



# Ursuline Academy Ilford



Ursuline Academy Sixth

Weekly News – 2025/2026 Issue 12  
28th November 2025

## Upcoming Events

### Carol Service

Thursday 18 December  
5.00 – 7.00p.m.

### End of Term

Friday 19 December  
12.40p.m.



## Headteacher's Headlines

United in harmony

Last night we hosted the UA6 Open evening. It was a great success with our subject leaders delivering high quality presentations so that prospective 6<sup>th</sup> form students could learn everything they needed to know about teaching and learning at our excellent 6<sup>th</sup> form.


Applications are now open and close on 9<sup>th</sup> January. Year 11 students should use the QR code below to start the application. See photos from the evening on page 3. Here is Vera with Ms Mackie after one of the A level History talks!

I was so delighted to see so many of our year 11 students attend, testimony to their faith and belief that UA6 is a great first choice to continue studies in Sept 26'. The winner of the prize draw is Aymah Chaudhury 11 she will be awarded the £50 Amazon voucher next week.



Our special Christmas lunch is coming up on Wednesday 17<sup>th</sup> December. This year we are being treated to a special Christmas 'street food pop-up' menu. If you wish your daughter to enjoy this lunch please ensure she has £3 on her account.

I am looking forward to this first Sunday of Advent this weekend!

  
**SERVIAM**





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**Pope Leo XIV @ Pontifex – 27 November 2025**

**God, in revealing Himself, established a bridge between heaven and earth. He did so in order that our hearts might change, becoming like His.**

**[#ApostolicJourney](#)[#Turkiye](#)**

**Forward in Joy – 366 Days with St Angela Merici – Daily Words of Wisdom from our Patron Saint**

**November: Community**

**28<sup>th</sup> November: Blessed are those who will take very good care of this company.**

**29<sup>th</sup> November: They should do honour to Jesus Christ.**

**30<sup>th</sup> November: Act, move, believe, strive, hope, cry out to him with all your heart.**

**December: Hope**

**1<sup>st</sup> December: Although at times they will have troubles or anxieties, nevertheless this will soon pass away.**

**2<sup>nd</sup> December: The suffering of this world is nothing in comparison with the blessings which are in Paradise.**

**3<sup>rd</sup> December: Let them set their hopes on high and not on earth.**

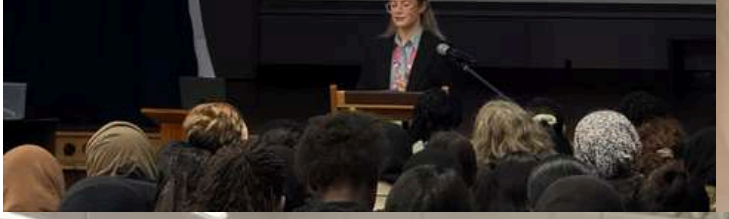
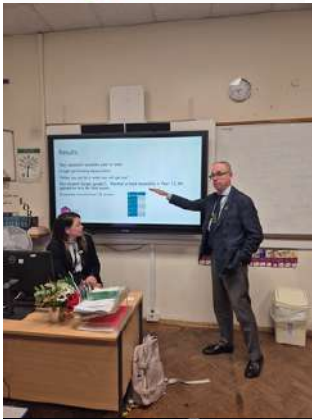
**4<sup>th</sup> December: We will find thorny and rocky roads becoming flower-strewn for us.**





Ursuline Academy Sixth

# UA6 Open Evening





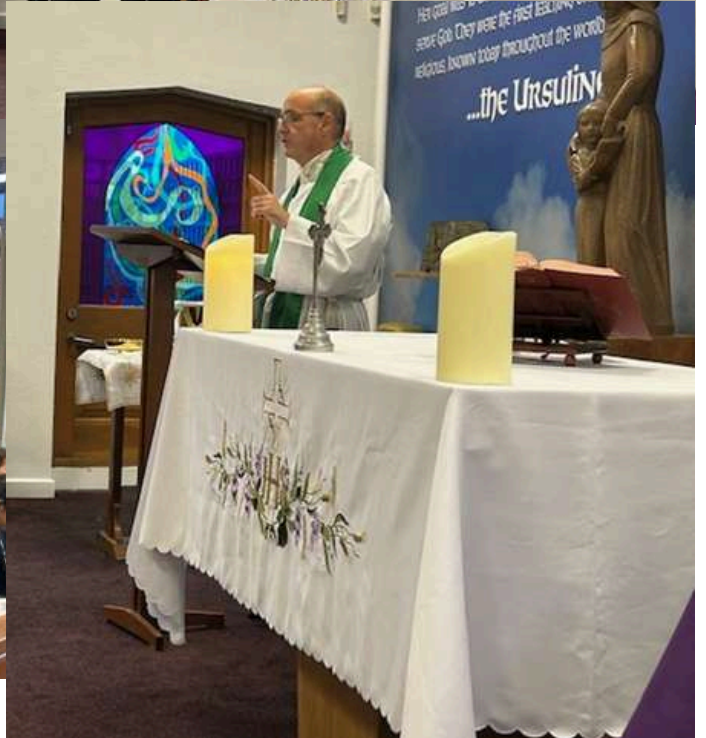
## Chaplaincy News

### Lunchtime Mass for 8R and 8T

On Thursday of this week, 8R and 8T gathered in our school chapel for a Lunchtime Mass, celebrated by Father David, our Priest Governor. The liturgy focused on the Ursuline theme of "Grateful and Generous," with the readings chosen to reflect this message.

