



Ursuline Academy Ilford



Ursuline Academy
Sixth

Weekly News – 2025/2026 Issue 17
16th January 2026

Upcoming Events

Year 8 Progress Evening

Monday 19 January
4.00 – 6.30p.m.

Year 11 Progress Evening

Monday 26 January
4.00 – 6.30p.m.

St Angela Merici Day

Friday 23 January
**School Closes at
12.40p.m.**

Year 12 & 13 Progress Evening

Monday 9 February
4.00 – 7.00p.m.



Headteacher's Headlines



As we approach next Friday, 23rd, we look forward with great joy to our celebration of St Angela Merici, the woman whose courage, faith and vision continue to shape who we are as an Ursuline community. St Angela's deep belief in the dignity, potential and vocation of every young person inspires us daily in our classrooms, our relationships, and our commitment to serve with generosity and compassion. (The official feast day for St. Angela Merici is January 27th)

On this special day, our school community will come together in prayer through two celebrations of Mass. Half of the school will attend Mass at our local parish, SS Peter & Paul Church, celebrated by Fr Andrew in the morning. The remaining half of the school will gather for Mass after break time, celebrated by Bishop Alan Williams, a moment of great significance for our community.

We are especially honoured that Bishop Alan will also formally open our newly refurbished school chapel on the same day. This sacred space stands as a visible sign of our faith at the heart of school life.

As an Ursuline school, we strive to live St Angela's legacy every day: educating the whole person, nurturing faith and character, and forming young women who are confident, compassionate and committed to serving others. May our celebrations next Friday renew our shared sense of purpose and remind us that, inspired by St Angela, we are called not only to learn, but to love and to serve.

School will close early (at 12.40pm) on Friday 23rd to support us in celebrating this wonderful saint.

SERVIAM

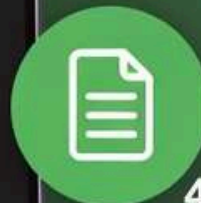
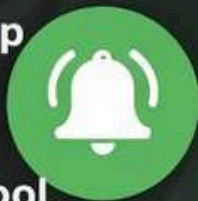


**MyChildAtSchool
(MCAS) App
Now available!**



MyChildAtSchool Parent App

1. Go to your app store
2. Search MyChildAtSchool
3. Download the app



4. Click Activate
- Enter IG1 4JU
5. Sign up with your email

Key features



Notifications



School Calendar



Attendance



Reports &
Behavior



We would encourage all parents to sign up...please see guide/instructions below!

MCAS (MyChildAtSchool) - Parent Guide

MCAS is your school's parent portal. You can view your child's timetable, attendance, behaviour, homework, and messages

Access

- **Website:** www.mychildatschool.com
- **App:** Search "MyChildAtSchool" in the App Store or Google Play
- **You Need:** Your **registered email address + password**

First Time? Create Your Account

Self Sign-Up Steps

1. Visit www.mychildatschool.com
2. Click "**Sign Up**"
3. Enter the school postcode **IG1 4JU** or School ID **16724**
4. Select your school
5. Enter your email address
6. Click "**Sign Up**"
7. Check your email and click the **verification link**
8. Create your password
9. ✓ **Account created**

How to Log In

On a Computer (Website)


1. Go to www.mychildatschool.com
2. Enter your **email address**
3. Enter your **password**
4. Click **Login**
5. ✓ **Done**

On the App (Phone/Tablet)

First Time Setup

1. Download the **"MyChildAtSchool"** app
2. Allow notifications
3. Create a **5-digit PIN**
4. (Optional) Set up **fingerprint/face recognition**
5. Enter school details (School ID, email, password)
6.  **Done**

Every Other Time

1. Open the app
2. Enter your **PIN** (or use fingerprint/face recognition)
3.  **Done**

Daily Use - What You Can See

Feature	What You Get
 Timetable	Your child's class schedule
 Attendance	Attendance % and absence details
 Behaviour	Positive/negative conduct points
 Reports	School progress reports
 Homework	Homework set by teachers
 Messages	Communicate with teachers and the school
 Announcements	Important school updates

Multiple Children?

If you have more than one child at the school using the same email, MCAS will automatically link your children to your account.





