

MENU



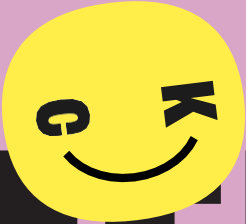
WEEK 1

V = VEGETARIAN VE = VEGAN

MONDAY	BREAKFAST	MID-MORNING	LUNCH
	POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V	DIRTY VEGGIE WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V LOADED NACHOS V PANINI / BAGUETTE	HALLOUMI BURGER WITH SRIRACHA SLAW & BAKED WEDGES V MAC N’ CHEESE V JACKET BAR ----- CHOCOLATE & KALE BROWNIE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
TUESDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese or Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V CIABATTA PIZZA V BREAKFAST WRAPS HUMMUS BAR V 3 kinds PANINI / BAGUETTE	JERK CHICKEN With Rice & Peas CHICKEN GYROS, BEAN SALAD & SRIRACHA SLAW FALAFEL & HUMMUS RICE BOWL WITH SALAD V CURRY BAR ----- MARBLE BERRY CAKE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
WEDNESDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg sausage VE YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V HOT CHICKEN WRAP HUMMUS BAR V 3 kinds PANINI / BAGUETTE	CHICKEN CARVERY ROAST 3 WAYS Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables QUORN ROAST V With Roast Potatoes, Gravy & Seasonal Vegetables BEEF BURRITO PASTA BAR ----- FRUIT SHORTBREAD V DESSERT SPECIAL V Fruit / Jelly
THURSDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese / Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V PIZZA NAAN V SLOPPY GIUSEPPE HUMMUS BAR V 3 kinds PANINI / BAGUETTE	CHICKEN KATSU CURRY With Rice & Mixed Pepper Sriracha Slaw VEGETABLE BIRYANI V PASTA BOLOGNESE POT JACKET BAR ----- LEMON DRIZZLE CAKE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
FRIDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY MUFFIN Bacon / Vegan Sausage VE YOGHURT & GRANOLA V FULL ENGLISH FRIDAY	DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V LOADED NACHOS V CINNAMON SWIRL V PANINI / BAGUETTE	FISH & CHIPS With Pea & Baked Beans served with Curry sauce / Ketchup / Tartar sauce VEGAN SAUSAGE ROLL WITH CHIPS VE With Pea & Baked Beans served with Sriracha Ketchup or Curry Sauce FISH FINGER BUTTY & CHIPS With Pea & Baked Beans served with Ketchup / Tartar or Curry Sauce PASTA BAR ----- FRUIT MUFFIN V DESSERT SPECIAL V Fruit / Jelly / Yoghurt

Fresh vegetables & fruit served daily.

MONDAY	BREAKFAST POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V	MID-MORNING MARGHERITA PIZZA V LOADED NACHOS V PANINI / BAGUETTE	LUNCH TERIYAKI NOODLES With Broccoli, Carrots & Mangetout V QUORN FISHLESS FINGER WRAP With Coleslaw V JACKET BAR ----- CHOCOLATE CRISPY CAKE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
TUESDAY	 FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese or Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	 BREAKFAST MUFFIN V PIZZA MUFFIN / BAGEL V BREAKFAST WRAPS HUMMUS BAR V 3 kinds PANINI / BAGUETTE	 HARISSA SPICED COTTAGE PIE VEGETABLE PASTA BOLOGNESE V GRILLED CHICKEN CIABATTA With Piri Piri Rice CURRY BAR ----- FLAPJACK V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
WEDNESDAY	 FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg sausage VE YOGHURT & GRANOLA V CINNAMON SWIRL V	 BREAKFAST MUFFIN V MARGHERITA PIZZA V SLOPPY GIUSEPPE HUMMUS BAR V 3 kinds PANINI / BAGUETTE	 CHICKEN CARVERY ROAST 3 WAYS Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables QUORN & YORKIE POT Lemon / Tandoori / Plain HALLOUMI & HUMMUS GYROS V JACKET BAR ----- SUMMER ICED LOAF V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
THURSDAY	 FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese / Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	 DIRTY WEDGES Meat / Roast Vegetables V PANINI / BAGUETTE PIZZA TURNOVER V LOADED NAAN HUMMUS BAR V 3 kinds PANINI / BAGUETTE	 CHICKEN LEEK & PEA FILO PIE With Roasted Broccoli SPRING VEGETABLE FILO PIE With New Potatoes V CHICKEN TANDOORI NAAN With Sriracha Slaw PASTA BAR ----- BANANA OATBAR V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
FRIDAY	 FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY MUFFIN Bacon / Vegan Sausage VE YOGHURT & GRANOLA V FULL ENGLISH FRIDAY	 DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V LOADED NACHOS V PANINI / BAGUETTE	 FISH & CHIPS With Pea & Baked Beans served with Curry sauce / Ketchup / Tartar sauce MASALA QUORN & BOMBAY SALAD V TERIYAKI SALMON & RICE BOWL ----- SUMMER ETON MESS V DESSERT SPECIAL V Fruit / Jelly / Yoghurt