In the Gospel, we listened to the account of the ten lepers who cried out to Jesus for healing. Jesus responded with compassion and instructed them to show themselves to the priests. As they went, all ten were miraculously healed; however, only one—a Samaritan—returned to give thanks, expressing his deep gratitude to Jesus.

This Gospel serves as a meaningful reminder of our Ursuline theme. True gratitude naturally inspires generosity. When we recognise the blessings we have received, we are encouraged to share our time, attention, and compassion with those around us.



**Mr Ravi, School Chaplain**



# Chaplaincy News

## The Advent season

Advent is a four-week season in the Church calendar dedicated to anticipating the arrival, or "Advent," of Jesus of Nazareth, the long-awaited Messiah and King.

Christians from many backgrounds celebrate this time with reflections on **hope, peace, love, and joy**. And while their practices may look different, all focus on the hope-filled arrival of Jesus.

The Season always begins **4 Sundays before Christmas**. Traditionally each week a different Candle of the Advent Wreath is lit to symbolise the theme of the week

The First day of Advent is also the first day of a new Liturgical Year in the Church  
It is a season of **Penance** when Christians try to be more Pray-ful in order to **'receive Jesus'** once again.



The Ursuline Academy Ilford  
CHAPLAINCY NOTICES: **DECEMBER**



December, the last month of the year is filled with expectations of Christmas, festivities and the joy of the season.

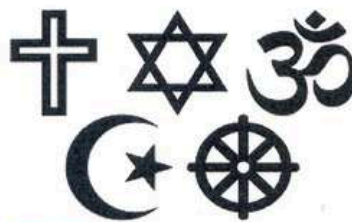


### December days of Religious Significance

**8 December: The Immaculate Conception of Mary.** The day honours the belief that Mary was born without sin from the day of her conception.

**14 December: Hannukah:** Jewish festival observed for 8 days. Sometimes called 'the festival of lights'. Acknowledges that light in the Temple continuously burning for 8 days after a foreign invasion.

**25 December: Christmas Day:** Annual festival commemorating the birth of Jesus Christ. Celebrated as the Feast of the Nativity in the Western Church.



### December 25—January 5:

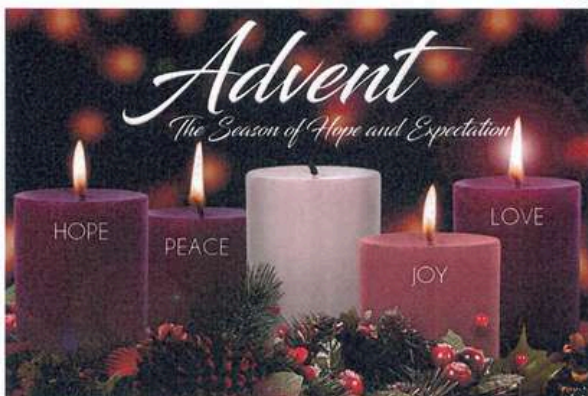
#### Christmas-tide.

**Christmas** is an annual festival commemorating the Birth of Jesus Christ, observed primarily on December 25, Christmas Day, as a religious and cultural celebration among billions of Christians around the world.

A feast central to the Christian liturgical year, it follows **the season of Advent, which begins 4 Sundays before**, or the Nativity fast, and initiates the season of **Christmastide**, which historically in the Western Church lasts 12 days and cumulates on **the Twelfth Night, January 5**.

**January 5** is also known as the **Epiphany Eve**. These days from **December 25- January 5** are popularly known as the **12 Days of Christmas**.

**Christmas day is celebrated around the world culturally by many non-Christians as a season of 'good will' and celebration.**



### British Values: **Charity, tolerance and Respect**

**How could you live out these values during this season?**  
Our school will come together again to donate to those who need it most in our local community.

### Christmas Jumper Day : **17th December**

Support this wonderful day by wearing a Christmas Jumper and donating unperishable food

### School Carol Service: **Thursday 18th December**



# THE URSULINE ACADEMY ILFORD

A Catholic Academy for Girls aged 11 - 19 in the Diocese of Brentwood

Headteacher: Fiona Stone BSc (Hons) MA NPQH



Ursuline  
Academy  
Sixth

26<sup>th</sup> November 2025

Dear Parents and Carers,

In keeping with our Ursuline ethos, Catholic Social Teaching and our commitment to serving those in need, we are pleased to inform you that our school will once again be supporting a **Redbridge Food Bank Collection Event** from **15th to 17th December 2025**.

We kindly ask that each student brings at least one non-perishable food item to school during this period. Suggested donations include canned goods, pasta, rice, cereal, and other long-life products.

All donated items will be delivered to our local food bank and distributed to individuals and families in need within the local community.

Our Chaplaincy Representatives, together with the Justice and Peace Group, will coordinate the collection and will visit classrooms each day to gather the donated items.