Newsletter Contents this week:

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Pope Leo XIV @ Pontifex – 14 January 2026

God reveals Himself as an Ally who invites us to be His friends. Listening is the first attitude we should cultivate, so that the Divine Word may penetrate our minds and hearts. When we speak with God, we are not telling Him what He already knows but revealing to ourselves who we really are. [#GeneralAudience#DeiVerbum](#)

Forward in Joy – 366 Days with St Angela Merici – Daily Words of Wisdom from our Patron Saint

January: Trust

16th January: Keep to the ancient way and custom of the Church, established and confirmed by so many Saints under the inspiration of the Holy Spirit.

17th January: May you be motivated solely by the love of God.

18th January: God will provide for them wonderfully.

19th January: If you see one timid and inclined to despondency, promise her the blessing of the mercy of God.

20th January: In these pestilential times, you will find no other recourse than at the feet of Jesus Christ.

21st January: Without doubt you will see marvelous things.

22nd January: God only wants what is for your good and joy.





Chaplaincy News

Visit of Bishop Alan Williams, Bishop of Brentwood, on the Feast of St Angela Merici – Friday 23rd January

We are delighted to inform parents and carers that our school will have the great honour of welcoming The Right Reverend Alan Williams SM, Bishop of Brentwood, on Friday 23rd January, when he will celebrate Mass for the Feast of St Angela Merici.

The Feast of St Angela Merici offers a special opportunity to reflect on the values at the heart of Ursuline education. St Angela was a visionary educator who believed deeply in the dignity, potential, and spiritual formation of every young person. Her legacy continues to guide Ursuline schools worldwide, emphasising academic excellence, faith development, service, and leadership rooted in compassion and integrity.





Flu Vaccination Clinics

Subject: Flu Vaccination Clinics – 24th January 2026

Dear Parent/Guardian,

The flu vaccine will be offered at two clinics on 24th January 2026 in Barking and Dagenham.

Please ensure you complete the online consent form prior to attending the clinic so that we can record your wishes.

To give consent for your child to receive the flu vaccine, please click the link below:

<https://london.schoolvaccination.uk/flu/2025/redbridge>

Even if you do not wish for your child to receive the vaccine, it is still important that you complete the online form so we can record your decision.

The Nasal Flu Vaccine

- The nasal flu vaccine:
- Protects your child from flu
- Helps protect family members and others, especially elderly relatives, young babies, and those with serious health conditions
- Is free, painless, quick, and effective at reducing the spread of flu

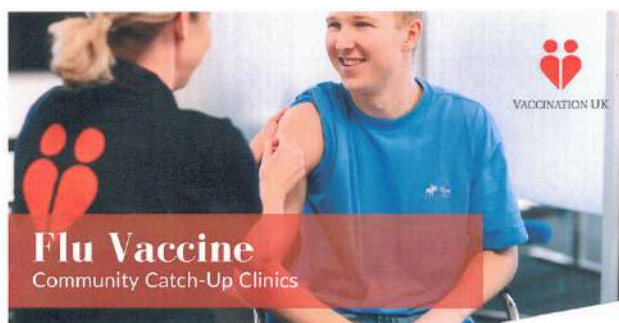
We also offer the flu vaccine as an injection, which is gelatine-free, for children who are unable to have the nasal spray.

If you have any questions, please do not hesitate to contact us.

Kind Regards,

Redbridge School Immunisation Team

T: 0203 343 2400



If your child missed their vaccination at school, you can book an appointment at one of our local community clinics

Protect your child, your loved ones, and your community by getting your flu jab today. The flu vaccine is your best defence against severe illness, hospitalisation, and missed work or school. Let's work together to keep everyone healthy this winter.

Catch up Clinic
24 Jan 2026,
10:00 - 14:00
Dagenham Library Centre,
1 Church Elm Lane,
Dagenham
RM10 9QS

Catch up Clinic
24 Jan 2026,
10:00 - 14:00
Barking Learning Centre,
2 Town Square,
Barking
IG11 7NB



For our clinic locations and contact details please visit www.schoolvaccination.uk or scan the QR code

Part of the NHS School Aged Immunisation Service





PE News

All the girls in Key Stage 3 and GCSE PE classes are going to be fundraising to raise some money for the PE department equipment. The girls will be completing a mile walk within their PE lessons starting on Friday 16th January. The girls will be with a member of staff at all times.

We are hoping to raise some funds to buy some specialist equipment that needs replacing and GCSE PE materials. The girls should have all brought home a letter and a sponsor sheet. We appreciate all your support with this!

Any issues please email kkeogh@uai.org.uk

**Sponsored
winter walk**

All of the money raised will go towards new equipment for the PE department

It will also be happening in their physical education lessons starting on the 16th of January.
The walk will take place at Valentines Park.

