



THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls

Weekly News – Issue 29

5th May 2023



Dear Parents/Guardians

Headteacher's Headlines...

In the Catholic calendar May is the month of Mary, Queen of heaven. It is wonderful to see the message below from Year 9 pupils about our Tuesday rosary sessions at 10.40am in the chapel. Thank you, Naomi, Heather and Ruth, from 9T. As we approach the examination season, I offer my prayers for Mary's intercession to support our Year 11 and 13 pupils. The school community wishes all students success.



This week we also celebrated the school's 120-year anniversary. It is important to appreciate our place in history and the legacy of those who preceded us. We distributed cupcakes to everyone in the school community on Thursday, there was a lovely celebratory atmosphere on the playground! Please see collage of photos below on page 4.



Missing blazer:

Please could all parents check to ensure that their daughter is wearing the correct blazer and that it has their name in it. A student in Year 8 has lost their blazer, which is clearly marked with their name. If you find that you have the incorrect blazer, please return it to Ms Mackie.

I extend my appreciation to all parents and carers for their continued support of our exceptional school. I hope you all have a wonderful time celebrating the bank holiday.

Ms F Stone headteacher@uai.org.uk



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Chaplaincy News



Pope Francis@Pontifex – 4th May 2023

If in our hearts we are carrying some burden or suffering that seems to crush us, it is the moment to go out to meet Jesus, who is close, to open the tomb of our problems and look beyond the threshold towards his light. #Prayer



Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint May: Prudence

5th May: From everywhere comes dangers and various traps and diabolic snares.

6th May: Consider each one as good but be prudent for your own good.

7th May: You will achieve more with kindness and gentleness than with harshness and sharp rebukes.

8th May: Act in such a way that they may always follow your example.

9th May: First of all, strive, with the help of God.

10th May: Merely beginning is not enough if you do not carry through.

11th May: Have patience!

Praying the Rosary

We are really looking forward to praying the rosary in school every week this month.

Just to remind everyone it is every Tuesday at 10.40am for ten minutes.

We will be there, come join us!!

Rosaries are provided 😊

Naomi, Heather and Ruth 9T





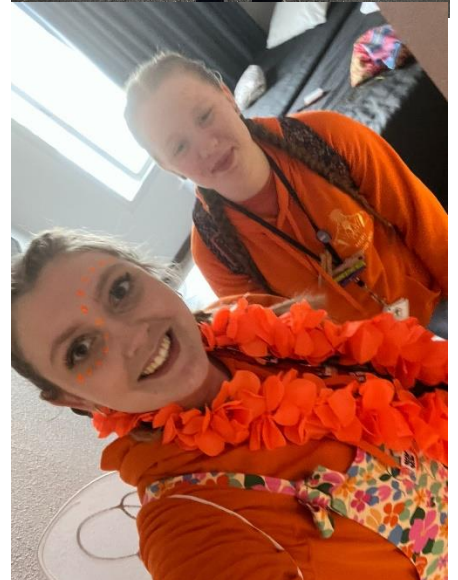
HCPT Pilgrimage to Lourdes



This Easter I went as a youth helper with HCPT group 206 on the Easter pilgrimage that happens every year in Lourdes. Every Easter, over 1,000 disadvantaged or disabled children get the opportunity to go, at no cost to them or their families. Group 206 is a group in the met east region and in Essex, this year we

took 5 young people. I was extremely lucky that I got the opportunity to travel twice, in the years of 2016 and 2017 as a young person with group 206, so this year I really wanted to give back and help give other children the magical experience I had. My other motivation for wanting to be a part of this would be the chance to serve others which has been a part of my everyday life at school.

Some of the main highlights of my week as a young helper were going back to Hosanna house (HCPT base house) for the first time in 6 years and also having trust with thousands of other people I absolutely loved the theme of the mass which was "The Good Shepherd" and learning the song 'My lighthouse' I had never heard it before but now cannot stop listening to it.