We are deeply grateful for your continued support. Your generosity enables our students to put their faith into action and bring hope to families in Redbridge during this special season of giving.

Yours sincerely,



Mr J. Ravi  
School Chaplain



success in learning for all

Company No: 07737159

Registered Address: Morland Road, Ilford, Essex, IG1 4JU

Tel: 020 8554 1995

Email: [enquiries@uai.org.uk](mailto:enquiries@uai.org.uk)

Website: [www.uai.org.uk](http://www.uai.org.uk)



UAI  
CHRISTMAS  
CAROL  
SERVICE  
2025

*Date: 18<sup>th</sup> December*

*Where: Main Hall*

*Timing: 5-6.30pm*

Get ready to soak up the holiday spirit with us at the Christmas carol service! It's the perfect way to kick off the festive season and bring a little extra sparkle to your life as you listen to beautiful music. So grab your friends, and let's make some unforgettable memories together! 🌟🎵



### Badminton Club

Our amazing badminton club members... and this is only a quarter of them!

Well done to all our students who show up every week to play, make new friends, and of course race to get their song requests in nice and early. This has been a great way to unwind every Thursday so we encourage new members to join in the fun! All welcome!





## English News



**7J are currently studying 'A Midsummer Night's Dream'.** For homework, they were tasked with writing a speech in which they introduced their 'Fairy Self'. They were encouraged to use a range of devices which we have been exploring throughout the study of the play as well as focusing on their presentation skills. They were also asked to create a prop / craft / piece of artwork to present alongside their fairy. The students delivered these speeches as a speaking and listening task and showcased their descriptive writing skills during the process. They also shared their creative talents through the range of images, models, figures, paintings and poetry they created to accompany their speeches.



**Well done 7J!**

**Mrs Riste, Teacher of English**



# RELIGIOUS EDUCATION

## R E News

**Father David visited 8T** at school and spoke to the students about vocation and our calling from God, followed by lunchtime mass in our school chapel. He highlighted the unique and special gifts that God has given each of us, emphasizing that even talents like being a good listener are valuable. Such gifts are often overlooked but are just as important in making a positive impact in the world.

Thank you for taking the time to come and speak with our students. It was very inspiring and thought provoking



### Year 12 Philosophy & Ethics Conference

This week, our Year 12 students had the wonderful opportunity to attend a thought-provoking Philosophy and Ethics conference, featuring distinguished speakers from Oxford and Cambridge. Throughout the day, pupils explored profound questions surrounding religious experience and moral decision-making, guided by the insights of great thinkers such as Plato, Aristotle, Kant and Swinburne.

The sessions covered a wide range of compelling topics—from euthanasia and the ethics of suffering, to the relationship between God and science, and the ever-relevant question: Is faith still rational? Our students engaged with complex ideas, deepened their critical thinking, and demonstrated impressive maturity in their reflections.

The day concluded with an open debate, during which one of our pupils, **Asiya**, bravely stepped forward to share her perspective in front of the full audience. A huge well done to her—and to all the girls—for their enthusiasm, thoughtful participation, and commitment throughout the event.



**Ms. Posnakidou,  
Teacher of R E  
& Mr. Ravi, Chaplain**

## An Inspiring Day of Learning, Innovation and Industry Insight – STEM In Aviation Day 2025

It was barely 9.00am on the wet morning of the 14th of November 2025, when 24 excited students from The Ursuline Academy Ilford set off on their journey to **The ExCeL Centre**, London. With some buzzing with curiosity and others clutching their pack lunches like precious cargo, they were all eager to discover what the world of Aviation and industry had in store.

As we boarded the train, conversations bounced between predictions for the day, planes, pilots, activities and how they might work on the design challenges set for the day. By the time they arrived at ExCeL London, the group was fully charged; a mini flight crew ready for take-off into a day of STEM, innovation, and sky-high possibilities.



The event, organised and hosted by the **East London Business Alliance (ELBA)** in partnership with **London City Airport** was supported by major sponsors including **British Airways CityFlyer, University of East London (UEL), Accenture, NATS, Cirium, Embraer, Boeing** and **UK Power Network Services (UKPNS)**. **The event offered an immersive introduction to the fast-evolving world of Aviation** headlined by the theme, **The Future of Flight** – blending technology, sustainability, teamwork, engineering and future-focused innovation. From building model aircrafts to exploring the role of AI in future flights, the day captured students' imaginations and opened their eyes to the huge variety of STEM careers shaping modern aviation and beyond.

It was opened by **Michael Kissman, Director of Corporate Affairs at City Airport** (on the left) and included judges drawn from the host and sponsor companies including the **CEO of ELBA, Julie Hutchinson, Ola Adigun from the Dept. for Transport** and **MP for the area, Stephen Timms**.





