



Ursuline Academy Ilford



Ursuline Academy
Sixth

Weekly News – 2025/2026 Issue 13
5th December 2025

Upcoming Events

Carol Service

Thursday 18 December
5.00 – 7.00p.m.

End of Term

Friday 19 December
12.40p.m.

INSET DAY

Monday 5 January 2025
No students in School

Term Begins

Tuesday 6 January 2025
8.40a.m.



Headteacher's Headlines




As we enter the second week of Advent, our focus turns to peace, the steady, hope-filled peace that grows when we recognise the dignity of one another.

Catholic Social Teaching reminds us that peace is something we actively build through compassion, justice, and choosing to walk alongside each other, especially in busy or challenging moments.

This aligns beautifully with our Ursuline call to be united in harmony. St Angela invites us to hold one another with kindness, to listen well, and to work together for the good of every young person in our care. In these small daily actions, our community becomes a place where peace is not just spoken about but lived.

As we look ahead to the coming months, we also want to ensure parents are informed about recent changes to Ofsted. The Academy may expect a visit next academic year, and it's helpful to know how schools are externally reviewed. We remain very proud of our school, our staff, and our students.

[Ofsted Parent View: guidance for schools - GOV.UK](https://www.gov.uk/guidance/parent-view)


SERVIAM



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Pope Leo XIV @ Pontifex – 1 December 2025

If we wish to build peace we must anchor ourselves to heaven and, firmly set in that direction, let us love without being afraid of losing those things which pass away and let us give without measure. [#ApostolicJourney](#)[#Lebanon](#)

Forward in Joy – 366 Days with St Angela Merici – Daily Words of Wisdom from our Patron Saint

December: Hope

5th December: In God, one has all wealth.

6th December: God alone knows what you need, and can and wants to provide for you.

7th December: Let them hold this as most certain: that they will never be abandoned in their needs.

8th December: They should place their hope and love in God alone, and not in any living person.

9th December Let God work; he will do marvellous things.

10th December: Learn from Our Lord who, while he was in this world, was as a servant.

11th December: God will give you the necessary strength, provided you do not fail for your part.





Chaplaincy News

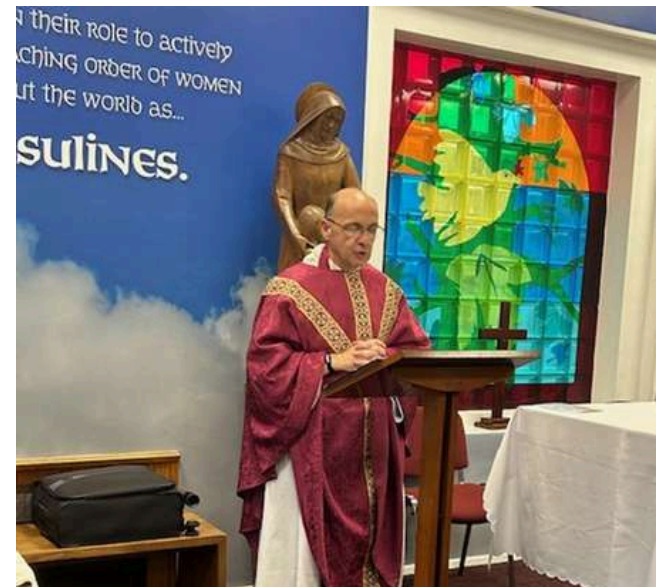


Mass for 10R & 10T

On Thursday this week, we were delighted to celebrate Mass with classes 10R and 10T, centering on the Ursuline theme of being “grateful and generous.” The Gospel reading, taken from Mark 12:41–44, tells the story of the poor widow who, despite having very little, gave all that she had. Her humble and selfless act reminds us that true generosity is measured not by abundance, but by the love, faith, and intention behind what we offer.

During the Mass, students were encouraged to reflect on how they can embody gratitude and generosity in their daily lives. In the spirit of the Ursuline virtues, our students are inspired to live out their faith through acts of compassion, service, and generosity, recognizing that even small gestures can bring hope and comfort to others.

In keeping with our Ursuline ethos and our commitment to serving those in need, we are pleased to inform you that our school will once again be supporting a Food Bank Collection Event from 15th to 17th December 2025 and will be singing Christmas Carols at Rosewood Lodge, Ilford. Thank you for all the support you give to our school community.



