



**THE URSULINE ACADEMY ILFORD**

**A Catholic Academy for Girls**

***Weekly News – Issue 11***

**25<sup>th</sup> November 2022**



Dear Parents/Guardians

### **Headteacher's Headlines...**

A recent highlight in the school calendar was the visit to the Ursuline by Dr. Ann-Marie Imafidon, MBE a very impressive woman! The STEM team organised the event as part of our Black History Season celebrations. Students were treated to a key-note speech with a question and answer session. This was a real privilege for our students and was made possible by our dedicated STEM leaders; Mrs Russell and Mrs Kodi-Pecku. Please do read the testimonials from pupils and staff below, as you will read we were all inspired. The pictures give you a sense of how engaged and impressed we all were.

Today (Friday 25<sup>th</sup>) we were treated to another wonderful event. Ms Dellar (head of Music) and Ms Daniels planned, rehearsed and delivered a lunchtime concert with many students performing to celebrate St. Cecilia's day (the patron Saint of music). Ms Dellar also led assemblies for all the students this week about St. Cecelia, many thanks!

A couple of dates for diary as we edge closer to the Christmas break. On Wednesday 14<sup>th</sup> December pupils are invited to wear their 'Christmas jumpers', they are also asked to bring a non-perishable item for our contributions to Redbridge Foodbank [Redbridge Foodbank | Helping Local People in Crisis](#)  
All items should be brought to the room outside Mr Challis' office.

Finally, you are all warmly invited to our **Christmas Carol Service on 15<sup>th</sup> December at 6pm**. We will begin the season of Advent on Sunday 27<sup>th</sup> November, an important period of waiting and reflection. It is a long half term so we hope everyone feels calm and rested as we approach the end of term.

Best wishes for the week ahead,

**Ms Stone**

[headteacher@uai.org.uk](mailto:headteacher@uai.org.uk)



### **Curriculum Deputy Headteacher's Headlines...**

#### **Exam arrangement for 2023**

The government has announced that GCSE, AS, A level and vocational exams will return to near normal arrangements next summer as life continues to get back to normal prior to the

pandemic. Fairness remains at the heart of the government approach to exams which is why there is a transition back to pre-pandemic exam arrangements.

A letter has been sent out to parents/carers of years 11-13 which explains everything you need to know in details, but here's a summary about Exams in 2023.

GCSE, AS, and A level exams in England will largely return to pre-pandemic arrangements next summer as students continue to recover from the pandemic. In line with the plans set out last September, the government has confirmed a return to pre-pandemic grading in 2023.

To protect students against the disruption of recent years, and in case students' performance is slightly lower than before the pandemic, senior examiners will use the grades achieved by previous cohorts of pupils, along with prior attainment data, to inform their decisions about where to set grade boundaries. This means, for example, a typical A level student who would have achieved a grade A before the pandemic will be just as likely to get an A this summer, and a typical GCSE student who would have achieved a grade 8 before the pandemic will be just as likely to get an 8 this summer.

The government has confirmed that students will not be provided with advance information on the focus of exams next summer. However, students will continue to be provided with support in GCSE mathematics, physics and combined science in the form of formulae and equation sheets. There would be a return to pre-pandemic arrangements for non-exam assessment, fieldwork and practical sciences and that schools this year will be teaching the full content of qualifications to students taking exams in 2023.

Results days will be on 17 August 2023 for AS and A levels and 24 August 2023 for GCSEs.

**Dr Nguyen**



## **Pastoral Deputy Headteacher's Headlines...**

### **Year 7 & 8 Disco**

Tickets for the Year 7 and 8 disco will be sold by the PSA from the 1<sup>st</sup> – 12<sup>th</sup> December and are £3 each. The PSA will be positioned just inside the main school gate before the start of school so students can purchase them on the way in between the dates shown. Please see poster below for further details (Note: Whilst the disco starts at 4pm, students will be able to remain in school if they do not have time to go home and come back again).



### **Behaviour consultation**

Thank you to those who have already provided feedback as part of the consultation on our behaviour policy. The link to the consultation is below if you would still like to share your views and it will close on Friday 2<sup>nd</sup> December. In addition, all students have been invited to complete a similar consultation that has been set through the homework system, Satchel One.

<https://forms.office.com/r/yS83RUu7Ub>

**Mr Challis**



PSA

PARENT STUDENT ASSOCIATION  
IN PARTNERSHIP WITH  
URSULINE ACADEMY ILFORD



**YEAR 7 & YEAR 8  
CHRISTMAS DISCO**

**ON  
WEDNESDAY 14<sup>TH</sup> DECEMBER 2022  
FROM 4PM -6PM  
IN THE DINING HALL**

Tickets £3  
inc. music, prizes for the best Christmas jumper  
and best dancer,  
lucky dip with lots of goodies.

We will be selling hot food,  
drinks, sweets and have an  
ice cream van.





## Newsletter Contents this week:

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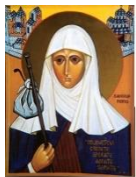


## Chaplaincy News



**Pope Francis@Pontifex – 23<sup>rd</sup> November 2022**

Spiritual consolation is an experience of interior joy that allows us to see God's presence in everything. It strengthens faith, hope and the ability of doing good; it helps us never give up in the face of difficulties because it gives us a peace that is stronger than any trial.



**Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint  
November: Community**

**25<sup>th</sup> November:** Be bound to one another by the bond of charity, esteeming each other, helping each other, bearing with each other in Jesus Christ.

**26<sup>th</sup> November:** May the strength and true consolation of the Holy Spirit be in you all.

**27<sup>th</sup> November:** I assure you that every grace you ask from God will infallibly be granted to you.

**28<sup>th</sup> November:** Blessed are those who will take very good care of this company.

**29<sup>th</sup> November:** They should do honour to Jesus Christ.

**30<sup>th</sup> November:** Act, move, believe, strive, hope, cry out to him with all your heart.

**December: Hope**

**1<sup>st</sup> December:** Although at times they will have troubles or anxieties, nevertheless this will soon pass away.