I had so much fun spending time with other Catholics on a similar faith journey to myself and meeting so many new people who become friends for life. Lourdes has an extremely special place in my heart, especially as it is where my faith returned to me, 5 years ago. But the most special part of the week was spending time with all the participants in our group and getting to know them. I would recommend volunteering to everyone.

Caitlin Ely Year 12

Chaplaincy Diary Dates



Chaplaincy Diary Dates

Movie Mondays Every **Monday 12.40 – 1.30pm** in chapel (all are welcome)

Every **Tuesday** there will be Chat and Chill with the Chaplain – A drop in session for all ages. Come and chat, chill, discuss new ideas and activities for chaplaincy, fundraise and more! Come and see!

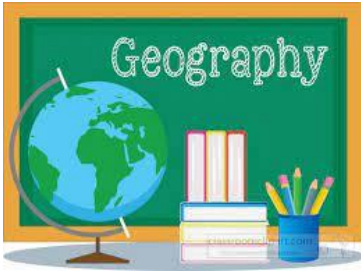
Chaplaincy Team meetings Every **Thursday 9am – 9.30am** (Alternate weeks for different year groups. Listen out for notices)

Feel Good Fridays – **12.40 – 1.30pm** Every **Friday** (By invitation only) in Desenzano House



120 Years' Anniversary of Ilford Ursuline – Cupcakes in the Playground!





Geography News

Year 8 students attended the BBC Earth Experience Exhibition in west London on Thursday. The students were able to experience a journey through the 7 continents where video footage from the BBC 'seven worlds, one planet' was shown on immersive screens whilst being narrated by David Attenborough.

This was a valuable learning experience for the students as they have previously completed topics on hot deserts and tropical rainforests. Additionally, the students learnt how these beautiful yet fragile ecosystems are under threat from human activity and made pledges of what they could do to help to protect them. There are some pictures and quotes from the students about the day and some pictures of the pledges they made - well done Year 8!! - SERVIAM

Haashini

"The message I will take from this is that we shouldn't interfere with nature's way and always try our best to preserve our wildlife."

Adina

"My wow moment was when I went into the scary bug room and I liked the balcony as you could get a great view of the continents."

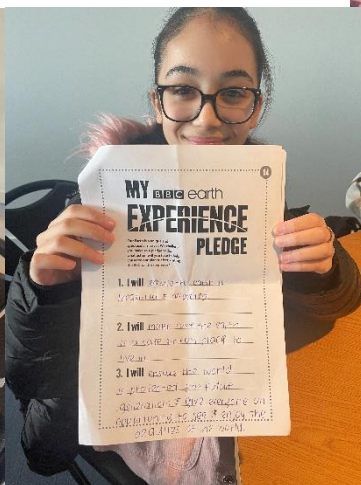
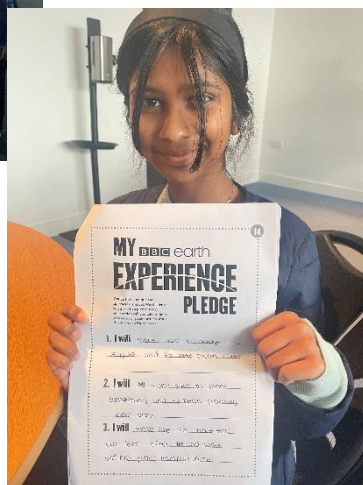
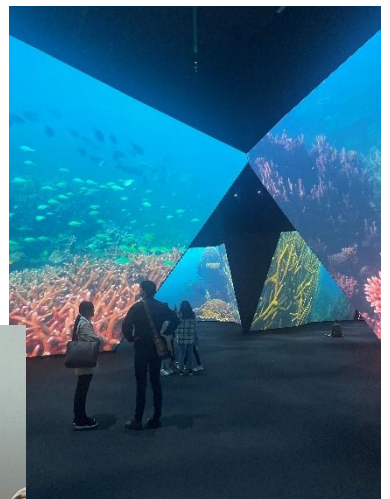
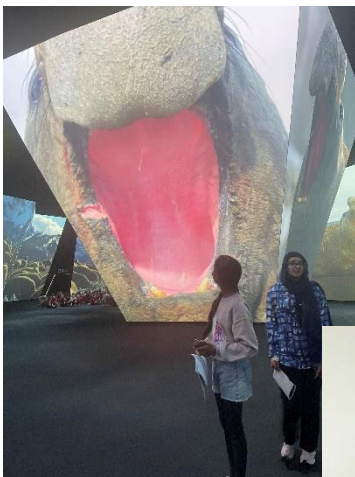
Khadija