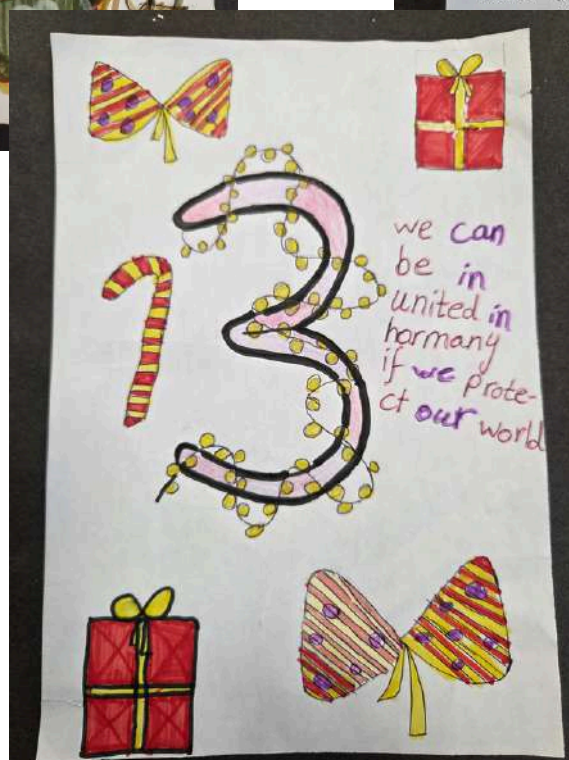
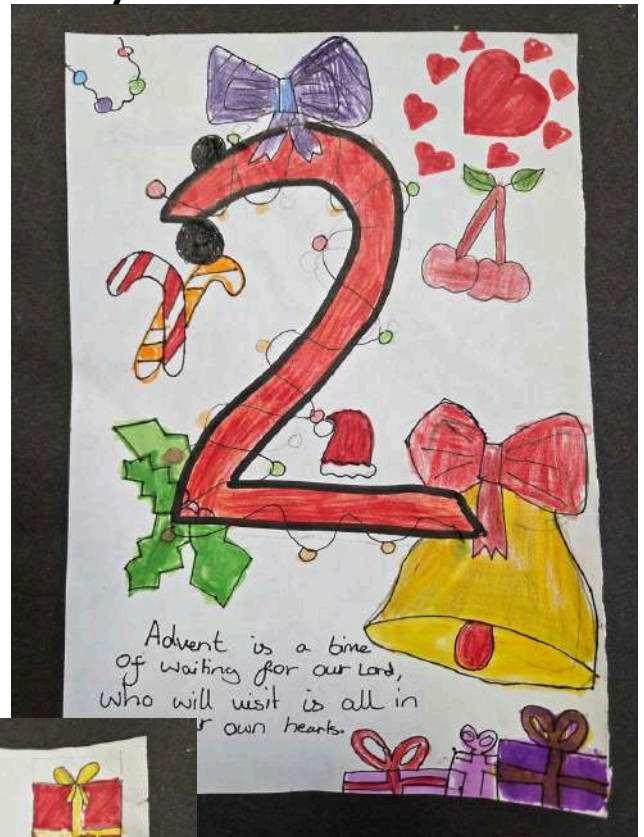
Mr Ravi, School Chaplain



Chaplaincy News

This Advent, our Year 7 students have been reflecting on how they can prepare for the coming of our Lord as we work together to be united in harmony. The girls have written about how they wait, watch, and hope in joyful anticipation of His arrival, all the while caring for themselves and protecting God's creation.

