on the shelves in Sainsbury's, the winners will receive £100,000 to help their business. She also talked about an opportunity she got as part of a roundtable at 10 Downing St, with



the previous PM Boris Johnson. Discussing how can they give young people more access to finance when it comes to skills, entrepreneurship and leadership. She had time at the end to give advice for those students interested in starting their own business. When asked how she felt being back? Isabella said "Yeah I loved it, seeing my old

teachers that taught me, it was so nice to be back" **DT TEAM**

P.S. We've just heard that Foundervine has been awarded the Diversity Champion of the Year! The award was presented to them by Sir Trevor McDonald!!



Suzana Jahan 10J “Miss Isabella talked about her journey and success in entrepreneurship. Learning about work experience especially in the business area, my peers and I found her experience very interesting and considering she had come from our school it was a pleasant event”

Sara Khan 10T “I liked learning about entrepreneurship and how going to university is not the only way to be successful and get a job. The best part was that she was an old Ursuline and it felt more personal and that we had something in common!”

Maariyah Sauntally 10C “I liked the goal of the company and how they support the BLM movement the best part was listening how she ended working at Foundervine”

Zahra Mahmood 10T “I enjoyed learning how it’s possible to become an entrepreneur and owning my own business and that it could be possibly for anyone of us in the future”

Magdiel Allam 10C “I liked seeing a person trying to involve Black people into jobs, the talk taught me about the different opportunities and apprentices as well”

Divinia Nath 10C “I liked the fact that they help black collectives and routes into work, and helping you find your passion and ambitions”

Caitlin Padua 10C “I enjoyed her talk and I learnt about Foundervine and how it helps diverse businesses. it also inspired me to that no matter what school you go to you can achieve great things”



Science News

Science Club Week 7: Paper Helicopters.

This week the girls made their own paper helicopters using a template and added paper clips to the bottom. Paper helicopters are also known as Propellers. The girls could name the two forces acting on the helicopters...do you know the names of these forces?

Thanks to my helpers **Laiba (Yr.12)** and **Ms. Agudelo**

Mrs Bharaj






Why should you join our 6th form?





We have been visiting a number of schools to participate in the marketing of our 6th form. We welcome students from outside our school but are also very keen that so many of you stay here after you have completed and succeeded in your GCSEs.

Our current students are our best advocates, **Jessica Darwin** and **Alisha Qureshi** joined Ms Stone and Ms Basi visiting Plashet school on 3rd November while **Taybah Iqbal**, **Lois Graham**, **Elizabeth Akande**, **Romisa Aldrinamalasuthakaran** joined Mr Challis at Sarah Bonnell on 9th November. These students have really made us proud in how eloquently they speak and promote our wonderful school to prospective students and parents. Thank you!





SIXTH FORM AT THE URSULINE ACADEMY ILFORD

You are warmly invited to visit our school and meet our excellent and dedicated subject teachers on our sixth form open evening on Thursday 26th January at 6pm.

Further information and the online application form can be accessed via our website www.uai.org.uk

If you have any questions or queries you can contact us at enquiries@uai.org.uk

- A sixth form for young women and girls.
- An extensive range of academic A level subjects and a wide range of Applied and Vocational courses that can be studied separately or in combination.
- A focused and professional environment with class sizes averaging 12 – 15.
- A funded Scholarship programme, including financial support and tailored enrichment including mentoring and trips to universities.
- Three dedicated study areas with high quality digital resources.
- Excellent track record of students progressing to prestigious universities, higher apprenticeships and highly competitive courses.
- An academically challenging yet supportive environment where all students are able to flourish.


“The support the school has given me and the unique sense of community that exists, has really inspired me”

Want to find out more?

We have a wide range of courses to offer from A levels to vocational qualifications. View our online prospectus and other useful information at www.uai.org.uk and click on the sixth form tab.

