



Ursuline Academy Ilford



Ursuline Academy
Sixth

Weekly News – 2025/2026 Issue 14
12th December 2025

Upcoming Events

Carol Service

Thursday 18 December
5.00 – 7.00p.m.

End of Term

Friday 19 December
12.40p.m.

INSET DAY

Monday 5 January 2025
No students in School

Term Begins

Tuesday 6 January 2025
8.40a.m.



Headteacher's Headlines

United in
harmony

This weekend we mark Gaudete Sunday, the third Sunday of Advent, we embrace the joyful expectation that reminds us to rejoice as we draw closer to the celebration of Christ's birth. It is fitting to reflect on the Ursuline virtue we have focused on throughout this term: being **United in Harmony**.

As we approach Christmas, the spirit of giving has been especially visible through the many charitable activities taking place across the school. A particular highlight this week will be our Redbridge Foodbank drive on Wednesday, which is also Christmas Jumper Day. Every student is expected to bring a donation for the foodbank; even a small contribution will make a meaningful difference to families in our local community.

We are also very much looking forward to our Carol Service on Thursday 18th, one of the true highlights of our school calendar.

As we enter the final week of this long term, I encourage everyone to keep drawing on their resilience, bearing with each other, and finishing the term with the same care and commitment that has defined it so well.

SERVIAM





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Pope Leo XIV @ Pontifex – 10 December 2025

The secret to living authentically is praying, so that we understand what truly brings the Kingdom of Heaven, and letting go of what is superfluous and ties us to passing things. We must remember that our time on earth prepares us for eternity. [#GeneralAudience](#)

Forward in Joy – 366 Days with St Angela Merici – Daily Words of Wisdom from our Patron Saint

December: Hope

12th December: Strive to seek out the means and ways to advance.

13th December: Merely beginning is not enough if you do not carry through.

14th December: Put all your zeal and strength into carrying out your duty.

15th December: Our life and well-being are at stake.

16th December: You must not be afraid.

17th December: Have hope and firm faith in God, who will help you in everything.

18th December: Jesus Christ will enlighten you.





Chaplaincy News



Class Mass for 7C and 7J

On Thursday this week, we held Class Mass for 7C and 7J focusing on the second week of Advent.

In the Gospel, Jesus praises John the Baptist as the greatest of prophets, yet reminds us that even the least in God's Kingdom is invited to a greatness that comes from faith, not status.

For us as parents, this season is an opportunity to guide our children not only toward the joy of Christmas but also toward its deeper meaning. Simple acts—praying together, showing patience, offering kindness—become ways of “preparing the way of the Lord” in our homes.



Mr Ravi, School Chaplain



Chaplaincy News

Carol Singing at Rosewood Lodge

In the true Ursuline spirit of Serviam, our Choir and Justice & Peace Group students brought the joy of music and the light of Christ to Rosewood Lodge Care Home on 10th December.

Walking together to the home, they shared warmth, kindness, and Christmas cheer through traditional carols, living out the Ursuline values of compassion, community, and loving service. Their thoughtful presence reminded us all that Christmas is about hope, joy, and self-giving.

We are proud of our students for embodying Serviam in action, and we thank our families for supporting the nurturing of generosity, faith, and care for others during this festive season.



Mr Ravi, School Chaplain & Ms Eakins, Teacher of R E



Chaplaincy News

Celebrating Our Bible Project Success

We are delighted to share the wonderful news that our students excelled in this year's Bible Project, with **Varnavi Nanthakumar** receiving one of the main prizes. The award was presented by Sir Edward Leigh, former President of the Catholic Union of Great Britain—an inspiring honour for Varnavi and our entire school community.