## CAFOD Presentation to Year 12

The two speakers from CAFOD who spoke to Year 12 during General RE this week were very insightful and introduced us to all the wonderful actions CAFOD takes to make One World. One thing that stood out for me is their initiative to 'help others help themselves'. This provides people with long-term aid so they can become self-sufficient. For example, instead of giving someone fish, they would provide the knowledge and materials so they are able to efficiently fish to provide for themselves. Moreover, they enlightened us on ways we can get involved and volunteer. For example, joining the gap year scheme, raising money or simply praying. Very worthwhile and informative!

**Isabelle Doves. 12.2**



*Book of Remembrance* **Book of Remembrance**

November is traditionally the month of remembrance. We remember and pray for, those of our friends and loved ones who have died but also, we remember those who fought in wars for our country, our freedom and our rights.

We now have our very own book of remembrance in the chapel where we invite you to come and write the names of anyone who has passed away that you want to remember this month.



Be creative, write their names or draw something to remember them, or write a message/prayer of hope.

The book will remain there till Christmas.

**PUT THIS on YOUR CALENDAR!**  
**Chaplaincy Diary Dates**

Movie Mondays Every Monday **12.40 – 1.30pm** in chapel (all are welcome)

Chaplaincy Team meetings Every Thursday **9am – 9.30am** (Alternate weeks for different year groups. Listen out for notices)

Feel Good Fridays – **12.40 – 1.30pm** Every Friday (By invitation only) in Desenzano House

**Cleo Gammon, Chaplain**



## Art News

### GCSE Art

## Curwen Print visits.

As part of their GCSE coursework students created dry point etchings and printed their work using print presses over 200 years old.



Students are used to modern day technology and everyday printing is fast; so, for them to reflect on how printing began and the effort that was required to recreate artwork during the 1880's was a surprise to many of them. *"The teaching was very in-depth and it was fascinating to learn such an old technique"* – Alannah

The GCSE students appreciated the skills required in being able to reproduce artwork accurately, they realised that it took patience and some strength – in order to move the heavy plate rollers.

*"It was hard work using the press"* -Jessica.

*"The most interesting part was using the old machines"*- Amina



*"It was so much fun and I learnt a lot!", "I learnt many new techniques, it was enjoyable"*

*"I enjoyed overlaying the prints, it made them seem 3D", "I learnt about Chine Colle"*

*"We discovered how to make faded prints called ghost prints"*



The Curwen Press has been used by many famous artists including Henry Moore. The student's results were superb and both classes should feel proud of their achievements.



Well done to all,

Mr Butler  
Head of Art



**Black History Season**

**STEM**ettes

**Dr Anne-Marie Imafidon**

**Thought leader in the tech space and champion of diversity in STEAM**

In October as part of our Black History Season, we started with the inspirational Dr Miranda Brawn mentoring session and last Thursday we welcomed one of the biggest names in Tech, **Dr Anne-Marie Imafidon co-founder of Stemettes**. It's been eight years since Anne-Marie last visited the school and a lot has happened since. She now regularly appears in international media and is a sought-after presenter. In addition to hosting the highly popular Women Tech Charge podcast for the Evening Standard, Anne-Marie has featured on the 2019 Royal Institute Christmas Lectures and conducted live interviews with famous

faces from the Tech world and beyond, including **Sir Lewis Hamilton, Jack Dorsey** and last year she covered **Rachel Riley's** maternity leave on Channel 4's Countdown daytime programme.

Anne-Marie delivered a very powerful and inspiring keynote, '**Live your best life STEAM Mode On**', ironically finishing on the importance of having a mentor, of which Stemettes provides inviting students to apply. The Unlucky 13 number turned lucky for 13 students as they received signed copies of her first book '**She's in CTRL**' which she very kindly donated 13 to the school. Follow Stemettes for free activates unless otherwise indicated [Girls Do STEM Too... - Stemettes](#)® see link for mentoring <https://stemettes.org/sts/> applications close 11<sup>th</sup> December 2022. See poster on page 21.



Dr Anne-Marie thank you, we are so grateful to you for finding the time to come back in your very busy schedule. You inspired our ladies that they can achieve anything; their dreams, goals and gender shouldn't affect their abilities.

About her inspirational keynote speech, we need say no more other than please see some testimonials from both Staff and Students below!

**Quote from Anne-Marie;** "It's always a pleasure to return to UAI - the students are such an engaged audience eager to listen & learn. I'm excited to have many more Stemettes amongst your ranks and always proud to see where alumni like Floriane and Vanessa built the roots of their STEM careers. Looking forward to having groups from UAI join us at industry school trips in the new year, and living their best STEAM life. If there's anyone who wants a mentor and didn't get the chance to let me know, visit [bit.ly/my-mentee](http://bit.ly/my-mentee) and we'll get you connected"!



**Alumni Quote; Floriane Fidegnon, former Head Girl,** "It was fantastic to see Anne-Marie back again at the Ursuline, inspiring this generation of young women, much like she did back when I was in school and sitting in those exact same seats. I hope the girls learnt a lot from that day and will use it as a way to kick-start their Stemettes journey! I wouldn't be where I am today, chairing the Stemette Futures Youth Board and as a trustee without Anne-Marie and her team's continuous support and inspiration".

**STAFF; Mr Fan, Maths Teacher,** "This is my first time to learn about Anne-Marie's background and her interesting adventure in life. I think I could speak for the cohort that the talk was very entertaining yet inspirational, there are not many people who could achieve both at the same time. Several students told me her speech motivated them to go into the STEAM path and how they would want to change the future like the way Anne-Marie does. She mentioned us being in the 4<sup>th</sup> industrial revolution was certainly invoking. The content was very relatable to our students and so down-to-earth that students could actually visualise.