Our school is close to the centre of Ilford and can be reached easily via public transport. There is a chance to visit our school and meet the staff on our sixth form open evening on Thursday 26th January between 6pm – 7:30pm.

To apply to our sixth form, either follow the link on our website or go directly to <https://uai.org.uk>



☎ 020 8554 1995
 ✉ enquiries@uai.org.uk
 🌐 www.uai.org.uk



Sixth Form News

This week, we congratulate **Muntaha Akbar, Alina Torbally** and **Melissa Kabaye** in Year 12 for their success in being accepted onto the **Cambridge University Academic Enrichment Programme** being run by Lucy Cavendish College this year. The programme is highly competitive and it is exceptional that three of our girls were successful. The girls will attend weekly subject-specific enrichment classes which will strengthen their skills and knowledge with the aim of raising attainment and confidence in their current A-



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level studies. They will also be exposed to a range of additional subject taster sessions, alongside the completion of a Supracurricular Enrichment Project later this year designed to allow them to explore their subject interests further and think more seriously about possible degree choices. Throughout the programme, they will also receive advice from Cambridge University's Admissions Team on every stage of the application process so that they can make their university application as competitive as possible. This is a fantastic opportunity and one that I know the girls are really looking forward to experiencing.

Mr Robertson, Assistant Headteacher



Financial Workshop

Sixth Form Finance Workshops

This week Year 12 took part in a final finance workshop by delivered by Ed from Wize up and partnered with the Jack Petchy foundation. Ed Flack spoke to our students about budgeting, saving & investing, taxation, pensions and cryptocurrency. Our students were fantastic as usual, and

Ed was very impressed with their engagement, knowledge and general attitude to learning. It was overall a very successful workshop and experience for both Year 12 and 13 students. After an evaluation of the workshop, we gained the following data:

- Of our year 12 students:
- 100% of them said they are more confident with the topics covered
- 95% of them said that they felt more enabled to make good decisions about money
- 65% of them said that they felt more confident in their ability to manage money well.

- Of our year 13 students:
- 94% of them said they are more confident with the topics covered
- 66% of them said that they felt more enabled to make good decisions about money
- 50% of them said that they felt more confident in their ability to manage money well.

It is fantastic to see that the workshops have helped to empower our young women and prepare them for the world outside of school.

Ms R Basi and Ms L Catungal





What it means to be an Ursuline Girl...

You may remember in our Newsletter of 7th October we published a selection of entries Ms Stone had received when she asked girls to write to her with 'what it means to be an Ursuline Girl'. As a reward, the girls all had hot chocolate and marshmallows at break time with Ms Stone on Monday, Tuesday and Wednesday of this week, where they were given Ursuline pens, and had the opportunity to get to know Ms Stone a little better. Unfortunately, one entry was missed from the Newsletter of 7th October, because Ms Stone had it pinned up on her wall! It is so lovely, we thought it should be shared:

Dear Mrs Stone

I just want to let you know that you are doing a fabulous job in helping the school. The new recycling bins look lovely and can really help our environment keep clean and tidy. I and our school really love your great work and effort. I am very proud of you. ***Oluwasemilone Ogunbajo 8T***

Please see pictures below...

Monday: ***Sabiha Ali 8U, Avril Gottshalk 8U, Marwah Imran 8U, Oluwasemilone Ogunbaji 8T, Adaoma Ozoemene 8U, Haashini Saraladai Balaji 8U***

Tuesday: ***Fola Oludoyi 7U***

Wednesday: ***Angelica Anajekwu 10U, Savannah Daley 10U, Alayna Naci 8J, Sara Shahzad-Ilyas 8J***



8 Year 8 News

Before half term Year 8 held a competition to decorate their doors in honour of Black History month. They were given one week and had to work with their form groups to design their door. The results are below. As you can see, they all made an amazing effort and every door looks incredible, but the winner was judged to be 8J for their bold and colourful design.

8J will have a reward during form time this week. Well done!