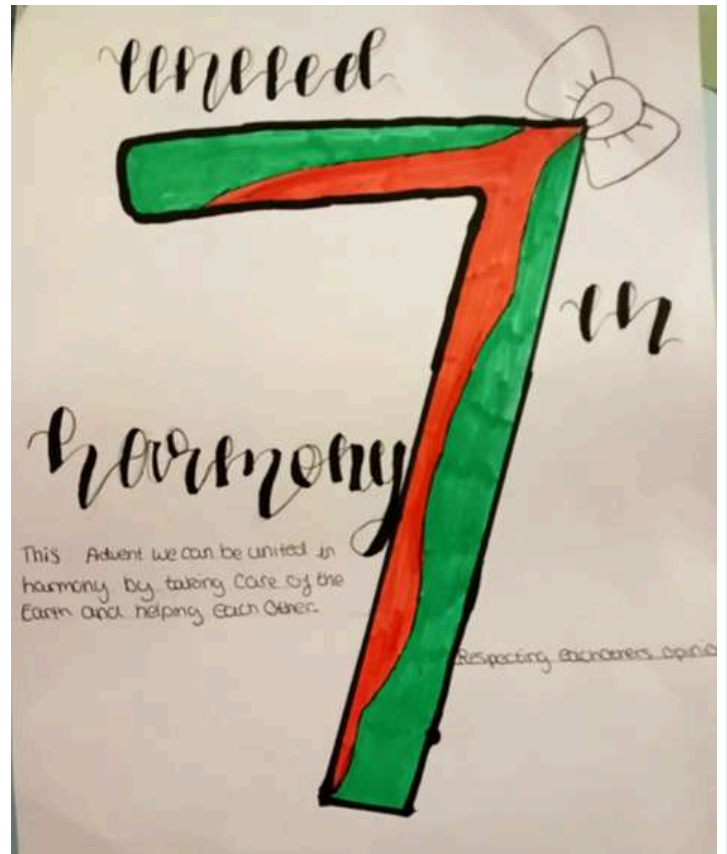
Mr Ravi, School Chaplain

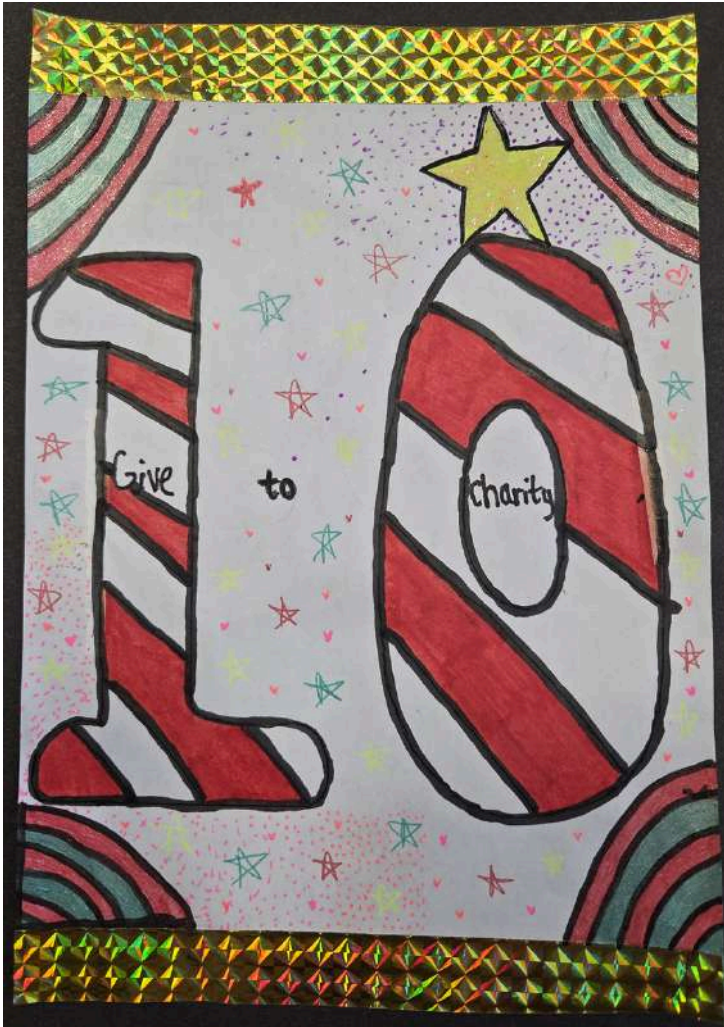


Chaplaincy News

Days 7, 8, and 9 of Advent invite us to pause and remember those who walk through this season without the comfort of loved ones nearby. We are reminded of our calling to share light with those who struggle through poverty, loneliness, or vulnerability. Advent becomes not only a time of waiting, but a time of giving—offering charity, kindness, and presence to our neighbours in need. In these simple acts of generosity, we honour the spirit of the season and help ensure that no one is left to face this time alone.

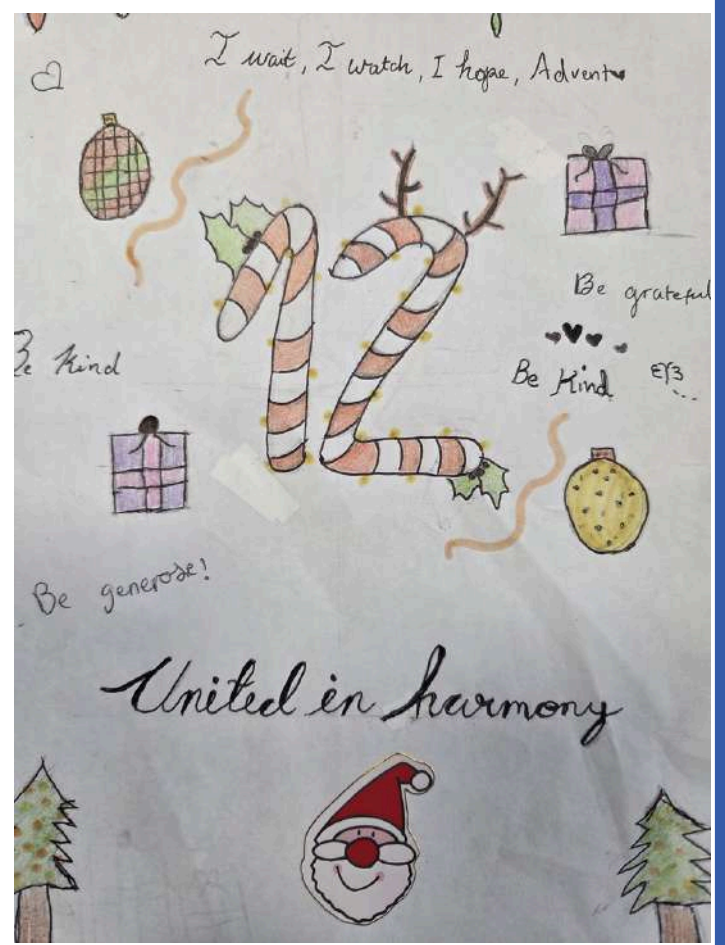
"May your troubles be less and your blessings be more"