"The experience made me think we should appreciate the beauty of the Earth."

Safiyyah

"My most wow moment was the scary room as it tested my nerves and gave me goose bumps - a message I will take is that it's so important to take care of and love the environment."





Ms Colder, Head of Geography



Library News



Well done to our 8 superstars who in true Ursuline style, managed to raise £295 for their sponsored read over Easter. The money will go to the 'Read for Good' charity to provide books and storytellers for young people in hospital. Serviam!

Please see picture right of our Library display to commemorate the coronation of King Charles III.

This was created by a couple of our 6th Form Library helpers, **Shaika Mohammed** 12.1 and **Subaiya Sayed**, 12.3. Thank you, girls, Serviam!

Ms Finlay, LRC Manager



And on the subject of the King's coronation, Mr Donovan has been taking our assemblies all week, informing students about the 5 main elements of the coronation: the recognition; the oath; the anointing; the investiture and the crowning. He also spoke about the ways in which King Charles III will serve, and the girls sang along beautifully to the Hymn 'The Servant King'. Thank you, Mr Donovan, #Serviam!!



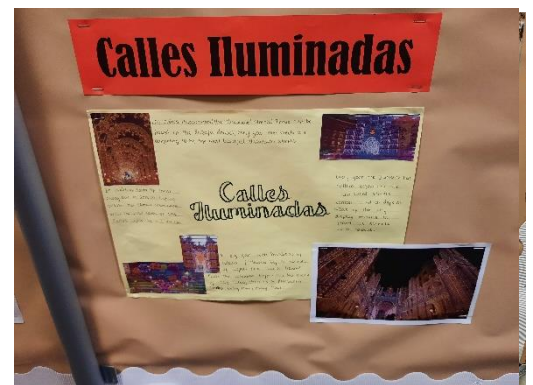
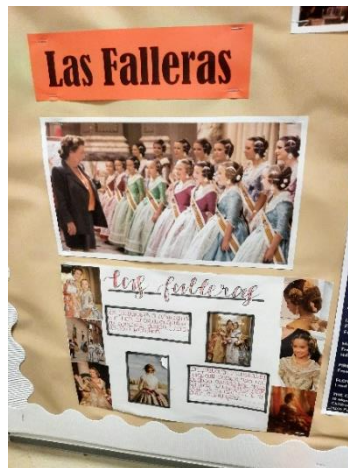
Valencia Fallas



In our school, Language students have several opportunities to explore appropriate authentic materials to enrich language learning, for instance, songs, poems and videos and to learn about French and Spanish speaking countries festivals, traditions and customs.



Year 9 Spanish students recently learned about Las Fallas festival in Valencia. Each group did some research about one of the main aspects of this fabulous event and created informative posters. Here are some of their outstanding work which we used for display. ¡Bien Hecho chicas!



La Despertá





The Fallas is a traditional celebration held annually in commemoration of Saint Joseph in the city of Valencia, Spain. The five main days celebrated are from 15 to 19 March, while the Mascletà, a pyrotechnic spectacle of firecracker detonation and fireworks display, takes place every day from 1 to 19 March.

Ms Delpech, Head of MFL



Science News

Science Club Week 15: Egg Drop Parachutes

This week we made parachutes for an egg drop. The main aim was to protect our eggs from breaking, we had some bubble wrap, tissues, paper and tape available to use. The challenge was to prevent the egg from breaking when it was dropped from a first-floor window.