Ms Mackie, Head of Year 8



UAI Chess Tournament

We are pleased to announce the UAI Queen of Chess Tournament 2022 is commencing 14th November 2022.

We have 32 students from ALL year groups competing for the trophy with the champion's name engraved on it.

Mr Fan, Chess Club



Careers



National Green Careers Week 4-12 Nov 2022

The first National Green Careers week was launched this week to highlight the many and varied opportunities that allow young people to see the opportunities in careers that support the environment and sustainability as part of their core function.

Please click on the links below to read the Parents Guide of to read the last 2 Editions focusing on 'Green' careers

[Parents Guide to Green Careers Week](#)

The last two editions of the Careers Download magazine have been devoted to Green Careers Week:

[The Careers Download Edition 7](#)

[The Careers Download Edition 8](#)

Explore



undergraduate study in the USA with the Sutton Trust US Programme!

Queen of Chess Tournament 2022



Chess tournament
All abilities welcome
Matches will be played in lunch times
Registration outside of G7
Registration deadline: 28th October (Friday)
PRIZE: A trophy with the winners name engraved on it

- UK-based residential events where students can learn about studying at a US university
- In depth advice about applying for funding and scholarships
- Your students will meet like-minded young people from across the UK

Applications are now open for the [Sutton Trust US Programme](#) for 2023!

This free programme provides state school students in the UK with the unique opportunity to learn about the US admissions process from experts at the US-UK Fulbright Commission.

[Find out more and apply here](#)

Upcoming Events

 [Met Police Careers Insight Session Tickets, Wed 16 Nov 2022 at 18:00 |](#)

Eventbrite - North Area Outreach Team - Metropolitan Police presents Met Police Careers Insight Session - Wednesday, 16 November 2022 at Lea Valley Academy, Enfield, England. Find event and ticket information.


 [BA Cityflyer & London City Airport Careers Open Day Tickets, Multiple Dates |](#)

Eventbrite - BA Cityflyer presents BA Cityflyer & London City Airport Careers Open Day - Saturday, 19 November 2022 at Courtyard by Marriott London City Airport, London, England. Find event and ticket information.

University Events

 [University of East Anglia Event | Webinar: A step-by-step guide to writing a standout personal statement - 16th November](#)

Webinar: A step-by-step guide to writing a standout personal statement at University of East Anglia, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

 [University of Sheffield Event | Orthoptics Taster Session - 23rd November](#) Orthoptics Taster Session at University of Sheffield, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

 [University of East Anglia Event | Webinar: Politics taster lecture \(Political Debate\) - 23rd November](#)

Webinar: Politics taster lecture (political debate) at University of East Anglia, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

 [University of Sheffield Event | Bioengineering Taster Session - 28th November](#)

Bioengineering Taster Session at University of Sheffield, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

[University of East Anglia Event | Webinar: Preparing for Medicine & Healthcare University Interviews - 29th November](#)

Webinar: Preparing for Medicine & Healthcare University Interviews at University of East Anglia, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

[Norwich University of the Arts Event | Portfolio and Audition Advice - November 30th](#)

Portfolio and Audition Advice at Norwich University of the Arts, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

Career of the week - Pharmacologist :

Click [here](#) to read Mah Hussain's story of becoming a Pharmacologist

Virtual Work NHS Experience Webinar/Live Chats

Are you interested in a career within the NHS, but unsure which career pathway to take?

BHR are excited to be able to offer the opportunity to register and attend a virtual work experience/live chat with an NHS Healthcare Professional. This will provide you with the opportunity to join an information session to find out more about a particular profession and ask any questions you have at the end of the session.