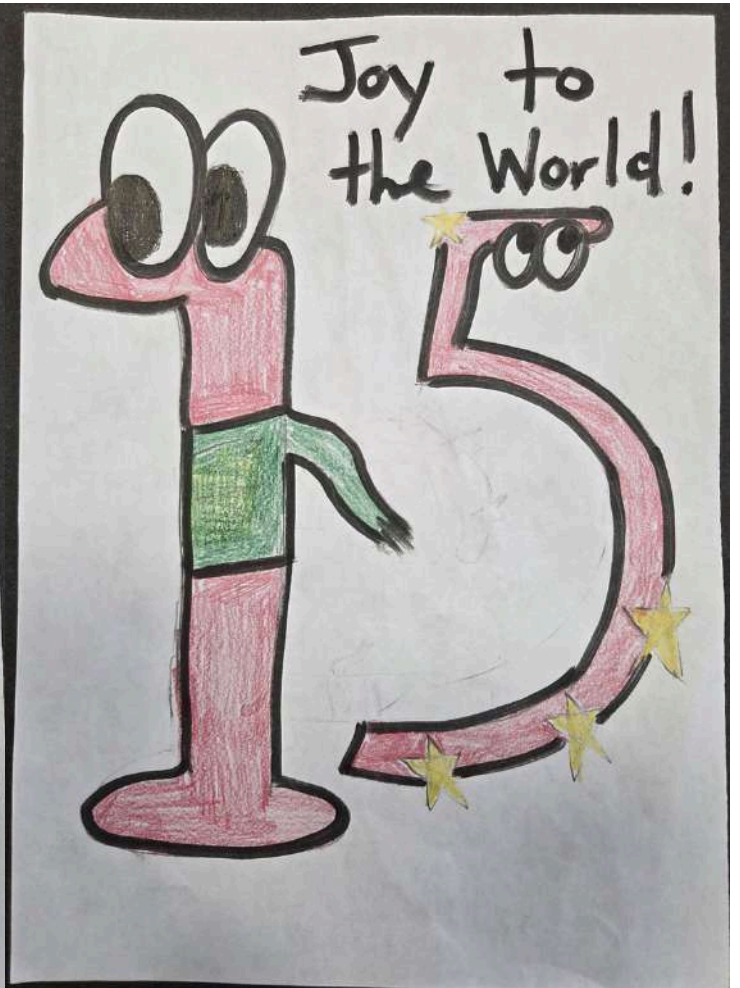
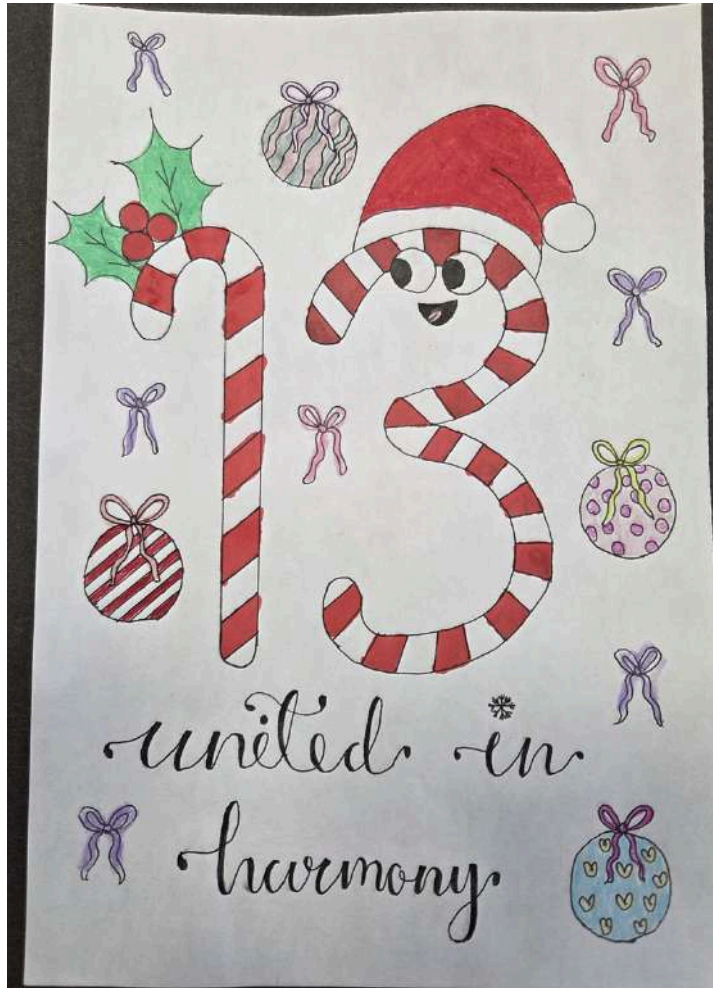
We are looking forward to giving to charity during Advent, a special season that encourages us to share kindness, hope, and generosity with others. As a community, we are united in harmony, working together to make a positive difference in the lives of those around us.

