



Ursuline Academy Ilford



Ursuline
Academy
Sixth

Weekly News – 2025/2026 Issue 29
1st May 2026

Upcoming Events

**Year 11 Study Leave begins
Friday 8 May**

**Year 13 Leavers
Celebration
Friday 8 May**

**Year 13 Study Leave begins
Monday 11 May**

**Year 7 Progress Evening
Monday 8 June
4.00 – 6.30p.m.**



Headteacher's Headlines

Loving &
compassionate

Over recent weeks, I've had the opportunity to spend a lot of time in lessons and around the school, and what has struck me most is the consistency of what our students experience day to day. Classrooms are settled, expectations are clear, and students understand what it means to get on with their learning. There is a quiet sense of purpose to most lessons, and that makes a real difference.

I have also noticed how well students are supported to keep going, even when learning is challenging. Teachers are breaking things down carefully, checking understanding and not letting students opt out. That combination of support and expectation is important, it helps students to build confidence and make progress over time, rather than looking for quick wins.

Alongside this, there is a strong sense that students feel known and supported here. Whether through form time, lessons or the wider life of the school, staff take time to notice, to check in and to guide. That pastoral care sits alongside the academic work and it is a key part of what we are trying to achieve as a school community.

Looking ahead, next week marks the final week of a full timetable for Year 11 and Year 13. From then on, the focus shifts fully to examinations. Teachers will continue to be available during normal lesson times right through until each subject's exams are completed, so students should continue to attend and make the most of that support. We keep them in our prayers at this important time and encourage them to do their best.

SERVIAM

Ofsted has introduced a new grading system for schools, moving away from the previous four-grade model. Instead of giving one overall judgement, inspectors now provide a multi-area report card, offering a more rounded picture of how a school is performing across several key areas.

Schools are now graded using the following categories: Exceptional, Strong Standard, Expected Standard, Needs Attention, Urgent Improvement.

These categories are not comparable with the old grades because the inspection approach has changed significantly.

What Each Grade Means for Parents

Expected Standard

This is the national benchmark. A school meeting the expected standard is doing everything it should to ensure children receive a high-quality education. This is a strong and positive judgement, shown in green on the Ofsted report card.

Strong Standard

A grade showing that the school is consistently delivering excellent practice that is making a clear difference for children and learners.

Exceptional

This is a higher bar than the former 'outstanding' grade. It is only awarded when inspectors see practice that is among the very best in the country—approaches that should be shared nationally to help other schools improve.

Needs Attention

This is not a negative judgement. Instead, it signals that certain areas need focused development so the school can reach the expected standard. It is a constructive signal that targeted work is needed and is not the same as the previously used grade of 'requires improvement'.

Urgent Improvement

Used when more serious issues require immediate action.

If any parents would like to talk about or have more information on how Ofsted now inspect schools, please do contact me directly fstone@uai.org.uk

Ms. Stone, Headteacher



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Pope Leo XIV @ Pontifex – 27 April 2026

Our mission calls us to be “bridges” and “Channels” of #Peace, even before trying to build it with our limited human efforts. especially in the face of those who do not seek it as a gift from God. May the grace that comes from heaven find its way through the folds of history.

Forward in Joy – 366 Days with St Angela Merici – Daily Words of Wisdom from our Patron Saint

May: Prudence

1st May: Do what you do in obedience, and not as following your own judgement.

2nd May: Blessed are those into whose hearts God has infused the light of Truth.

3rd May: God will never fail to provide for all their needs, so long as nothing is lacking on your part.

4th May: I have undaunted and firm faith and hope in the infinite divine goodness.

5th May: From everywhere comes dangers and various traps and diabolic snares.

6th May: Consider each one as good but be prudent for your own good.

7th May: You will achieve more with kindness and gentleness than with harshness and sharp rebukes





Chaplaincy News

Year 13 Mass of Becoming

Our Year 13 Mass of Becoming on Friday this week was a deeply moving and joyful celebration, marking the remarkable journey for our Yr 13 students. The Mass was celebrated by Fr Damien Wade, the Episcopal Vicar for Youth Ministry who gave an inspiring homily about being hope in the wider world: to uplift others, to serve generously, and to inspire future generations to recognise their own potential.

The liturgy was centred on the message from the Gospel of Matthew (5:13–16), where we are reminded that we are called to be the salt of the earth and the light of the world. This message resonated powerfully throughout the celebration and in the symbolic offertory gifts: plant and seeds, candle, globe, bread and wine symbolising love in action, calling each student to a life of service, generosity, and care for others.