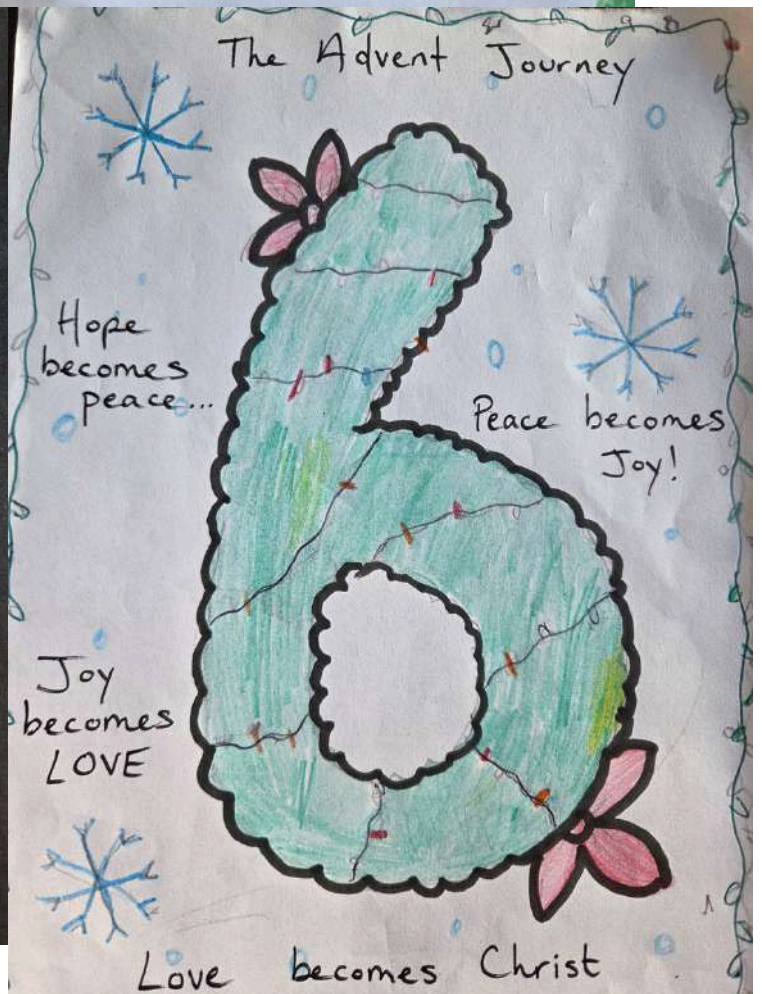
Please join us as we virtually count down the days of this special season together. As we journey through Advent, may each day be filled with reflection, hope, and anticipation for the coming of our Lord. We wish you a wonderful, joyful, and peaceful Advent season, surrounded by love, faith, and harmony.



As we move into Days 4, 5, and 6 of Advent, we are invited to reflect more deeply on our own lives.

This is a time to pause and consider how our words, actions, and choices reflect the love, kindness, and compassion of Christ.

We can ask ourselves thoughtful questions: Am I patient with others? Do I show gratitude for all that I have? How can I care more for God's creation and those around me? In these quiet moments of reflection, we make space for growth, forgiveness, and hope, preparing our hearts to truly welcome the Lord this Christmas.





THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls aged 11 - 19 in the Diocese of Brentwood

Headteacher: Fiona Stone BSc (Hons) MA NPQH



Ursuline
Academy
Sixth

26th November 2025

Dear Parents and Carers,

In keeping with our Ursuline ethos, Catholic Social Teaching and our commitment to serving those in need, we are pleased to inform you that our school will once again be supporting a **Redbridge Food Bank Collection Event** from **15th to 17th December 2025**.

We kindly ask that each student brings at least one non-perishable food item to school during this period. Suggested donations include canned goods, pasta, rice, cereal, and other long-life products.

All donated items will be delivered to our local food bank and distributed to individuals and families in need within the local community.

Our Chaplaincy Representatives, together with the Justice and Peace Group, will coordinate the collection and will visit classrooms each day to gather the donated items.

We are deeply grateful for your continued support. Your generosity enables our students to put their faith into action and bring hope to families in Redbridge during this special season of giving.

Yours sincerely,



Mr J. Ravi
School Chaplain



success in learning for all

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UAI
CHRISTMAS
CAROL
SERVICE
2025

Date: 18th December

Where: Main Hall

Timing: 5-6.30pm

Get ready to soak up the holiday spirit with us at the Christmas carol service! It's the perfect way to kick off the festive season and bring a little extra sparkle to your life as you listen to beautiful music. So grab your friends, and let's make some unforgettable memories together! 🌟🎵





Careers News

✦ Apprenticeship & Work Shadowing ✦

Engineering Insight Day at Coca-Cola Europacific Partners

Last week, **Natasha Ali** in Year 12 had an exciting opportunity to visit the Coca-Cola Europacific Partners (CCEP) plant, where she explored first-hand what a future career in engineering could look like within one of the world's most dynamic and innovative manufacturing environments.

CCEP is the world's largest independent Coca-Cola bottler, producing over 18 million cases of product and leading the way in sustainability across the fast-moving consumer goods industry. With a strong commitment to building a diverse and inclusive workforce, CCEP is actively encouraging more women to explore engineering and technical career pathways.

