



Ursuline Academy Ilford

Weekly News – 2023/2024 Issue 34
14th June 2024



Upcoming Events

Art, Music & Drama Exhibition

Wednesday 26 June 2024
4.00 – 6.00p.m.

Year 6/7 New Entrants' Meeting

Wednesday 26 June 2024
6.00 – 7.00p.m.

Year 11 Prom

Thursday 27 June 2024
7.00 – 11.00p.m.

Year 6 into Year 7 Transfer Day

Thursday 4 July 2024
8.40a.m. – 3.20p.m.

Music Showcase

Tuesday 9 July 2024
6.00 – 7.30p.m.

Sports Day

Friday 12 July 2024

Annual Prizegiving

Wednesday 17 July
6.00 – 7.30p.m.

End of Year Trips

Monday 22 July



Headteacher's Headlines

Yesterday was the feast of St. Anthony. As a child, I often panicked when a beloved toy went missing. My mother would gently say, "Pray to Saint Anthony; he'll help you find what you're looking for." Clasp my hands and shutting my eyes, I would murmur, "Saint Anthony, Saint Anthony, please come around. Something is lost and needs to be found."

Miraculously, the lost item often reappeared soon after my prayer. Whether under the bed, in a forgotten corner, or in plain sight, I believed Saint Anthony guided my eyes and calmed my heart. This comforting ritual taught me the power of faith and the kindness of this saint known for finding lost things.

As an adult, I understand that Saint Anthony's gift extends beyond the physical realm. His intercession offers solace and direction when we feel lost. In moments of doubt and worry, I return to that simple prayer, knowing the saint who once helped me find my toys is still guiding me through life's profound losses. In this knowledge, I find deep and abiding peace.

I wish all our Muslim brothers and sisters Eid Mubarak as they look forward to celebrating their special religious feast this weekend.

Ms Stone





Newsletter Contents this week:

Chaplaincy News,
Pages 2 – 3

History News, Pages 4 – 5

MFL News Page 6

Music News, Page 7

Careers News, Pages 8 – 9

Free School Meals, Pages 10
– 11

HAF Summer Clubs, Page 12

Extra Curricular Activities,
Page 13



Chaplaincy News

Pope Francis@Pontifex – 14th June 2024

It is easier to laugh together than alone. Joy opens us to sharing and is the best antidote to selfishness and individualism.

Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint

June: Ask

14th June: By saying the Office one talks with God.

15th June: Pray, and get others to pray, that God may reform his church.

16th June: Act, move, believe, strive, hope, cry out to him with all your heart.

17th June: I shall always be in your midst, helping your prayers.

18th June: Let God work.

19th June: If Jesus Christ directs and teaches you, you will be well taught.

20th June: God will be in your midst.





Chaplaincy News

We took 10 of our students to the St George's cathedral for a truly inspirational Mass with the Archbishop John Wilson of Southwark.

Our students were amazing and we were all blessed and even had a bit of a picnic afterwards.



Gladys Adomako, Chaplain



History News

Year 7 History trip

On Thursday 6th July Year 7 went on a History trip to Bodiam Castle in East Sussex. This was the first school trip at Ursuline for some Year 7 students, and they were very excited to spend the day in the countryside with their friends. On arrival at the castle, students and staff alike were impressed with the beautiful views on approach, and many stopped to take photographs of the castle looming over the wide moat – sightings of the impressively sized Koi in the moat were also met with much excitement!

Students were able to spend time exploring the interior of the ruined castle, including climbing the steep and narrow winding staircases to the towers, which definitely tested the nerves of some students (and some staff!) but the views across the Sussex countryside from the top of the towers were worth it. As they explored, students were finding evidence to support the view that Bodiam was a defensive structure, and evidence that it was a luxury family home. Both are true of Bodiam; originally built as defence against a French invasion, it also boasted luxury living quarters. Students also hunted for the best spots to sketch the castle, and complete some creative writing tasks.

After a morning exploring, it was time for a picnic lunch in the grounds. Luckily the rain stayed away, and students were able to eat, relax and explore the grounds, and maybe grab an ice cream from the tea room. We had a lovely day, students were beautifully behaved throughout. It was lovely to see them enjoying the countryside and being so engaged and excited about learning outside of the classroom.

Ms Mackie

The view of the castle and the fish were lovely.

Ezzah, 7U

It was a nice way to spend time with your friends, and for Pavleen and Charisse to help me manage the terrifying stairs.

Manmeet, 7U

I'm pretty sure I heard a ghost!

Harshikaa, 7U

The trip really showed how people in the past lived, and how luxurious their lives could be.

Hasnat, 7U

There were lots of trees to climb!

