



# Ursuline Academy Ilford

Weekly News – 2023/2024 Issue 20  
9th February 2024



## Upcoming Events

### Half Term

Monday 12 February –  
Friday 16 February

### INSET DAY

Monday 19 February 2024  
(School closed to students)

### Year 7 Progress Meeting

Wednesday 28 February  
4.30 – 7.00p.m.

### Year 9 Progress Meeting + Options Information

Thursday 7 March  
4.30 – 7.00p.m.

### Year 8 Progress Meeting

Monday 22 April  
4.30 – 7.00p.m.

### Parent Coffee Morning 3

Wednesday 22 May 2024  
9.00 – 10.00a.m.

### Art, Music & Drama Exhibition

Wednesday 24 June 2024  
4.00 – 6.00p.m.



## Headteacher's Headlines

Dear Parents/Guardians,

It's been a very busy week at Ursuline, with lots going on as always, please read below about just a few of the things that we have been up to!.

Students have responded very well to our reminders and warnings about how they wear their uniform. Please support your daughters in ensuring they are dressed correctly upon their return to school after half term.

Thank you to the whole UAI school community for all your hard work and support; we have reached the mid-way point in the academic year and what a great year it has been so far!

Have a restful and safe half term break, and remember we have an INSET day on Monday 19th February, so students return to us on Tuesday 20th February.

Thank you for your continued support!

Fiona Stone [headteacher@uai.org.uk](mailto:headteacher@uai.org.uk)



## Newsletter Contents this week:

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### Chaplaincy News

Pope Francis@Pontifex –8th February 2024

Saint Bakhita encourages us to open our eyes and ears to see those who go unseen and to hear those who have no voice, to acknowledge the dignity of each person and to fight trafficking and all forms of exploitation. #PrayAgainstTrafficking

### Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint

#### February: Esteem

9th February: Bear with them all equally, for it is not up to you to judge.

10th February: Have patience!

11th February: You will achieve more with kindness and gentleness than with harshness and sharp rebukes.

12th February: Be gentle and compassionate towards your daughters.

13th February: Tell them that they should want to be united and in concord together, all being of one will.

14th February: Above all keep your heart pure and your conscience clean of every discord and evil suspicion.

15th February: Where there is discord, without any doubt there is ruin.





**Museums Re-Imagined!**



Parents, if you're seeking activities for the upcoming half term, **why not make a day of it** and consider visiting the **Building Centre** and the **V&A Museum** both in London for exhibitions featuring projects undertaken by our Design & Technology (DT) students here at The Ursuline Academy. **Both exhibitions are free to visit.**

Although not permanent, this award-winning project of **Spazio Verde** is currently being showcased at the **Building Centre** (home of the built environment) in Central London until March 1<sup>st</sup> 2024.

The display is all part of the **Mayor of London 'Design Future London'** exhibition [Design Future London | Exhibitions | What's on | Building Centre](#). It also features other work completed during Year 2 of the Design challenge. Additionally, the exhibition serves as a platform to launch Year 3, offering workshops and seminars to schools as part of the on-going initiative.



**Building Centre, 26 Store Street,  
London WC1E 7BT.  
'Design Future London Exhibition'**



**'Under a Fiver' at the Young V&A Museum  
Cambridge Heath Road, London E2 9PA.**

A visit to the **'Young V&A Museum'** this half term is highly recommended. A group of Year 9 students actively played a significant role in the co-curating process with Designer **Sam Hecht** and curators of the Museum on the unique collection which comprises of over **100 low-cost, mass-produced objects** called **'Under a Fiver'**.

This initiative provided a commendable and engaging experience for the students, involving them in the world of design and curation. The permanent display offers visitors the chance to explore objects chosen by our students who decided what should be showcased when the museum opened in July, last year.

The exhibition is now showing at the Young V&A Museum in Bethnal Green. [Small but perfectly formed? Co-curating the 'Under a Fiver' display for Young V&A • V&A Blog \(vam.ac.uk\).](#)



## Library News

### Book Cover Competition

Congratulations to **Manmeet, Aporna, Taybah** and **Simrah in 7U**  
And  
**Nithila, Maariyah** and **Manash in 7T** for their excellent Book Covers