**Below are some of our students' reflections of the day...**

"I really enjoyed the STEM in aviation task because they taught us a lot about STEM and the future of flights... My favourite was making miniature planes and seeing how fast they could go. I also found it so interesting to learn about AI future planes with Embraer."— **Safa Ahmed**

"I enjoyed learning about different companies and how they're contributing to a net-zero airport... The highlight of my day was working together with my group."— **Amna Ansar**

"I learned about the core principles of aerodynamics; lift, drag and thrust, and how engineering is really a process of trial and error."— **Jessy John Michael**

"I learnt how we can create a sustainable future for flight, including sustainable fuel use and generating electricity with Pavegen tiles on the most used walkways within the airport lounges and travel areas. Making paper planes was full of fun & educational."— **Syeda Khalil**

**Growing Confidence, Teamwork and Communication**

"Before this trip, I knew very little about aviation, but now I've become more interested. I developed confidence speaking with a microphone in front of other schools and participants."— **Mysha Ali**

"Teamwork made our final presentation stronger and I learned how important communication is in real aviation jobs."— **Safa Ijaz**

"Public speaking wasn't as terrifying as I expected because everyone was supportive. We designed our own sustainable airport and enjoyed it even though we didn't win."— **Magisha Ramesh**

**Meeting Pilots, Cabin Crew and Aviation Professionals**

"One of the highlights for me was meeting the British Airways team and taking a picture with the pilot and captain. The trip helped me learn about sustainable use of AI and Pavegens."— **Roshaany Dar**

"My favourite part was the final session with British Airways. Speaking with the captain made my dream of becoming a flight attendant feel more real."— **Anisha Howlader**

"It was an amazing opportunity to meet people from British Airways. I also became more confident presenting."— *Brekhna Khan*



### **Creativity, Design and Problem-Solving**

"My favourite part was working on the future of flights task. We shared and discussed ideas while working on the project task."— *Akisha Elangovan*

"As a DT student, the designing challenge opened my eyes to the work that goes into airport design, customer experience and the entire aviation industry. I learned so many new skills."— *Saeeda Ishak*

"I thoroughly enjoyed the day particularly when we created a poster about the future of flights to present to other schools. I made paper & foam planes which I launched with other peers. The trip was AMAZING!"— *Aroba Umar*

"We designed our own app and AI helped bring our ideas to life... It turned out pretty cool."— *Magisha Ramesh*

### **Insight, Exploration and Honest Reflections**

"I found the day interesting as it differed from the jobs I'm used to seeing. I learned about AI and data analysts working behind the scenes."— *Amira Hossain*

"The organisers and sponsor companies staff were lovely and welcoming. They made us feel important, reminding us that we are the future of STEM in aviation."— *Halima Shafeeq*

"I hardly knew anything about aircraft before, but by the end of the day I had learnt so much about what happens behind the scenes." — **Zarrah Malji**

"The British Airways and Embraer room was the most memorable. The quizzes were fun, the hosts engaging and making & flying the planes was amazing." — **Alexandra Kyriakidu**

Passenger Name  
**IMAAAN SHAFIQ**

Boarding Time      Date      Candidate n.o  
**T1:00 AM      14/11/25      13339**

**FEEDBACK FROM TRIP**



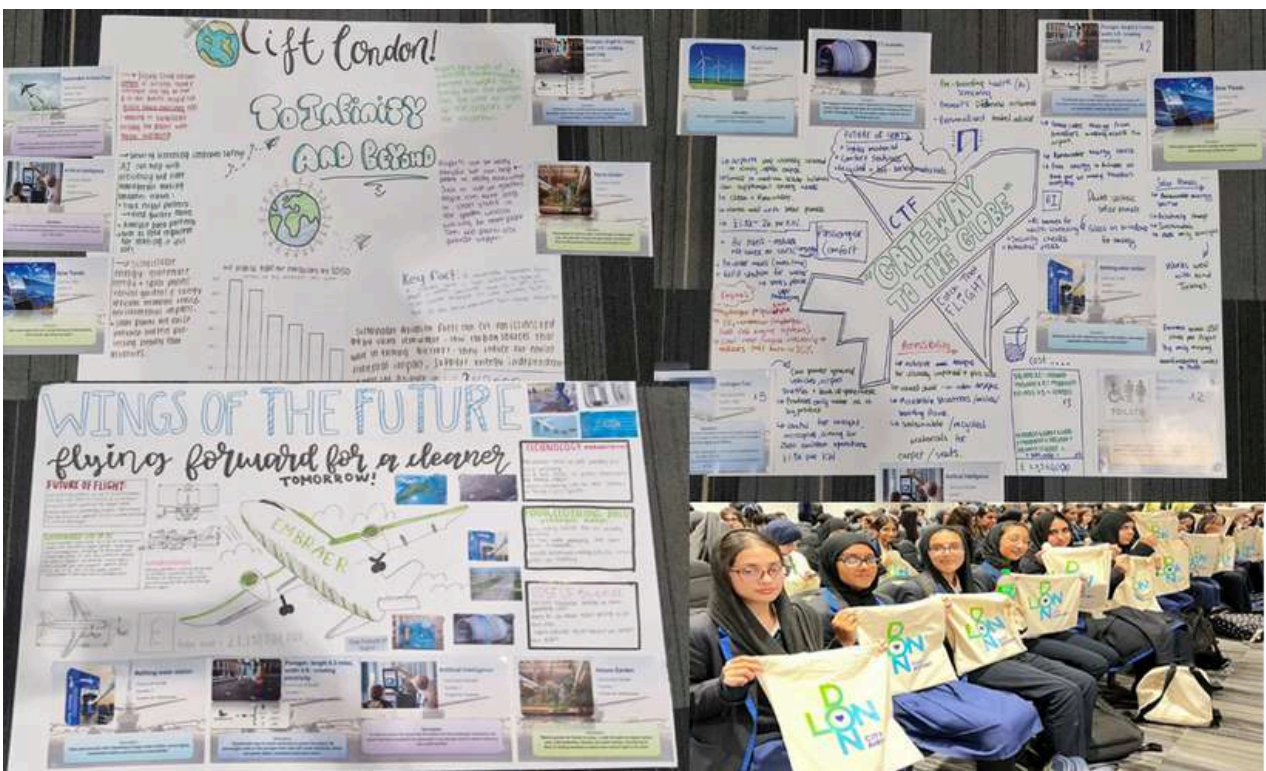
On Friday 14<sup>th</sup> of November, we went to the STEM in Aviation day, themed, 'The future of flights'. It was organized by ELBA and proved to be a very enjoyable trip & day out. The activities for the day was balanced with fun activities and a lot of learning. I especially enjoyed the task where we learnt about how we can make planes fly and also making our own paper planes. I learnt a lot throughout the day, for e.g. the short haul British Airways carriers are efficient and now have 106 seats on them which are quieter and emit less CO2. We had to prepare and present a given challenge on the day about different ways to make the airport a better place for the environment and for the people travelling. An example of this is was using Pavemens that we felt could be used in the 'traffic' areas. I thought this was a really good idea because airports have a lot of walking therefore that walking can provide energy to light up the airport or keep the escalators moving. Another point we put into our presentation was how we could turn chairs into sleeping forms for people to sleep on when their flights were delayed.