Kanza, 7U

The trip was nice, and I liked the views, but I wish I could have seen the bats. (The tower with the bat colony was closed for breeding season)

Hadiya, 7U

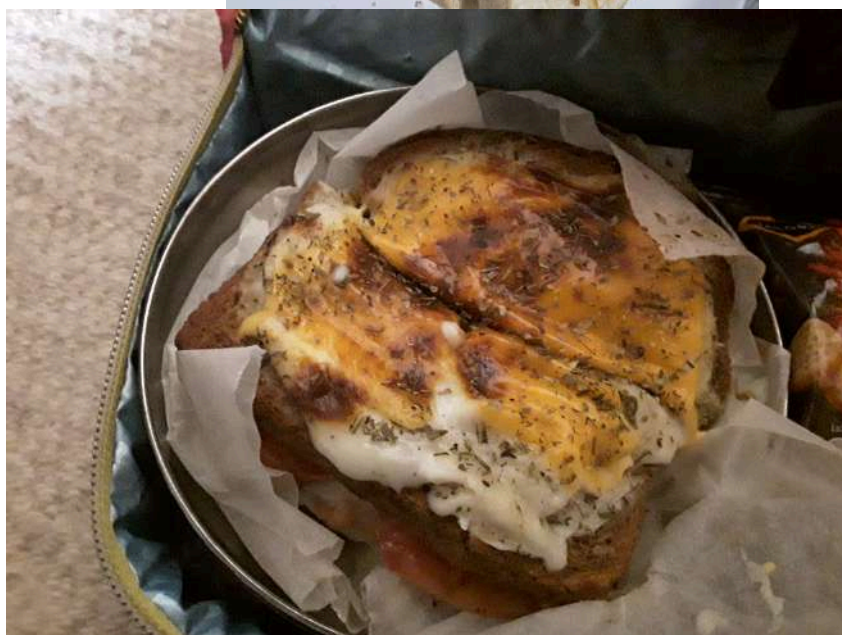




MFL News

Miam Miam!

Our French students learned how to make Croque-Monsieur and crêpes last week. Yummy! Well done, **Aisha Vali**, **Nancy Rola** and **Zayna Hussain** for going the extra mile and recording and editing a video! And to **Holly Malewa** and **Haniya Khan** who brought sample Croque Monsieur for us to enjoy!



Ms Grassi, MFL Leader



Music News

**URSULINE ACADEMY ILFORD
MUSIC DEPARTMENT
INVITES YOU TO A
MUSIC
SUMMER
CONCERT**



FREE ADMISSION

TUESDAY 9TH JULY 2024

6PM-7.30PM

SCHOOL MAIN HALL

FOR MORE INFORMATION

PLEASE CONTACT MS DELLER

020 8554 1995

Ms Deller, Head of Music



Careers News

Please note, below is just a snapshot of the opportunities and information posted on Satchel this week. For full details and links please check Satchel

VirginMedia O2

Join us for some career tips with UCAS, UTC and STEM Ambassadors. Virgin Media O2 are offering three live careers talks for Careers Lead, Influencers and students.

13th June, 6pm - UTC, How to shape career support with businesses in your schools and colleges [REGISTER HERE](#)

26th June, 6pm - UCAS, Degree Apprenticeships [REGISTER HERE](#)

18th Jul, 6pm - VMO2, Careers in STEM, what does that mean? [REGISTER HERE](#)

Mechanical Engineering, Robotics, Business and Psychology

Leading researchers from Heriot-Watt University will be introducing their latest research to the next generation of scientists, engineers and entrepreneurs at Watt Matters! at the Museum of London Docklands on 28th June 2024.

Watt Matters! features four keynote lectures on the latest research in Mechanical Engineering, Robotics, Business and Psychology

Aimed at students aged 16-18 years, the event aims to inspire students to consider studying these subjects at university, discover how their learning in the classroom is applied in real life and boost their UCAS personal statements.

To book a place, please visit the [website](#), **click the button below** or contact a.mackay@hw.ac.uk for more information. [Book Now](#)

Warner Bros. Discovery!

From Barbie to Game of Thrones, Harry Potter to Wonka, WBD is a premier global media and entertainment company and you have your chance to 'earn and learn' through their Level 3 and 4 Apprenticeships.

With applications closing on June 23rd 2024, don't miss out on this exciting chance to pursue a career in the film and entertainment industry.

- [Film Marketing Apprentice](#)
- [Diversity, Equity and Inclusion Apprentice](#)
- Client Services Apprentice

Audit Career at KPMG

Supporting many of the world's largest organisations and helping to build trust in businesses and the economy, you will be responsible for examining financial statements to make sure they are fair and accurate.

Don't worry if you don't have experience! All you need is a strong interest in finance and be on track for 120 UCAS points for your A-Levels or equivalent.

