

THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls

Weekly News - Issue 13

9th December 2022



Dear Parents/Guardians **Headteacher's Headlines...**

Our Head Girl team do such a wonderful job at the school, looking after their younger peers, speaking at public events, hosting assemblies and being great advocates for our great school. This week I had a coffee break with them to talk about their future aspirations and what they loved about the school. These students are truly inspirational and really great role models. Thank you!



Another group whom I'd like to pay special attention to this week is our PSA. As you know they have been busy planning the **Year 7 & 8 disco** which takes place on **Wednesday 14**th **December** at 4pm. Thank you for greeting our students in the morning selling tickets, there was great energy and positivity at the box office this week! Last summer the PSA made a promotional video to share the great work they are doing. I'd like to share it with you here 4d4481b7-38fb-4c7e-a3fb-fb01377aa815.MP4 - Google Drive



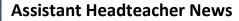
As we have emerged from the worst of the pandemic, there has been some understandable confusion surrounding the rules for coming into school if you suspect your daughter has covid. The most important principle is that students should not attend school if they feel unwell (particularly if they have a fever). **For any illness**,

students should stay off school until they feel better and the main symptoms have passed. For suspected or confirmed covid cases, the student should remain off school for at least 3 days as this is the government advice. We understand that it may no longer be possible for parents and carers to test students for covid and that an element of personal judgement is necessary and so reiterate the main principle of keeping students away from school until they feel better.



A reminder that our Carol Service is on Thursday 15th December, 6.00p.m. in the Hall. All welcome!

Ms Stone headteacher@uai.org.uk



Brown Envelope Day - 12th January 2023

Currently, our year 11 students find themselves in the midst of their mock examinations and are working tirelessly to produce results that reflect all

that they are capable of. And although the examinations themselves can be stressful, so is the wait for the day when we get to open that envelope with our actual GCSE results inside. To help our students understand what this feels like we will be replicating this with our own 'Brown Envelope Day'. This is something that we first instigated a number



of years ago and the students really do appreciate the experience – usually a mix of excitement and fear. This year, this will take place on Thursday 12th January where the students will get their results sheet with the grade achieved in each of their mock exams – just like they will do in the Summer for the real thing!

Mr Robertson, Assistant Headteacher

Dear Parent/Guardian

The Household Support Fund is an emergency fund and we ask that residents first use the <u>benefits</u> <u>calculator</u> to ensure they are getting all the benefits they are rightly entitled to.

Redbridge Council is holding a series of events where you can receive advice and make applications to the Household Support Fund:

- 15 December at Hainault Library, 100 Manford Way, Hainault IG7 4DD between 10am and 12pm
- January 23 date to be confirmed

Please visit the following link: Cost of Living (redbridge.gov.uk)

<u>Sent on behalf of the Admissions & Awards, London Borough of Redbridge, Lynton House, 255-259 High</u> Road, Ilford, IG1 1NN



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Chaplaincy News



Pope Francis@Pontifex – 9th December 2022

If we embrace Christ with open arms, we will also embrace other with trust and humility.



Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint

December: Hope

9th December Let God work; he will do marvellous things.

10th December: Learn from Our Lord who, while he was in this world, was as a servant.

11th December: God will give you the necessary strength, provided you do not fail for your part.

12th December: Strive to seek out the means and ways to advance.

13th December: Merely beginning is not enough if you do not carry through.

14th **December**: Put all your zeal and strength into carrying out your duty.

15th December: Our life and well-being are at stake.



Advent is a period of great anticipation and preparation. During this time, we reflect on the true meaning of Christmas. Not the shopping or the parties but on the coming of our saviour, Jesus Christ. Advent is a time of hope, peace, joy and love; it is a time when we come together in faith to remember Christ's birth through prayer, reflections, and good deeds.

Here at the Ursuline Academy Ilford, we wish you all a joyful Advent!





Ms Eakins

The chapel is buzzing today with preparations for Mass and preparations for Christmas a Many thanks to my chapel helpers a



Cleo



At this time of year, we remember those less fortunate than ourselves and we note that Christmas is a particularly difficult time for many in our local community. I'm sure this year, will be more difficult as the cost of living crisis starts to make an impact on the lives of ordinary people.