During her visit, Natasha gained a valuable insight into:

Plant operations – observing how manufacturing lines run and how products are prepared for distribution.

Routes into engineering – learning about apprenticeships, qualifications, and the skills needed to succeed in technical roles.

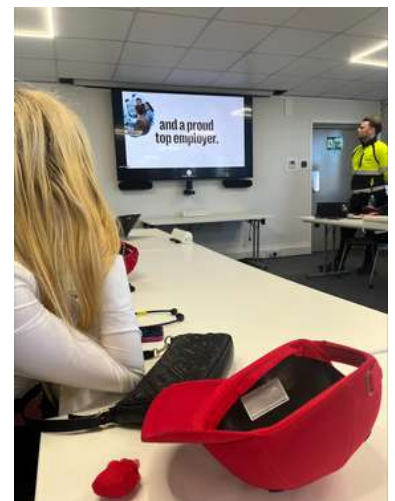
Meaningful employer encounters – speaking directly with engineers, technicians, and current apprentices, including female engineers who shared their personal career journeys. She also got a chance to discuss Application and interview preparation support and An introduction to Early Careers opportunities at CCEP Sidcup

Hands-on experience – taking part in activities and group tasks designed to develop practical skills and problem-solving abilities.

Natasha left the experience inspired, informed, and eager to explore the world of engineering further. Opportunities like this highlight the power of work shadowing and employer engagement in helping students build confidence, broaden their horizons, and discover new career possibilities.

Well done Natasha for being proactive and following steps to your career pathway.

Ms Tallat. Careers Lead



Islamic Society Celebrates Islamic Art!

Last Wednesday, the Islamic Society hosted an event celebrating the rich heritage of Islamic art throughout history. The presentation, led by Mrs Nas, explored the global contributions of Islamic art, highlighting where it can be found and the beauty inspired by nature.

Students also created oil pastel prints inspired by geometric designs and collaborated on a banner for the prayer room in F11. This piece will be proudly displayed there for everyone to see. Well done to all the girls who attended!

A special thank you to **Anaiah Anthony** (Year 10) for assisting with the setup.

We are also grateful to **Ms Ahmed, Ms Afnan, Miss Noor** and **Ms Adam** for bringing this event together for the Islamic Society.

#unitedtogetherinharmony #serviam



Ms Nas, Teacher of Art



Library News



This week, we were lucky enough to host the Scholastic Book Fair at UAI. We were overwhelmed by the enthusiasm shown by students and staff members alike who visited during the lunch hours.

Together, we sold over £400 worth of books and school stationary. As a reward, Scholastic has generously provided us with £100 to spend on new books and library resources! Thank you to everyone who showed their support, especially the students who generously volunteered during their lunchtimes; your help has been invaluable!



As we enter December, our library has undergone a winter makeover! Our librarian has created new displays that showcase the Christmas stories, festive fantasies and frosty mysteries we have stocked on our shelves.

Additionally, our year 7s, 8s and 9s have been getting in the festive spirit by decorating baubles with the title of the best book they've read in 2025. Together, we've created a wonderful Christmas tree that's both beautiful and bursting with fantastic fiction suggestions.





PE News



Year 7 & 8 Football Team

The Year 7 and 8 football team is enjoying a fantastic season, showing remarkable growth, teamwork, and dedication. Despite only training together for a few months, the players have quickly developed strong connections on and off the pitch. Their communication, trust, and unity have noticeably improved, contributing to confident performances in every match. The team continues to build on their strengths, showing better positioning, smarter decision-making, and greater resilience with each game. Most impressively, their supportive spirit shines through encouraging one another, celebrating success as a team, and working together to overcome challenges. It has been an exciting season so far, and the team grows stronger with every training session and match.



Year 8 Athletics Team

The Year 8 athletics team delivered an outstanding performance across all events, showing impressive determination, resilience, and a real drive to succeed. Every student pushed themselves in both track and field, demonstrating commitment from start to finish. Their hard work in training truly shone through, with many achieving personal bests and stepping up confidently in their chosen events. What made the team especially remarkable was their incredible support for one another cheering loudly from the sidelines, offering encouragement before each race, and celebrating every achievement together. Their positivity, teamwork, and unwavering encouragement created an uplifting atmosphere and made the event a proud and memorable moment for the entire year group.