The student who raises the most money will get a prize.

The poster features a light blue background with decorative elements including holly leaves, snowflakes, and red berries. The title 'Sponsored winter walk' is written in a large, red, cursive font. Below the title, the text is centered and reads: 'All of the money raised will go towards new equipment for the PE department'. In the center of the poster is an illustration of two patterned winter mittens, one green and one red, hanging from a string. Below the mittens, the text states: 'It will also be happening in their physical education lessons starting on the 16th of January. The walk will take place at Valentines Park.' At the bottom of the poster, it says: 'The student who raises the most money will get a prize.'

Ms Keogh, Head of P E



Pongal Event

Our school resonated with festive spirit and cultural pride as we celebrated Pongal with a variety of engaging activities. The celebrations involved an arts and crafts session where students joyfully decorated kites, symbolising happiness, prosperity and the harvest season. The beautifully designed kites added vibrant colour and energy to the festivities.

A highlight of the celebration was the Pongal quiz competition, which featured several exciting rounds. Students participated enthusiastically, demonstrating their knowledge of Pongal traditions, history and significance. While each round had its own winners, **Inaya A** of Year 7 emerged as the overall winner, earning special appreciation for her consistent performance throughout the competition.

There was also a lively Kummi dance workshop, where students learned traditional steps and danced together, celebrating the joy of community and culture. To complete the experience, students were treated to mini pots of delicious Pongal, along with a traditional sweet commonly enjoyed during Makar Sankranti, allowing everyone to savour the flavours of the harvest festival. **Mokshita** in Year 9 also prepared and delivered a very informative presentation about Pongal, Makara Sankranti and Lohri.