Next week, we are especially excited to donate food to our local food bank, knowing that these contributions will help and support many people in our community during this time.



This brings us into the weekend...

This weekend we look forward to celebrating the third Sunday of Advent, also known as Gaudete Sunday. This is a time filled with joy and hopeful anticipation as Christmas draws near. Gaudete, meaning "rejoice," reminds us to pause and celebrate the light growing in our hearts and in our community. As we enter this special Sunday, we are encouraged to reflect on the blessings around us and to continue sharing that joy with others.



Ms Eakins,
Teacher of R E



THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls aged 11 - 19 in the Diocese of Brentwood

Headteacher: Fiona Stone BSc (Hons) MA NPQH



Ursuline
Academy
Sixth

26th November 2025

Dear Parents and Carers,

In keeping with our Ursuline ethos, Catholic Social Teaching and our commitment to serving those in need, we are pleased to inform you that our school will once again be supporting a **Redbridge Food Bank Collection Event** from **15th to 17th December 2025**.

We kindly ask that each student brings at least one non-perishable food item to school during this period. Suggested donations include canned goods, pasta, rice, cereal, and other long-life products.

All donated items will be delivered to our local food bank and distributed to individuals and families in need within the local community.

Our Chaplaincy Representatives, together with the Justice and Peace Group, will coordinate the collection and will visit classrooms each day to gather the donated items.

We are deeply grateful for your continued support. Your generosity enables our students to put their faith into action and bring hope to families in Redbridge during this special season of giving.

Yours sincerely,



Mr J. Ravi
School Chaplain



success in learning for all

Company No: 07737159

Registered Address: Morland Road, Ilford, Essex, IG1 4JU

Tel: 020 8554 1995

Email: enquiries@uai.org.uk

Website: www.uai.org.uk



UAI
CHRISTMAS
CAROL
SERVICE
2025

Date: 18th December

Where: Main Hall

Timing: 5-6.30pm

Get ready to soak up the holiday spirit with us at the Christmas carol service! It's the perfect way to kick off the festive season and bring a little extra sparkle to your life as you listen to beautiful music. So grab your friends, and let's make some unforgettable memories together! 🌟🎵