Even as an adult myself, there is something I could take home with, not least the “growth mindset” and “being experimental in life” messages. Thank you UAI STEM team for organising the talk”

**Mr Donovan, History Teacher,** “I really enjoyed the visit by Dr Anne Marie to the school last Thursday. She seemed friendly, personable and funny, a great example to the students. She did a great job of highlighting to the students the lack of diversity that there is in STEAM and also encouraging students to change the world around them so that it better reflects their own lives, so much so that I didn’t mind being used as an example of this lack of diversity!”



**Mr Burt English Teacher,** “Dr Anne-Marie discussed the lack of diversity in the field of STEM artfully through her speech. At one point, I was highlighted as the only person in the room who can identify with the white male role models too often used when discussing science. It shone a light on what should be a great source of annoyance for the students in a way the girls engaged with (in this case by laughing at me). I too saw the ridiculousness of this situation and agree that more should be done to celebrate women, particularly women of colour, in all fields.

**Ms Ahmed, Maths Teacher,** “As parents, guardians and educators, when the young people around us choose ideal role models, we breathe a huge sigh of relief! We anticipate them emulating the footsteps of those who have achieved above and beyond. Dr Anne Marie has made her mark in history, as the youngest female ever to pass an A-level at the age of 11. During her influential lecture at The Ursuline this month, she was successful in shedding light on the gaps in our seemingly progressive world. Our girls were able to relate to her experiences and realised the importance of their involvement in STEM to address the issues that would greatly impact their lives in the coming years. I sincerely hope that our students take up Dr Anne Marie's mentoring offer and aspire to make a positive difference in the world we live in”



**Ms Milne, Head of Drama** “The presentation by Dr Anne-Marie was powerful and progressive. The students were clearly inspired by her life and work. She made them feel empowered to embrace their futures as young women of the world with the view that ambition is worth striving for and achieving” **Ms Kayode, Maths Teacher,** “It is important that students have relatable role models or mentors in the various career fields or sectors as this will boost their aspiration level'. 'Having a problem solver mindset sets one apart from the crowd”



**Ms Sivachandran, Maths Teacher** “The talk from Dr Anne-Marie was one of the best talks I have sat in on. It was extremely importantly relatable to the young girls at UAI. During her talk she was able to enthuse her audience and encourage them into STEM subjects. As a Mathematics teacher I am in awe of her success and hard work. She is an inspiration to us all”

**STUDENTS; Nereannah Olafusi Year 12,** “Last Thursday I felt extremely fortunate having attended a talk by Anne-Marie. Her achievements within STEAM are remarkable and being a female of colour who aspires to pursue a career within STEAM, I find her very inspiring. The talk itself was engaging and interactive, shedding light on black female figures such as Dr. Gladys West whose mathematical work led to the invention of the GPS. After the talk I was gifted a signed copy of her book ‘She’s In CTRL’. I have so far read the first chapter about curiosity. Her childhood curiosity with HTML coding was something I could relate to very much. Overall, this was an experience which I really enjoyed”

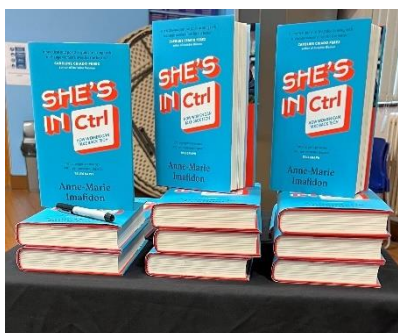


**Rashmi Shivaraman 7U,** I really enjoyed the constant humour and inspiration Anne-Marie offered. I learnt that no matter where or who you are you can make a difference. Anne-Marie really encouraged me to take an interest in STEM, she’s really inspirational. To me, she didn’t look like a big success – (the grey hair) but looks don’t matter.

**Maariyam Saumtally 10C,** “Her talk was one of the most interesting talks I have ever heard. I loved how she interacted with the audience and how she didn’t just talk about her life but her experiences with young people. My favourite part was receiving her book”

**Kaosisochi Oguchi 7T;** I liked how she said you can do anything if you put your mind to it. Honestly, I think the funny/best part was when the smart watch company had only just found out about periods.

**Aliya Ali 7T;** I felt really inspired because IT is something I would like to do in the future as a career. The best part was when she asked questions and gave out her books because it shows how nice she is.





**YR 8 Poster**

**Rianne Beno Eric 11J**, I found her offer of mentorships very useful which has led me to become a member of the Stemettes society. I feel incredibly changed and refreshed by her advice during the talk and so pleased I also received her book 'She is in CTRL'

**Maryam Ilyas 8T**, I liked how Anne-Marie was very funny and making everyone laugh whilst also we were still learning. I liked how she made us feel comfortable about everyone's race, religion and gender.

**Catherine Clary 10J**, I was really inspired by Dr Anne-Marie, I liked how she told us of some of the flaws the big brand has made. I was shocked about the seat belt story of how women and children were more likely to die

because the seatbelts were made to a man's body and how women are still overlooked today. I loved every minute of her presentation.

**Vishmi Surendiarathas, Jeyasnni Jeyaharan 8T**, I liked Anne-Marie she was asking us so much questions. She was really talkative and fun and we were inspired by her work and decided to make a poster about her. it was fun making and I think she loved it and we learnt a lot about her.

**Emanuela Owusu 10T**, I really enjoyed the talk, it gave me an insight to a stem career and hearing it from someone so successful as her really inspired me especially when she is from the same background as me. The best part for me was how engaging it was for the audience and we all felt included.