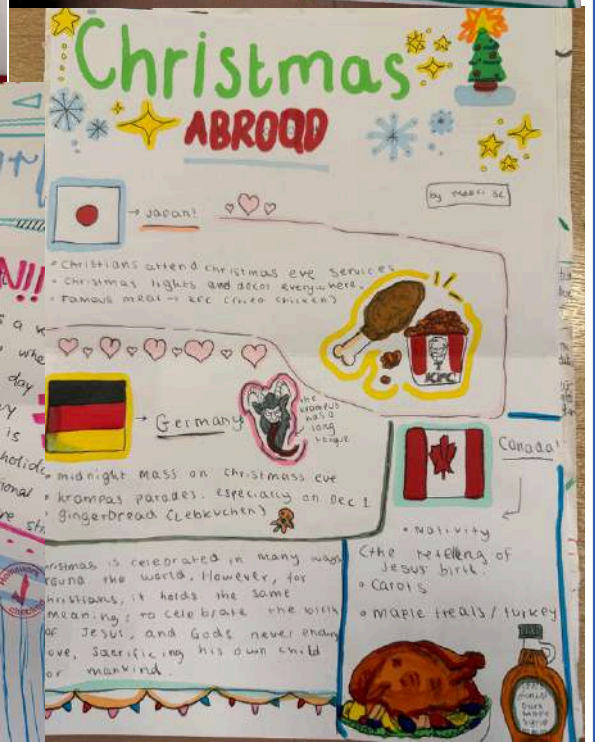
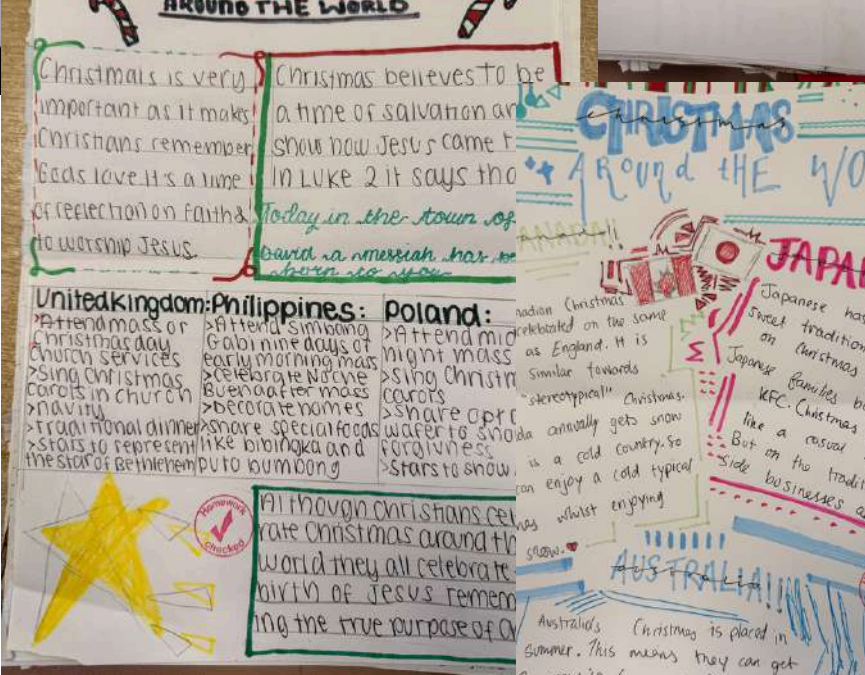
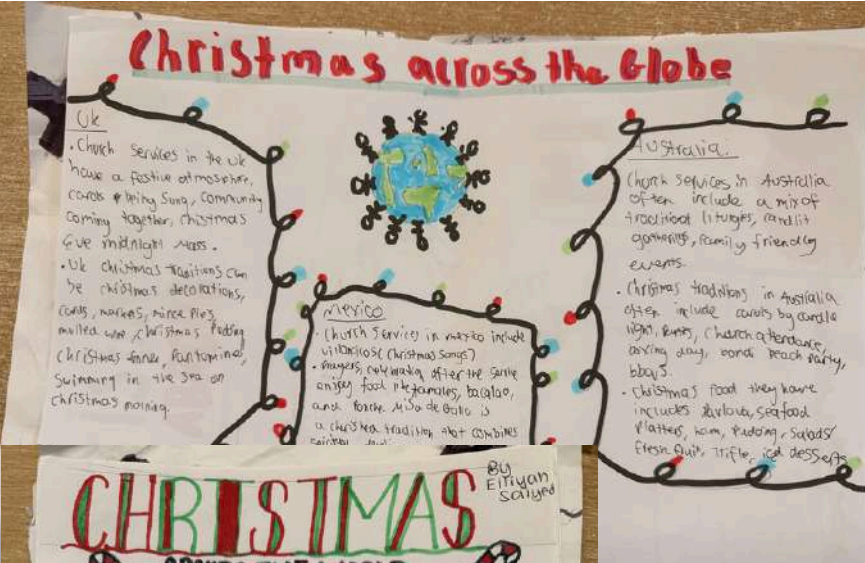
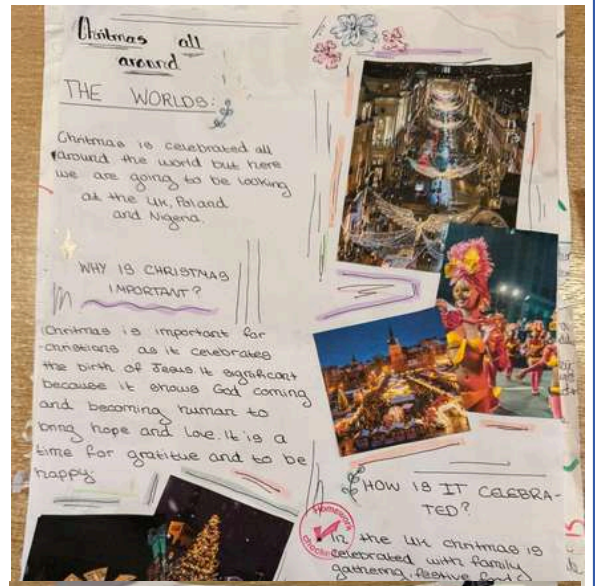
The Pongal celebration was a wonderful blend of learning, creativity and enjoyment, leaving students with fond memories and a deeper understanding of the celebrations.



RELIGIOUS EDUCATION

R E News

This Christmas, our Year 8C students have been exploring how Christmas is celebrated around the world, creating vibrant and thoughtful posters that showcase traditions from a wide range of cultures and countries. Through their research and creativity, pupils have reflected on how the spirit of Christmas is expressed in many different ways, while sharing common values of joy, community, and hope. Their work also highlights our virtue of being **grateful and generous** – grateful for the richness of our own traditions, and generous in our curiosity, respect and appreciation of how others celebrate. We are proud of the care and enthusiasm Year 8 have shown in bringing these global celebrations to life.





Student Leadership News

Student Leadership Training: Teamwork and Collaboration in Action

On Wednesday 14 January 2026, the Student Leadership Team took part in Session 3 of our Student Leadership Training, which focused on teamwork and collaboration. The workshop, led by Miss Addai helped us explore what makes an effective team and highlighted important values such as respect, cooperation, inclusion, and responsibility.