The following live chats are currently available to book onto:

- **Head of Emergency Preparedness – 22nd November (3pm-4pm)**
- **Consultant Physician/Rheumatologist -23rd November (11am-12pm)**
- **Palliative Care Nurse – 23rd November (3.30pm-4.30pm)**
- **Emergency Department (Doctor) - 23rd November (4.45pm-5.45pm)**

To register your interest and or find out more on how to reserve your place, please email:
don.santos@nhs.net

Ms Finlay, Careers Coordinator

VICTORIAN CHRISTMAS AT VALENTINES MANSION

*FREE
Entry*

*FREE
face painting
for children*

Sunday only

Saturday 3 Dec 12pm-9pm ☆ Sunday 4 Dec 12pm-6pm

Craft Stalls ★ Festive Music
Children's Activities ★ Raffles
Artists' Open Studios
Refreshments



Vision
Redbridge Culture & Leisure

www.valentinesmansion.com

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& GARDENS



Emerson Road IG1 4XA

Extra-Curricular Activities

Day	Activity	Time	Room
Monday			
	Indoor Rowing - All Year Groups: KKE	12.40 – 1.10p.m.	Gym
	Contemporary Dance – Years 7 & 8: SFR	12.40 – 1.10p.m.	Dance Studio
	Netball – Year 7: JMA	3.20 – 4.20p.m.	Playground/Gym
Tuesday			
	Maths Club – All Year Groups: TKO	12.40 – 1.40p.m.	S6
	GCSE Dance Students – Years 10 & 11: KKE	12.40 – 1.10p.m.	Dance Studio
	P E GCSE Coursework & Intervention – Group 1: SFR	12.40 – 1.10p.m.	F7
	Badminton – Year 11 & 6 th Form: DEA	12.40 – 1.10p.m.	Gym
	Eco Warriors Club – Years 7 & 8: HCO/JMC	1.00 – 1.30p.m.	G3
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Drama Club – Years 7 & 8: IMI	1.00 – 1.30p.m.	Drama Studio
	Netball – Years 10/11/BTEC: KKE	3.20 – 4.20p.m.	Playground/Gym
Wednesday			
	Indoor Athletics – Years 7 & 8: JMA	12.40 – 1.10p.m.	Gym
	LGBTQ+ ‘Alphabet Soup’ Club – All Year Groups: HMA/EDO	12.40 – 1.10p.m.	F10
	Science Club (Selected Students): PBH	12.45 – 1.15	G10
	Board Games Club – All Year Groups: BFA	1.00 – 1.30p.m.	F13
	Football – Years 9/10 & 11: LBU/CSC	3.20 – 4.20p.m.	Playground
	DT GCSE Catch Up Session: AKO	3.30 – 4.30p.m.	G12
Thursday			
	Art GCSE Coursework & Intervention: RBU	12.40 – 1.40p.m.	S2
	Trampolining – GCSE PE Years 10 & 11: SFR	12.40 – 1.10p.m.	Gym
	P E GCSE Coursework & Intervention – Group 2: KKE	12.00 – 1.30p.m.	G18
	Chess Club – All Year Groups: LFI/BFA	1.00 – 1.30p.m.	G7
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Netball – Years 8 & 9: SFR	3.20 – 4.20p.m.	Playground/Gym
Friday			
	Art Club – All Year Groups: RBU	12.40 – 1.40p.m.	S2
	Multi Games – SS Students (Invitation only): BTEC Students	12.40 – 1.10p.m.	Gym
	Running Club – All Year Groups: JMA/NRI	3.20 – 4.20p.m.	Playground/Gym



P E Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 12.40 – 1.10p.m.	Indoor Rowing All Years Gym (Ms Keogh) Contemporary Dance Years 7 & 8 Dance Studio (Ms Francis)	GCSE Dance Students Years 10 & 11 Dance Studio (Ms Keogh) GCSE Coursework & Intervention Group 1 F7 (Ms Francis) Badminton Year 11 & 6th Form Gym (Ms Eakins)	Indoor Athletics Years 7 & 8 Gym (Mrs Mansell)	Trampolining GCSE PE Years 10 & 11 Gym (Ms Francis) GCSE PE Coursework & Intervention Group 2 G18 (Ms Keogh)	Multi Games SS Students (Invitation only) Gym (BTEC Students)
After School 3.20 – 4.20p.m.	Netball Year 7 Playground/Gym (Mrs Mansell)	Netball Years 10 & 11 & BTEC PE Playground/Gym (Ms Keogh)	Football Years 9, 10 & 11 Playground (Mr Burt/ Ms Scallan)	Netball Years 8 & 9 Playground/Gym (Ms Francis)	Running Club All Years Playground/Gym (Mrs Mansell & Ms Riaz)