And a final capture (above) by **Imaan Shafiq** in a unique 'boarding pass' of the event.



**Our final group presentations**





**Students and staff with Ola Adigun, from the Aviation Directorate at the Dept. for Transport**

The STEM in Aviation 2025 event was a truly impactful experience that will continue to shape our students' learning and aspirations. The conversations, insights and hands-on activities they engaged in will feed directly into ongoing studies and strengthen their curiosity for STEM as we continue to encourage their team building and independent learning skills. Their reflections prove just how powerful real-world STEM experiences such as this can be—shaping aspirations, building character and perhaps even inspiring the next generation of Aviation innovators!

We extend our sincere thanks to the organisers, partners and sponsors for supporting our curriculum delivery and enrichment, providing such meaningful and inspiring opportunities for our students and staff.



**Ms Kodi-Pecku**  
**Subject Leader - DT & STEM**



Ursuline  
Academy  
Sixth

## UA6 News

Last Thursday, 20th November, The UA6 Politics Department (**Mr Irwin & Mr Donovan**), with support from the education charity Team Global, held a large-scale A Level Politics Conference on the theme of Global Democracy In Crisis. We had a range of politicians, political scientists, journalists etc. giving their perspectives on the state of global democracy with opportunities for student questions and debate. Eleven different schools/6th forms attended the conference and there were more than two hundred A Level Politics students participating, it was quite the event! We were delighted that the **Health Secretary Wes Streeting MP** could open the day and introduce the conference and he was followed by a fantastic array of politicians, journalists political activists, a post-grad political science student and academics from UCL, university of Liverpool & a representative from UK Parliament. Please do look at the conference brochure to see the full range of speakers. Additionally, this will give you a flavour of some of the exciting activities and events we are developing here at UA6 which is really making us stand out as a 6th Form. Mr Donovan and I will begin working on next years conference in January and hope that it will be even bigger and better than this year. Please find the Head Teachers' forward to the conference below:

"The theme of this years conference "Democracy in Crisis?" which could hardly be more timely. Around the world, established assumptions about how democratic systems work are being stress tested. From polarisation and populism, to collapsing trust in institutions, to new technologies reshaping political communication, the debate is no longer just academic – it is immediate, urgent and real. Our aim today is simple: to bring all of us post-16 politics students from different schools, sixth forms and colleges into the conversation as active participants, not passive observers. Politics is not something that happens "out there". It is something we all shape".

(Fiona Stone)

### Conference Brochure



## Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
  - Income Support
    - Income-based Jobseeker's Allowance
    - Income-related Employment and Support Allowance
  - Support under Part VI of the Immigration and Asylum Act 1999
    - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the [Redbridge.gov.uk](http://Redbridge.gov.uk) website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.





THE

POP  
UP

KITCHEN.

*Christmas*  
**BURGER**  
**STREET FOOD**  
**POP UP**  
**OF THE MONTH**

£3.00

Wednesday 17<sup>TH</sup> December



# Christmas BURGER

## - MENU -

Lemon & Sage Chicken Burger  
(G,E,MayContainSesame)

Christmas Veggie Burger  
(G,E,MayContainSesame)

*Served with*

Orange & Cranberry Chutney  
(None)

Brussel Sprout Ranch Slaw  
(E)

Sage & Onion Seasoned Fries  
(G)

~

Double Gingerbread Men  
(G,Mk,Su)