Redbridge Food Bank is a local charity we have supported previously during Advent. Last month, two of the trustees spoke to Year 13 during General RE and were warmly received. In previous years some of our VI formers have also volunteered there. As we will be making a collection, please can we ask that students bring an item of food/toiletries into school on **Wednesday 14th December**. See posted below for details of items needed.

Mr McGhee, Head of Religious Education





Our Year 9 retreats to Walsingham House have continued and students have enjoyed the fun and games as well as the prayerfulness and calm. Here are some of their thoughts below...

I really enjoyed the retreat because it was calming and having a break from school was fun. The activities were interesting and the staff really get involved and seem interested and respectful about your thoughts and ideas. I would love to go again.



I really loved the grounds and wish we could have had the retreat in summer so we could go outside more. I enjoyed working with people and the leaders were very nice.

I enjoyed the retreat as it was fun and the people there were very friendly and they made us feel welcome and comfortable. I enjoyed the group work the most and performing in front of everyone.

I enjoyed watching everyone's performances. That was the most fun.



The prayers were peaceful and the setting was beautiful

I thought that the retreat was good. The helpers were really nice, caring and allowed us to feel at home.

I really enjoyed lunch time because I got to play table tennis and I really enjoyed walking around on the paths in the huge garden.

I liked seeing horses and sheep along the way and playing table tennis





Movie Mondays

Movie Mondays has been a huge success so far with students participating from Years 7-9.

Our first movie and activity was "Inside Out". In the story, the main character, Riley, encounters various emotions that are personified but also has in her imagination various "Islands" that are connected to what things are important to her. For example, Riley's islands include Family, Friendship, Hockey, Honesty and goofball. After watching the movie, the students are now creating their own islands of what is important to them. There are some examples in the photos below and we will showcase some more once they are finished.

It is not too late to join on a Monday from 12.40 – 1.30pm



ONYOUR CALENDAR! Chaplaincy Diary Dates

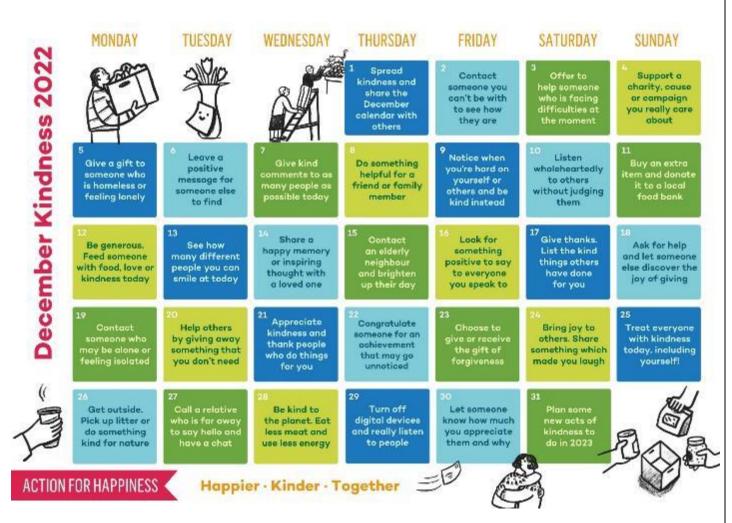
Movie Mondays Every Monday 12.40 – 1.30pm in chapel (all are welcome)

Every **Tuesday** there will be Chat and Chill with the Chaplain – A drop in session for all ages. Come and chat, chill, discuss new ideas and activities for chaplaincy, fundraise and more! Come and see!

Chaplaincy Team meetings Every Thursday 9am – 9.30am (Alternate weeks for different year groups. Listen out for notices)

Feel Good Fridays – 12.40 – 1.30pm Every Friday (By invitation only) in Desenzano House

This December, you can help make things better with simple acts of kindness. Even little things can make a big difference, like asking someone how they are and really listening, or sending a friendly message. #dogooddecember



Cleo Gammon, Chaplain



Badminton club is still up and running every Tuesday at lunch and the girls are making great progress. (There are a lot more shuttlecocks in the air and not on the floor these days!) It is also a great way to keep active and warm up during the winter months. It is great to see students from lots of different year groups playing together and making new friends too!