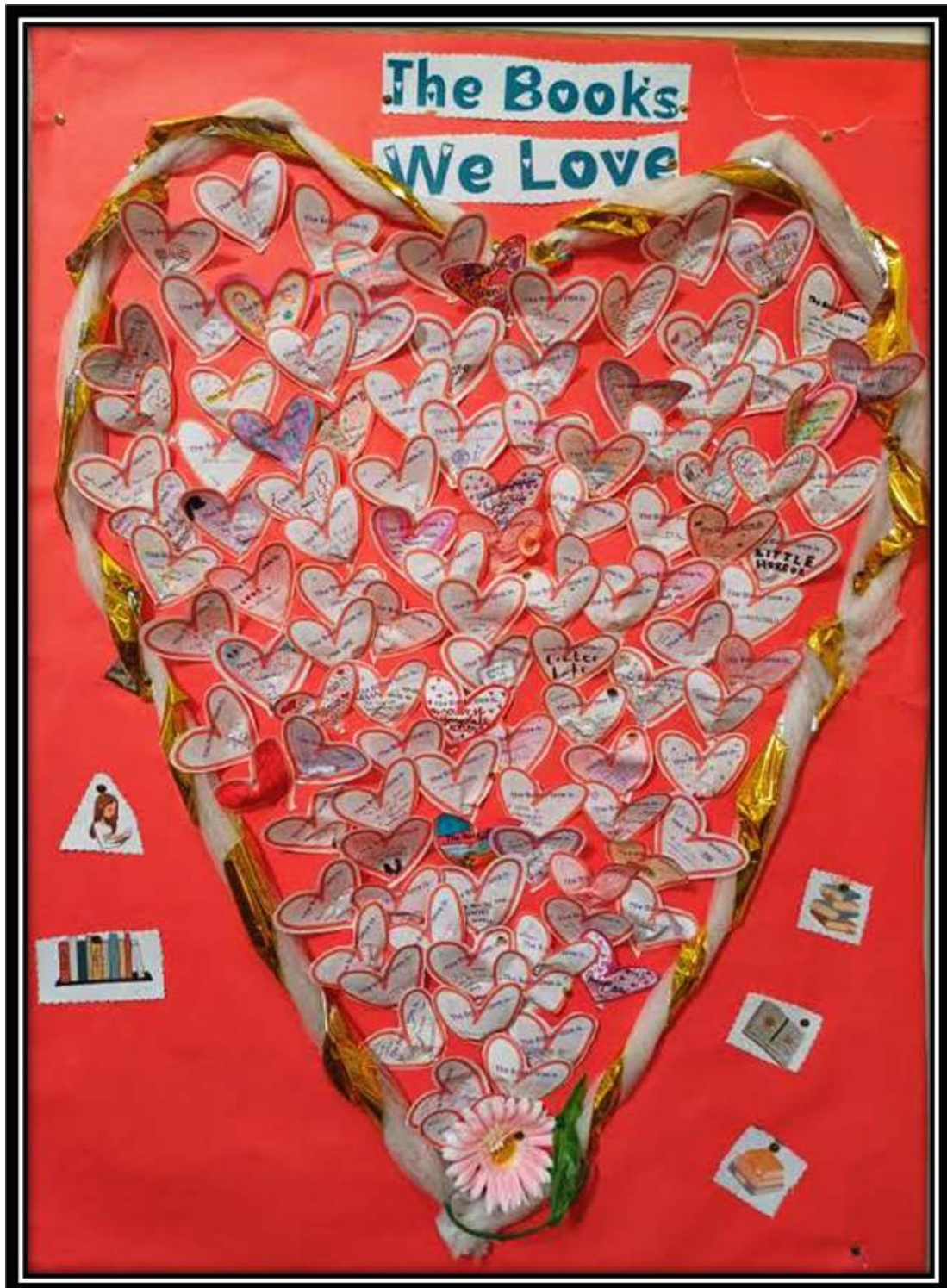




## Library News Continued

### **Valentines Library Display**

Thank you to all the Year 7 students who created our Valentines display by sharing details of the books they love



**Ms Finlay, Librarian**



## MFL NEWS

### **Year 9 Spanish and French trips to the British Film Institute, South Bank.**

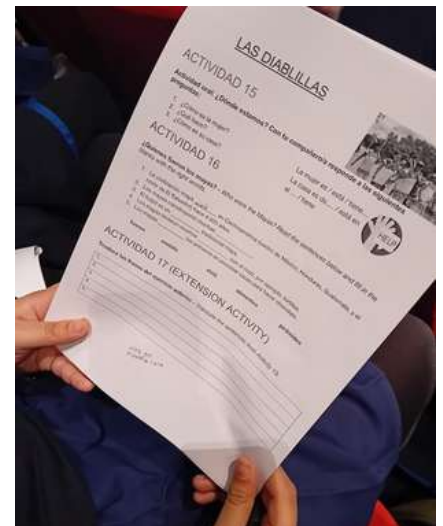
Our Year 9 students were taken on two successful educational French and Spanish language focused visits.

9C and 9U attended on 31st of January and 9J and 9T on 2nd February.