If anyone is interested in joining any of the teams, please speak to your PE teacher.

Ms Whates, Teacher of P E



KS4/KS5 Theatre Appreciation Society – upcoming shows!

The UAI Theatre Appreciation Society is back up and running, and we now have our first three brilliant shows of the year booked!

Tickets are now available for the following theatre performances, all in central London and all for evening shows starting at 7:30pm. Interested students need to come to see Ms Cooper to pick up a trip letter and will then need to make payment via ParentPay to secure their place.

***Please note that as these trips all take place in the evening, students must be able to travel to and from the theatre independently.**



Upcoming
Theatre
Appreciation
Society shows

13th January – *Into the Woods*, £25

19th March – *Romeo and Juliet*, £25

16th May – *1536*, £30

Tuesday 13th January – *Into the Woods*, £25

Stephen Sondheim and James Lapine's audacious musical follows a baker and his wife on their quest to reverse a curse and have a child. As the couple venture into the unknown their story collides with Cinderella, Jack, Little Red Ridinghood, Rapunzel, Witches, Wolves and Giants.

With an exquisite score and ingenious lyrics, *Into The Woods* intertwines the Brothers Grimm's most famous fairy tales and reckons with the realities of 'happily ever after.'

Thursday 19th March – *Romeo and Juliet*, £25

In Verona, in the height of summer, two young people meet at a party. The rest is tragedy. Starring Sadie Sink (*Stranger Things*) as Juliet and Noah Jupe (*A Quiet Place*, *Hamnet*) as Romeo in Shakespeare's electrifying and timeless tragic tale of love and innocence

Wednesday 16th May – *1536*, £30

Tudor England. A field in Essex. Three women meet in secret, hungry for gossip from London. Word spreads of a clash between King Henry VIII and his Queen, Anne Boleyn. And closer to home, another rumour begins to catch fire.

As these women begin to see echoes of the royal drama in their own rural lives and a rise in violence spreads throughout the land, the actions of a queen imprisoned in a tower threaten to cost them everything.

This "razor-sharp, darkly comic and blisteringly relevant" (The Independent) hit explores the dynamics of female friendship in a world stacked against women.

Ms Cooper, Head of English

Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.





Christmas
BURGER
STREET FOOD
POP UP
OF THE MONTH

£3.00

Wednesday 17TH December



Christmas BURGER

- MENU -

Lemon & Sage Chicken Burger
(G,E,MayContainSesame)

Christmas Veggie Burger
(G,E,MayContainSesame)

Served with

Orange & Cranberry Chutney
(None)

Brussel Sprout Ranch Slaw
(E)

Sage & Onion Seasoned Fries
(G)

~

Double Gingerbread Men
(G,Mk,Su)

£3.00

ALLERGENS:

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

MAIN MEALS

From £2.60

01/09/25, 22/09/25,
13/10/25, 10/11/25,
01/12/25

**AUTUMN MENU
WEEK ONE**

MON	TUE	WED	THU	FRI
MASALA MOMENTS	AMERICAN DINER	ROAST	TASTE OF JAMAICA	FISH & CHIP SHOP
Chicken Tikka Masala with Mango Chutney (Mu)	Buttermilk Chicken Burger with Ranch Slaw (G,E,So,Se,Mk)	Roast Turkey with Stuffing & Herb Gravy (G)	Jamaican Jerk Chicken with Jerk Gravy	Battered Fish Fillet (G,F)
Vegetable Tikka Masala with Mango Chutney (Mu)	Pizza Mac & Cheese with Garlic & Herb Bread (G,Mk,So)	Creamy Butternut & Vegetable Pie With Crunchy Crust (G,Mk)	Jamaican Jerk Eat Curious with Jerk Gravy	Cheese & Onion Pasty (G,Mk)
Pilau Rice Spicy Roasted Cauliflower	Cajun Corn & Peppers Seasoned Fries	Crunchy Roast Potatoes Savoy Cabbage & Carrots	Coconut Rice & Peas Caribbean Coleslaw (E,Mk,So)	Chips Peas Baked Beans
Extras: Naan Bread (G)	Extras: Onion Rings (G)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Flatbread (G,Mk,So)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Chicken Hot Dogs with Mustard & Pickled Red Onions (G,Mu,Se,Su)	Cheesy BBQ Loaded Fries with Crispy Onions (G,Mk)	Korean Chicken Rice Bowl with Hot Chilli Sauce (G,Se,So)	Mexican Chicken Panini with Tortilla Chips (G,Mk,So)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