One of the highlights of the session was a practical activity called the Paper Tower Challenge. In mixed groups of Year 11 and Year 13 students, we were challenged to build the tallest free-standing tower using only 10 sheets of paper, tape, and scissors. The activity encouraged us to communicate clearly, work together, and solve problems under time pressure, while also giving us the chance to work with students from different year groups.

After the challenge, we reflected on our strengths and areas for improvement, such as contributing ideas more confidently and adapting quickly when time was limited. Overall, the session was both enjoyable and extremely valuable, helping us continue to grow as student leaders.

We would also like to thank Miss Addai for leading such an engaging and inspiring session.



Duaa Akbar and Tharaniya Rasakulasingham



UA6 attendance

Poor attendance directly effects academic performance


Currently, average attendance across Y13 is around **80%**, which means some students are missing the equivalent of **one full day of learning every week**. At A-level, this has a significant impact. Lessons move quickly, content is demanding, and skills are built cumulatively, so missing even small amounts of time can have a lasting effect on understanding, confidence, and exam performance.

National research and exam data consistently show a strong link between high attendance and high achievement at A-level. Students whose attendance is **95%+ on average achieve two A-level grades higher than those on 85%**. This means those students are more likely to get into top universities, apprenticeships and employment.

Introducing the Year 13 Privilege Pass

To support this, we are pleased to introduce the Year 13 Privilege Pass, a new initiative designed to recognise and reward students who demonstrate strong attendance, academic efforts and positive behaviour.

From this term, Year 13 students who meet the agreed criteria will be permitted to leave the school site during a free Period 6. This privilege reflects the increasing independence expected of students as they prepare for higher education, apprenticeships, or employment.

UA6 PRIVILEGE PASS	
P6 Early Leave Permission	
Name: _____	
Valid: _____	
Staff Check: Student may leave site during P6 if they have no lesson. Must display this card.	

Eligibility for a Privilege Pass will be based on:

- **Consistent attendance to all lessons over a two-week period**
- **Positive behaviour points**
- **Academic progress**

The scheme will be monitored closely and reviewed every two weeks to ensure it is used responsibly and continues to support high standards across the Sixth Form. Students who do not meet expectations may not be awarded, or may lose, this privilege. We hope this will encourage students to strive for 100% attendance which will have a positive impact in their academic attainment



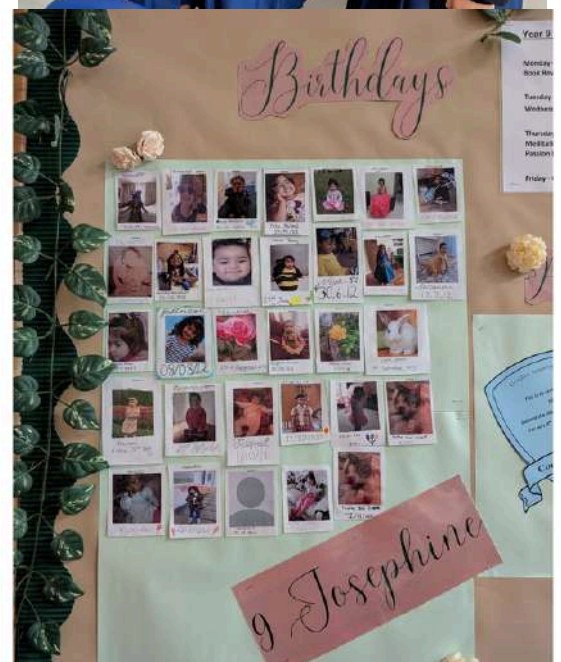
Year 9 News

The Year 9 form group has created an amazing and vibrant display board in the colours of our house, **Josephine**. The board showcases beautiful artwork and informative write-ups about our house saint, Saint Josephine, helping us to learn more about her life and values.

The display also includes everyone's baby photos and birthdays, making it a fun and meaningful way to help us remember and celebrate each other throughout the year. The **Student of the Week** is proudly displayed under a gold paper crown, adding a special touch to recognise individual achievement.

A special thank you goes to **Mercy** and **Riya**, who organised the collection of photos, **Emaan**, who created the headings, and **Claire**, who helped put the display together. Each of these students generously offered their time to complete extra tasks for the benefit of our form group.

This wonderful display is a perfect example and clear proof of our school value of being **grateful and generous**. We are very proud of the teamwork and creativity shown by Year 9.



Ms Grassi, MFL Subject Leader, 9F Form Tutor

Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.