Key features of the designs:

- Aerodynamic Design
- Cushioning their eggs
- Ensuring the parachute was the correct size and would deploy

We then dropped these from the first-floor English corridors and watched how they came down into the Science court yard.

From all the eggs that were dropped only two successfully landed without breaking! The rest unfortunately cracked in the process of landing.

Thank you to my helpers **Lilly** (Y9), **Laiba** (Y12) and **Miss Agudelo**

Mr Uddin





Year 9 Synagogue Visit

All of Year 9 will soon be visiting the Reformed Synagogue at Newbury Park. This should be a really interesting opportunity for your daughter to see a place of worship that is different to their own and to deepen their knowledge of Judaism. At GCSE the Judaism paper is worth 25% of the final grade. We haven't been able to visit the community at Newberry Park in the past couple of years, so I'm delighted to be able to offer this trip again. We are asking for a contribution towards coach costs of £7 per pupil, please make the payment on parent pay. Full details are in the letter your daughter has.

Mr McGhee. Head of Religious Education.



Careers

Interested in finding out more about Midwifery or Nursing?

I'm Tanya, midwife and Chief Midwife Mentor and AHP Mentor. I'm writing to let you know that I am launching my virtual Get into Midwifery conference on Saturday 3rd June (2pm - 7pm). Students in all year groups are invited!

Registration link: <https://alliedhealthmentor.org/national-healthcare-insight-conference/>

I will lead your students through the entire process of applying to midwifery and what day-to-day life in the profession actually entails. This is a fantastic opportunity for both students pursuing midwifery and those undecided. Student admissions teams notice those who go the extra mile to make an informed course and career decision.

GET INTO NURSING CONFERENCE - Saturday 3rd June (9:30am - 12:30pm)

Registration link: <https://alliedhealthmentor.org/national-healthcare-insight-conference/>

For students interested in nursing, Chief Nurse Mentor Abbie Dickinson will host a virtual Get into Nursing conference on Saturday 3rd June.

Abbie will break down UCAS for nurses and what applicants need to get admitted to a highly popular profession.

Your students just need to click the link below and enrol on the conference of their choice. As it's important to hear from a variety of healthcare perspectives, they are more than welcome to attend both!

<https://alliedhealthmentor.org/national-healthcare-insight-conference/>

Tickets are £10 to cover administrative and technological costs.

It's crucial for future nurses to hear from a variety of perspectives, so Abbie is very excited to see your students there!

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Impetus Education Scholarship – Age 16-18yrs

We wanted to remind you of the opportunity for your students to apply for scholarships to our Future Engineering Leaders programme. The deadline for scholarship applications is fast approaching and we encourage all eligible students to apply by **May 31st**. Please see the details of the scholarship attached.

To apply for the scholarship, students can visit www.impetus.education/scholarship.

We are offering one full scholarship worth £1090 and ten 50% scholarships worth £545 each. The programmes will be running **online** in **July and August 2023**.

This is a great opportunity for students aged 16-18 to pursue their passion for engineering and gain valuable skills and knowledge from our expert tutors who are alumni of **Cambridge University**. The programme covers a range of topics including the latest innovations in manufacturing technologies and artificial intelligence.

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New City Colleges' upcoming Open Evenings

We are excited to invite you and your students Evenings at your local campus. These will be the last Open Evenings for this academic year.

Tuesday 9 May, 4:00pm – 7:00pm
Ardleigh Green Campus / Attlee A Level Academy / Epping Forest Campus

Wednesday 10 May, 4:00pm – 7:00pm
Hackney Campus / Havering Sixth Form Campus / Tower Hamlets Campus

Thursday 11 May, 4:00pm – 7:00pm
Rainham Construction & Engineering / Redbridge Campus

Students and parents are welcome to just show up on the day or pre-register. [REGISTER](#)

Open Events are the perfect time for students to:

- Meet our experienced faculty members
- Speak with current students about their experiences at New City College
- Explore our facilities, including our state-of-the-art classrooms and laboratories, Sports facilities, and student support services.