**Ibtida Khan 9C**, I loved the way she was a comedienne in the assembly. I learned a lot of things I didn't even know before. Like seatbelts weren't designed with women and children in mind. She was awesome and made me enthusiastic about my best STEAM life.



**Keishiikka Sivasankar 7C**, I loved the jokes and how she made us laugh, I've learnt that we have to try our best and achieve a goal like she achieved a goal and now she's proud about it. She also gave us free books.

**Maria Baikzai 10T**, Today was very nice, I want to write a book like her, and I want to do similar things in the future.

**Chloe Banting 7C**, I liked how Anne-Marie was able to do her A 'levels in year 6, I really want to be an IT professor and Anne-Marie tells me that I can become it if I work hard!



**From left to right  
Present Head Girl team & Alumni Head Girl  
team in 2016**



**D T Team**



### **History News**

On Monday of this week we took some Year 11 students to the old St Thomas's Hospital near London Bridge station as part of their GCSE History Health and the People topic. They learned about old medical procedures and the associated risks that took place in having to undergo operations without any pain relief or proper hygiene procedures. They got to have a look round the medical museum that was attached to the hospital and look at the various nasty looking surgical instruments that were used. Well done to Waania Malik for volunteering to have her leg amputated in front of the rest of the students, very brave!



### **Rianne Beno Eric in 11J**

Our trip to the Old Operating Theatre - the oldest in Europe - was a very intriguing experience which built on the fundamentals of the GCSE History of Medicine course, as we were able to experience the real cases surgeons had and their approaches to them, in the place where they had done it. It was a very immersive experience, especially as we had worksheets afterwards that asked us questions relevant to our studies, while we explored the different medical instruments, herbs and even patient organs that had been carefully preserved in glycerine. These had labels which explained what their diagnosis was. The speaker was also very welcoming and very detailed in explanation while making it entertaining, with demonstrations.

### **Waania Malik 11C**

I thoroughly enjoyed my surgery, although the amputation took 20 minutes, I was clearly stuck with an amateur! Learning about the ways of the operating theatre was truly a joy.



Mr Donovan



## Library News



The Annual Book Fair will open for business just in time for Christmas, on Thurs 1 Dec until Wed 7 Dec. There will be over 200 books to choose from and all are at **halfprice**. There will also be lovely stationery and posters which always prove popular. Every book bought can help to get FREE BOOKS for our school library! Gift **Vouchers** can be bought online in advance of the event to safeguard against carrying cash but of course students can also pay with cash.

**Book Fair Gift Vouchers** are the simple, secure way to ensure your child gets the books they want when the Book Fair arrives. Once a purchase has been made, **you will receive the voucher in an email** which can be printed and given to your child – much safer to carry than cash!

Vouchers can be purchased on <https://bookfairs.scholastic.co.uk/gift-vouchers> up until midnight on the day before the collection of the Book

Fair.



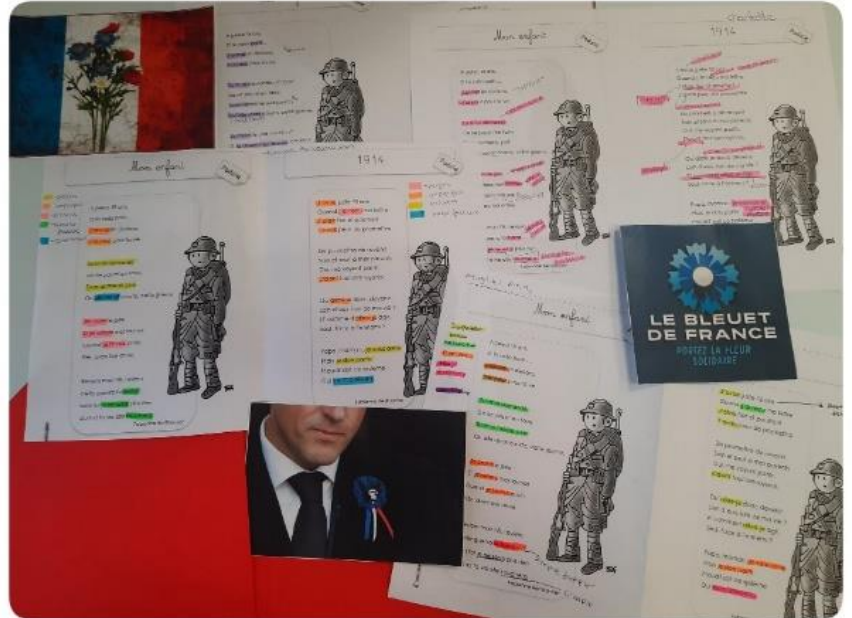
Thank you in advance for your support and **Merry, Merry Reading...**

**Ms Finlay, LRC Manager**



### L'Armistice/ Remembrance Day

Last week, our Year 10 French students commemorated 'Armistice', also known as 'Remembrance Day' from both linguistic and cultural points of view. They worked in groups, joining forces to revise all the different tenses and to reflect upon what life was like during WW1. Here are **Elizabeth Boansi** (10C), **Tahila Kayenga** (10C), **Zaina Khan** (10U), **Chantelle Brown** (10C), reading out two poems talking about young soldiers that were called up to the front line.



**Did you know?** In France, 11<sup>th</sup> November is a bank holiday and cornflowers (bleuets de France) are used as a common symbol for veterans, and not poppies like in the United Kingdom and Canada.