- MONDAY**
Double Chocolate Pudding (G,E,Mk,So)
- TUESDAY**
Berry Flapjack Crumble (G)
- WEDNESDAY**
Toffee & Banana Cake (G,E,Mk,So)
- THURSDAY**
Lemon & Blueberry Sponge (G,E)
- FRIDAY**
Sticky Baked Jam Doughnut (G)

From £1.40



LOOK OUT FOR DAILY
★ **THEME BARS,** ★
JACKET POTATOES
& **SALAD BAR**



PASTA STATION

- MONDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- TUESDAY**
Bolognese (G), Basil Pesto (G,E,Mk)
- WEDNESDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- THURSDAY**
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- FRIDAY**
Pepperoni Mac & Cheese with Crispy Onions (G,Mk,Mu)

From £2.60

ALLERGENS

Speak to one of our chefs if

Ce = Celery
Cr = Crustacean

F = Fish
G = Grains

L = Lupin
Mk = Milk

Mu = Mustard
N = Nuts

Se = Sesame Seeds
So = Soya

MAIN MEALS

From £2.60

08/09/25, 29/02/25,
20/10/25, 17/11/25,
08/12/25

**AUTUMN MENU
WEEK TWO**

MON	TUE	WED	THU	FRI
TEX-MEX	TASTE OF BRAZIL	HOME COMFORTS	KATSU KITCHEN	FISH & CHIP SHOP
Smoky Beef Eat Curious Chilli Con Carne with Salsa	Zesty Brazilian Chicken (G)	Chicken Sausages with Caramelised Onion Gravy (G,Su)	Crispy Chicken Katsu (G,E) with Curry Sauce (G,So)	Battered Fish Fillet (G,F)
Eat Curious Smoky Veggie Chilli with Salsa	Butternut & Sweet Potato Moqueca	Grilled Veggie Sausages with Caramelised Onion Gravy (G,Ce)	Crispy Sweet Potato Katsu (G,E) with Curry Sauce (G,So)	Crispy Vegetable Spring Rolls with Curry Sauce (G,Mk,Se,So)
Nachos Roasted Corn & Peppers	Lime & Coriander Rice Creamy Corn (Mk)	Creamy Mashed Potatoes Roasted Broccoli	Steamed Rice Asian Salad	Chips Peas Baked Beans
Extras: Spicy Potato Wedges	Extras: Cheesy Garlic Bread Balls (G,Mk)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Prawn Crackers (Cr,Su)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Piri Piri Halloumi Wraps (G,E,Mk,Su)	Beef Burger in a Bun with Salad & Pickles (G,Se,So,Su)	Korean BBQ Chicken Wings & Rice (G,So,Se,Mu,Ce)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

- MONDAY**
Pineapple Upside Down Sponge (G,E,Mk,So,Su)
- TUESDAY**
Berry Mess Cup Cakes (G,E)
- WEDNESDAY**
Caramel Apple Shortbread Crumble and Custard (G,E,Mk,So)
- THURSDAY**
Frosted Carrot & Orange Cake (G,E,Mk)
- FRIDAY**
Chocolate Brownie (G,E)

From £1.40



LOOK OUT FOR DAILY
★ **THEME BARS,** ★
JACKET POTATOES
& **SALAD BAR**



PASTA STATION

- MONDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- TUESDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- WEDNESDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- THURSDAY**
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- FRIDAY**
BBQ Mac & Cheese with Garlic Breadcrumbs (G,Mk,So)