We encourage students to have a look at our 16-18 Course Map to see which courses they can study at each of our campuses and consider some of the following questions:

- What topics will I study?
- What skills will I learn?
- What can I study at university?

What careers can I go into with this subject?





Come join our Free Revision Masterclass!

Are you beginning to revise for your upcoming GCSE and A-Level exams?

Come to our Revision Masterclass with Liverpool John Moores University and learn;

- How to create a personalised revision timetable,
- The most effective revision techniques,
- Mental health advice for the exam period.

On: 10th May 2023 at 6.30 - 7.30pm

For: Students and parents of those in years 10 to 13. Careers leaders and teachers are welcome to join.

[Book your place today](#)

Redbridge Jobs & Apprenticeships Fair

Thursday 25 May, 10am to 3pm
Redbridge Town Hall,
128-142 High Road, Ilford, IG1 1DD

The event is open to all, no need to book, just drop in!

Come along to find out about jobs in Redbridge

Access live vacancies and apprenticeships and hear about roles coming soon

Speak to a wide range of employers across various sectors

Meet with local Training Providers and Colleges

For more information, tips, and ideas to help you find work, visit
www.redbridge.gov.uk/workredbridge

HELPING YOU in tough times

Ms Finlay, Careers Coordinator



Working together today, Improving their tomorrows

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

FREE upcoming Webinars for Parent Carers

Diagnosing & Managing DYSPHAGIA (FEEDING & SWALLOWING)

With Speech & Language Therapists

Tuesday 16th May 2023 at 8pm

Supporting TOURETTE'S SYNDROME and other TIC Conditions

With Tourette's Action

Friday 26th May 2023 at 8pm

Supporting Neurodiversity in Early Years

With Early Childhood Specialist

Tuesday 6th June 2023 at 7pm

Supporting Transition to Secondary School & Higher Education

With Speech and Language Therapists

Thursday 8th June 2023 at 8pm

Please check EPT Facebook page for further details.

Please join EPT free membership and book the webinars by text or email.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

**www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk**



**07486 880 799
07486 880 646**

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

Do you want your voice heard?

MAY COFFEE MORNINGS 10am to 12pm

DATE: FRIDAY 12TH MAY 2023

VENUE: COMMUNITY ROOM, TESCO EXTRA GOODMAYES

GUEST: SAM TARRY MP, ILFORD SOUTH



DATE: MONDAY 15TH MAY 2023

VENUE: THACKERAY DRIVE CHILDREN'S CENTRE

GUEST: HEAD OF REDBRIDGE SEND THERAPY SERVICE



DATE: FRIDAY 19TH MAY 2023

VENUE: COMMUNITY ROOM, TESCO EXTRA GOODMAYES

GUEST: INTERIM HEAD OF ACCESS & INCLUSION



DATE: FRIDAY 26TH MAY 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: Specialist Education and Training Support Service (SEaTSS)

PLEASE NOTE: We do not endorse any speakers or services invited.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge





Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- *Income Support*
- *Income-based Jobseeker's Allowance*
- *Income-related Employment and Support Allowance*
- *Support under Part VI of the Immigration and Asylum Act 1999*
- *The guaranteed element of Pension Credit*
- *Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)*
- *Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit*
- *Universal Credit – if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)*

Children who get paid these benefits directly, instead of through a parent or guardian, can also get Free School Meals.

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation!



