



Ursuline Academy Ilford

Weekly News – 2023/2024 Issue 40
24th July 2024



Upcoming Events

Staff INSET Day

Monday 2 September
No students in School

Staff INSET Day

Tuesday 3 September
No students in School

Year 7 & 12 Induction

Wednesday 4 September

Thursday 5 September

All Students in School,
8.40a.m.



Headteacher's Headlines

Dear Parents & Carers,

Today we held the final assemblies of the school year which were a warm celebration of all the trials and tribulations of 2024-25. Thank you again for all your support throughout the school year!

Below is some guidance if you have concerns about a child whilst we are not here at school.

For urgent concerns where a child is at risk of harm, please call the police on 999 and report your concerns to them. For less urgent concerns, you can contact The Redbridge Multi Agency Safeguarding Hub (MASH) on 020 8708 3885 who will be able to assist you.

If the child you are concerned for lives in a different borough, you can search for the appropriate borough's MASH on the relevant council website for the contact information.

If a student is struggling with their mental health or emotions, they can access online support for a wide range of issues or be signposted to other support services at www.kooth.com

Wishing everyone a a safe and happy summer!

SERVIAM
Fiona Stone



Newsletter Contents this week:

Chaplaincy News, Pages 2 – 3

Books to Ghana 2024, Page 4

End of Year Trips Pages 5 – 9

Jack Petchey News, Page 10

Music News, Page 11

Prizegiving News, Page 12

Results Days, Page 13

Careers News, Pages 14 – 16

Free School Meals, Page 17

Redbridge News, Pages 18 – 19



Chaplaincy News

Pope Francis@Pontifex – 21 July 2024

Beware of the dictatorship of 'doing'! Let us learn to take a break during the day: Let us take a moment to be with ourselves and with the Lord. Let us find some kind of 'inner desert' amidst the noise and activities of each day. #Angelus

Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint

July: Encouragement

25th July: keep to the ancient way. And live a new life.

26th July: May the eternal benediction be on you all.

27th July: We are called to a life of glory.

28th July: Although at times they will have troubles or anxieties, nevertheless this will soon pass away.

29th July: They should place their hope and love in God alone, and not in any living person.

30th July: Obey God and each creature for love of God, as long as nothing is commanded against the honour of God and of one's own integrity.

31st July: Above all, obey the counsels and inspirations which the Holy Spirit continually sends into the heart.





Chaplaincy News

Slow Me Down Lord Wilferd Arlan Peterson

Slow me down, Lord.

Ease the pounding of my heart by the quieting of my mind.

Steady my hurried pace with a vision of the eternal reach of time.

Give me, amid the confusion of the day, the calmness of the everlasting hills.

Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory. Help me to know the magical, restoring power of sleep.

Teach me the art of taking minute vacations—of slowing down to look at a flower,

to chat with a friend,

to pat a dog,

to read a few lines from a good book.

Remind me each day of the fable of the hare and the tortoise,

that I may know that the race is not always to the swift—

that there is more to life than increasing its speed.

Let me look upward into the branches of the towering oak

and know that it grew great and strong because it grew slowly and well.

Slow me down, Lord, and inspire me to send my roots deep into the soil of life's enduring values that I may grow toward the stars of my greater destiny.

Amen.

The above poem was recited at a member of staff's Church at the weekend.

We thought it was very appropriate as we head off to 'relax' for the summer holidays.





Books to Ghana 2024

Books to St Louis Senior High School, Ghana

On Friday, 19th July, Year 12 Chemists and some students from Ms Akinsoji's 8C held a bake sale to send our previously loved textbooks, reading books, and educational magazines to St. Louis Senior High School (SSHS) in Ghana. Despite the considerable effort involved, the students took the tasks in their stride. They made posters for display, reminded the forms about the sale, decided on the food that would sell well, and shared responsibilities for the collection of non-uniform money. They also gathered textbooks from the teachers and packed them into boxes.

The bake sale was a huge success, raising £345. The whole school participated by wearing their own clothes and donating £1 for the privilege, resulting in a total of £621 raised from both events. We sent a total of ten sixty litre boxes to SSHS. Well done, everyone, SERVIAM. A massive thank you to Ms. Stone, SLT, and all the teachers and students for their support. Special thanks to the Year 13 students who came in especially to help with the sale and the packing of the books for shipment, and the Year 10 students who lent their support when we realised there was still a huge collection of books to gather!