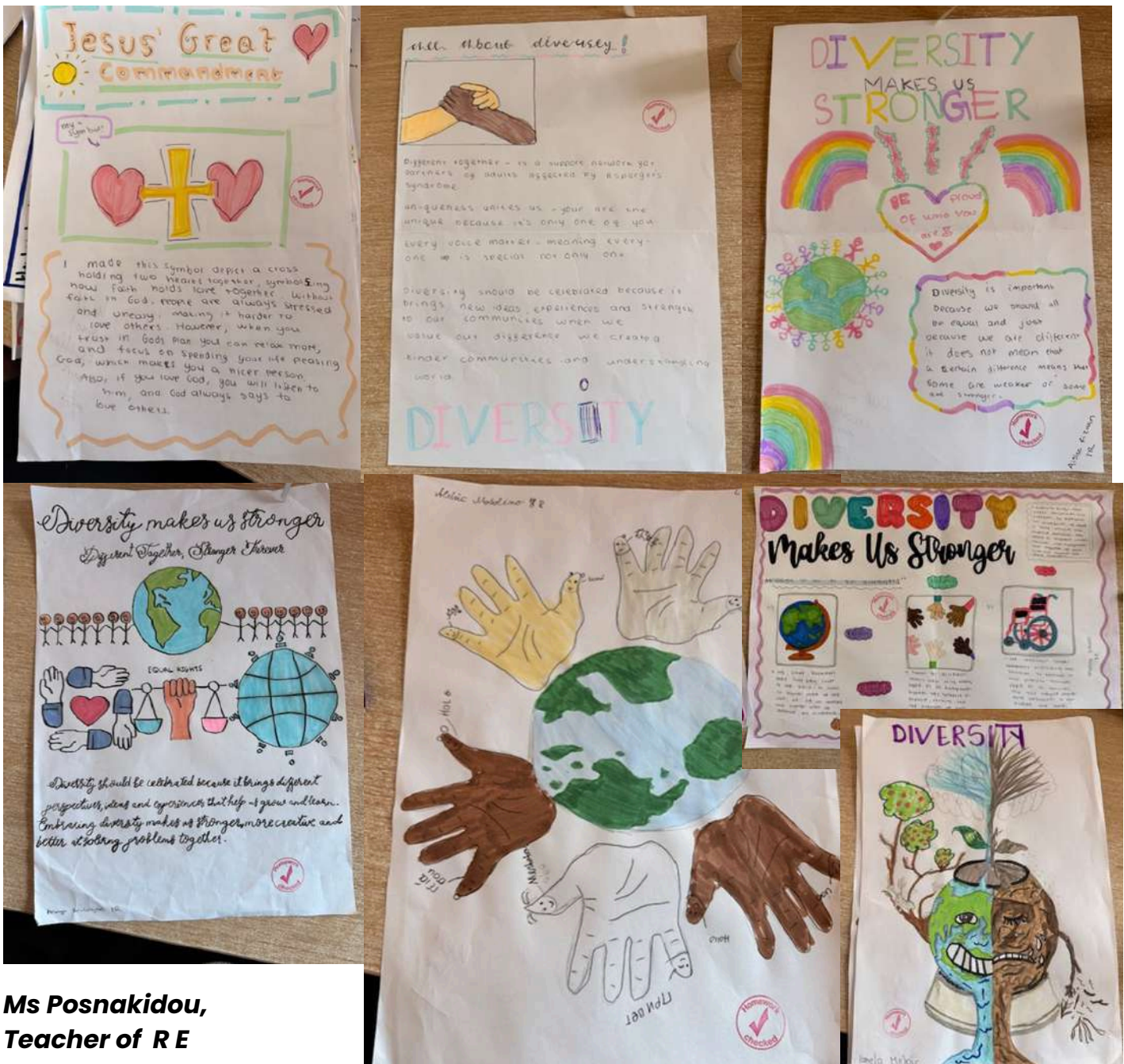


8R – Celebrating Diversity with Gratitude and Generosity

This month, 8R have been reflecting on the theme of *diversity*, creating a vibrant and thoughtful poster that beautifully connects our school values of **Grateful and Generous** with key principles of **Catholic Social Teaching**. I am incredibly proud of how each student contributed their ideas, using colour, keywords, and creative design to show that our differences are not only something to be recognised, but something to be celebrated.

Their poster highlights the dignity of every person, the importance of community, and the call to show gratitude for the variety of gifts we each bring. Through generous teamwork and thoughtful discussion, 8R have shown what it truly means to live out our values—seeing diversity as a strength that enriches us all.

Well done, 8R, for your inspiring work and the joy you bring to our form community.



**Ms Posnakidou,
Teacher of RE**



Christmas Disco

Thank you to Ms Eakins, Ms Ahmed & Mrs Herbert, our official photographers!



Badminton Club

An absolutely wonderful spot of badminton today at lunch time! Such energy and fun and as always so nice to see the girls make new friends and play with different people from one week to another. The Christmas song requests also went down a treat today of course! All welcome to join in the fun every Thursday at 12:40 in the Gym!





MFL News

With lots of enthusiasm (and plenty of glitter!), the Spanish students in 7R designed beautifully decorated cards featuring traditional Spanish greetings and well-wishes, such as "**Feliz Navidad**" Happy Christmas and "**Próspero Año Nuevo**" Happy New Year.

This creative activity not only helped them practise new vocabulary but also allowed them to explore how Christmas is celebrated in Spanish-speaking countries. We are very proud of their effort, imagination, and growing confidence in using the language. We hope these cards bring joy to your homes and a touch of international Christmas cheer. **¡Felices fiestas a todos!**



Mr Clare,
Teacher of Spanish



P E News

P E Star of the Week!

Taynara Nascimento De Brito 7R

Taynara is an exceptional student whose commitment and enthusiasm shine in every PE lesson. She gives her full effort at all times, always striving to improve and take on new challenges with a positive attitude. Taynara attends every club available to her, showing impressive dedication and a genuine passion for sport. Her energy, determination, and willingness to get involved make her a fantastic role model for her peers.



Ms Whates, Teacher of P E



Relationship and Sex Education (RSE)

Dear Parents/Carers,

Relationships and Sex Education. (RSE)

During PSHE and RE lessons in the New Year, students in Year 8 to 11 will have an opportunity to explore a range of interesting and important issues around relationships, marriage and sex education.

The school will use the resources created by Ten Ten to deliver a high-quality series of age appropriate lessons. Additionally, if you wish, you may log in and view the materials, please use the link below.

All teaching on RSE is in line with the teachings of the Catholic Church and we use teaching resources that are approved by the Catholic Education Service.

If you do have any concerns, please would you contact your daughter's Head of Year in the first instance.

Username: ursuline-academy-igl

Password: october-feast

Parent Portal: [Click Here](#)

The Heads of Year Team





Rome Trip

All Roads lead to Rome! May 2026



For all students signed up to the Rome trip the next payment of £200 is due on 1st January 2026

Please make the necessary payment as soon as you are able to do so

Please watch this space for information of an upcoming meeting in the New Year



Ms G Semambo and Miss M Posnakidou

Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.