MAINS MEALS

From £2.60

05/01/26, 26/01/26,
23/02/26, 16/03/26

SPRING MENU
WEEK ONE



LOOK OUT
FOR DAILY
★ THEME BARS ★
& SALAD BAR!



PASTA & JACKETS

STATION

MONDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

TUESDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

WEDNESDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

THURSDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

FRIDAY

Pizza Mac & Cheese with Garlic Bread

From £2.60

MON

TUE

WED

THU

FRI

★ PORTUGUESE PLATES ★

★ ORIENTAL FLAVOURS ★

★ ROAST ★

★ TASTE OF ITALY ★

★ FISH & CHIP SHOP ★

Portuguese Peri-Peri
Chicken Rice

Chicken with Crunchy
Vegetable Stir Fry

Herby Roast Chicken With
Stuffing & Chicken Gravy

Oven Baked Italian
Lasagne

Battered Fish Fillet
Crispy Chicken Tenders

Portuguese Peri-Peri
Butternut Rice

Sticky Teriyaki Eat Curious
with Crunchy Vegetable
Stir Fry

Roasted Root Vegetable
Wellington with Stuffing
& Vegetable Gravy

Oven Roasted Italian
Vegetable Lasagne

Cheese & Onion Turnover

Tortilla Wrap
Macho Peas

Soy & Ginger Noodles

Crunchy Roast Potatoes
Broccoli

House Salad
Garlic Bread

Chips
Peas
Baked Beans

Meal-Deal
Only £2.85

Check out what's on offer today,
available for free school meals!



GLOBAL EATS

From £0.00

MON

TUE

WED

THU

FRI

Tandoori
Chicken Tikka
Pizza Naan
with Masala
Fries

Cheeseburger
with Salad &
Pickles

Hot Honey Beef
with Sweet
Potato

Crispy Chicken
Wrap

Crispy Chicken
Tenders
with Chips

DESSERTS

MONDAY

Lemon & Blueberry Sponge

TUESDAY

Jammie Dodger Muffins

WEDNESDAY

Pear & Ginger Crunch Crumble & Custard

THURSDAY

Chocolate Pudding with Chocolate Sauce

FRIDAY

Warm Cherry Flapjack

From £1.40

ALLERGENS
we're allergy guru!



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

MAINS MEALS

From £2.60

12/01/26, 02/02/26,
02/03/26, 23/03/26

SPRING MENU
WEEK TWO



LOOK OUT
FOR DAILY
★ THEME BARS ★
& SALAD BAR!



PASTA & JACKETS

STATION

MONDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

TUESDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

WEDNESDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

THURSDAY

Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata

FRIDAY

Mac & Cheese with Smoky Bacon & Crunchy Crust

From £2.60

MON

TUE

WED

THU

FRI

★ Mumbai Moments ★

★ TASTE OF JAPAN ★

★ HOME COMFORTS ★

★ SLOW COOKED ★

★ FISH & CHIP SHOP ★

Spicy Keema Lamb Curry
With Raitha

Crispy Chicken Katsu with
Curry Sauce

Butchers Sausages with
Onion Gravy

BBQ Pulled Pork and Spicy
Rice Wrap with Salsa

Battered Fish Fillet

Spicy Veggie Keema Curry
With Raitha

Crispy Tofu Katsu with
Curry Sauce

Grilled Veggie Sausages
with Onion Gravy

BBQ Eat Curious and Spicy
Rice Wrap with Salsa

Vegetable Spring Roll with
Curry Sauce

Steamed Basmati Rice
Roasted Aromatic
Cauliflower

Steamed Rice
Asian Salad

Creamy Mashed Potatoes
Carrots & Peas

Tortilla Chips

Chips
Peas
Baked Beans

Meal-Deal
Only £2.85

Check out what's on offer today,
available for free school meals!



GLOBAL EATS

From £0.00

MON

TUE

WED

THU

FRI

Pepperoni
Loaded Sub

Smash Burger
Panini

Spanish Chicken
Paella

Salt & Pepper
Chicken Wings
with Rice

Chicken
Sausage and
Chips

DESSERTS

MONDAY

Warm Cherry & Coconut Flapjack

TUESDAY

Cookies & Cream Sponge

WEDNESDAY

Toffee Apple Crumble & Custard

THURSDAY

Banana & Toffee Cake

FRIDAY

Chocolate Brownie

From £1.40

ALLERGENS
we're allergy guru!