Dr Osei-Owusu
Head of Chemistry
Enrichment & Student Leadership Coordinator

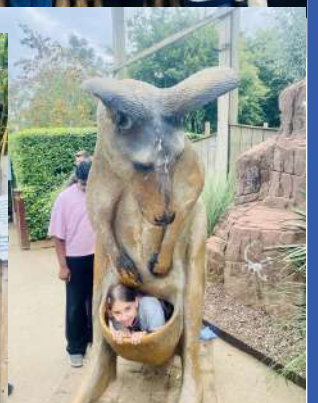




End of Year Trips

Year 7 Colchester Zoo trip

Year 7 enjoyed a lovely trip to Colchester zoo on Monday. They had the opportunity to explore lots of different animals, take a trip on the Madagascar Express train and meet the Lima's, come up close to Tigers, Lions and Cheetahs and Meet the elephants, Giraffes and Rhinos all without ever leaving Essex. A lovely day was had by all and a big thank you to the girls for their excellent behaviour during the trip.



Mrs Wood, Head of Year 7





End of Year Trips Continued...

Year 8 Chessington World of Adventure Trip

The year 8s went on a trip to Chessington World of Adventures. The cloudy sky and rain-splattered roads we viewed from the coach failed to dampen the spirits of the students, who all struggled to contain their excitement. I felt like the grumpy father in an American road trip movie as I was repeatedly asked 'how long until we get there?', but I knew it was out of anticipation to get to the park. Unlike last year, this trip allowed the students to roam the theme park freely in self-chosen groups. Many students embraced this independence by exploring the whole park and going on multiple rides. I only managed to go on one ride, 'Vampire,' highly recommended by a few students. It was thrilling, and I was impressed so many of our students had the bravery to go on the scariest rides! As I wandered the park, carrying a bag stuffed with permission slips and registers, I encountered many students who were eager to share their experiences of the rides they went on, the food they ate and the animals they encountered. On the coach ride home, Mrs Keogh and I were amazed at the energy and enthusiasm the students had after an early start and a jam-packed day. We, on the other hand, were exhausted! It was a thoroughly enjoyable day for staff and students alike, I'm already excited for next year's trip.



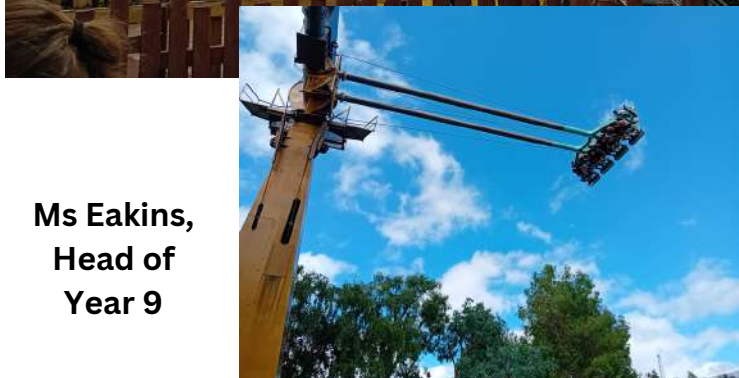
Mr McCarthy, Head of Year 8



End of Year Trips Continued...

Year 9 Trip to Thorpe Park

On Monday, 22nd July our year 9 students traveled to Thorpe Park and braved some of the biggest theme parks rides for a real adrenaline rush! Our students (and teachers) braved the UK's largest roller coaster "Hyperia" which is new for 2024 and other fun rides such as "Inferno", "Rush" and "Tidal Wave" We all had a lovely day! Thank you to all staff who attended and helped to make our final trip of the academic year such a fun and memorable one!



**Ms Eakins,
Head of
Year 9**



End of Year Trips Continued...