**Ms Delpech, Head of MFL**

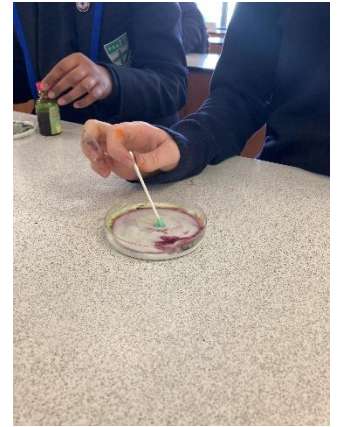


## Science News

### Science Club Week 9: Magic Milk.

This week for science club the girls investigated the magic milk experiment. The experiment chemical reaction going on here between the Fairy liquid and the milk's fat and the girls used food colouring to highlight the reaction. We used the blue top (full fat milk), but you can try this with the green or the red top milk.

Thank you to my helpers *Lilly (Yr.9)*, *Laiba (Yr.12)* and *Miss Agudelo*



*Mrs Bharaj*

**STEM superstars from education and business  
 honoured at the STEM Inspiration Awards**

Following our recent visit to the House of Lords to be awarded the South East ***‘Outstanding Stem Club of the Year 2022,’*** this was the headlines published on the Stem Learning website <https://www.stem.org.uk/all-news/stem-inspiration-awards> .

The 6 young students, 3 from the Ursuline and 3 from Broughton Hill Girls’ School, Liverpool were warmly welcomed by the Stem Learning CEO, Yvonne baker OBE, with the greeting, ***“Its people like you that are the reason why we do what we do. You are amazing young human beings”***. A wonderful message leaving the girls feeling very special and privileged to be invited to represent their schools. These girls have enjoyed an incredible experience and they will have stories to tell for years.



It’s been 12 years of Stem at UAI and when one thinks of a Stem Club category, and the award the school received, the impact is only possible with contribution from each and every one of them! There’s no ***‘I’*** in the word ***TEAM*** but there is in the word ***Win***, and it is teamwork all the way. Therefore, on behalf of the Stem Team this award is for every single Stem Club member who has attended over the years, even for just one session. **THANK YOU** for joining us, we are so glad you are here. Congratulations to us all!

***D T Team***

***Nahian Joyeta 10T***, “I was very privileged to be an ambassador for my team (MACE) The excitement started; as we sauntered our way out of the buzzing station towards the busy streets of Westminster, taking in the unique and extravagant architecture of Westminster and the warm gleeful smiles flickered from us as we knew the upcoming joy. We spotted many







statues of amazing and inspirational people, (suffragist movement, Millicent Fawcett) and those who fought for peace and justice. Finally, we arrived at our exquisite destination, we waited for our names to be announced, whilst waiting we spoke to many STEM ambassadors who spoke about their works and activities they have managed with different schools and groups.

Finally, we entered the House of Lords and prepared our table to display our work. I was able to talk to people from many different fields in this event as they enquired about our projects and made suggestions for improvement and

told us what we should do next. A suggestion I received was to enter our project into the crest awards as they thought it could potentially receive one. This was very helpful because it first gave me a different perspective for the future of this project and also it acknowledges our teamwork and effort. Afterwards, we had the official ceremony and when they called our name for the inspiring Outstanding STEM club award and our hearts burst with joy. One of the things that inspired me the most from this event was when I was speaking to a STEM ambassador, he told me this is one of the reasons we volunteer his time for STEM to see young people flourish”.



**Sumaya Riaz 11T**, “It was a privilege to represent my team ‘**Project Prasinus**’ at the House of Lords and be involved in collecting ‘the Outstanding STEM club of the year award’. Having the opportunity to talk to so many VIP STEM professionals, people in business including an aerospace engineer and nuclear scientist including the chief executive of the UK Research and Innovation (UKRI) Professor Dame Ottoline Leyser, was inspirational. It was a great experience and I’m honoured to have been a part of such an

amazing achievement. Thank you to Ms Russell and Ms Kodi-Pecku for always encouraging us and for making this accomplishment possible”.

**Maariyah Sauntally 10C**, “I had so much fun at the House of Lord, I was able to talk about my project to some really important people and as well as Stem Ambassadors. Meeting a person that worked in nuclear mission and another in the space agency and learning about what they do was really very interesting. My favourite part was when we received or award, it was amazing”





## Careers

### Apprenticeships – School Leavers.

#### [School leaver programmes | EY UK](#)

[www.ey.com](http://www.ey.com) – [Share](#)

Applications for our 2023 apprenticeship programmes are now open! Kick-start your career with our apprenticeship programmes. Earn a salary from your very first day, work towards a professional qualification, and use your insights and skills to solve complex business challenges. Support on real client work whilst building experiences for tomorrow's world. Head to the link to learn more about our opportunities and apply today!

#### [Early Careers - BBC Careers](#)

[www.bbc.co.uk](http://www.bbc.co.uk) – [Share](#)

Ready to launch your career at the BBC? Whether you are a graduate, school leaver or looking for the opportunity to change your career, our new talent schemes could kick start your passion into a job that you love. Follow our @BBCGETIN Instagram to stay up to date.

#### [Events - The Dyson Institute of Engineering and Technology](#)

[www.dysoninstitute.com](http://www.dysoninstitute.com) – [Share](#)

Whether you are a prospective student looking to apply, a parent wanting to find out more, or a teacher/careers advisor searching for suitable opportunities for your students, these events will give you the insight you're looking for into life at the Dyson Institute.

**If you'd like personalised apprenticeship application support including a CV review, please email [lucy@upskillme.io](mailto:lucy@upskillme.io)**

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#### Upcoming Events:

##### [The Dyson Institute of Engineering and Technology](#)

[www.dysoninstitute.com](http://www.dysoninstitute.com) – [Share](#)

Whether you are a prospective student looking to apply, a parent wanting to find out more, or a teacher/careers advisor searching for suitable opportunities for your students, these events will give you the insight you're looking for into life at the Dyson Institute.

##### **Inclusion Panel 01: Women in Engineering - 24th November 5pm - 6pm**

This panel event will take a look at being a woman in engineering at the Dyson Institute. The panel will focus on the lived student experiences of current Undergraduate Engineers or alumni and will have time for q&a. Recommended for prospective applicants identifying as female or non-binary.