Together, these symbols formed a powerful invitation: to go forward with courage, to live with purpose, and to become people who make a difference. This was not just a farewell – rather a commissioning and a beginning.



Mr Ravi, School Chaplain



Chaplaincy News

Weekly Mass: 7 Rose and 7 Teresa

On Thursday this week, students from Year 7R and 7T gathered in the chapel to celebrate their Class Mass, which coincided with the feast of St Pius V, a 16th-century Dominican Pope known for implementing the Council of Trent reforms and standardizing the Roman Mass.

The Mass was celebrated by Fr Rob Page parish priest at St John Vianney, Clayhall. The Gospel reading from the Gospel of John (13: 16-10). In this bible story Jesus humbly washes the feet of his disciples. How are we to interpret this act? Christ freely accepts his role as Lord and master, using these concepts to drive home his main point. Those who claim they honour the name of Jesus and want to lead through him ought to follow his example of love and service.

As an Ursuline school, inspired Christ and our motto of *SERVIAM* we continue to guide, lead and serve in love and service.

May we as people of faith continue to be inspired by the words of the Gospel, the wisdom of the saints, and the guiding light of St Angela Merici as we continue our journey of faith together.



Ms Semambo, Teacher of R E



Chaplaincy News

St Catherine House gathered this Wednesday to celebrate their Feast Day with an assembly reflecting on the life of St Catherine of Siena. Through drama and readings, students from 7C reenacted key moments from her life, highlighting her courage, faith, and determination to stand up for what she believed in. The performance also encouraged us to think about what we can learn from her example today, particularly the importance of using our voices for good and remaining steadfast in our values.

I am incredibly proud of 7C for the hard work and effort they put into this performance—it truly paid off. My thanks also go to **Ms Milne** for her invaluable support and drama expertise, which helped shape and strengthen the final performance. Thank you everyone and Happy Feast Day!

Feast Day: 29th April




St. Catherine

"Be who God meant you to be and you will set the world on fire"



Bidding Prayers



Spanish
Querido Señor, te pedimos que inspirados por Santa Catalina, podamos ser portadores de luz al mundo, llevando esperanza, bondad y fe a los momentos de oscuridad.
Dear Lord, we pray that, inspired by St Catherine, we may be bearers of light in the world, bringing hope, kindness, and faith into moments of darkness.

Punjabi
ਮੇਰੇ ਪ੍ਰਭੂ, ਮੇਰੀ ਪ੍ਰਾਰਥਨਾ ਕਰਦੇ ਹਾਂ ਕਿ ਸੇਂਟ ਕੈਥਰੀਨ ਦੇ ਉਦਾਹਰਣ ਵਾਲੀ ਸ਼ਾਂਤੀ ਵਿਚ ਮਿਲੇ ਤਾਂ ਜੋ ਅਸੀਂ ਮੌਜੂਦਗੀ ਅਤੇ ਸੁਖੀ ਸਨ। ਅਸੀਂ ਤੇ ਸੁਖਦਾਇਕੀ ਅਤੇ ਨਿਰਾਸ਼ਾ ਨਾਲ ਭਰੇ ਹਾਂ।
Dear Lord, we pray that, following the example of St Catherine, we may grow in compassion and generosity, and be attentive to the needs of the poor and vulnerable.

Bengali
প্রভু! আমরা আপনার প্রতি মনে একটি আশীর্বাদ প্রার্থনা করছি। আমরা বিশ্বাস করি যে আপনি আমাদের জীবনে আলোকিত করবেন এবং আমরা দুঃস্থদের প্রতি সহানুভূতি এবং দয়ালুতা দেখাতে সক্ষম হব।
Dear Lord, we pray that, guided by Saint Catherine, we may seek wisdom in both knowledge and faith, growing into people of truth, courage, and understanding.

Urdu
میرے پروردگار! میں تجھ سے دعا کرتی ہوں کہ میں اپنی زندگی میں سچائی، ہمت اور ایمان کے ساتھ لوگوں کو روشنی بخوانے میں مددگار بن سکوں۔
We pray that, guided by Saint Catherine, we may seek wisdom in both knowledge and faith, growing into people of truth, courage, and understanding.