£3.00

### ALLERGENS:

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide

# MAIN MEALS

From £2.60

01/09/25, 22/09/25,  
13/10/25, 10/11/25,  
01/12/25

**AUTUMN MENU  
WEEK ONE**

MON	TUE	WED	THU	FRI
<b>MASALA MOMENTS</b>	<b>AMERICAN DINER</b>	<b>ROAST</b>	<b>TASTE OF JAMAICA</b>	<b>FISH &amp; CHIP SHOP</b>
Chicken Tikka Masala with Mango Chutney (Mu)	Buttermilk Chicken Burger with Ranch Slaw (G,E,So,Se,Mk)	Roast Turkey with Stuffing & Herb Gravy (G)	Jamaican Jerk Chicken with Jerk Gravy	Battered Fish Fillet (G,F)
Vegetable Tikka Masala with Mango Chutney (Mu)	Pizza Mac & Cheese with Garlic & Herb Bread (G,Mk,So)	Creamy Butternut & Vegetable Pie With Crunchy Crust (G,Mk)	Jamaican Jerk Eat Curious with Jerk Gravy	Cheese & Onion Pasty (G,Mk)
Pilau Rice Spicy Roasted Cauliflower	Cajun Corn & Peppers Seasoned Fries	Crunchy Roast Potatoes Savoy Cabbage & Carrots	Coconut Rice & Peas Caribbean Coleslaw (E,Mk,So)	Chips Peas Baked Beans
Extras: Naan Bread (G)	Extras: Onion Rings (G)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Flatbread (G,Mk,So)	Extras: Curry Sauce (Mk,So)

*Meal-Deal*  
Only £2.85

Check out what's on offer today, available for free school meals!



# GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Chicken Hot Dogs with Mustard & Pickled Red Onions (G,Mu,Se,Su)	Cheesy BBQ Loaded Fries with Crispy Onions (G,Mk)	Korean Chicken Rice Bowl with Hot Chilli Sauce (G,Se,So)	Mexican Chicken Panini with Tortilla Chips (G,Mk,So)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

# DESSERTS

- MONDAY**  
Double Chocolate Pudding (G,E,Mk,So)
- TUESDAY**  
Berry Flapjack Crumble (G)
- WEDNESDAY**  
Toffee & Banana Cake (G,E,Mk,So)
- THURSDAY**  
Lemon & Blueberry Sponge (G,E)
- FRIDAY**  
Sticky Baked Jam Doughnut (G)

From £1.40



**LOOK OUT FOR DAILY**  
★ **THEME BARS,** ★  
**JACKET POTATOES**  
& **SALAD BAR**



# PASTA STATION

- MONDAY**  
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- TUESDAY**  
Bolognese (G), Basil Pesto (G,E,Mk)
- WEDNESDAY**  
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- THURSDAY**  
Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
- FRIDAY**  
Pepperoni Mac & Cheese with Crispy Onions (G,Mk,Mu)

From £2.60

## ALLERGENS

Speak to one of our chefs if

Ce = Celery  
Cr = Crustacean

F = Fish  
G = Grains

L = Lupin  
Mk = Milk

Mu = Mustard  
N = Nuts

Se = Sesame Seeds  
So = Soy

# MAIN MEALS

From £2.60

08/09/25, 29/02/25,  
20/10/25, 17/11/25,  
08/12/25

**AUTUMN MENU  
WEEK TWO**

MON	TUE	WED	THU	FRI
<b>TEX-MEX</b>	<b>TASTE OF BRAZIL</b>	<b>HOME COMFORTS</b>	<b>KATSU KITCHEN</b>	<b>FISH &amp; CHIP SHOP</b>
Smoky Beef Eat Curious Chilli Con Carne with Salsa	Zesty Brazilian Chicken (G)	Chicken Sausages with Caramelised Onion Gravy (G,Su)	Crispy Chicken Katsu (G,E) with Curry Sauce (G,So)	Battered Fish Fillet (G,F)
Eat Curious Smoky Veggie Chilli with Salsa	Butternut & Sweet Potato Moqueca	Grilled Veggie Sausages with Caramelised Onion Gravy (G,Ce)	Crispy Sweet Potato Katsu (G,E) with Curry Sauce (G,So)	Crispy Vegetable Spring Rolls with Curry Sauce (G,Mk,Se,So)
Nachos Roasted Corn & Peppers	Lime & Coriander Rice Creamy Corn (Mk)	Creamy Mashed Potatoes Roasted Broccoli	Steamed Rice Asian Salad	Chips Peas Baked Beans
Extras: Spicy Potato Wedges	Extras: Cheesy Garlic Bread Balls (G,Mk)	Extras: Yorkshire Pudding (G,E,Mk)	Extras: Prawn Crackers (Cr,Su)	Extras: Curry Sauce (Mk,So)

*Meal-Deal*  
Only £2.85

Check out what's on offer today, available for free school meals!



# GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Piri Piri Halloumi Wraps (G,E,Mk,Su)	Beef Burger in a Bun with Salad & Pickles (G,Se,So,Su)	Korean BBQ Chicken Wings & Rice (G,So,Se,Mu,Ce)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

# DESSERTS

- MONDAY**  
Pineapple Upside Down Sponge (G,E,Mk,So,Su)
- TUESDAY**  
Berry Mess Cup Cakes (G,E)
- WEDNESDAY**  
Caramel Apple Shortbread Crumble and Custard (G,E,Mk,So)
- THURSDAY**  
Frosted Carrot & Orange Cake (G,E,Mk)
- FRIDAY**  
Chocolate Brownie (G,E)

From £1.40



**LOOK OUT FOR DAILY**  
★ **THEME BARS,** ★  
**JACKET POTATOES**  
& **SALAD BAR**



# PASTA STATION

- MONDAY**  
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- TUESDAY**  
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- WEDNESDAY**  
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- THURSDAY**  
Creamy Chicken & Sweetcorn (G,Mk), Spicy Tomato Arrabbiata (G), Macaroni Cheese (G,Mk)
- FRIDAY**  
BBQ Mac & Cheese with Garlic Breadcrumbs (G,Mk,So)

From £2.60

## ALLERGENS

Speak to one of our chefs if

Ce = Celery  
Cr = Crustacean

F = Fish  
G = Grains

L = Lupin  
Mk = Milk

Mu = Mustard  
N = Nuts

Se = Sesame Seeds  
So = Soy

# MAIN MEALS

From £2.60

15/09/25, 06/10/25,  
03/11/25, 24/11/25,  
15/12/25

**AUTUMN MENU  
WEEK THREE**

MON	TUE	WED	THU	FRI
<b>TASTE OF ITALY</b>	<b>PIZZA NAANS</b>	<b>ROAST</b>	<b>TEX-MEX</b>	<b>FISH &amp; CHIP SHOP</b>
Venne Bolognese Pasta Bake (G,Mk) with Garden Salad Mediterranean Vegetable Lasagne (G,E,Mk) with Garden Salad Baked Potato Wedges Steamed Seasonal Greens Extras: Garlic Bread (G,Mk,So)	Smothered Pizza Naan with Tandoori Chicken & Minty Yoghurt (G,E,Mk) Smothered Pizza Naan with Sweet Chilli Paneer & Minty Yoghurt (G,E,Mk) Masala Fries Spiced Roasted Chick Peas (G) Extras: Mini Samosa (G,So)	Chicken with Stuffing & Herb Gravy (G) Roast Root Vegetable Wellington with Stuffing & Herb Gravy (G,E,So) Crunchy Roast Potatoes Roasted Carrots & Parsnips Extras: Yorkshire Pudding (G,E,Mk)	Mucho Mexican Chicken Burrito Bowl (G,Mk,So) Mucho Mexican Eat Curious Vegetable Burrito Bowl (G,Mk,So) Zesty Lime Rice Spicy Pinto Beans (G,So) Extras: Tortilla Chips (So)	Battered Fish Fillet (G,F) Crispy Vegetable Samosa with Mango Chutney (G,Mu) Chips Peas Baked Beans Extras: Curry Sauce (Mk,So)

**Meal-Deal**  
Only £2.85

Check out what's on offer today, available for free school meals!



# GLOBAL EATS

From £2.60

MON	TUE	WED	THU	FRI
Cajun Haloumi & Red Pepper Burger (G,Mk,E,Se)	Chicken Chow Mein (G,E,So)	Beef Chilli Loaded Waffle Fries (Mk)	Cheesy Pepperoni Panini (G,Mk)	Crispy Chicken Tenders & Chips (G,Ce,Mk,Mu,So)

# DESSERTS

<b>MONDAY</b> Autumn Pear & Berry Crumble with Custard (G,E,Mk,So)
<b>TUESDAY</b> Tip to Toe Banana & Chocolate Brownie (G,E,Mk,So)
<b>WEDNESDAY</b> Lemon & White Chocolate Drizzle Cake (G,E,Mk,So)
<b>THURSDAY</b> Sticky Toffee Pudding (G,E,Mk,Su)
<b>FRIDAY</b> Pancakes With Toffee Sauce (G,E,Mk)

From £1.40



**LOOK OUT FOR DAILY  
★ THEME BARS, ★  
JACKET POTATOES  
& SALAD BAR**



# PASTA STATION

<b>MONDAY</b> Chicken Balti Rice Pot (G) Vegan Chilli Sin Carne Rice Pot (G,Ce,So)
<b>TUESDAY</b> Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
<b>WEDNESDAY</b> Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
<b>THURSDAY</b> Bolognese (G), Basil Pesto (G,E,Mk), Macaroni Cheese (G,Mk)
<b>FRIDAY</b> Mac & Cheese with Crushed Nachos & Salsa (G,Mk,So)

From £2.60

## ALLERGENS

Speak to one of our chefs if

Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

So = Sesame Seeds

# School Menus

# What's for Lunch?



# Clubs Timetable



Ursuline Academy Sixth



	Time	Club - Year groups	Location
Monday	AM	8:00am (30 mins)	☪ Breakfast Club 7-13 Canteen Mr Donovan
		8:25am (15mins)	☪☪ Worship band 9-10 Hall Ms Hurst
	Break	10:40am	☪ Ukulele Club 7-8 S5 Ms Eakins
	Lunch	12:40pm (30mins)	☪ Art Club 7-9 S4 Mr Selley
			☪ IT Club 7-13 F6 IT team
			☪ Basketball 8,9 & 10 Gym Ms Whates
		12:40pm (55mins)	☪ Library Lunch Club 7-13 Library Ms Jones
		1.00, 1.30pm (30mins)	☪ Maths Club 7-13 F13 Ms Verma
			☪ Spanish Club 11 G5 Mr Clare
	PM	3:20pm (1hr)	☪ Homework Club 7-13 Library Ms Jones