Year 10 Trip to Southend

On Monday 22nd of July Year 10 went on a school trip to the seaside to Adventure Island and to see a little bit of Southend too. We managed to get there very smoothly on the trains and the children were all brilliantly behaved. Upon arrival to Adventure Island, the students were given freedom to roam the park as well as going to the shore and seeing the beauty of the natural world. Most chose to stay on the rides though! The queues were all very bearable so the students managed to go on lots of rides before we left, with some really thrilling experiences. Some students found themselves stuck on one ride which was scary for some, but a brilliant story to take home for others. The doughnuts and opportunities to get food in Southend town meant students could have a very full day in more than one sense of the word. The beach was very windy, and not quite the relaxing time that was promised to students before the trip, but at least some students did endure the sand, if only for a short stretch of time. After a good few hours in the park, we all departed home, with lots of tired children sleeping on the train. A true sign of a trip fully enjoyed!



Mr Burt & Ms Colder enjoying a ride!



Mr Burt, Head of Year 10



End of Year Trips Continued...

Year 12 Trip to Southend

On Monday, some of the Year 12 students went on an exciting trip to Adventure Island in Southend, filled with anticipation and enthusiasm. The vibrant atmosphere of the amusement park set the tone for a day of fun and adventure. Although the weather wasn't great at the start it was sunny by the afternoon and the students were able to enjoy the day.

The students explored the rides, from the roller coasters to the dizzying heights of the Ferris wheel. A few of the students told me about how much they enjoyed the trip, especially a popular ride called Rage.

After enjoying the rides, the students went to Southend beach to relax, eat and enjoy the lovely views.

I know how hard the year 12s have worked this year and it was a trip that not only provided a well-deserved break from their studies but also strengthened friendships and created lasting memories. I would like to thank the teachers who went with them on the trip in my absence, I truly appreciate it!

Thank you to **Dr Osei-Owusu**, **Miss Colder** and **Mr Butler**!

It was a day of joy, bonding, and unforgettable excitement for the Year 12 students at Adventure Island and Southend Beach.

"The trip was fun! We enjoyed it a lot and had a cheerful time in Southend. The screature ride was my favourite as it was so scary! I went on 9 rides overall. Thank you UAI for giving us such trips and opportunities".

Mahima Morshed 12.T



Ms Kankam, Head of Year 12

Sir Jack Petchey CBE 1925 - 2024

We were saddened to hear of the passing of Sir Jack Petchey on June 27th at the age of 98. Sir Jack Petchey has been an inspiration to us all and his services to young people across London and Essex has made a lasting impact on the lives of so many. We are very grateful to Sir Jack and for all he has done for our school through running the Jack Petchey award scheme for many years. Rest in eternal Peace. #JackPetchey

Deirdre Pia Eakins

Head of Year 9

RS Teacher/Jack Petchey Coordinator





Music News

Caribbean Steel Pan Workshop

On Thursday 18th July, 60 musicians from years 7-10 enjoyed a music workshop and we learnt about the origin of steel pans and how to use them. We learnt that steel pans are originally from Trinidad and Tobago which is a twin island in the Caribbean. We also learnt that steel pans are made out of recycled oil tins and are often played along with maracas.

By Precious and Milly 7T

Overall, everyone had a lot of fun learning about the traditional music of Trinidad and Tobago and learning to perform a variety of traditional patterns and melodies from Calypso Music.

Check out our video on our Social Media!!

Ms Deller, Head of Music





Prizegiving 2024

Tolu Eluwade was awarded the overall Serviam prize for the school this year as a result of multiple nominations from teachers and staff.

Tolu contributes an enormous amount to our school community, is always kind and cheerful as well as being ready and willing to serve. Tolu is a worthy winner and great example to us all.

Unfortunately, Tolu missed our Prizegiving evening last week, and so Mr Burt, Head of Year 10, presented her with her awards at yesterday's achievement assemblies.

Well done Tolu. Serviam!



Mr Challis, Deputy Headteacher



Results Days 2024

Results Days 2024

A level & Level 3 BTEC - Thursday 15th August 2023

GCSEs - Thursday 22nd August 2023

You will be able to collect your results between 8.30am and 10.30am, in the Hall.

On 15th August the library will be available for students to use the computers and have internet access for UCAS and university places. Careers advice will also be available at this time.

Year 13 students can request a priority remark and or an electronic script if a university place depends on the mark changing.

Review of Marking and Script Request forms can be collected from the school Reception or Exams Officer. Once the form has been returned and the payment received, the request will be processed. Please note that marks can go down, stay the same or go up; the new mark will be your final mark.