Ms Nankivile, 7C Form Tutor



Careers News

Year 9 Work Experience: Step into the NHS

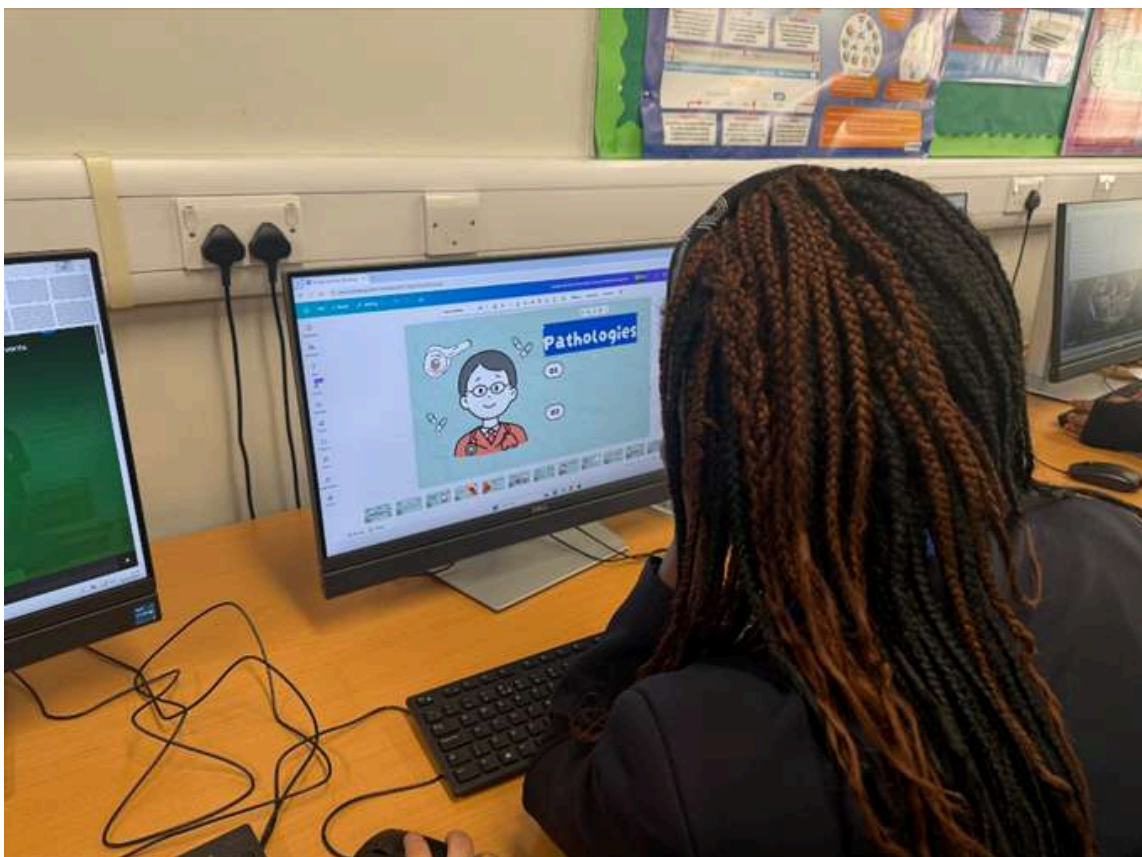
Our Year 9 students recently took part in an exciting virtual work experience day with Step into the NHS, giving them a valuable insight into careers within one of the UK's largest and most important organisations.

Throughout the day, students heard from professionals across a wide range of roles in the NHS – not just doctors and nurses, but also careers in areas such as administration, research, and support services. This helped students understand what day-to-day life is like working in a large and diverse industry.

The experience was highly interactive. Students worked in teams, using research tools to explore different NHS roles and the skills required for each. They discussed key employability skills such as communication, teamwork, and problem-solving, and how these are essential across all areas of healthcare.

A highlight of the day was a creative competition, where students designed their own NHS advertisement. This allowed them to combine their research with creativity, while developing teamwork and presentation skills.

It was a brilliant opportunity for students to explore careers in healthcare, gain real-world insights, and begin thinking about their own future pathways.



Ms Tallat, Careers Lead



Easter Pilgrimage to Lourdes, France



Once again, this Easter I had the privilege of completing another Pilgrimage to Lourdes with a 6th form youth group in this diocese in connection with the HCPT charity. Over the course of a week these 6th formers were 'helpers' assisting young people with particular challenges and needs.

This year the HCPT Easter Pilgrimage 2026 marks the charity's 70th anniversary, focusing on celebrating seven decades of "everyday miracles" of Joy and community in Lourdes. The 2026 Lourdes sanctuary theme this year was 'Hail, full of grace, the Lord is with thee'. This was to initiate a new three-year spiritual journey based on the Gospel of Luke centred on the Annunciation. The focus is on walking with Mary, guided by her faith, hope and praise.

The Easter week was marked by vibrant liturgies and fireworks marked the 70th anniversary celebrations

HCPT groups arranged different activities and outings with the children in their care; visiting zoos and animal parks, donkey rides in the mountains, theme parks and at the end of the week each group held a fancy-dress disco.