From £2.60

ALLERGENS

Speak to one of our chefs if

Ce = Celery
Cr = Crustacean

F = Fish
G = Grains

L = Lupin
Mk = Milk

Mu = Mustard
N = Nuts

Se = Sesame Seeds
So = Soya

MAIN MEALS

From £2.60

15/09/25, 06/10/25,
03/11/25, 24/11/25,
15/12/25

**AUTUMN MENU
WEEK THREE**

MON	TUE	WED	THU	FRI
TASTE OF ITALY	PIZZA NAANS	ROAST	TEX-MEX	FISH & CHIP SHOP
Penne Bolognese Pasta Bake (G,Mk) with Garden Salad	Smothered Pizza Naan with Tandoori Chicken & Minty Yoghurt (G,E,Mk)	Chicken with Stuffing & Herb Gravy (G)	Mucho Mexican Chicken Burrito Bowl (G,Mk,So)	Battered Fish Fillet (G,F)
Mediterranean Vegetable Lasagne (G,E,Mk) with Garden Salad	Smothered Pizza Naan with Sweet Chilli Paneer & Minty Yoghurt (G,E,Mk)	Roast Root Vegetable Wellington with Stuffing & Herb Gravy (G,E,So)	Mucho Mexican Eat Curious Vegetable Burrito Bowl (G,Mk,So)	Crispy Vegetable Samosa with Mango Chutney (G,Mu)
Baked Potato Wedges Steamed Seasonal Greens	Masala Fries Spiced Roasted Chick Peas (G)	Crunchy Roast Potatoes Roasted Carrots & Parsnips	Zesty Lime Rice Spicy Pinto Beans (G,So)	Chips Peas Baked Beans
Extras: Garlic Bread (G,Mk,So)	Extras: Mini Samosa (G,So)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Tortilla Chips (So)	Extras: Curry Sauce (Mk,So)

Meal-Deal
Only £2.85

Check out what's on offer today, available for free school meals!



GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Cajun Haloumi & Red Pepper Burger (G,Mk,E,Se)	Chicken Chow Mein (G,E,So)	Beef Chilli Loaded Waffle Fries (Mk)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

DESSERTS

MONDAY Autumn Pear & Berry Crumble with Custard (G,E,Mk,So)
TUESDAY Tip to Toe Banana & Chocolate Brownie (G,E,Mk,So)
WEDNESDAY Lemon & White Chocolate Drizzle Cake (G,E,Mk,So)
THURSDAY Sticky Toffee Pudding (G,E,Mk,Su)
FRIDAY Pancakes With Toffee Sauce (G,E,Mk)

From £1.40



**LOOK OUT FOR DAILY
★ THEME BARS, ★
JACKET POTATOES
& SALAD BAR**



PASTA STATION

MONDAY Chicken Balti Rice Pot (G) Vegan Chilli Sin Carne Rice Pot (G,Ce,So)
TUESDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
WEDNESDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
THURSDAY Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
FRIDAY Mac & Cheese with Crushed Nachos & Salsa (G,Mk,So)

From £2.60

ALLERGENS

Speak to one of our chefs if

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

So = Sesame Seeds

School Menus

What's for Lunch?



Clubs Timetable



Ursuline Academy Sixth



Monday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	Breakfast Club 7-13	Canteen Mr Donovan
	8:25am (15mins)	Worship band 9-10	Hall Ms Hurst
	Break 10.40am	Ukulele Club 7-8	S5 Ms Eakins
	Lunch 12:40pm (30mins)	Art Club 7-9	S4 Mr Selley
		IT Club 7-13	F6 IT team
		A Level Chemistry Intervention 13	G8 Dr Osei-Owusu
		Basketball 8,9 & 10	Gym Ms Whates
		Library Lunch Club 7-13	Library Ms Jones
	12:40pm (55mins)	Library Lunch Club 7-13	Library Ms Jones
1.00-1.30pm (30mins)	Maths Club 7-13	F13 Ms Verma	
PM 3:20pm (1hr)	Spanish Club 11	G5 Mr Clare	
	Homework Club 7-13	Library Ms Jones	

Tuesday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	Breakfast Club 7-13	Canteen Mr Donovan
	8:25am (15mins)	Worship band 9-10	Hall Ms Hurst
	Lunch 12:40pm (30mins)	IT Club 7-13	F6 IT team
		Library Lunch Club 7-13	Library Ms Jones
	12:40pm (55mins)	Library Lunch Club 7-13	Library Ms Jones
	12:40pm (30min)	Maths Club 7-13	F13 Mr Deen
		Volleyball 7-13	Gym Ms Whates
		Boxing 9-10	Dance Studio Ms Keogh
	1:00pm (30min)	Music Year 7 practice Room Access	Practice rooms Ms Hurst
1:00pm (30min)	STEM Club (Visualise) 7-11	G12 Ms Kodi-Pecku	
1.10pm/ (30Mins)	Biology Intervention 11U	G7 Ms Filipe	
1:10pm (30mins)	Guitar Club 7-13	S5 Mr McCarthy & Mr Okyere	
3:20pm (1hr)	Homework Club 7-13	Library Ms Jones	