##### **Inclusion Panel 02: Engineering and Ethnicity - 1st December 5pm-6pm**

This panel event will take a look at being an engineer at the Dyson Institute from a minority ethnic group. The panel will focus on the lived student experiences of current Undergraduate Engineers or alumni and will have a time for q&a. Recommended for prospective applicants identifying as being part of a minority ethnic group.

**[Starting and Building Your Career in Data Tickets, Tue 29 Nov 2022 at 18:00 |](#)**

Eventbrite - BrainStation presents Starting and Building Your Career in Data - Tuesday, 29 November 2022 at BrainStation, London, Greater London. Find event and ticket information.

**[Met Police Careers Insight Session, Sat 3 Dec 2022 at 10:00 |](#)**

Eventbrite - North Area Outreach Team - Metropolitan Police presents Met Police Careers Insight Session - Saturday, 3 December 2022 at London Alevi Cultural Centre & Cemevi, Haringey, England. Find event and ticket information.

**[University Events](#)**

**[Teesside University Event | The changing world of events management - 23rd November](#)**

The changing world of events management at Teesside University, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

**[Royal Veterinary College Event | BSc/MSci Biological Sciences Pathways Open House - 26th November](#)**

BSc/MSci Biological Sciences Pathways Open House at Royal Veterinary College, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

**[Nottingham Trent University Event | Experience Animal & Wildlife Studies at NTU - 28th November](#)**

Experience Animal & Wildlife Studies at NTU at Nottingham Trent University, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

**[Taster Lectures.](#)**

**[University of East Anglia Event | Webinar: Politics taster lecture \(UK political parties\) - 30th November](#)**

Webinar: Politics taster lecture (UK political parties) at University of East Anglia, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

**[University of Sheffield Event | Politics and International Relations Taster Session - 1st December](#)**

[www.unitasterdays.com](http://www.unitasterdays.com) – [Share](#)

Politics and International Relations Taster Session at University of Sheffield, listed on UniTasterDays.com - a comprehensive database of University Taster Day Events for schools and students.

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## The Bellway Team

Please find attached our Newsletter and information about roles with Bellway across the UK and specific to your area.

Attached is also a link to a 'Parent and Influencers Event', 7th Dec 18.30. It is a great way to ask questions about apprenticeships in the home building/construction sector.

[Click to register for live event](#)

[Click Here for PDF Newsletter](#)

## A Big Hello From Bellway

We are one of the UK's largest five-star home builders. We have 22 offices across the UK and over 250 sites in addition to our new purpose-built headquarters in Newcastle upon Tyne. Creating dream homes for over 75 years.



## Busy at Bellway

It's been a busy and exciting time here at Bellway as 60 new apprentices started their career journey with us in September.



These talented individuals join our award winning apprenticeship programme in a variety of roles across the UK, including Bricklaying, Joinery, Engineering, Site Management, Accountancy, Town Planning and Quantity Surveying to name just a few.



## Economist Degree Apprenticeship Applications open Monday 19th December 2022

Over 60 vacancies available with the Government Economic Service

The Government Economic Service will be opening applications this year for their **Economist Degree Apprenticeship programme** for 2023.

Starting in **September 2023**, applications are **open from Monday 19th December** for over **60 vacancies nationwide**, with departments such as the HM Treasury and the Department for Work and Pensions.

This is a brilliant opportunity to work in a central government department or agency on some of the most important social, environmental and economic issues our country faces.

### Join our webinar to find out more

Join a webinar with the Government Economic Service on **Wednesday 7th December** between 3.30pm - 4.30pm to find out more about the apprenticeship programme and how to prepare for the application process. Suitable for students, teachers/careers advisers and parents/carers, sign up below to learn more.

[REGISTER NOW](#)

### Download the Candidate Pack

This pack contains useful guidance around the role of an Economist, what the degree apprenticeship involves, how the application process will work and answers key FAQs from applicants. To download the pack, click [here](#).



**APPLICATION OPEN**  
Apply to be a **mentee** on our:

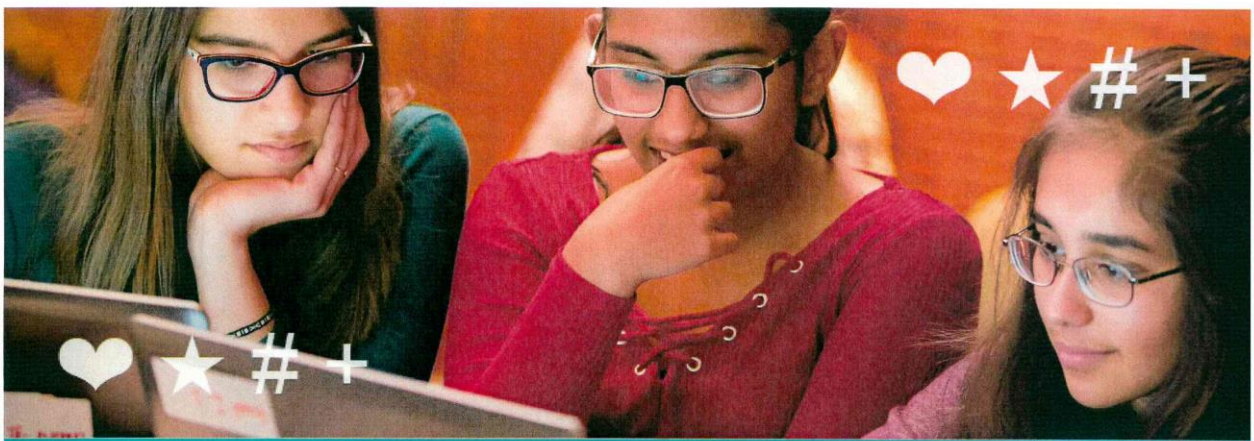


# Student to Stemettes Mentoring Programme

For women and non-binary people aged 15-25.  
Application due 11 Dec 2022 @ 11:59 pm.