MENU



WEEK 3

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MONDAY	BREAKFAST POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg Sausage VE YOGHURT & GRANOLA V	MID-MORNING DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V LOADED NACHOS V PANINI / BAGUETTE	LUNCH BEAN CHILLI, RICE, NACHOS & CORN SALSA V NOCHICKEN TIKKA NAAN WRAP V PASTA BAR ----- CARROT CAKE V DESSERT SPECIAL V Fruit / Jelly / Yoghurts
TUESDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese or Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V CIABATTA PIZZA V BREAKFAST WRAPS HUMMUS BAR V 3 kinds PANINI / BAGUETTE	CHICKPEA, SWEET POTATO & SPINACH CURRY WITH RICE V CHICKEN JALFREZI WITH RICE BEEF BOLOGNESE & PASTA POT JACKET BAR ----- APPLE SHORTBREAD V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
WEDNESDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY BREAKFAST MUFFIN Bacon / Egg / Veg sausage VE YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V HOT CHICKEN WRAP HUMMUS BAR V 3 kinds PANINI / BAGUETTE	POSH DOG/CHILLI DOG, SPICY ROAST POTATOES & SRIRACHA SLAW VEGAN POSH DOG, SPICY ROAST POTATOES & SRIRACHA SLAW VE BBQ OR HOT & SPICY CHICKEN WINGS With Wedges & Sweetcorn Salad PASTA BAR ----- LIME & COCONUT DRIZZLE V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
THURSDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V TOASTED BAGEL V Plain / Cream Cheese / Melted Cheese YOGHURT & GRANOLA V CINNAMON SWIRL V	DIRTY WEDGES Meat / Roast Vegetables V PIZZA NAAN V SLOPPY GIUSEPPE HUMMUS BAR V 3 kinds PANINI / BAGUETTE	BEEF LASAGNE VEGAN PAD THAI VE SWEET CHILLI CHICKEN NOODLES CURRY BAR ----- RASPBERRY & COCONUT FLAPJACK V DESSERT SPECIAL V Fruit / Jelly / Yoghurt
FRIDAY	FRESH FRUIT SMOOTHIE V POWERBALLS V SAVOURY MUFFIN Bacon / Vegan Sausage VE YOGHURT & GRANOLA V FULL ENGLISH FRIDAY	DIRTY WEDGES Meat / Roast Vegetables V MARGHERITA PIZZA V LOADED NACHOS V CINNAMON SWIRL V PANINI / BAGUETTE	FISH & CHIPS With Pea & Baked Beans served with Curry sauce / Ketchup / Tartar sauce FISH GYROS & CHIPS QUORN MASALA SAMOSA & CHIPS V JACKET BAR ----- CHOCOLATE CUSTARD POT V DESSERT SPECIAL V Fruit / Jelly

Fresh vegetables & fruit served daily.