At the heart of every pilgrimage is faith. All groups visited the grotto where Our Lady appeared to St Bernadette in 1858. They attended reconciliation services, lit candles for their intentions and attended the candle lit processions circling the chapel. The climax of the week was the HCPT mass which all groups in the UK and Ireland attended.



Below is an account from **Aoife Burke**, a former student of our school, who Pilgrimaged to Lourdes as a helper this year with an East London group in our diocese. I caught up with her at the diocese mass:

Lourdes 2026 was such a blessed and holy experience and really made me grasp what it means to be a Catholic teenager, being surrounded by hundreds of other like-minded young adults was amazing and helped me to develop my faith further in love with HCPT.

It helped me to realise what true service is and taught me real selflessness when helping others; Serviam!! The week really made me remember all the Ursuline values and virtues and how even after my journey at UAI ended, I still live them out every day - once an Ursuline always an Ursuline!

I even saw our old Headteacher, Ms Reilly, there too! Overall, Lourdes was the best experience of my life, and I cannot wait to return soon and continue my service with HCPT.



****If you are in Year11 and are interested in being a helper in Lourdes next year please contact the Brentwood Catholic Youth group and/or the HCPT charity.**

Ms Semambo, Teacher of R E

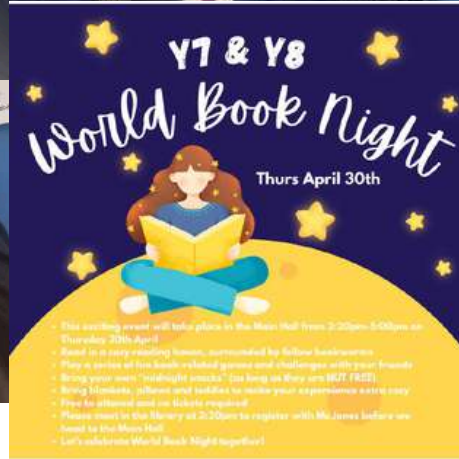
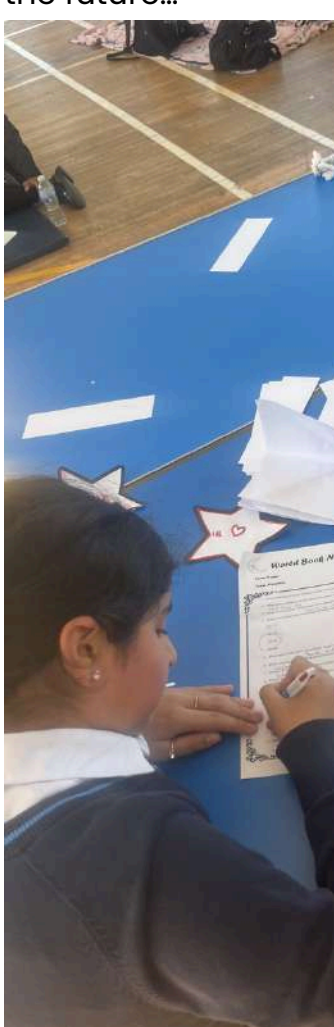


Library News

It's safe to say that our after-school World Book Night event was a great success! Yesterday afternoon, students in Year 7 and Year 8 joined together in the school gym with teddies, blankets and snacks to celebrate a love of reading.

Our girls showed their passion for books a number of creative ways. They designed bookmarks, played book title Pictionary, enjoyed character guessing games, took part in a fun quiz, and of course had time to cosy up with a good book! Well done to **Rabia** and **Durga in 7C** who were our quiz winners!

I was once again blown away by how so many of our UAI girls genuinely love to read. There was a great atmosphere at this event, being surrounded by a community of bookworms! Our students enjoyed this event so much that we're sure it will make a return in the future...



Ms Jones, Librarian



Ursuline Marathon



On Friday the 24th of April, 42 of our students completed the first Ursuline Marathon, fundraising for Refuge. Organised by **Mr Burt**, who was running a marathon himself for the same cause on Sunday the 26th, the Ursuline Marathon took place in the gym over the whole of Friday where, one runner after another, the girls jumped on the treadmill to log a kilometre.

The idea initially came into fruition following on from the inspirational talk by Leah Chowdhury about swimming the channel which the girls (and Mr Burt) felt motivated by. This talk took place thanks to The Park Charitable Trust For Girls, so all credit to them for getting the ball rolling.

We had some amazing times, competition and achievements from the girls. Everyone managed to complete the distance, despite different challenges and fears they held.