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

MAINS MEALS

From £2.60

19/01/26, 09/02/26,
09/03/26

SPRING MENU
WEEK THREE



LOOK OUT
FOR DAILY
★ THEME BARS ★
& SALAD BAR!



PASTA & JACKETS
STATION

MON	TUE	WED	THU	FRI
★ TEX-MEX ★	★ BURGER BAR ★	★ ROAST ★	★ MASALA MOMENTS ★	★ FISH & CHIP SHOP ★
Texan Chilli Con Carne with Salsa	Classic Beef Burger or Cajun Chicken in a Bun	Roast Chicken with Stuffing & Roast Gravy	Tandoori Chicken Tikka Masala	Battered Fish Fillet
Texan Eat Curious Smokey Veggie Chilli with Salsa	Spicy Bean Burger in a Bun	Winter Root Vegetable & Kale Filo Parcel	Crispy Tandoori Paneer Tikka Masala	Signature Squashage Roll
Chopped Corn Salad Steamed Rice	Seasoned Wedges Chef's Salad	Crispy Roast Potatoes Baked Carrots & Parsnips	Pilau Rice Indian Roasted Cauliflower with Spinach	Chips Peas Baked Beans

Meal Deal
Only £2.85

Check out what's on offer today,
available for free school meals!



GLOBAL EATS

From £0.00

MON	TUE	WED	THU	FRI
Meatball & Mozzarella Melted Sub	Lamb Biryani with Curry Sauce and Naan	Crispy Korean Chicken Baguette	Chicken Quesadilla with Nachos	Chicken Tenders with Chips

DESSERTS

- MONDAY
Chocolate Marble Cake
 - TUESDAY
Carrot Cake Muffins with Frosting
 - WEDNESDAY
Cookies and Cream Sponge
 - THURSDAY
Toffee Drizzle Flapjack Traybake
 - FRIDAY
Pineapple & Cherry Upside Down Cake
- From £1.40

- MONDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - TUESDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - WEDNESDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - THURSDAY
Bolognese, Basil Pesto, Macaroni Cheese, Creamy Chicken & Sweetcorn and Spicy Tomato Arrabbiata
 - FRIDAY
Pepperoni Mac & Cheese
- From £2.60

ALLERGENS

we're allergy aware!



If you have a food allergy or intolerance, please ask the Allergen Guru or Manager about the ingredients in your meal.

School Menus

What's for Lunch?



Ursuline Academy Sixth

Clubs Timetable



Monday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr Donovan
		8:25am (15mins)	🎵🎸 Worship Band 9-10	Hall Ms Hurst
	Break	10.40am		
	Lunch	12.40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12.40pm (30mins)	🏀 Basketball 8-10	Gym Ms Whates&Mr Okyere
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		1.00pm (30mins)	➕ Maths Club 7-13	F13 Ms Verma
		1.10pm (30mins)	🧩 Puzzle Club 7-13	G7 Ms Filipe
		1.10pm (30mins)	🇪🇸 Spanish Club 11	G5 Mr Clare
1.10pm (30mins)		🎨 Art Club 7-13	S4 Mr Selley	
PM	3:20pm (1hr)	🏠 Homework Club 7-13	Library Ms Jones	

Tuesday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr Donovan
		8:25am (15mins)	🎵🎸 Worship band 9-10	Hall Ms Hurst
	Break	10.40am	🎸 Ukulele Club 7-8	S5 Ms Eakins
	Lunch	12.40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12:40pm (30min)	➕ Maths Club 7-13	F13 Mr Deen
		12.40pm (30mins)	🏐 Volleyball 7-13	Gym Ms Whates
		12.40pm (30mins)	🥊 Boxing 9-10	Dance Studio Ms Keogh
		12.40pm (30mins)	🎵 Music Year 7 Practice Room Access	Practice rooms Ms Hurst
1:00pm (30min)		🔬 STEM Club (Visualise) 7-11	G12 Ms Kodi-Pecku	
1.10pm/ (30Mins)		🧬 Biology Intervention 10	G7 Ms Filipe	
1:10pm (30mins)		🎸 Guitar Club 7-13	S5 Mr McCarthy & Mr Okyere	
PM	3:20pm (1hr)	📖 Homework Club 7-13	Library Ms Jones	