Music Clubs

EXTRA-CURRICULAR MUSIC CLUB TIMETABLE					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breaktime		WORSHIP BAND @ 10.40am S5 WOODWIND ENSEMBLE @10.40am Practice Room 3	YR 7+8 UKULELE GROUP @10.40am S5		
Lunchtime	SENIOR CHOIR (Yrs 9-11) @ 1pm S5	UAI BAND @ 12.40pm S5 VIOLIN ENSEMBLE @ 1.10pm S5	JUNIOR CHOIR (Yrs 7-8) @ 1pm S5	GUITAR ENSEMBLE @ 1.10pm S5	GLEE CLUB @ 12.40PM S5



A Weekly Gift to you and your family from your Catholic School

THE Wednesday
WORD



SHARING SUNDAY'S GOSPEL WITH PARENTS & FAMILIES

Dear Parents and Carers,

A faithful person is a gift to the world. When we grow in faithfulness, others will know that we are people who are reliable, supportive and trustworthy, who are loyal and have staying power through both good times and bad times.

In this Sunday's Gospel, Jesus encourages the disciples (and us too) to be faithful to him. Pope Francis also reminds us that, "God is faithful, always faithful and continues to be rich in goodness and mercy."

Wednesday 9th November 2022

Everybody wants a faithful friend. Jesus offers to be our faithful friend and invites us to be his. Even though many things in the world may change, the faithful promises of Jesus will never pass away - God's love for us will last forever.

Enjoy a special time together this evening exploring this Sunday's Gospel and this Wednesday's word, which is **FAITHFULNESS**.

Dom Henry Wansbrough



To see this week's Parish Version of The Wednesday Word: wednesdayword.org - Parents' Pages - Lectio Divina with Fr Henry.

THE GOSPEL IN CHURCH Sunday 13th November 2022



When some were talking about the Temple, remarking how it was adorned with fine stonework and votive offerings, Jesus said, "All these things you are staring at now - the time will come when not a single stone will be left on another: they will all have been knocked down." And they put to him this question: "Master," they said, "when will this happen then, and what sign will there be that this is about to take place?" "Take care not to be deceived," he said, "because many will come using my name and saying, 'I am he' and 'The time is near at hand'. Refuse to join them." Then he said to them, "When you hear of wars and revolutions, do not be frightened. There will be wars, earthquakes, plagues and famines here and there; there will be great signs in the heavens. Before all this happens you will be shunned by all people on account of my name, but not a hair of your head will be lost. Your endurance will win you your lives."

Adapted from
Luke 21: 5-19 (the 33rd Sunday of Ordinary Time, Year C)

**Everyone can learn more about this Gospel
in Church - all are warmly invited.**

"Let us give thanks to
God for his faithfulness."
Pope Francis



THE Wednesday
WORD

CONNECTING HOME, SCHOOL AND PARISH THROUGH SUNDAY'S GOSPEL

If we choose to be faithful to Jesus, we still need God's help and the help of the Church (the community of the faithful) to stay faithful. A faithful person is a gift to the world. We can be certain that our faithfulness to God will be rewarded.