Special shout outs to the winners from each year group:

7 - **Noor Heraoua**

8 - **Jisha Nirmalkumar**

9 - **Charisse Billy-Giwa**

10 - **Victoria Oyekan**

11 - **Christine Oyekan** (fastest overall with 4:57)

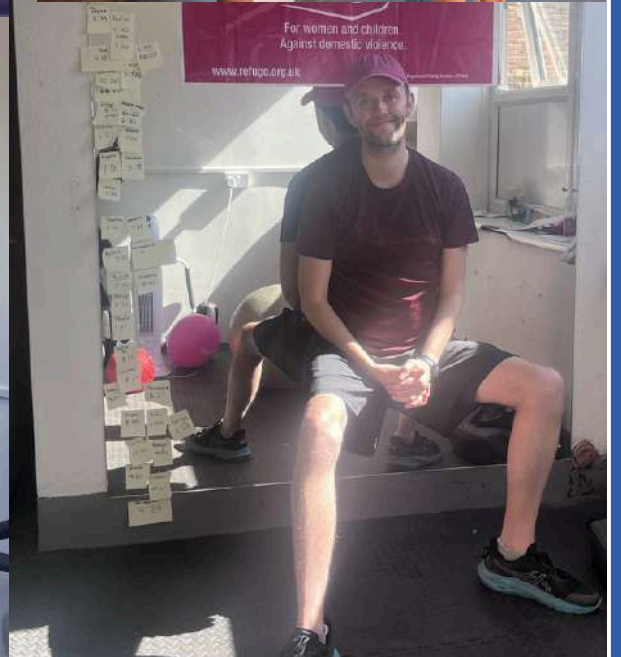
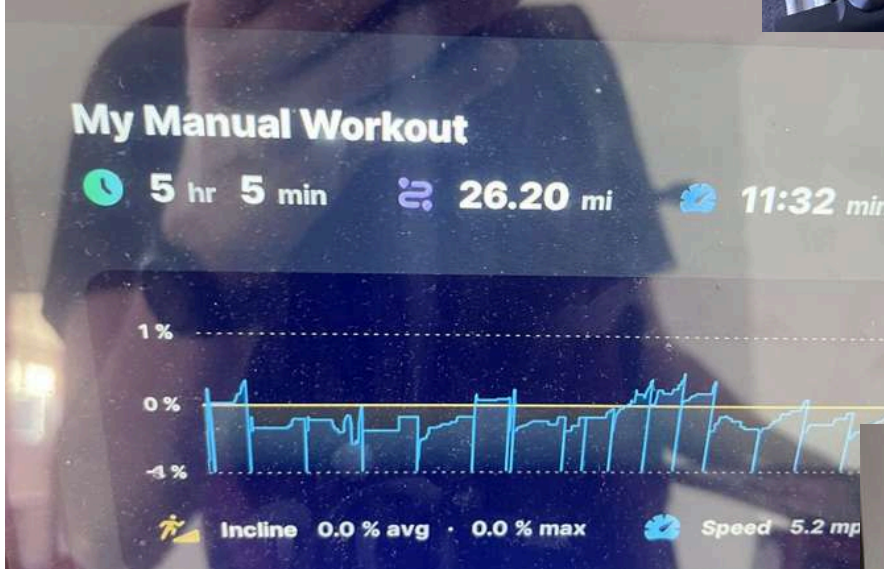
Sixth Form - **Lily Power**

Thank you also to the staff who helped out, either by running or supporting in other ways: **Ms Keogh, Ms Mackie, Ms Whates, Mr McCarthy, Ms Last, Ms Ahmed** and **Ms Gardiner**.

The link to the fundraiser is still active, please donate to support the girls' efforts and raise money for a very worthwhile cause.

[**Refuge: Lucas Burt's Refuge Fundraiser / Ursuline Marathon**](#)





Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.



FREE SCHOOL MEALS

DON'T MISS OUT!

Our discrete till systems ensure that any transactions are processed confidentially and all our lunch time meal deals are aligned to the FSM allowance every day, ensuring great choices for you!



IF YOU ARE ENTITLED TO A
FREE SCHOOL MEAL YOU CAN CHOOSE FROM
**ANY HOT/COLD
MAIN & DESSERT!**



&



**DAILY
ALLOWANCE
£2.80**

For examples of what you can buy, please see overleaf.

hellof  **d**

We provide a range of delicious, healthy and nutritional hot and cold meals that fully comply with the National School Food Guidelines.

Allergies

If you have any dietary requirements, please speak to the Chef Manager who will be happy to provide a suitable meal.