Christmas
BURGER
STREET FOOD
POP UP
OF THE MONTH

£3.00

Wednesday 17TH December



Christmas BURGER

- MENU -

Lemon & Sage Chicken Burger
(G,E,MayContainSesame)

Christmas Veggie Burger
(G,E,MayContainSesame)

Served with

Orange & Cranberry Chutney
(None)

Brussel Sprout Ranch Slaw
(E)

Sage & Onion Seasoned Fries
(G)

~

Double Gingerbread Men
(G,Mk,Su)

£3.00

ALLERGENS:

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

MAIN MEALS

From £2.60

01/09/25, 22/09/25,
13/10/25, 10/11/25,
01/12/25

**AUTUMN MENU
WEEK ONE**

MON	TUE	WED	THU	FRI
MASALA MOMENTS	AMERICAN DINER	ROAST	TASTE OF JAMAICA	FISH & CHIP SHOP
Chicken Tikka Masala with Mango Chutney (Mu)	Buttermilk Chicken Burger with Ranch Slaw (G,E,So,Se,Mk)	Roast Turkey with Stuffing & Herb Gravy (G)	Jamaican Jerk Chicken with Jerk Gravy	Battered Fish Fillet (G,F)
Vegetable Tikka Masala with Mango Chutney (Mu)	Pizza Mac & Cheese with Garlic & Herb Bread (G,Mk,So)	Creamy Butternut & Vegetable Pie With Crunchy Crust (G,Mk)	Jamaican Jerk Eat Curious with Jerk Gravy	Cheese & Onion Pasty (G,Mk)
Pilau Rice Spicy Roasted Cauliflower	Cajun Corn & Peppers Seasoned Fries	Crunchy Roast Potatoes Savoy Cabbage & Carrots	Coconut Rice & Peas Caribbean Coleslaw (E,Mk,So)	Chips Peas Baked Beans
Extras: Naan Bread (G)	Extras: Onion Rings (G)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Flatbread (G,Mk,So)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Chicken Hot Dogs with Mustard & Pickled Red Onions (G,Mu,Se,Su)	Cheesy BBQ Loaded Fries with Crispy Onions (G,Mk)	Korean Chicken Rice Bowl with Hot Chilli Sauce (G,Se,So)	Mexican Chicken Panini with Tortilla Chips (G,Mk,So)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

- MONDAY**
Double Chocolate Pudding (G,E,Mk,So)
- TUESDAY**
Berry Flapjack Crumble (G)
- WEDNESDAY**
Toffee & Banana Cake (G,E,Mk,So)
- THURSDAY**
Lemon & Blueberry Sponge (G,E)
- FRIDAY**
Sticky Baked Jam Doughnut (G)

From £1.40



LOOK OUT FOR DAILY
★ **THEME BARS,** ★
JACKET POTATOES
& **SALAD BAR**



PASTA STATION

- MONDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- TUESDAY**
Bolognese (G), Basil Pesto (G,E,Mk)
- WEDNESDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- THURSDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- FRIDAY**
Pepperoni Mac & Cheese with Crispy Onions (G,Mk,Mu)

From £2.60

ALLERGENS

Speak to one of our chefs if
Ce = Celery
Cr = Crustacean
F = Fish
G = Grains
L = Lupin
Mk = Milk
Mu = Mustard
N = Nuts
Se = Sesame Seeds
So = Soya

MAIN MEALS

From £2.60

08/09/25, 29/02/25,
20/10/25, 17/11/25,
08/12/25

**AUTUMN MENU
WEEK TWO**

MON	TUE	WED	THU	FRI
TEX-MEX	TASTE OF BRAZIL	HOME COMFORTS	KATSU KITCHEN	FISH & CHIP SHOP
Smoky Beef Eat Curious Chilli Con Carne with Salsa	Zesty Brazilian Chicken (G)	Chicken Sausages with Caramelised Onion Gravy (G,Su)	Crispy Chicken Katsu (G,E) with Curry Sauce (G,So)	Battered Fish Fillet (G,F)
Eat Curious Smoky Veggie Chilli with Salsa	Butternut & Sweet Potato Moqueca	Grilled Veggie Sausages with Caramelised Onion Gravy (G,Ce)	Crispy Sweet Potato Katsu (G,E) with Curry Sauce (G,So)	Crispy Vegetable Spring Rolls with Curry Sauce (G,Mk,Se,So)
Nachos Roasted Corn & Peppers	Lime & Coriander Rice Creamy Corn (Mk)	Creamy Mashed Potatoes Roasted Broccoli	Steamed Rice Asian Salad	Chips Peas Baked Beans
Extras: Spicy Potato Wedges	Extras: Cheesy Garlic Bread Balls (G,Mk)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Prawn Crackers (Cr,Su)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Piri Piri Halloumi Wraps (G,E,Mk,Su)	Beef Burger in a Bun with Salad & Pickles (G,Se,So,Su)	Korean BBQ Chicken Wings & Rice (G,So,Se,Mu,Ce)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

- MONDAY**
Pineapple Upside Down Sponge (G,E,Mk,So,Su)
- TUESDAY**
Berry Mess Cup Cakes (G,E)
- WEDNESDAY**
Caramel Apple Shortbread Crumble and Custard (G,E,Mk,So)
- THURSDAY**
Frosted Carrot & Orange Cake (G,E,Mk)
- FRIDAY**
Chocolate Brownie (G,E)