Wednesday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	Breakfast Club 7-13	Canteen Mr McCarthy
	8:25am (15mins)	Worship band 9-10	Hall Ms Hurst
	Break 10:40am (20mins)	Ukulele Group 7-13	S5 Ms Eakins
		Music Y10-13 Practice Room Access	Practice rooms Ms Hurst
	Lunch 12:40pm (30mins)	IT Club 7-13	F6 IT team
		MFL Ambassadors Club 8-9	G6 Ms Grassi
		Library Lunch Club 7-13	Library Ms Jones
		Library Lunch Club 7-13	Library Ms Jones
		Islamic Society 7-13	F10 Mrs Ahmed
		Music Year 9 practice Room Access	Practice rooms Ms Hurst
		PE GCSE Revision 10-11	Mrs Mansell
		Choir 7-13 1.10pm	S5 Ms Hurst
		Maths Club 7-13	F13 Ms Sivachadran
		Justice and Peace 12-13	Chapel Mr Ravi
1:00pm (30mins)	Eco Club 7-13	G3 Mr McCarthy	
1.10pm (30mins)	Music Year 11 Course Work	S5 Ms Hurst	
PM 3:20pm (1hr)	Netball 7&8	Playground Mrs Mansell	
	Football 7-9	Gym Lois Whates	
	DT Catch Up Club 11	G12 Mrs Kodi Pecku	
	3:30pm (45mins)	EAL Intervention 7-11	F11 Ms Choudhury
	3:20pm (1hr)	Homework Club 7-13	Library Ms Jones

Thursday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	Breakfast Club 7-13	Canteen Mr McCarthy
	Break 10.40am	Music Year 7 Practice Room Access	Music Rooms Ms Hurst
	Lunch 12:40pm (30mins)	IT Club 7-13	F6 IT team
		GCSE PE Monitoring 10-11	F7 Ms Keogh
		Library Lunch Club 7-13	Library Ms Jones
		Badminton 9-11	Gym Ms Eakins
		Music Y10-11 Practice Room Access	Practice rooms Ms Hurst
	12:40pm (55mins)	Library Lunch Club 7-13	Library Ms Jones
	12:40pm (1hr)	Music Y7-13 Choir	S5 Ms Hurst
1:00pm (30mins)	STEM Club (Visualise) 7-13	G12 Mrs Kodi-Pecku	
1:00pm (30mins)	South Asian Society Y7-13	S8 Ms Sivachandran & Ms Verma	
3:20pm	Homework Club 7-13	Library Ms Jones	
PM 3:30pm (1hr)	Worship band 9-10	S5 Ms Hurst	
	Netball 9-11	Playground Ms Whates	

Friday	Time	Club - Year groups	Location
	AM 8:00am (30 mins)	Breakfast Club 7-13	Canteen Ms Donovan
	Break 10:40am (20mins)	Greek Dancing 7-13	Ms Posnikidou
		IT Club 7-13	F6 IT team
	Lunch 12:40pm (30mins)	African Caribbean Society 7-13	G10 Mr Okyere
		Library Lunch Club 7-13	Library Ms Jones
		Music Year 8 Practice Room Access	Practice rooms Ms Hurst
		Maths Club 7-13	F13 Mrs Kayode
		Homework Club 7-13	Library Ms Jones
	12:40pm (1hr)	Music Y10-11 Coursework	S5 Ms Hurst
1:00pm (30mins)	Maths Club 7-13	F13 Mrs Kayode	
3:20pm/ (1hr)	Homework Club 7-13	Library Ms Jones	
PM 3:30pm (1hr)	Music Y10-11 Coursework	S5 Ms Hurst	
	Athletics 7-13	Playground Mrs Mansell	






HOLIDAY ACTIVITY & FOOD CAMP

FREE multi-sports activities and engaging workshops for ages 8-14 living or studying in Redbridge, in receipt of benefit-related free school meals.*

Come along and try new activities, learn new skills, have fun & make friends. **Also, enjoy hot and nutritious meals served every day!**

LOCATION	Loxford Leisure Centre, Loxford Lane, IG1 2UT
DATE	Monday 22 nd & Tuesday 23 rd December 2025
TIME	12:00 - 16:00
AGE	8-14 years old *In receipt of Free School Meals
QR CODE TO REGISTER	
BOOKING LINK	www.esqu.org/experience/4050