Accent



EXAMPLE OPTIONS:

CHOOSE ONE HOT OR COLD ITEM FROM BELOW

Any Hot
Main Meal

Hot Pasta
Pot with
Sauce

Grab and
Go offer

Sandwich,
Wrap or Roll
(Excluding Premium
range)

Cold Salad
Pasta Pot

**PLUS
ONE DESSERT ITEM FROM BELOW**

Hot Dessert
of the Day

Jelly

Traybake of
the day

Cookie

**ALL FOR
£2.80**

MAIN MEALS

From £2.60

13/04/26, 04/05/26,
01/06/26, 22/06/26, 13/07/26

SUMMER MENU
WEEK ONE



MEXICAN MOMENTS

Chilli Con Carne with Sour Cream
Eat Curious Chilli Non-Carne with Sour Cream
Zesty Lime & Coriander Rice
Mexican Chopped Salad
Extras: Soft or Crispy Tortilla

TASTE OF ASIA

Singapore Chicken Laksa Curry
Singapore Tofu & Vegetable Laksa Curry
Noodles Asian Salad
Extras: Prawn Crackers

BRITISH CLASSICS

Butchers Chicken Sausages with Onion Gravy
Grilled Veggie Sausages with Onion Gravy
Creamy Mashed Potato Broccoli & Carrots
Extras: Yorkshire Pudding

FUSION

Crispy Panko Chicken Burger with Curry Mayo
Crispy Onion Bhaji Burger with Curry Mayo
Spicy Wedges House Slaw
Extras: Cheese Slices

CHIP SHOP

Battered Fish Fillet
Cheese & Onion Turnover
Chips
Peas
Baked Beans
Extras: Curry Sauce

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

Portuguese Peri-Peri Chicken & Rice	Halal Pepperoni Quesadilla with Spicy Nachos	Panini of the Day with Nachos	Loaded Wedges with Sour Cream	Flamin Fish Burger
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DESSERTS

MONDAY
German Apple Cake
TUESDAY
Jammie Dodger Muffins
WEDNESDAY
Pear & Ginger Crunch Crumble & Custard
THURSDAY
Chocolate Pudding with Chocolate Sauce
FRIDAY
Biscoff & Buttercream Cake
From £1.40

PASTA & JACKETS STATION

MONDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
TUESDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
WEDNESDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
THURSDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
FRIDAY
Pizza Mac & Cheese with Garlic Bread
From £2.60

ALLERGENS

we're allergy guru!



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

MAIN MEALS

From £2.60

20/04/26, 11/05/26,
8/06/26, 29/06/26

SUMMER MENU
WEEK TWO



SUNSHINE FAVOURITES

Caribbean Chicken with Pineapple Salsa
Caribbean Squash & Sweet Potato with Pineapple Salsa
Spicy Rice
Jamaican Slaw
Extras: Grilled Flatbread

TASTE OF ITALY

Spaghetti and Meatballs
Spaghetti and Veggie Meatballs
Garlic & Herb Slice
Roasted Garlic & Lemon Broccoli
Extras: Grated Cheddar

BUILD A BURRITO

Choose your Chilli: Chicken, Lamb or Beef
Chilli Con Veggie
Flour Tortilla
Steamed Rice
Jalapenos
Sour Cream Salsa
Extras: Grated Cheese

TASTE OF INDIA

Chicken Tikka Biryani
Crispy Paneer Vegetable Biryani
Bombay Potatoes
Indian Chutneys
Extras: Naan Bread

CHIP SHOP

Battered Fish Fillet
Vegetable Spring Roll
Chips
Peas
Baked Beans
Extras: Curry Sauce

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

Panini of the Day with Nachos	Indonesian Chicken Stir Fried Rice	Lamb Kofta Pitta and Salad	Crispy Korean Chicken Baguette with Asian Salad	Margherita Pizza with Chips
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DESSERTS

MONDAY
Summer Berry Flapjack Bake
TUESDAY
Cookies & Cream Sponge
WEDNESDAY
Apple & Cinnamon Crumble with Ice Cream
THURSDAY
Caramelised Banana Upside Down Cake
FRIDAY
Tiramisu Sponge
From £1.40

PASTA & JACKETS STATION

MONDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
TUESDAY
Chicken Curry Rice Pot, Chili Sin Carne Rice Pot
WEDNESDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
THURSDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
FRIDAY
Crunchy Cauliflower Mac and Cheese with Garlic Bread
From £2.60

ALLERGENS

we're allergy guru!