Escape Studios VFX

You're invited to Escape Studios' next [Meet the Masters](#) online webinar with Tiago Faria, VFX Escapee (alumni) and VFX Supervisor at BlueBolt. Expect an evening full of expert

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insights into the visual effects pipeline and hear about Tiago's steps to success in his creative career. You'll also find out what it's like to study at Escape Studios and how they can help expand your skills and break into the industry.

Want to find out what it takes to master your craft and be at the cutting edge of visual effects?

Wednesday 12th June, 6:00pm to 7:00pm BST, Online webinar via Zoom

Uni Taster Days

Subject guide webinars - New this week is a guide to studying Natural Sciences at university. Perfect for students who are unsure about exploring one of Biology, Chemistry, or Physics in the future. Natural Sciences allows them to explore all three! Listen to this and all subjects.

[On Demand Webinars | UniTasterDays](#)

The Uni Guide Podcast - Tune in to Episode 30 as we explore student finance in the first of a two-part special. Student finance is the biggest barrier to university, so this is essential content for students considering university. Listen or on all major podcast streaming platforms.

[The Uni Guide Podcast | UniTasterDays](#)

Big Creative Education's Annual Showcase



Big Creative Education's Annual Showcase on Thursday 20 June, 6.00 - 7.30pm. We are welcoming London's creative community to meet the talented young people who are entering the industry. Snap up the next designers, film makers, singers, artists, actors, dancers and musicians!

We would love to see you and you can RSVP at this eventbrite link <https://www.eventbrite.com/e/bce-annual-showcase-2024-tickets-903062733947?aff=oddtcreator>

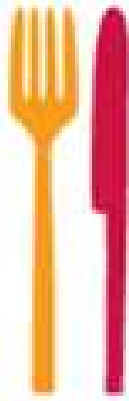
Medic Mentor

Applying to medical school stands out from other UCAS applications with its unique entrance exam (UCAT), diverse interview formats, high academic criteria, and a distinct timeline.

Students and parents can register for the final FREE Get Into Medicine Conference of the academic year on Sunday 23rd June from 9:30am - 3:30pm here:

<https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO>

**Free
School
Meals**



Are you entitled?



Dear Parents/Carers

When a child is entitled to benefits-related Free School Meals our school can claim additional funding to support the child.

Therefore whether you wish to apply for benefits-related Free School Meals, your child is accessing Universal Free School Meals, or you intend to provide packed lunches, we ask that you provide the required information to allow us to regularly check your eligibility for benefits-related Free School Meals and Pupil Premium. You can do this by opening the following link and completing the Microsoft form.

<https://forms.office.com/e/Q0dFbxaPcZ>

Please note if your child is already in receipt of Free School Meals we still require the form to be completed.

We emailed all parents this week regarding this matter and we have only had 7 responses!

We require **every** parent to do this...you only need to complete the form once, after that the London Borough of Redbridge will be able to check your eligibility.

Thank you for your cooperation in this matter.



Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Support under Part VI of the Immigration and Asylum Act 1999
 - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school.

Thank you for your co-operation.

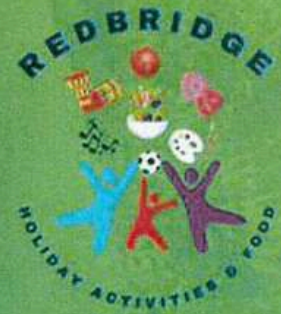


REDBRIDGE

Summer

HAF CLUBS

Monday 29th July - Thursday 22nd August 2024



ARE YOU IN RECEPTION-YEAR 11 AND RECEIVE BENEFITS RELATED FREE SCHOOL MEALS? ENJOY FREE SPORTS, TRIPS, ARTS & CRAFTS, COOKING & MORE!