Ms Eakins



DT News

A Day in the life of a Curator

As part of our new schools' partnership with the V&A, UAI was invited to take part in a Pilot, the first time ever young people have been invited to co-curate an exhibition. And had the amazing opportunity to work with industrial designer Sam Hecht who has had a 20-year partnership with *Muji*, helping shape the company's minimalist yet practical image How I Got Here: Sam Hecht (creativereview.co.uk). Sam opened students' eyes about the world of design and the day started with Sam



talking about what it takes to be a successful designer, and stressing that good design comes with being curious and elements of trusts that it works for the person who will be using it.



Each group had the chance of working with a curator Trish Roberts, Alex Newson and Christion Vo for this unbelievable opportunity and to find out the role of a curator in making those conscious decisions about what stays and what goes when creating thought provoking exhibition installations essentially an editing process.



The first task in 'the day of a curator' was to think about some of the exhibits they were given and identify what they would expect to see on the label, when it was made, the materials it was made from etc before helping the curators choose the ones they would like to see in the museum. The selected items will form part of the exhibition *Under a Fiver.* Which comprises of over 100 pieces that Sam has collected in his travels around the world.

This will be displayed in the new Young V&A Museum in Bethnal Green opening in July 2023.



In the afternoon UAI received complimentary tickets to visit the landmark *African Fashion* Exhibition and students continued to have fun and see an explosion of creativity and unstoppable global impact and

dialogue between African cultures fashion and music. Thank you to Sam, Kirsty and the V&A Curator Team, for this fabulous opportunity. *DT Team*





SCO SELON

Eco Warrior Club

This week the eco-warriors went to Valentines park to pick litter. They collected 6 bags full of rubbish! This will reduce the likelihood of soil pollution and animals hurting themselves on

the litter. Amazing work, well done!

Ms Colder, Head of Geography





It's beginning to look a lot like Christmas...!





Christmas comes to Ursuline...Our tree was decorated by some lovely Year 7 girls...Thank you! #Serviam!



On the subject of Christmas, if you plan to have any tubs of sweets, please can Mrs Wood have the containers once they are empty - they make perfect containers for taking food home in if containers are forgotten - any brand sweets will be accepted!!!!



We always know that Christmas is close when we celebrate the Annual 'Bookbuzz' gifting of a book to all the Year 7 students. Unfortunately, Ms Stone was unable to attend but Dr Nguyen did an excellent job of

presenting the books and followed up with a wonderful talk of the importance of 'Reading' in his life both for recreation and academic success. He spoke of how his children still speak fondly of their memories of when he read to them at bedtime and how this in turn instilled their reading habits.

This event definitely contributed to this month's Ursuline commitment to 'Joy and Discernment'.



Ms Finlay, LRC Manager



French club: 14th December lunchtime

We will be decorating some biscuits the students baked from a recipe written in French. The club will take place in F12 (Food tech).



Our values

This week, Year 7 and 8 translated the Ursuline values and created a leaf display inspired by our values tree. They were also asked to reflect on them by giving examples of when they or someone they know showed these values.





FRENCH



Ms Delpech, Head of MFL







Apprenticeships

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Register your interest in an IBM apprenticeship



Higher & Degree Listing

In case you missed it, the hugely popular Higher and Degree apprenticeship vacancy listing is now available!

The listing showcases 300+ higher & degree apprenticeship vacancies from 60+ employers, including: Metropolitan Police, Virgin Media, KPMG, The NHS, Goldman Sachs, Amazon, British Airways, Atkins, and Sky!

Please help to share the listing far and wide to help those who might be looking for their next opportunity!

https://amazingapprenticeships.com/higher-degree-listing/



Sports Journalism at Leeds Trinity Aligns with News UK Leeds Trinity University's Sports Journalism course is set to offer exclusive placement opportunities with News UK, home to the world's biggest sports radio station and website.

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The Guardian league tables rank institutions by subjects and

look at student satisfaction, staff numbers, spending and career prospects.

Read More



Why Study Theatre at University?

This guide for sixth formers from Middlesex University includes what to expect, application tips, careers and more.

Read More



Computer Science Work Experience and Careers Day

Careerdays.co.uk are hosting an online work experience and careers day for anyone interested in a career in computer science this Saturday 10th December.

Read More

Ms Finlay, Careers Coordinator





Should I keep my

child off school?



Until...

at least 5 days from the onset of the rash and until all blisters have crusted over
48 hours after their last episode
they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19
their sores have crusted and healed, or 48 hours after they started antibiotics
4 days after the rash first appeared
5 days after the swelling started
they've had their first treatment
24 hours after they started taking antibiotics
48 hours after they started taking antibiotics



but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://qrco.de/minfec.