Learn from your mentor and gain **knowledge** and **experience**. Student to Stemettes matches you with a mentor who will answer your questions and encourage you to succeed.



**SIGN UP**  
[bit.ly/my-mentee](https://bit.ly/my-mentee)

Search **Student to Stemettes** to find out more.



@Stemettes  
stemettes.org



Stemettes, New Broad Street House, 35 New Broad Street, London, EC2M 1NH.  
© 2022 Stemettes. Science, Technology, Engineering & Maths are for girls, young women, non-binary young people and for all.

## Extra-Curricular Activities:

Day	Activity	Time	Room
<b>Monday</b>			
	Indoor Rowing - All Year Groups: KKE	12.40 – 1.10p.m.	Gym
	Contemporary Dance – Years 7 & 8: SFR	12.40 – 1.10p.m.	Dance Studio
	Maths Intervention – Year 11: SAH	12.40 – 1.40p.m.	F15
	Chemistry Club – All Years: JOS	1.00 – 1.30p.m.	G8
	Netball – Year 7: JMA	3.20 – 4.20p.m.	Playground/Gym
<b>Tuesday</b>			
	Maths Club – All Year Groups: TKO	12.40 – 1.40p.m.	S6
	GCSE Dance Students – Years 10 & 11: KKE	12.40 – 1.10p.m.	Dance Studio
	P E GCSE Coursework & Intervention – Group 1: SFR	12.40 – 1.10p.m.	F7
	Badminton – Year 11 & 6 <sup>th</sup> Form: DEA	12.40 – 1.10p.m.	Gym
	Eco Warriors Club – Years 7 & 8: HCO/JMC	1.00 – 1.30p.m.	G3
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Drama Club – Years 7 & 8: IMI	1.00 – 1.30p.m.	Drama Studio
	Netball – Years 10/11/BTEC: KKE	3.20 – 4.20p.m.	Playground/Gym
<b>Wednesday</b>			
	Indoor Athletics – Years 7 & 8: JMA	12.40 – 1.10p.m.	Gym
	LGBTQ+ 'Alphabet Soup' Club – All Year Groups: HMA/EDO	12.40 – 1.10p.m.	F10
	Science Club (Selected Students): PBH	12.45 – 1.15	G10
	Board Games Club – All Year Groups: BFA	1.00 – 1.30p.m.	F13
	French Club – Years 7 & 8: LDE	1.00 – 1.30p.m.	??
	Football – Years 9/10 & 11: LBU/CSC	3.20 – 4.20p.m.	Playground
	DT GCSE Catch Up Session: AKO	3.30 – 4.30p.m.	G12
<b>Thursday</b>			
	Art GCSE Coursework & Intervention: RBU	12.40 – 1.40p.m.	S2
	Trampolining – GCSE PE Years 10 & 11: SFR	12.40 – 1.10p.m.	Gym
	P E GCSE Coursework & Intervention – Group 2: KKE	12.00 – 1.30p.m.	G18
	Chess Club – All Year Groups: LFI/BFA	1.00 – 1.30p.m.	G7
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Netball – Years 8 & 9: SFR	3.20 – 4.20p.m.	Playground/Gym
	GCSE Computer Science Catch Up Session – Years 10 & 11: RMI	3.30 – 4.30p.m.	F6
<b>Friday</b>			
	Art Club – All Year Groups: RBU	12.40 – 1.40p.m.	S2
	Multi Games – SS Students (Invitation only): BTEC Students	12.40 – 1.10p.m.	Gym
	Running Club – All Year Groups: JMA/NRI	3.20 – 4.20p.m.	Playground/Gym



## P E Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 12.40 – 1.10p.m.	<b>Indoor Rowing</b> All Years Gym (Ms Keogh)  <b>Contemporary Dance</b> Years 7 & 8 Dance Studio (Ms Francis)	<b>GCSE Dance Students</b> Years 10 & 11 Dance Studio (Ms Keogh)  <b>GCSE Coursework &amp; Intervention</b> Group 1 F7 (Ms Francis)  <b>Badminton</b> Year 11 & 6 <sup>th</sup> Form Gym (Ms Eakins)	<b>Indoor Athletics</b> Years 7 & 8 Gym (Mrs Mansell)	<b>Trampolining</b> GCSE PE Years 10 & 11 Gym (Ms Francis)  <b>GCSE PE Coursework &amp; Intervention</b> Group 2 G18 (Ms Keogh)	<b>Multi Games</b> SS Students (Invitation only) Gym (BTEC Students)
After School 3.20 – 4.20p.m.	<b>Netball</b> Year 7 Playground/Gym (Mrs Mansell)	<b>Netball</b> Years 10 & 11 & BTEC PE Playground/Gym (Ms Keogh)	<b>Football</b> Years 9, 10 & 11 Playground (Mr Burt/ Ms Scallan)	<b>Netball</b> Years 8 & 9 Playground/Gym (Ms Francis)	<b>Running Club</b> All Years Playground/Gym (Mrs Mansell & Ms Riaz)