From £1.40



LOOK OUT FOR DAILY
★ **THEME BARS,** ★
JACKET POTATOES
& **SALAD BAR**



PASTA STATION

- MONDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- TUESDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- WEDNESDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- THURSDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- FRIDAY**
BBQ Mac & Cheese with Garlic Breadcrumbs (G,Mk,So)

From £2.60

ALLERGENS

Speak to one of our chefs if
Ce = Celery
Cr = Crustacean
F = Fish
G = Grains
L = Lupin
Mk = Milk
Mu = Mustard
N = Nuts
Se = Sesame Seeds
So = Soya

MAIN MEALS

From £2.60

15/09/25, 06/10/25,
03/11/25, 24/11/25,
15/12/25

**AUTUMN MENU
WEEK THREE**

MON	TUE	WED	THU	FRI
TASTE OF ITALY	PIZZA NAANS	ROAST	TEX-MEX	FISH & CHIP SHOP
Penne Bolognese Pasta Bake (G,Mk) with Garden Salad	Smothered Pizza Naan with Tandoori Chicken & Minty Yoghurt (G,E,Mk)	Chicken with Stuffing & Herb Gravy (G)	Mucho Mexican Chicken Burrito Bowl (G,Mk,So)	Battered Fish Fillet (G,F)
Mediterranean Vegetable Lasagne (G,E,Mk) with Garden Salad	Smothered Pizza Naan with Sweet Chilli Paneer & Minty Yoghurt (G,E,Mk)	Roast Root Vegetable Wellington with Stuffing & Herb Gravy (G,E,So)	Mucho Mexican Eat Curious Vegetable Burrito Bowl (G,Mk,So)	Crispy Vegetable Samosa with Mango Chutney (G,Mu)
Baked Potato Wedges Steamed Seasonal Greens	Masala Fries Spiced Roasted Chick Peas (G)	Crunchy Roast Potatoes Roasted Carrots & Parsnips	Zesty Lime Rice Spicy Pinto Beans (G,So)	Chips Peas Baked Beans
Extras: Garlic Bread (G,Mk,So)	Extras: Mini Samosa (G,So)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Tortilla Chips (So)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Cajun Haloumi & Red Pepper Burger (G,Mk,E,Se)	Chicken Chow Mein (G,E,So)	Beef Chilli Loaded Waffle Fries (Mk)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

MONDAY Autumn Pear & Berry Crumble with Custard (G,E,Mk,So)
TUESDAY Tip to Toe Banana & Chocolate Brownie (G,E,Mk,So)
WEDNESDAY Lemon & White Chocolate Drizzle Cake (G,E,Mk,So)
THURSDAY Sticky Toffee Pudding (G,E,Mk,Su)
FRIDAY Pancakes With Toffee Sauce (G,E,Mk)

From £1.40



**LOOK OUT FOR DAILY
★ THEME BARS, ★
JACKET POTATOES
& SALAD BAR**



PASTA STATION

MONDAY Chicken Balti Rice Pot (G) Vegan Chilli Sin Carne Rice Pot (G,Ce,So)
TUESDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
WEDNESDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
THURSDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
FRIDAY Mac & Cheese with Crushed Nachos & Salsa (G,Mk,So)

From £2.60

ALLERGENS

Speak to one of our chefs if

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

So = Sesame Seeds

School Menus

What's for Lunch?



Clubs Timetable



Ursuline Academy Sixth



Monday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	☪ Breakfast Club 7-13	Canteen Mr Donovan
	8:25am (15mins)	☪ Worship band 9-10	Hall Ms Hurst
	Break 10.40am	☪ Ukulele Club 7-8	S5 Ms Eakins
	Lunch 12:40pm (30mins)	☪ Art Club 7-9	S4 Mr Selley
		☪ IT Club 7-13	F6 IT team
		A Level Chemistry Intervention 13	G8 Dr Osei-Owusu
		☪ Basketball 8,9 & 10	Gym Ms Whates
		☪ Library Lunch Club 7-13	Library Ms Jones
	12:40pm (55mins)		
1.00-1.30pm (30mins)	☪ Maths Club 7-13	F13 Ms Verma	
	☪ Spanish Club 11	G5 Mr Clare	
PM 3:20pm (1hr)	☪ Homework Club 7-13	Library Ms Jones	

Tuesday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	☪ Breakfast Club 7-13	Canteen Mr Donovan
	8:25am (15mins)	☪ Worship band 9-10	Hall Ms Hurst
	Lunch 12:40pm (30mins)	☪ IT Club 7-13	F6 IT team
		☪ Library Lunch Club 7-13	Library Ms Jones
	12:40pm (55mins)		
	12:40pm (30min)	☪ Maths Club 7-13	F13 Mr Deen
		☪ Volleyball 7-13	Gym Ms Whates
		☪ Boxing 9-10	Dance Studio Ms Keogh
		☪ Music Year 7 practice Room Access	Practice rooms Ms Hurst
1:00pm (30min)	☪ STEM Club (Visualise) 7-11	G12 Ms Kodi-Pecku	
1.10pm/ (30Mins)	☪ Biology Intervention 11U	G7 Ms Filipe	
1:10pm (30mins)	☪ Guitar Club 7-13	S5 Mr McCarthy & Mr Okyere	
3:20pm (1hr)	☪ Homework Club 7-13	Library Ms Jones	