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North East and North Central London Health Protection Team 3rd Floor, Nobel House 17 Smith Square London SW1P 3JR

www.gov.uk/ukhsa

Dear Parent(s) / Carer(s),

Re: Increase in scarlet fever

We are writing to inform you of a recent [national/local] increase in notifications of scarlet fever to the UK Health Security Agency (UKHSA), above seasonal expected levels.

We would like to take this opportunity to remind you of the signs, symptoms and the actions to be taken if you think that you or your child might have scarlet fever.

Signs and symptoms of scarlet fever

Scarlet fever is a common childhood infection caused by *Streptococcus pyogenes*, or group A Streptococcus (GAS). It is not usually serious, but should be treated with antibiotics to reduce the risk of complications (such as pneumonia) and spread to others. The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours, the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body, and giving the skin a sandpaper-like texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and be pale around the mouth. This may be accompanied by a bright red red 'strawberry' tongue.

If you think you, or your child, might have scarlet fever:

- contact your GP or NHS 111 as soon as possible
- make sure that you or your child take(s) the full course of any antibiotics
 prescribed. Although you or your child will feel better soon after starting the
 course of antibiotics, you must complete the course to ensure that you do not
 carry the bacteria in your throat after you have recovered
- stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection

You can help stop the spread of infection through frequent hand washing and by not sharing eating utensils, clothes, bedding and towels. All contaminated tissues should be disposed of immediately.

Invasive Group A Strep (iGAS)

The same bacteria which cause scarlet fever can also cause a range of other types of infection such as skin infections (impetigo) and sore throat. In very rare cases, the bacteria can get into the bloodstream and cause an illness called invasive group A strep (iGAS). Whilst still very uncommon, there has been an increase in iGAS cases this year, particularly in children under 10 years old. It is very rare for children with scarlet fever to develop iGAS infection.

As a parent, you should trust your own judgement.

Contact NHS 111 or your GP if:

- · your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- · your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- · your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

Stop the spread

During periods of high incidence of scarlet fever, there may also be an increase in outbreaks in schools, nurseries and other childcare settings. Children and adults with suspected scarlet fever should stay off nursery / school / work until **24 hours** after

the start of appropriate antibiotic treatment. Good hygiene practice such as hand washing remains the most important step in preventing and controlling spread of infection.

Yours sincerely,

Dr Anita Bell Consultant in Health Protection North East and North Central London Health Protection Team UK Health Security Agency

Resources

NHS - Scarlet Fever

Scarlet fever: symptoms, diagnosis and treatment



Extra-Curricular Activities:

Day	Activity	Time	Room
Monday			
	Indoor Rowing - All Year Groups: KKE	12.40 – 1.10p.m.	Gym
	Contemporary Dance – Years 7 & 8: SFR	12.40 – 1.10p.m.	Dance Studio
	Maths Intervention – Year 11: SAH	12.40 – 1.40p.m.	F15
	Chemistry Club – All Years: JOS	1.00 – 1.30p.m.	G8
	Netball – Year 7: JMA	3.20 – 4.20p.m.	Playground/Gym
Tuesday			
	Maths Club – All Year Groups: TKO	12.40 – 1.40p.m.	S6
	GCSE Dance Students – Years 10 & 11: KKE	12.40 – 1.10p.m.	Dance Studio
	P E GCSE Coursework & Intervention – Group 1: SFR	12.40 – 1.10p.m.	F7
	Badminton – Year 11 & 6 th Form: DEA	12.40 – 1.10p.m.	Gym
	Eco Warriors Club – Years 7 & 8: HCO/JMC	1.00 – 1.30p.m.	G3
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m	G12
	Drama Club – Years 7 & 8: IMI	1.00 – 1.30p.m.	Drama Studio
	Netball – Years 10/11/BTEC: KKE	3.20 – 4.20p.m.	Playground/Gym
Wednesday	Netbuli Teurs 10/11/DTEC. KKE	3.20 4.20p.iii.	r laygrouna/ cylli
Treameday	Indoor Athletics – Years 7 & 8: JMA	12.40 – 1.10p.m.	Gym
	LGBTQ+ 'Alphabet Soup' Club – All Year	12.40 – 1.10p.m.	F10
	Groups: HMA/EDO		
	Science Club (Selected Students): PBH	12.45 – 1.15	G10
	Board Games Club – All Year Groups: BFA	1.00 – 1.30p.m.	F13
	French Club – Years 7 & 8L LDE	1.00 – 1.30p.m.	??
	Football – Years 9/10 & 11: LBU/CSC	3.20 – 4.20p.m.	Playground
	DT GCSE Catch Up Session: AKO	3.30 – 4.30p.m.	G12
Thursday			
	Art GCSE Coursework & Intervention: RBU	12.40 – 1.40p.m.	S2
	Trampolining – GCSE PE Years 10 & 11:	12.40 – 1.10p.m.	Gym
	P E GCSE Coursework & Intervention –	12.00 – 1.30p.m.	G18
	Group 2: KKE		
	Chess Club – All Year Groups: LFI/BFA	1.00 – 1.30p.m.	G7
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Netball – Years 8 & 9: SFR	3.20 – 4.20p.m.	Playground/Gym
	GCSE Computer Science Catch Up Session	3.30 – 4.30p.m.	F6
	– Years 10 & 11: RMI		
Friday			
	Art Club – All Year Groups: RBU	12.40 – 1.40p.m.	S2
	Multi Games – SS Students (Invitation only): BTEC Students	12.40 – 1.10p.m.	Gym
	Running Club – All Year Groups: JMA/NRI	3.20 – 4.20p.m.	Playground/Gym