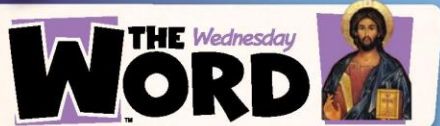


## Music Clubs

<b>EXTRA-CURRICULAR MUSIC CLUB TIMETABLE</b>					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breaktime</b>		<b>WORSHIP BAND</b> <u>@ 10.40am</u> S5  <b>WOODWIND ENSEMBLE</b> <u>@10.40am</u> Practice Room 3	<b>YR 7+8 UKULELE GROUP</b> <u>@10.40am</u> S5		
<b>Lunchtime</b>	<b>SENIOR CHOIR</b> (Yrs 9-11) <u>@ 1pm</u> S5	<b>UAI BAND</b> <u>@ 12.40pm</u> S5  <b>VIOLIN ENSEMBLE</b> <u>@ 1.10pm</u> S5	<b>JUNIOR CHOIR</b> (Yrs 7-8) <u>@ 1pm</u> S5	<b>GUITAR ENSEMBLE</b> <u>@ 1.10pm</u> S5	<b>GLEE CLUB</b> <u>@ 12.40PM</u> S5



A Weekly Gift to you and your family from your Catholic School



## SHARING SUNDAY'S GOSPEL WITH PARENTS & FAMILIES

Dear Parents and Carers,

The season of Advent begins this Sunday.

Advent is the time to start making preparations to celebrate Christ's birth - God's momentous arrival into our world in the person of Jesus.

Advent is also the season of hope: a time to think deeply about Jesus' return at the end of time, which we read about in this Sunday's Gospel.

Wednesday 23<sup>rd</sup> November 2022

So let's use this season of Advent to be open to welcome the Lord, to make a fresh start and to draw closer to God. The message is clear for all of us: we are to stand ready!

Enjoy exploring this Sunday's Gospel and this Wednesday's word, which is **ADVENT**.

*Dom Henry Wansbrough*

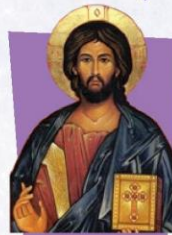


To see this week's Parish Version of The Wednesday Word: [wednesdayword.org](http://wednesdayword.org) - Parents' Pages - Lectio Divina with Fr Henry.

"Advent is like a springtime, when everything is renewed and so is fresh and healthy."

*St Teresa of Calcutta (Mother Teresa)*

### THE GOSPEL IN CHURCH Sunday 27<sup>th</sup> November 2022



Jesus said to his disciples, "As it was in Noah's day, so will it be when the Son of Man comes. For in those days before the Flood people were eating, drinking and having a good time, right up to the day Noah went into the ark, and they suspected nothing till the Flood. So stay awake, because you do not know the day when your master is coming. You may be quite sure of this: that if the householder had known at what time of the night the burglar would come, he would have stayed awake and would not have allowed anyone to break through the wall of his house. Therefore, you too must stand ready because you do not know when the Son of Man is coming."

*Adapted from  
Matthew 24: 37-44 (the 1<sup>st</sup> Sunday of Advent, Year A)*

**Everyone can learn more about this Gospel in Church - all are warmly invited.**

"The Lord is coming. May we await him with open hearts!"

*Pope Francis*



**THE Wednesday WORD** CONNECTING HOME, SCHOOL AND PARISH THROUGH SUNDAY'S GOSPEL



Advent begins four Sundays before Christmas Day and ends on Christmas Eve. Traditional Advent wreaths have a candle to light on each Sunday of Advent which reminds us of the light that Christ brings into our world.



# 1 Our Special Time Together

Enjoy reading the Gospel overleaf (or below for younger children)

Jesus said to his disciples: "Stay alert! Nobody knows when I will come back so you must always be ready. You can be sure that if the owners of a house knew at what time of night a thief was coming, they would stay awake and wouldn't let the thief break in. So, you must always be ready, because you do not know when I shall return."

**What did Jesus say we should always be?** Which word or words stood out for you in this Gospel, and why? See the Gospel picture opposite. What does it make you think about?



# 2 Wednesday's Word is ...

## ADVENT



# 3 Loving God & Each Other

"It is the beautiful task of Advent to awaken in each one of us memories of goodness."

*Pope Emeritus Benedict XVI (Pope from 2005 to 2013)*

Advent reminds us that God loves us so much that he sent his only Son, Jesus, into our world. Ask your child what else they know about Advent. What do they like best about this season which leads up to Christmas? Advent is an opportunity to be spiritually refreshed and helps us get ready for Christmas. You may want to share with your child what you know and like best about the season of Advent.

Advent helps us get ready for Christmas. It is a time to make an extra effort to be more loving towards God and our neighbours.

As a family, how can you prepare well through Advent - to 'stay awake', to be ready to welcome Jesus? Perhaps you can: always try to be fair, honest, generous and ready to go out of our way to help anyone who is in need; be a peacemaker; put up a crib, Advent wreath and Advent calendar; make a special effort to let other family members know how much you love them - through your words and actions.



Dear Lord Jesus, help us to 'stay awake' and to be aware of your presence in the people that we meet in this **Advent** season. Amen.

## Gospel Gallery

**WEDNESDAY WORDSEARCH**

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

<input checked="" type="checkbox"/>	<b>THIS SUNDAY</b>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<b>ADVENT BEGINS</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>ALWAYS READY</b>	<input type="checkbox"/>
<input type="checkbox"/>	<b>JESUS RETURN</b>	<input type="checkbox"/>

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**



Cross out the letters **ifl** in the jumbled words below to find 4 real words.

**bafclik refadily knolwifs Siffayl**

"\_\_\_\_\_ alert! Nobody \_\_\_\_\_ when I will come \_\_\_\_\_ so you must always be \_\_\_\_\_."

Search for at least three differences between this picture and the colour one. Then draw them in before colouring.



Advent is a time to do more good deeds. Even small good deeds bring more of Christ's light into our world and make us ready to welcome Jesus at any time.



Write a promise and then draw a big smile on Smiley

**This week I will try my best to...**

.....  
 .....



For more, see: [wednesdayword.org](http://wednesdayword.org) and [cbcew.org.uk](http://cbcew.org.uk)