These study days were an ideal opportunity to boost the Spanish/French language skills of our students through short films and interactive activities suitable for a KS3 audience. Conducted in both Spanish/ French and English the morning session involved a clip-based presentation, introducing a selection of short films and activities aimed at extending students' vocabulary and encouraging them to join dialogue exercises.

In the afternoon there was a screening of an inspiring Paraguayan documentary called Landfill Harmonic for the Spanish event and one of a French feature film called Belle et Sébastien for the French one.

Here are some photos of the fun days!



**Ms Grassi, MFL Subject Lead**



## MFL NEWS Continued...

### **International Mother Language Day: 21st February 2024**

Our MFL and EAL Departments will be celebrating this very important event for our school community. In any given classroom at The Ursuline Academy Ilford, we have around ten different languages spoken other than English. More than half of our students speak more than one language. That wee, we will be celebrating International Mother Language Day because it reflects on how important language is to our identity and culture. There will be fun language workshops in G4, G5 and G6 at lunchtime on Wednesday 21st run by some of our multilingual students. Come and celebrate our different community languages and cultures! We are also organising a competition. Details to follow. Merits and prizes will be given.

***Ms Grassi, MFL Leader and Mr Burt, EAL Co-Ordinator***



## Music News

### **Guitar Ensemble Performance**

Our Guitar Ensemble performed 'Faded' to the Year 7's in their morning assembly this week. The Ensemble is made up mostly of beginners and they have all been really committed to coming every Monday lunchtime to learn guitar and play together so they could perform. Thank you to Harry Pearce for working hard to prepare them.

Well done everyone, you were fantastic!  
[Please see our social media for a short video.]



## Year 9 Piano Players

Two Year 9 students, Tahlia (left) and Adina (right), who both play piano entertained us with a performance in our main hall assemblies this half term. Their playing was absolutely wonderful. Well done girls! We look forward to hearing you play again!



## Glee Club Impromptu Performance

The students having lunch in the main hall got a great surprise today as our Glee Club performed 'Roar' for them.

Well done Glee Club, you were brilliant!



EXTRA-CURRICULAR MUSIC CLUB TIMETABLE					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breaktime</b>	Music Practice (Invitation only) @10.40am (S5)	Music Practice (Invitation only) @10.40am (S5)	<b>UKULELE GROUP</b> @10.40am S5	Music Practice (Invitation only) @10.40am (S5)	Music Practice (Invitation only) @10.40am (S5)
<b>Lunchtime</b>	Music Practice (Invitation only) @12.40pm (S5)	<b>COMPOSITION CLUB</b> @ 12.40pm S5	Music Practice (Invitation only) @12.40pm (S5)	<b>WORSHIP BAND</b> @ 12.40pm S5	<b>UAI BAND</b> @ 12.40PM S5
	<b>GUITAR ENSEMBLE</b> @ 1.10pm S5	<b>VIOLIN ENSEMBLE</b> @ 1.10pm S5	<b>UAI CHOIR</b> (All years) @ 1pm S5	<b>WOODWIND ENSEMBLE</b> @1.10pm S5	<b>GLEE CLUB</b> @ 1.10PM S5



Ms Deller, Subject Lead Music



# RELIGIOUS EDUCATION

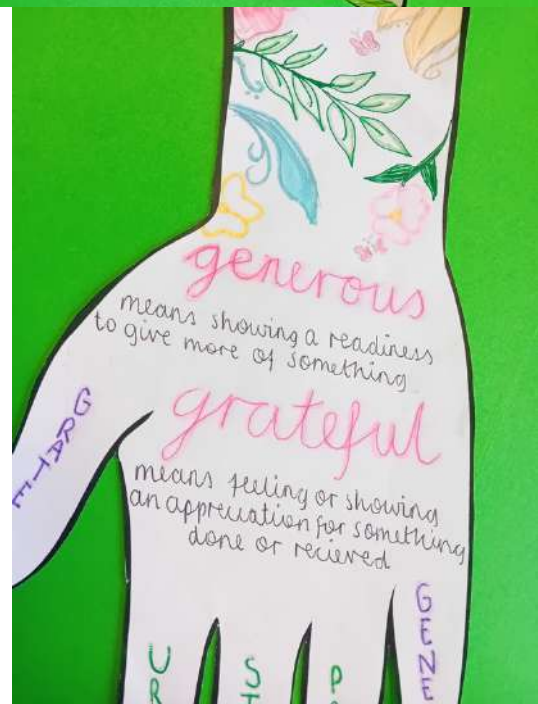
## Religious Education News

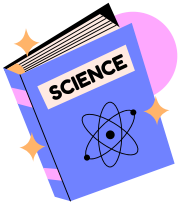
Our students have been think about ways in which they can be more "Grateful and Generous" this half term. Both of these values go hand in hand. There are times in life when we may need the help of others around us and it is important that we show gratitude to those who pick us up when we are down. On the flip side of this, we can be more generous to others and *be* that helping hand. Being generous is all about giving more and going above and beyond to help others out of the goodness of your heart. As written in some of our images:

"If you give love, you will get love in return"

These lovely hands represent others reaching out to us in times of need and they are displayed on our new Ursuline Student Profile board outside F2 for all to read. Thank you to all involved and for your contributions.