P E Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Indoor Rowing	GCSE Dance	Indoor Athletics	Trampolining	Multi Games
12.40 -	All Years	Students	Years 7 & 8	GCSE PE	SS Students
1.10p.m.	Gym	Years 10 & 11	Gym	Years 10 & 11	(Invitation only)
	(Ms Keogh)	Dance Studio	(Mrs Mansell)	Gym	Gym
		(Ms Keogh)		(Ms Francis)	(BTEC Students)
	Contemporary	GCSE Coursework		GCSE PE	
	Dance	& Intervention		Coursework &	
	Years 7 & 8	Group 1		Intervention	
	Dance Studio	F7		Group 2	
	(Ms Francis)	(Ms Francis)		G18	
				(Ms Keogh)	
		Badminton			
		Year 11 & 6 th			
		Form			
		Gym			
		(Ms Eakins)			
After	Netball	Netball	Football	Netball	Running Club
School	Year 7	Years 10 & 11 &	Years 9, 10 & 11	Years 8 & 9	All Years
3.20 -	Playground/Gym	BTEC PE	Playground	Playground/Gym	Playground/Gym
4.20p.m.	(Mrs Mansell)	Playground/Gym	(Mr Burt/	(Ms Francis)	(Mrs Mansell
		(Ms Keogh)	Ms Scallan)		& Ms Riaz)
2					

Music Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Breaktime		WORSHIP BAND 10.40am S5 WOODWIND ENSEMBLE 10.40am Practice Room 3	YR 7+8 UKULELE GROUP @10.40am S5		
Lunchtime	SENIOR CHOIR (Yrs 9-11) <u>@ 1pm</u> S5	UAI BAND @ 12.40pm S5 VIOLIN ENSEMBLE @ 1.10pm S5	JUNIOR CHOIR (Yrs 7-8) @ 1pm \$5	GUITAR ENSEMBLE @ 1.10pm S5	GLEE CLUB @ 12.40PM \$5







Weekly Gift to you and your family from your Catholic School



SHARING SUNDAY'S GOSPEL WITH PARENTS & FAMILIES

Dear Parents and Carers.

In this Sunday's Gospel, John the Baptist had heard about Jesus Christ's miracles and all the other wonderful things that he was doing. But John was puzzled because he had been expecting a Messiah sent by God to judge the world. So, from his prison cell, he sent messengers to ask if Jesus really was the Messiah.

Jesus did not come to judge the world. Instead, Jesus was seeking out people to offer them forgiveness and healing, both physical and spiritual.

Wednesday 7th December 2022

Forgiving and healing was Jesus' task all those years ago and, if we put our trust in him, this is what he will do for us even today.

Enjoy a very special Family Time together this evening, hearing your child's thoughts about this Sunday's Gospel and this Wednesday's word, which is CHRIST.