A LEVEL / Level 3 VOCATIONAL FEES 2024				
	AQA	EDEXCEL	OCR	WJEC
PRIORITY REVIEW	£57.85	£64.70	£75.75	£55.00
REVIEW OF MARKING	£48.65	£54.30	£61.50	£46.00
E-COPY OF SCRIPT	£5.00	£5.00	£5.00	£5.00

GCSE / Level 2 FEES 2023				
	AQA	EDEXCEL	OCR	WJEC
PRIORITY REVIEW	-	£53.70	-	-
REVIEW OF MARKING	£42.00	£46.70	£61.50	£40.00
E-COPY OF SCRIPT	£5.00	5.00	£5.00	£5.00

Date Deadlines	
Priority A LEVEL / VOCATIONAL Remark	Tuesday 20th August 2024
Priority GCSE Remark	Friday 23rd August 2024 – 11am
A LEVEL/VOCATIONAL Remark	Monday 23rd September 2024
GCSE Remark	Monday 23rd September 2024
Electronic Script	Monday 23rd September 2024



Careers News



Electrifying Experience at the Formula E World Championship Finale!

On Sunday, some of our girls had the incredible opportunity to witness the thrilling finale of the Formula E World Championship organised by GirlsOnTrackFIA and DrivenByUs. The day was packed with excitement and exclusive experiences that will be remembered for years to come.

Not only did the students get to watch the edge-of-your-seat race, but they also had exclusive access to the GoT area, where they participated in interactive educational workshops. The activities included programming a robot, building a battery, honing their reaction skills, and even a pit lane walk. To top it all off, they had the unique chance to witness the awards ceremony right from the track!

The students were fully engaged throughout the day, soaking in every moment of this unique experience. They got to witness motorsport engineers in action at the pit stops, offering them a firsthand look at careers in engineering, motorsports, and technology. The race itself was thrilling, keeping us all on the edge of our seats.

This is what our students thought of the event:

I enjoyed the opportunity to visit formula E race. We did a pit walk, which was both fun and educational as I learned how the cars work behind the scenes. One of my favourite moments was the escape room, where we answered questions about Formula E and its history. It was both fun and informative. Another memorable experience was the racing simulator, where we drove on a track similar to the Formula E circuit at Excel. Also watching the Formula E race live was thrilling, especially witnessing the cars crash and observing how the team behind the scenes quickly fixed the issues. Overall, I really enjoyed my time and learnt so much about engineering as well technology behind formula E.

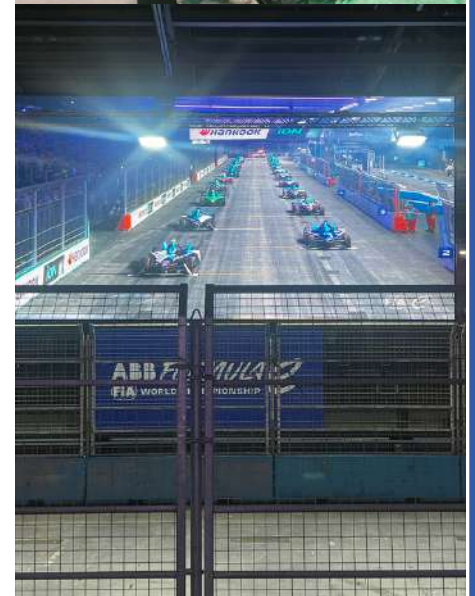
Zhiyi Chen - Year 10

The Girls on Track was fantastic! I learnt about the aerodynamics of the car as well how the battery works within Formula E car.

This was a great career event, as it links to my own personal journey in motorsport. Also, when the cars follow the track in a snake formation it is just incredible!

Thank you to the teachers & Miss Stone.

Sophia Latona - Year 8





This event was highlight of the year for me as I got to experience and learn so much in one day.

I also saw engineers getting the car ready for the race, it made me appreciate team work and attention to detail. Also, the cars are all powered by electric with 0 emissions. This makes formula E sustainable. The event has motivated me to really push for higher grades and explore the career into engineering.