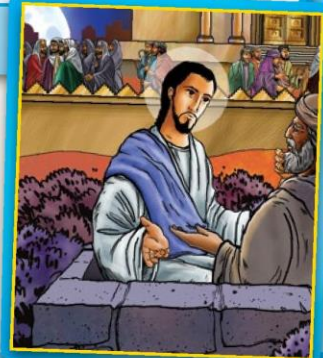


1 Our Special Time Together

Enjoy reading the Gospel overleaf (or below for younger children)

Some people were talking about the beautiful stones used to build the temple and about the gifts that had been placed in the temple. Jesus said, "The time will come when not a single stone will be left on another: they will all be knocked down." The disciples asked Jesus when this would happen and he replied, "Before the world ends, many things will happen. People will appear and pretend to be me saying, 'I am the Christ and now is the time!' But do not believe or follow them. And when you hear about wars and earthquakes, do not be afraid; just stay faithful to me."

What were the disciples asking Jesus? Which word or words stood out for you in this Gospel, and why? See the Gospel picture opposite. What does it make you think about?



2 Wednesday's Word is ...

FAITHFULNESS

3 Loving God & Each Other

"Be faithful in small things because it is in them that your strength lies."

St Teresa of Calcutta (Mother Teresa)

Ask your child what the word 'faithful' means to them. To be faithful is to be true to someone or something. Does your child know someone who is a faithful friend - someone who keeps their promises? What is it like to be in the company of a faithful person? It may help your child if you can talk about a person you know to be a faithful friend, and say why.

"Let us ask then for the grace to remain faithful to God and to listening to his Word." *Pope Francis*

How can we grow in faithfulness to God and to each other? Perhaps we can: spend time with God and listen to him through daily prayer; follow the teachings of Jesus by always trying to love our neighbour as ourselves; remember to put others' needs before our own needs; make sure that if we tell someone [or we tell God] that we will do something, we do it!



Dear Lord Jesus, thank you for being our **faithful** friend. Please help us to keep growing in **faithfulness** to you and to one another. Amen.

Gospel Gallery

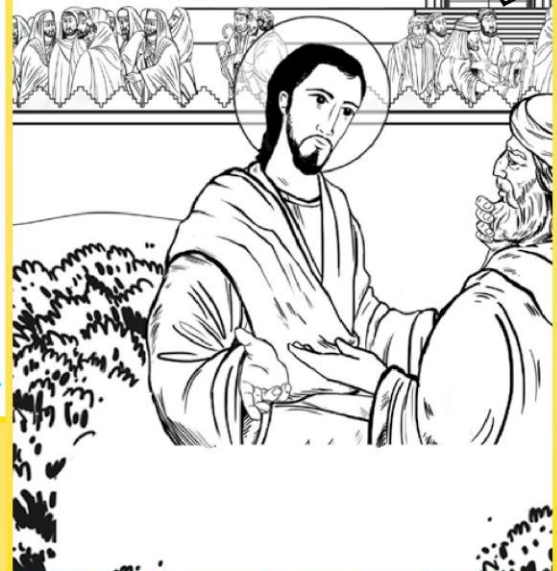
Y O D P G M A N Y Y T D
W T J E S U S B A W K L
D H A Y J N P U T T G U
D I S C I P L E S B G F
N N K B G D W E N E M H
E G E F K D L U S E J T
A S D O Y P P S S B O I
R S G N I H T C D T I A
B A A C N G N P G Y D F
Y M S T A Y B R A E N B
J I G F A I T H F U L I
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WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

- ☒ DISCIPLES
- ☐ MANY THINGS
- ☐ STAY FAITHFUL
- ☐ JESUS NEARBY

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**



Search for at least three differences between this picture and the colour one. Then draw them in before colouring.

Cross out the letters **C W S** in the jumbled words below to find 4 real words.

fawicthfuls cnoswt smewc wafracids

Jesus said, "Do _____ be _____;
just stay _____ to _____."



To be a faithful person is to be loyal and to keep our promises. We can ask God to help us to grow in faithfulness - it really is a gift worth asking for.

Write a promise and then draw a big smile on Smiley

This week I will try my best to...

.....
.....



For more, see: wednesdayword.org and cbcew.org.uk