Extra-Curricular Activities

Day	Activity	Time	Room
Monday			
	Indoor Rowing - All Year Groups: CHB	12.40 – 1.10p.m.	Gym
	Worship Band – All Years: SDE	1.00 – 1.40p.m.	S5
	Maths Intervention – Year 11: SAH	12.40 – 1.40p.m.	F15
	Chemistry Club – All Years: JOS	1.00 – 1.30p.m.	G8
	Athletic – All Years: JMA	3.20 – 4.20p.m.	Playground/Gym
Tuesday			
	Woodwind Ensemble – All Years: SDE	10.40 – 11.00a.m.	Practice Room 3
	Maths Club – All Year Groups: TKO	12.40 – 1.40p.m.	S6
	Contemporary Dance – Years 7 & 8: SFR	12.40 – 1.10p.m.	Dance Studio
	Badminton – Years 11 & 6 th Form: DEA	12.40 – 1.10p.m.	Gym
	Eco Warriors Club – Years 7 & 8: HCO/JMC	1.00 – 1.30p.m.	G3
	Year 11 Band: SDE	12.40 – 1.10p.m.	S5/PR1
	Violin Ensemble – All Years: SDE	1.10 – 1.40p.m.	S5
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Drama Club – Years 7 & 8: IMI	1.00 – 1.30p.m.	Drama Studio
	Rounders – All Years: CHB	3.20 – 4.20p.m.	Playground/Gym
Wednesday			
	Ukulele Group – Years 7 & 8: DEA	10.40 – 11.00a.m.	S5
	Fitness – All Years: CHB	12.40 – 1.10p.m.	Gym
	LGBTQ+ 'Alphabet Soup' Club – All Year Groups: HMA/EDO	12.40 – 1.10p.m.	F19
	Science Club (Selected Students): PBH	12.45 – 1.15	G10
	Board Games Club – All Year Groups: BFA	1.00 – 1.30p.m.	F13
	French Club – Years 7 & 8: LDE	1.00 – 1.30p.m.	G6
	Geography Intervention: HCO	1.00 – 1.30p.m.	G3
	UAI Choir – All Years: SDE	1.00 – 1.40p.m.	S5
	Football – Years 9, 10 & 11: LBU/CSC	3.20 – 4.20p.m.	Playground
	Geography Revision: HCO/JMC	3.20 – 4.20p.m.	G3
	DT GCSE Catch Up Session: AKO	3.30 – 4.30p.m.	G12
Thursday			
	Art GCSE Coursework & Intervention: RBU	12.40 – 1.40p.m.	S2
	P E GCSE Coursework & Intervention – Group 2: CHB/SFR	1.00 – 1.30p.m.	G18
	Chess Club – All Year Groups: LFI/BFA	1.00 – 1.30p.m.	G7
	STEM Club - All Year Groups: AKO	1.00 – 1.30p.m.	G12
	Guitar Ensemble – All Years: SDE	1.00 – 1.40p.m.	S5
	Handball – Years 8 & 9: SFR	3.20 – 4.20p.m.	Playground/Gym
	GCSE Computer Science Catch Up Session – Years 10 & 11: RMI	3.30 – 4.30p.m.	F6
	Year 11 English 5 o'clock Club: MCR/LBU/LCA/FCH	3.30 – 5.00p.m.	F8

Friday			
	Art Club – All Year Groups: RBU	12.40 – 1.40p.m.	S2
	Multi Games – SS Students (Invitation only): JMA/BTEC Students	12.40 – 1.10p.m.	Gym
	Glee Club – All Years: SDE	1.00 – 1.40p.m.	S5
	Running Club – All Year Groups: JMA/NHA	3.20 – 4.20p.m.	Playground/Gym



P E Clubs	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch 12.40 – 1.10p.m.	Indoor Rowing All Years Gym (Ms Harrison-Bloomfield)	Contemporary Dance Years 7 & 8 Dance Studio (Ms Francis) Badminton Years 11& 6 TH Form Gym (Ms Eakins)	Fitness All Years Gym (Ms Harrison-Bloomfield)	GCSE PE Coursework & Intervention Group 2 G18 (Ms Harrison-Bloomfield & Ms Francis)	Multi Games SS Students (Invitation only) Gym (Mrs Mansell & BTEC Students)
After School 3.20 – 4.20p.m.	Athletics All Years Playground/Gym (Mrs Mansell)	Rounders All Years Playground/Gym Ms Harrison-Bloomfield	Football Years 9, 10 & 11 Playground (Mr Burt/ Ms Scallan)	Handball Years 8 & 9 Playground/Gym (Ms Francis)	Running Club All Years Playground/Gym (Mrs Mansell & Ms Harrington)