	Time	Club - Year groups	Location
Tuesday	AM	8:00am (30 mins)	☪ Breakfast Club 7-13 Canteen Mr Donovan
		8:25am (15mins)	☪☪ Worship band 9-10 Hall Ms Hurst
	Lunch	12:40pm (30mins)	☪ IT Club 7-13 F6 IT team
			☪ Library Lunch Club 7-13 Library Ms Jones
			☪ Maths Club 7-13 F13 Mr Deen
		12:40pm (30min)	☪ Volleyball 7-13 Gym Ms Whates
			☪ Boxing 9-10 Dance Studio Ms Keogh
			☪ Music Year 7 practice Room Access Practice rooms Ms Hurst
	1:00pm (30min)	☪ STEM Club (Visualise) 7-11 G12 Ms Kodi-Pecku	
	1:10pm (30mins)	☪ Biology Intervention G7 Ms Filipe	
1:10pm (30mins)	☪ Guitar Club 7-13 G7 Ms Filipe		
PM	3:20pm (1hr)	☪ Homework Club 7-13 Library Ms Jones	

	Time	Club - Year groups	Location
Thursday	AM	8:00am (30 mins)	☪ Breakfast Club 7-13 Canteen Mr McCarthy
		10:40am	☪ Music Year 7 Practice Room Access Music Rooms Ms Hurst
	Lunch	12:40pm (30mins)	☪ IT Club 7-13 F6 IT team
			☪ GCSE PE Monitoring 10-11 F7 Ms Keogh
			☪ Library Lunch Club 7-13 Library Ms Jones
		12:40pm (55mins)	☪ Badminton 9-11 Gym Ms Eakins
			☪ Music Y10-11 Practice Room Access Practice rooms Ms Hurst
			☪ Music Y7-13 Choir S5 Ms Hurst
	1:00pm (30mins)	☪ STEM Club (Visualise) 7-13 G12 Mrs Kodi-Pecku	
	1:00pm (30mins)	☪ South Asian Society Y7-13 S8 Ms Sivachandran & Ms Verma	
PM	3:20pm (1hr)	☪ Homework Club 7-13 Library Ms Jones	
	3:30pm (1hr)	☪☪ Worship band 9-10 S5 Ms Hurst	
		☪ Netball 9-11 Playground Ms Whates	

	Time	Club - Year groups	Location
Wednesday	AM	8:00am (30 mins)	☪ Breakfast Club 7-13 Canteen Mr McCarthy
		8:25am (15mins)	☪☪ Worship band 9-10 Hall Ms Hurst
	Break	10:40am (20mins)	☪ Ukulele Group 7-13 S5 Ms Eakins
		☪ Music Y10-13 Practice Room Access Practice rooms Ms Hurst	
	Lunch	12:40pm (30mins)	☪ IT Club 7-13 F6 IT team
			☪ Library Lunch Club 7-13 Library Ms Jones
			☪ Islamic Society 7-13 F10 Mrs Ahmed
		12:40pm (55mins)	☪ Music Year 9 practice Room Access Practice rooms Ms Hurst
			☪ P E GCSE Revision 10-11 Mrs Mansel
			☪ Carnatic Club 1.10pm S5 Ms Hurst
1:00pm (30mins)	☪ Maths Club 7-13 F13 Ms Sivachandran		
1:00pm (30mins)	☪ Eco Club 7-13 G3 Mr McCarthy		
1:10pm (30mins)	☪ Music Year 11 Course Work S5 Ms Hurst		
PM	3:20pm (1hr)	☪ Netball 7&8 Playground Mrs Mansell	
	3:20pm (1hr)	☪ Football 7-9 Gym Lois Whates	
	3:20pm (1hr)	☪ DT Catch Up Club 11 G12 Mrs Kodi Pecku	
	3:30pm (45mins)	☪ EAL Intervention 7-11 F11 Ms Choudhury	
PM	3:20pm (1hr)	☪ Homework Club 7-13 Library Ms Jones	

	Time	Club - Year groups	Location
Friday	AM	8:00am (30 mins)	☪ Breakfast Club 7-13 Canteen Ms Donovan
		Break	10:40am (20mins)
	Lunch	12:40pm (30mins)	☪☪ MFL Ambassadors Club 8-9 G6 Ms Grassi
			☪ Greek Dancing 7-13 Ms Posnikidou
			☪ IT Club 7-13 F6 IT team
		12:40pm (1hr)	☪ African Caribbean Society 7-13 G10 Mr Okyere
			☪ Library Lunch Club 7-13 Library Ms Jones
			☪ Music Year 8 Practice Room Access Practice rooms Ms Hurst
	1:00pm (30mins)	☪ Maths Club 7-13 F13 Mrs Kayode	
	3:20pm (1hr)	☪ Homework Club 7-13 Library Ms Jones	
PM	3:30pm (1hr)	☪ Music Y10-11 Coursework S5 Ms Hurst	
		☪ Athletics 7-13 Playground Mrs Mansell	