Wednesday	Time	Club - Year groups	Location	
	AM 8:00am (30 mins)	☪ Breakfast Club 7-13	Canteen Mr McCarthy	
	8:25am (15mins)	☪ Worship band 9-10	Hall Ms Hurst	
	Break 10:40am (20mins)	☪ Ukulele Group 7-13	S5 Ms Eakins	
		☪ Music Y10-13 Practice Room Access	Practice rooms Ms Hurst	
	Lunch 12:40pm (30mins)	☪ IT Club 7-13	F6 IT team	
		☪ MFL Ambassadors Club 8-9	G6 Ms Grassi	
		☪ Library Lunch Club 7-13	Library Ms Jones	
		12:40pm (55mins)		
		12:40pm	☪ Islamic Society 7-13	F10 Mrs Ahmed
			☪ Music Year 9 practice Room Access	Practice rooms Ms Hurst
		1.00pm (30mins)	☪ P E GCSE Revision 10-11	Mrs Mansell
			☪ Choir 7-13 1.10pm	S5 Ms Hurst
			☪ Maths Club 7-13	F13 Ms Sivachadran
		1.00pm (30mins)	☪ Justice and Peace 12-13	Chapel Mr Ravi
1:00pm (30mins)	☪ Eco Club 7-13	G3 Mr McCarthy		
1.10pm (30mins)	☪ Music Year 11 Course Work	S5 Ms Hurst		
PM 3:20pm (1hr)	☪ Netball 7&8	Playground Mrs Mansell		
	☪ Football 7-9	Gym Lois Whates		
	☪ DT Catch Up Club 11	G12 Mrs Kodi Pecku		
	3:30pm (45mins)	☪ EAL Intervention 7-11	F11 Ms Choudhury	
	3:20pm (1hr)	☪ Homework Club 7-13	Library Ms Jones	



Thursday	Time	Club - Year groups	Location	
	AM 8:00am (30 mins)	☪ Breakfast Club 7-13	Canteen Mr McCarthy	
	Break 10.40am	☪ Music Year 7 Practice Room Access	Music Rooms Ms Hurst	
	Lunch 12:40pm (30mins)	☪ IT Club 7-13	F6 IT team	
		GCSE PE Monitoring 10-11	F7 Ms Keogh	
		☪ Library Lunch Club 7-13	Library Ms Jones	
		12:40pm (55mins)		
		☪ Badminton 9-11	Gym Ms Eakins	
	12:40pm (1hr)	☪ Music Y10-11 Practice Room Access	Practice rooms Ms Hurst	
		☪ Music Y7-13 Choir	S5 Ms Hurst	
1.00pm (30mins)	☪ STEM Club (Visualise) 7-13	G12 Mrs Kodi-Pecku		
1:00pm (30mins)	☪ South Asian Society Y7-13	S8 Ms Sivachandran & Ms Verma		
3:20pm	☪ Homework Club 7-13	Library Ms Jones		
PM 3:30pm (1hr)	☪ Worship band 9-10	S5 Ms Hurst		
	☪ Netball 9-11	Playground Ms Whates		

Friday	Time	Club - Year groups	Location	
	AM 8:00am (30 mins)	☪ Breakfast Club 7-13	Canteen Ms Donovan	
	Break 10:40am (20mins)			
		☪ Greek Dancing 7-13	Ms Posnikidou	
	Lunch 12:40pm (30mins)	☪ IT Club 7-13	F6 IT team	
		☪ African Caribbean Society 7-13	G10 Mr Okyere	
		☪ Library Lunch Club 7-13	Library Ms Jones	
		12:40pm (1hr)	☪ Music Year 8 Practice Room Access	Practice rooms Ms Hurst
		1.00pm (30mins)	☪ Maths Club 7-13	F13 Mrs Kayode
	3:20pm/ (1hr)	☪ Homework Club 7-13	Library Ms Jones	
PM 3:30pm (1hr)	☪ Music Y10-11 Coursework	S5 Ms Hurst		
	☪ Athletics 7-13	Playground Mrs Mansell		






HOLIDAY ACTIVITY & FOOD CAMP

FREE multi-sports activities and engaging workshops for ages 8-14 living or studying in Redbridge, in receipt of benefit-related free school meals.*

Come along and try new activities, learn new skills, have fun & make friends. **Also, enjoy hot and nutritious meals served every day!**

LOCATION	Loxford Leisure Centre, Loxford Lane, IG1 2UT
DATE	Monday 22 nd & Tuesday 23 rd December 2025
TIME	12:00 - 16:00
AGE	8-14 years old *In receipt of Free School Meals
QR CODE TO REGISTER	
BOOKING LINK	www.esqu.org/experience/4050