EXTRA-CURRICULAR MUSIC CLUB TIMETABLE					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breaktime		WOODWIND ENSEMBLE @10.40am Practice Room 3	YR 7+8 UKULELE GROUP @10.40am S5		
Lunchtime	WORSHIP BAND @ 1pm S5	YR 11 BAND @ 12.40pm S5/PR1 VIOLIN ENSEMBLE @ 1.10pm S5	UAI CHOIR (All years) @ 1pm S5	GUITAR ENSEMBLE @ 1.10pm S5	GLEE CLUB @ 1PM S5



A Weekly Gift to you and your family from your Catholic School

THE Wednesday WORD



SHARING SUNDAY'S GOSPEL WITH PARENTS & FAMILIES

Dear Parents and Carers,

In this Sunday's Gospel, Jesus begins to prepare his disciples for his departure from the world. Jesus is returning to his Father and will make a place ready for each of them in heaven.

Jesus tells the disciples to trust in him. No amount of worrying will increase their safety or comfort; it's through trusting in Jesus that they will find security and hope. We too are called to trust in Jesus. Through the Holy Spirit we carry on his work and are empowered to do even greater works.

Wednesday 3rd May 2023

This does not mean performing a series of great, flashy miracles. It means being Christ in the world around us, generously sharing the love he brings into our own lives with those we meet. This isn't easy - it never was - but trust in Jesus and see what happens!

Enjoy hearing your child's thoughts about this Sunday's Gospel and this Wednesday's word, which is **TRUST**.

Dom Henry Wansbrough



To see this week's Parish Version of The Wednesday Word: wednesdayword.org - Parents' Pages - Lectio Divina with Fr Henry.

Jesus said, "Do not let
your hearts be troubled.
Trust in God and
trust in me."

THE GOSPEL IN CHURCH Sunday 7th May 2023



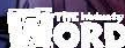
On the night before he died, Jesus spoke to his friends, the disciples. "Do not let your hearts be troubled," he said. "Trust in God and trust in me. There are many rooms in my Father's house, and I am going now to prepare a place for you. I will come again and take you with me so that where I am, you may be too. You know the way to the place where I am going." Then Thomas, a disciple, said, "Lord, we do not know where you are going: how can we know the way?" Jesus said, "I am the Way, the Truth and the Life. No one can come to the Father except through me. If you know me, you know my Father too. You must believe me when I say that I am in the Father and the Father is in me. I tell you most solemnly, whoever believes in me will perform the same works as I do myself; they will perform even greater works, because I am going to the Father."

Adapted from John 14:1-12

The 5th Sunday of Easter, Year A

You are warmly invited to learn more about
the Gospel through your local parish church.

"Put your trust in God, dear
young friends! He knows
and loves us." Pope Francis



CONNECTING HOME, SCHOOL AND PARISH THROUGH SUNDAY'S GOSPEL

In this Sunday's Gospel, Jesus tells his followers not to be troubled, but to trust in him. Jesus also wants us to place all our trust in him. There can be many things that trouble our hearts, but following and trusting in Jesus frees us from worrying in this life, and is the way to the joys of everlasting life too.