Doin Henry Wansbrough

To see this week's Parish Version of The Wednesday Word: wednesdayword.org - Parents' Pages - Lectio Divina with Fr Henry.

THE GOSPEL IN CHURCH Sunday 11th December 2022



While John the Baptist was in prison, he heard what Christ was doing and he sent some of his followers to ask Christ, "Are you the one sent by God, or do we have to wait for someone else?" Jesus answered, "Go back

and tell John what you hear and see: the blind see again, and the lame walk, lepers are cured, and the deaf hear, and the dead are raised to life. The Good News is being announced to the poor; and happy are those who do not lose faith in me." As the messengers were leaving, Jesus began to talk to the people about John: "He is the one of whom scripture says: 'Look, I am going to send my messenger before you; he will prepare your way before you'. I tell you solemnly, of all the children born of women, one greater than John the Baptist has never been seen; yet the least in the kingdom of heaven is greater than he is."

> Adapted from Matthew 11: 2-11 (the 3rd Sunday of Advent, Year A)

Everyone can learn more about this Gospel in Church - all are warmly invited.

"With Christ, our life becomes full and everything makes sense." Pope Francis



As we read in this Sunday's Gospel, Christ was sent by God. Christ came for everyone - to bring us the fullness of life - to offer forgiveness and healing. He came to draw everyone into his love, so that we can become more like him and joyfully share in God's own life.

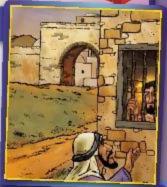




Our Special Time Together

Enjoy reading the Gospel overleaf (or below for younger children)

While John the Baptist was in prison, he heard about Christ's miracles and all that he was doing. So he sent some of his followers to ask Christ, "Are you the one sent by God, or do we have to wait for someone else?" Jesus answered, "Go back and tell John what you hear and see; the blind can see again, and the lame walk, lepers are cured, and the deaf hear, and the dead are raised to life. The Good News is being announced to the poor. Happy and blessed are those who do not lose faith in me." What did John send some of his followers to ask Jesus? Which words stood out for you in this Gospel, and why? See the picture opposite. What does it make you think about?



Wednesday's Word is ...

CHRIST

Loving God & Each Other

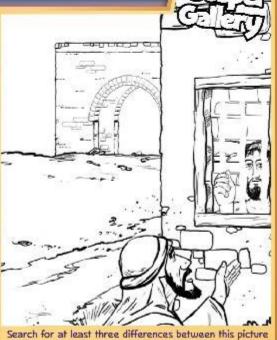
"For those who love, nothing is too difficult, especially when it is done for the love of Jesus Christ." St Ignatius of Loyola

Ask your child what they think the word 'Christ' means (parent help: the word 'Christ' means 'the anointed one', the one who is sent to save the world). Ask them what they have learnt at school about Christ's birth. What do they like best about the Christmas story? It may help your child if you share something that you know about Christ and his birth.

"Christ helps and strengthens us. He is a true friend." St Teresa of Avila

How can we live and love more like Christ as we journey through Advent? Perhaps we can: always try to be fair, honest, generous and ready to go out of our way to help anyone who is in need; make a special effort to let other family members know how much we love them. The word 'Christmas' comes from 'Mass of Christ'. Come and light a candle at Mass this Sunday (and on Christmas Day) - giving thanks to God for all the blessings that Christ brings to out lives. All are warmly invited.

Dear Lord Jesus Christ, please help us to be open to your love, joy and healing and to grow in faith as we celebrate your birth this Christmas. Amen.* YXEQZ EDNESDAY ORDSEARCH E H R J SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER ACROSS OR DOWN WBLOURI CHRIST SNNHFZ SUPERSEARCHERS FIND THE WORDS **BACKWARDS OR DIAGONALLY** Cross out the letters t U b in the jumbled words below to find 4 real words. huebartd mitrabclues dotinbug Jothunb While _____ the Baptist was in prison, he _____ about



and the colour one. Then draw them in before colouring.

This weekend we celebrate the third Sunday of Advent and light the pink candle on our advent wreath. The third Sunday is known as Gaudete Sunday. The word 'Gaudete'

Christ's _____ and all that he was _____.

in Latin means 'Rejoice!'. We rejoice that Christ is coming.

Write a promise and then draw a big smile on Smiley

This week I will try my best to

For more, see: wednesdayword.org and cbcew.org.uk