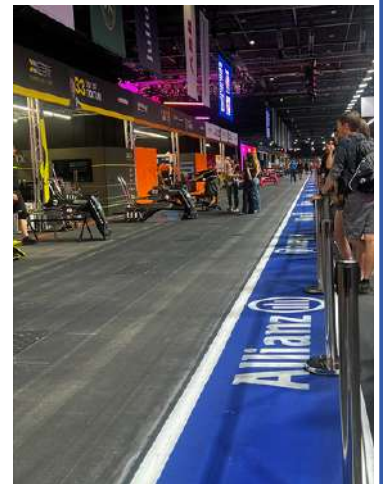
I would definitely want to go again! **Laiba Mannan - Year 9**

At first I was not sure what to expect; but I am so impressed and grateful for having this opportunity. I absolutely loved every minute of it. I saw the applications of physics and math as well how engineers transform the car within minutes. I got a chance to do hands on activities, learn about the motor sport as well see how industry is trying to be sustainable by choosing electric cars. I definitely feel inspired and ready to explore carers into physics and engineering. **Hiba Ullah - Year 12**

This was an unforgettable day and giving our academic year a fantastic finale.

Thank you to **Mr Fan** and **Miss Kodi-Pecku** for giving up their Sunday to help our students experience this opportunity - Serviam!

Miss H Tallat



Please note, below is just a snapshot of the opportunities and information posted on Satchel this week. For full details and links please check Satchel

A NEW ONLINE PLATFORM WHERE YOUR STUDENTS CAN CONNECT WITH APPRENTICES

With our [new 'Ask An Apprentice!' platform](#), your students can ask an apprentice absolutely anything. They will gain access to our inspiring team of apprentices from top employers across the UK inspiring team of ap The best part - these apprentices will reply directly with personalised advice prentices from top employers across the UK.

Join the waiting list now: <https://mc.successatschool.org/ask-an-apprentice>

+++++



Open Enrolment

Thursday 22nd August -10am - 4pm
Friday 23rd August -10am - 4pm
Tuesday 27th August -10am - 4pm
Wednesday 28th August -10am - 4pm
Thursday 29th August -10am - 4pm
Friday 30th August-10am - 2pm

Monday 2nd September onwards
10am - 4pm (except Fridays which is 10-2pm)

Apply today at www.bigcreativeeducation

BGA, CLIFTON AVENUE
E17 4HL
020 3873 5800 (Option 1) or email
admissions@bigcreativeeducation

SCAN ME

Facebook: [WeAreBCE](#)
Twitter: [@WeAreBCE](#)
Instagram: [@WeAreBCE](#)
LinkedIn: [BigCreativeEducation](#)

Ms Finlay, Careers Coordinator

Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.



London Borough of

Redbridge



Redbridge News

Enrich a Life. Foster for Redbridge.

Do you remember jumping over the waves at the beach in the summer? Or the dance show you were in when you were 6? If you would like to create fun and lasting memories for children who may have never had these experiences, please email

hello@localcommunityfostering.co.uk, call us on 020 8496 3437 or join us on our next virtual information session on **6 August 2024 6pm to 7pm.**

Visit <https://www.redbridge.gov.uk/fosteringschools> to book a place.

Enrich a life

LOCAL COMMUNITY
Fostering
REDBRIDGE

Foster for Redbridge

020 8496 3437

hello@localcommunityfostering.co.uk

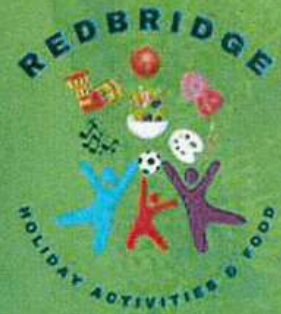


REDBRIDGE

Summer

HAF CLUBS

Monday 29th July - Thursday 22nd August 2024



ARE YOU IN RECEPTION-YEAR 11 AND RECEIVE BENEFITS RELATED FREE SCHOOL MEALS? ENJOY FREE SPORTS, TRIPS, ARTS & CRAFTS, COOKING & MORE!

SCAN ME
TO BOOK



NEW SKILLS

FREE FOOD

NEW FRIENDS

**FOR MORE INFORMATION CONTACT:
HAF@REDBRIDGE.GOV.UK OR VISIT
FIND.REDBRIDGE.GOV.UK/HAF**



Funded by



Department
for Education