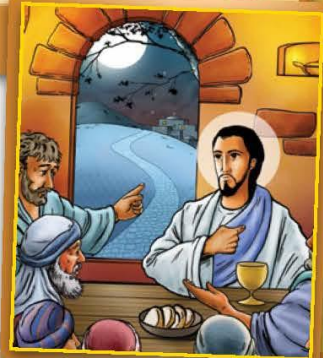


1 Our Special Time Together

Enjoy reading the Gospel overleaf (or below for younger children)

On the night before he died, Jesus spoke to his friends, the disciples. "Do not let your hearts be troubled, do not be worried. Trust in God and trust in me. There are many rooms in my Father's house, and I am going now to prepare a place for you. I will come back to take you with me and we will be together again. You know the way to the place where I am going." Then Thomas, a disciple, said, "Lord, we do not know where you are going: how can we know the way?" Jesus said, "I am the Way, the Truth and the Life."

Who did Jesus say we should trust in? Which word or words stood out for you in this Sunday's Gospel, and why? What does the Gospel picture make you think about?



2 Wednesday's Word is ...

TRUST

3 Loving God & Each Other

"Those who trust in God can do all things." *St Alphonsus Liguori*

Ask your child what the word 'trust' means to them. Knowing who to trust is really important. A friend who can be trusted is a gift from God! Who does your child really trust and why do they trust them? Ask your child if they can think of a time when they were trusted. Perhaps you can tell your child about those people in your life whom you trust the most, and say why you trust them.

"Trust the past to God's mercy, the present to God's love and the future to God's care."

St Augustine of Hippo

Jesus is the Way, the Truth and the Life and he asks us to place our trust in him. Each of you say how, in the days ahead, you can show your trust in God. Perhaps, rather than worry, pray and offer any concerns to Jesus. **How can we show God, and others, that we are people who they can trust?** Perhaps we can always try to: tell the truth; choose to do the right thing; be generous with our God-given gifts of time, talent and money; keep our promises.

Dear Lord Jesus, thank you for teaching us the truth and showing us the way to everlasting life. Please help us always to place our **trust** in you. Amen.

Gospel Gallery

WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

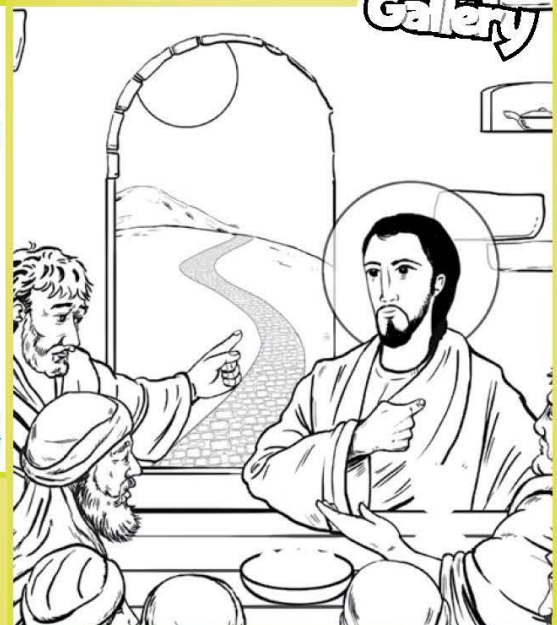
<input checked="" type="checkbox"/>	PREPARE PLACE	<input checked="" type="checkbox"/>
<input type="checkbox"/>	MANY ROOMS	<input type="checkbox"/>
<input type="checkbox"/>	FATHER'S HOUSE	<input type="checkbox"/>
<input type="checkbox"/>	TRUST JESUS	<input type="checkbox"/>

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**

Cross out the letters **m i c** in the jumbled words below to find 4 real words.

f r o m u c b l e i d t r u m s t f i c m i h e a c r t s G i m o c d

"Do not let your _____ be _____
Trust in _____ and _____ in me."



Search for at least three differences between this picture and the colour one. Then draw them in before colouring.

In this Sunday's Gospel, the disciples were probably worried because Jesus would be leaving them. So Jesus comforts them by promising to prepare a place of everlasting happiness for them in his Father's house - that is in heaven.

Write a promise and then draw a big smile on Smiley

This week I will try my best to...



For more, see: wednesdayword.org and cbcew.org.uk