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

MAIN MEALS

From £2.60

27/04/26, 18/05/26,
15/06/26, 06/07/26

SUMMER MENU
WEEK THREE



LOOK OUT
FOR DAILY
★ THEME BARS, ★
& SALAD BAR



PASTA & JACKETS
STATION

TASTE OF GREECE	ORIENT EXPRESS	MOST OF ROAST	MIDDLE EASTERN	CHIP SHOP
Greek Lamb Pasta Bake	Chicken Katsu Curry	Herb Roast Chicken with Stuffing and Herb Gravy	Lebanese Chicken Shawarma	Battered Fish Fillet
Greek Veggie Mince Pasta Bake	Sweet Potato Katsu Curry	Roast Vegetable Wellington with Stuffing and Herb Gravy	Lebanese Eat Curious Shawarma	Crispy Vegetable Samosa
Chefs Seasonal Salad	Steamed Rice Roasted Soy and Ginger Cabbage	Roast Potatoes Seasonal Vegetables	Lemon & Herb Tabouleh Pitta Bread	Chips Peas Baked Beans
Extras: Garlic Bread	Extras: Prawn Crackers	Extras: Yorkshire Pudding	Extras: Seasoned Fries	Extras: Curry Sauce

Meal Deal
Only £2.85

Check out what's on offer today,
available for free school meals!



GLOBAL EATS From £2.60

Sticky Baked Chinese Wings with Rice	Chilli Beef Loaded Nachos	Chicken Saag Aloo	Meatball Sub	Flamin Fish Burger
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DESSERTS

- MONDAY Double Chocolate Traybake
 - TUESDAY Baked Crispy Apple Tart
 - WEDNESDAY Lemon Drizzle Sponge
 - THURSDAY Sticky Toffee Pudding
 - FRIDAY Warm Choc Chip Shortbread Traybake
- From £1.40

- MONDAY Panini Bar: Sweet Chilli Chicken, Pizza Melt, and Cheese
 - TUESDAY Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - WEDNESDAY Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - THURSDAY Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - FRIDAY Mac & Cheese with Crushed Nachos and Salsa
- From £2.60

ALLERGENS

with allergy symbol



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

School Menus

What's for Lunch?



Ursuline Academy Sixth

Clubs Timetable



Monday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr Donovan
		8:25am (15mins)	🎵🎸 Worship Band 9-10	Hall Ms Hurst
	Break	10.40am		
	Lunch	12.40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12.40pm (30mins)	🏀 Basketball 8-10	Gym Ms Whates & Mr Okyere
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		1.00pm (30mins)	+ Maths Club 7-13	F13 Ms Verma
		1.10pm (30mins)	🧩 Puzzle Club 7-13	G7 Ms Filipe
		1.10pm (30mins)	🇪🇸 Spanish Club 11	G5 Mr Clare
1.10pm (30mins)		🎨 Art Club 7-13	S4 Mr Selley	
PM	3:20pm (1hr)	🏠 Homework Club 7-13	Library Ms Jones	

Tuesday	⌚ Time	Club - Year Groups	Location		
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr Donovan	
		8:25am (15mins)	🎵🎸 Worship Band 9-10	Hall Ms Hurst	
	Break	10.40am	🎵 Ukulele Club 7-8	S5 Ms Eakins	
	Lunch	12.40pm (30mins)	💻 IT Club 7-13	F6 IT team	
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones	
		12:40pm (30min)	+ Maths Club 7-13	F13 Mr Deen	
		12.40pm (30mins)	🏊 Trampoline 7-13	Gym Ms Whates	
		12.40pm (30mins)	🥊 Boxing 9-10	Dance Studio Ms Keogh	
		12.40pm (30mins)	🎵 Music Year 7 Practice Room Access	Practice rooms Ms Hurst	
		1:00pm (30min)	🔧 STEM Club (Visualise) 7-11	G12 Ms Kodi-Pecku	
		1:10pm (30mins)	🎸 Guitar Club 7-13	S5 Mr McCarthy & Mr Okyere	
		PM	3:20pm (1hr)	📖 Homework Club 7-13	Library Ms Jones