Wednesday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr McCarthy
		8:25am (15mins)	🎵🎸 Worship band 9-10	Hall Ms Hurst
	Break	10:40am (20mins)	🎵 Music Y10-13 Practice Room Access	Practice rooms Ms Hurst
	Lunch	12:40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12:40pm (30mins)	🗣️ MFL Ambassadors Club 8-9	G6 Ms Grassi
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12.40pm (30mins)	🕌 Islamic Society 7-13	F10 Mrs Ahmed
		12.40pm (30mins)	🎵 Music Year 9 Practice Room Access	Practice rooms Ms Hurst
		12.40pm (30mins)	🏃 P E GCSE Revision 10-11	G2 Mrs Mansell
1.10pm (30mins)		🎵 Choir 7-13	S5 Ms Hurst	
1.00pm (30mins)		⚖️ Justice and Peace 12-13	Chapel Mr Ravi	
1:00pm (30mins)		🌱 Eco Club 7-13	G3 Mr McCarthy	
1.10pm (30mins)		🎵 Music Year 11 Course Work	S5 Ms Hurst	
PM	3:20pm (1hr)	🏐 Netball 7&8	Playground Mrs Mansell	
	3.20pm (1hr)	⚽ Football 7-9	Gym Lois Whates	
	3.20pm (1hr)	📖 DT Catch Up Club 11	G12 Mrs Kodi Pecku	
	3:30pm (45mins)	🗣️ EAL Intervention 7-11	F11 Ms Choudhury	
	3:20pm (1hr)	📖 Homework Club 7-13	Library Ms Jones	

Thursday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Mr McCarthy
	Break	10.40am	🎵 Music Year 7 Practice Room Access	Music Rooms Ms Hurst
	Lunch	12.40 (30mins)	💻 IT Club 7-13	F6 IT team
		12.40pm (30mins)	🏃 GCSE PE Monitoring 10-11	F7 Ms Keogh
		12:40pm (55mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12.40pm (30mins)	🏸 Badminton 9-11	Gym Ms Eakins
		12.40pm (30mins)	🎵 Music 10-11 Practice Room Access	Practice rooms Ms Hurst
		12:40pm (1hr)	🎵 Music 7-13 Choir	S5 Ms Hurst
		1.00pm (30mins)	🔬 STEM Club (Visualise) 7-13	G12 Mrs Kodi-Pecku
1:00pm (30mins)		🌏 South Asian Society 7-13	S8 Ms Sivachandran & Ms Verma	
1.10pm (30mins)		GCSE & A level Grade Booster Club 11&13	S4 Mr Selley	
PM	3:20pm (1hr)	📖 Homework Club 7-13	Library Ms Jones	
	3:30pm (1hr)	🎵🎸 Worship band 9-10	S5 Ms Hurst	
	3:30pm (1hr)	🏐 Netball 9-11	Playground Ms Whates	

Friday	⌚ Time	Club - Year Groups	Location	
	AM	8:00am (30 mins)	☺ Breakfast Club 7-13	Canteen Ms Donovan
	Break	10:40am (20mins)		
	Lunch	12.40pm (30mins)	🇬🇷 Greek Dancing 7-13	Ms Posnakidou
		12.40pm (30mins)	💻 IT Club 7-13	F6 IT team
		12.40pm (30mins)	🌍 African Caribbean Society 7-13	G10 Mr Okyere
		12.40pm (30mins)	📖 Library Lunch Club 7-13	Library Ms Jones
		12:40pm (1hr)	🎵 Music Year 8 Practice Room Access	Practice rooms Ms Hurst
		1.00pm (30mins)	➕ Maths Club 7-13	F13 Mrs Kayode
		3.20pm/ (1hr)	📖 Homework Club 7-13	Library Ms Jones
PM		3:30pm (1hr)	🎵 Music Y10-11 Coursework	S5 Ms Hurst
		🏃 Athletics 7-13	Playground Mrs Mansell	





Working together today, Improving their tomorrows

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

SEND PARENT CARER COFFEE MORNING ON CHILDREN'S SOCIAL CARE

DATE: MONDAY 12TH JANUARY 2026

TIME: 10AM - 12PM

**VENUE: GEARIES CHILDREN'S CENTRE,
WAREMEAD ROAD, GANTS HILL, IG2 6TF**

GUEST SPEAKER:



Teresa Watts, Principal Family Support Worker, Redbridge Children with Disabilities Team, will share about Redbridge Children's social care services and answer any questions that parent carers may ask.

ALL REDBRIDGE SEND PARENT CARERS WELCOME

LIGHT REFRESHMENTS PROVIDED.

PLEASE NOTE: EPT DO NOT ENDORSE ANY SPEAKERS OR SERVICES INVITED.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk

 07486 880 646



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