SCAN ME
TO BOOK



NEW SKILLS

FREE FOOD

NEW FRIENDS

**FOR MORE INFORMATION CONTACT:
HAF@REDBRIDGE.GOV.UK OR VISIT
FIND.REDBRIDGE.GOV.UK/HAF**



Funded by



Department
for Education

Extra-Curricular Activities

| Day | Activity | Time | Room | Year |
|------------------|---------------------------------------|--------------------------|----------------|---------------|
| EVERYDAY | Library Club: CFI | Lunchtime & After School | Library | Years 7 - 13 |
| EVERYDAY | IT Club: RGO/HGU | 12.40 – 1.10p.m. | F6/F7 | Years 7 - 13 |
| MONDAY | | | | |
| BREAKTIME | Music Practice (Invitation only): SDE | 10.40 – 11.00am | S5 | Years 7-11 |
| | Vocal Group: SDE | 10.40 – 10.55a.m. | S5 | Years 9 - 13 |
| LUNCHTIME | Music Practice (Invitation only): SDE | 12.40 – 1.10pm | S5 | Years 7-11 |
| | Guitar Ensemble: SDE | 1.10 – 1.40pm | S5 | Years 7-11 |
| | Indoor Rowing: JMA | 12.40 – 1.15p.m. | Gym | All Years |
| | Movie Club: GAD | 12.40 – 1.10p.m. | Chapel | All Years |
| AFTER SCHOOL | Athletics Club: JMA | 3.30 – 4.30p.m. | Playground/Gym | All Years |
| | English 5 O'Clock Club | 3.30 - 5.00p.m. | F8 | Year 11 |
| TUESDAY | | | | |
| BREAKTIME | Music Practice (Invitation only): SDE | 10.40 – 11.00am | S5 | Years 7-11 |
| LUNCHTIME | Music Composition Club: SDE | 12.40 – 1.10pm | S5 | Years 9 - 10 |
| | Violin Ensemble: SDE | 1.10 – 1.40pm | S5 | Years 7-11 |
| | STEM Club: AKO | 1.00 – 1.30pm | G12 | Years 7-11 |
| Fortnightly | Debating Team: EDO | 12.40 – 1.10pm | F19 | Years 12-13 |
| | Maths Club: TKA | 12.40 – 1.40pm | S6 | Years 7-11 |
| | Chemistry Club: JOS | 12.40 – 1.10pm | G8 | Years 10-13 |
| | Newspaper Club: NAS | 12.40 – 1.40p.m. | F9 | Years 7-11 |
| AFTER SCHOOL | Subject Champions: RBA | 3.30 – 4.30pm | G15 | Years 12-13 |
| | Netball Club: SMA | 3.30 – 4.30p.m. | Playground/Gym | Years 9 - 13 |
| WEDNESDAY | | | | |
| BREAKTIME | Ukulele Group: DEA | 10.40 – 11.00a.m. | S5 | Years 7-8 |
| LUNCHTIME | Music Practice (Invitation only): SDE | 12.40 – 1.00p.m. | S5 | Years 7-11 |
| | UAI Choir: SDE | 1.00 – 1.40p.m. | S5 | Years 7-11 |
| | Mindfulness and Wellbeing: NKA | 12.40 – 1.10p.m. | G9 | Years 12-13 |
| | LGBT Club: HMA/EDO | 12.40 – 1.10p.m. | F19 | All Years |
| | Music-Meditative/Gospel/Worship: GAD | 12.40 – 1.10p.m. | Chapel | All years |
| | Spanish Speaking Club: SCL | 12.40 – 1.10p.m. | G5 | Year 11 |
| | SEN Science Club: MUD | 12.40 – 1.10p.m. | G11 | Year 8 |
| | Islamic Society: AAH | 1.05 – 1.30p.m. | F8 | All Years |
| AFTER SCHOOL | DT Catch Up: AKO | 3.30 – 4.30p.m. | G12 | Year 11 |
| | Football Club: LBU/DOK | 3.30 – 4.30p.m. | Playground/Gym | All Years |
| | Peer Mentor: NKA/RBA/HCO | 3.30 – 4.30p.m. | G15 | Years 7-13 |
| THURSDAY | | | | |
| BREAKTIME | Music Practice (Invitation only): SDE | 10.40 – 11.00a.m. | S5 | Years 7-11 |
| LUNCHTIME | Worship Band: SDE | 12.40 – 1.10p.m. | S5 | Years 7-11 |
| | Woodwind Ensemble: SDE | 1.10 – 1.40p.m. | S5 | Years 7-11 |
| | Art Club: RBU | 12.40 – 1.40p.m. | S2 | GCSE Students |
| | Knitting Club: HMA & Mrs Mackie | 12.40 – 1.40p.m. | F18 | Years 7-11 |
| | Charity and Enterprise: LBU | 12.40 – 1.10p.m. | F10 | Years 12-13 |
| | Rosary/Prayer Group: GAD | 12.40 – 1.10p.m. | Chapel | All Years |
| Fortnightly | African Caribbean Society: TKA/NKA | 1.10 – 1.40p.m. | S6 | All Years |
| Fortnightly | ECO Club: HCO/JMC | 12.40 – 1.00p.m. | G3 | Years 7-8 |
| AFTER SCHOOL | | | | |
| FRIDAY | | | | |
| BREAKTIME | Music Practice (Invitation only): SDE | 10.40 – 11.00a.m. | S5 | Years 7-11 |
| LUNCHTIME | UAI Band: SDE | 12.40 – 1.10p.m. | S5 | Years 7-11 |
| | Glee Club: SDE | 1.10 – 1.40p.m. | Dance Studio | Years 7-11 |
| | Art Club: RBU | 12.40 – 1.40p.m. | S2 | Years 10-13 |
| | Bible Study Group: GAD | 12.40 – 12.10p.m. | Chapel | All Years |
| | Chess Club: BFA | 1.00 – 1.30p.m. | F13 | All Years |
| AFTER SCHOOL | Running Club (all distances): JMA | 3.20 – 4.15p.m. | Playground/Gym | All Years |