Wednesday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr McCarthy
		8:25am (15mins)	🎵🎸 Worship Band 9-10	Hall Ms Hurst
	Break	10:40am (20mins)	🎵 Music Y10-13 Practice Room Access	Practice rooms Ms Hurst
	Lunch	12:40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12:40pm (30mins)	🗣️ MFL Ambassadors Club 8-9	G6 Ms Grassi
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12.40pm (30mins)	🕌 Islamic Society 7-13	F10 Mrs Ahmed
		12.40pm (30mins)	🎵 Music Year 9 Practice Room Access	Practice rooms Ms Hurst
		12.40pm (30mins)	📖 P E GCSE Revision 10-11	G2 Mrs Mansell
		1.10pm (30mins)	🎵 Choir 7-13	S5 Ms Hurst
		1.00pm (30mins)	⚖️ Justice and Peace 12-13	Chapel Mr Ravi
		1:00pm (30mins)	🌱 Eco Club 7-13	G3 Mr McCarthy
		1.10pm (30mins)	🎵 Music Year 11 Course Work	S5 Ms Hurst
		PM	3:20pm (1hr)	🏐 Netball 7&8
	3.20pm (1hr)		⚽ Football 7-9	Gym Lois Whates
	3.20pm (1hr)		🏏 DT Catch Up Club 11	G12 Mrs Kodi Pecku
3:30pm (45mins)	🗣️ EAL Intervention 7-11		F11 Ms Choudhury	
3:20pm (1hr)	📖 Homework Club 7-13		Library Ms Jones	

Thursday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr McCarthy
	Break	10.40am	🎵 Music Year 7 Practice Room Access	Music Rooms Ms Hurst
	Lunch	12.40 (30mins)	💻 IT Club 7-13	F6 IT team
		12.40pm (30mins)	🏃 GCSE PE Monitoring 10-11	F7 Ms Keogh
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12.40pm (30mins)	🏸 Badminton 9-11	Gym Ms Eakins
		12.40pm (30mins)	🎵 Music 10-11 Practice Room Access	Practice rooms Ms Hurst
		12:40pm (1hr)	🎵 Music 7-13 Choir	S5 Ms Hurst
		1.00pm (30mins)	🔧 STEM Club (Visualise) 7-13	G12 Mrs Kodi-Pecku
		1.00pm (30mins)	📖 Maths Club 7-13	F13 Mrs Kayode
		1:00pm (30mins)	🌏 South Asian Society 7-13	S8 Ms Sivachandran & Ms Verma
		1.10pm (30mins)	GCSE & A level Grade Booster Club 11&13	S4 Mr Selley
		3.20pm (1hr)	📖 Homework Club 7-13	Library Ms Jones
PM	3:30pm (1hr)	🎵🎸 Worship Band 9-10	S5 Ms Hurst	
3:30pm (1hr)	🏐 Netball 9-11	Playground Ms Whates		

Friday	⌚ Time	Club - Year Groups	Location		
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Ms Donovan	
	Break	10:40am (20mins)			
	Lunch	12.40pm (30mins)	🇬🇷 Greek Dancing 7-13	Ms Posnakidou	
		12.40pm (30mins)	💻 IT Club 7-13	F6 IT team	
		12.40pm (30mins)	🌍 African Caribbean Society 7-13	G10 Mr Okyere	
		12.40pm (30mins)	📖 Library Lunch Club 7-13	Library Ms Jones	
		12:40pm (1hr)	🎵 Music Year 8 Practice Room Access	Practice rooms Ms Hurst	
		3.20pm/ (1hr)	📖 Homework Club 7-13	Library Ms Jones	
		PM	3:30pm (1hr)	🎵 Music Y10-11 Coursework	S5 Ms Hurst
				🏃 Athletics 7-13	Playground Mrs Mansell



Free Esol and Conversation Classes

Every Thursday

11:00 - 11:45 Beginners ESOL

11:45 - 13:00 Conversation Classes

Refugee and Migrant Justice
Cardinal Heenan Centre
326 High Road
Ilford, IG1 1QP

**Refugee &
Migrant
Justice**





Working together today, Improving their tomorrows

Are you a parent or carer of a child or young person with special educational needs or disability (SEND) aged 0-25 living in Redbridge?

SEND PARENT CARER GROVE DROP-IN SESSIONS

TIME: 10AM - 1PM

VENUE: THE GROVE, GROVE ROAD, CHADWELL HEATH, RM6 4XH

DATES:

WEDNESDAY 25TH MARCH

WEDNESDAY 15TH APRIL

WEDNESDAY 29TH APRIL

WEDNESDAY 13TH MAY

WEDNESDAY 3RD JUNE

WEDNESDAY 1ST JULY

WEDNESDAY 15TH JULY

Our Grove drop-ins are a safe, supportive space for parent carers of children and young people with SEND. Come along to:

- Get advice and practical signposting
- Share experiences with other parents who understand
- Ask questions and talk through concerns
- Hear updates about local SEND services

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk

 07486 880 646



FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge

FOLLOW US ON INSTAGRAM: [ept_redbridge_send](https://www.instagram.com/ept_redbridge_send)