**Ms Eakins**





## Science News

### **Mentos and Cola!**

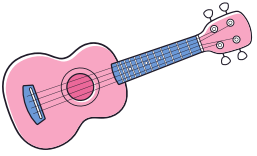
This week we added some Mentos into come cola and watched the chaos that occurred afterwards. To limit the mess we used measuring cylinders fist and then tried the bottle afterwards.

The way it works is the surface of the mentos is covered in tiny little pores that craters even though it looks smooth to us from afar. Thousands of microscopic carbon dioxide bubbles accumulate in these pockets which then leave gaps inside the bottle which causes the liquid to overflow and shoot out.



### **Mr Uddin and Ms Agudelo**





## **Ukulele Club News**

Our fabulous Ukulele Club is still going strong. This half term the students have been learning how to play "Count on Me" by Bruno Mars which we feel ties in quite nicely with our Ursuline Student Profile value of being "Grateful and Generous" and picking one another up when we are down.

We look forward to performing at some point in the near future! Well done to all of our Ukulele Club Members. New members always welcome every Wednesday at breaktime in S5!

### **Ms Eakins**





## Young Citizen Award Nominee – Nahian Joyeta

Please see below a screenshot of an article that is in the weeks' Ilford Recorder.

We are delighted that our very own Nahian has been nominated for a Recorder/Redbridge Rotary Club's Young Citizen Award for her inspiring contributions to her school and community.

Serviam Nahian, you are certainly an inspiration to us all!

[Ilford Recorder \(pagesuite.com\)](https://www.ilfordrecorder.co.uk)

ilfordrecorder.co.uk

February 8, 2024

NEWS 7

# Teen 'an inspiration to all'

## Nahian, 16, nominated for Young Citizen Award after overcoming adversity

Olivia Carter

Olivia.Carter@newsquest.co.uk

AN Ilford student has been nominated for an award after overcoming adversity at home to excel at school and help other young people.

Nahian Joyeta, 16, has been nominated for the Recorder/Redbridge Rotary Club's Young Citizen Award for her "inspiring" contributions to her school and community.

The teen became a pupil at the Ursuline Academy, Ilford in March 2021.

It was here she developed a keen interest in mathematics and robotics that have provided a release from her challenging home life, the school said.

After Nahian's mum underwent major surgery she supported her mother through her recuperation.

The family has also experienced being evicted and have moved between homes and hotels during her time in school, an Ursuline Academy spokesperson said.

Despite absences as a result, Nahian's passion for school life has prevailed.

The spokesperson said: "Nahian is a remarkable Year 11 student at The Ursuline Academy Ilford, consistently demonstrating a strong desire to make a positive impact in various ways.

"Her commitment to her family friends, and those in need is commendable, making her an inspiration to



Nahian Joyeta has been named as a nominee for the Young Citizen Award

Image: Ross Puzos

all of us.

"Nahian's journey is truly inspiring, showcasing resilience, dedication, and a strong commitment to making a positive impact in various areas of her life."

The 16-year-old has flourished in

the school's science, technology, engineering and mathematics (Stem) programme, they added, and was recently a member of the team which won the Design Future London Challenge for 2023.

Nahian has also helped other young

girls discover the industry as she has become a key figure in the Stemettes mentoring programme.

The school commended Nahian for "her passion for addressing sustainable issues as well as gender and ethnic dis-

parities within the Stem field".

Nahian has also organised an awareness campaign for Islamophobia Awareness Month that was supported by the school.

Nahian is a member of the Redbridge Youth Council where she discusses issues faced by young people in Redbridge and the availability of opportunities with businesses for young people.

The teen is also a child-friendly Redbridge ambassador.

Nahian is working closely with aid organisation Unicef and police to make the area a more friendly place for young people, with a focus around vaping.

A spokesperson for the Ursuline Academy said: "Nahian's story serves as a beacon of inspiration for others, showcasing the possibilities that arise from hard work, resilience, and a commitment to creating positive change.

"Her journey is a testament to the transformative power of education, community engagement, and personal dedication in overcoming challenges and making a lasting impact.

"As she continues to pursue her goals, Nahian stands out as a future leader and role model, embodying the spirit of the school motto 'servium' to serve, in making a meaningful difference to her community and quite possibly in the world."

The Young Citizen Award recognises the outstanding achievements of young people in the borough aged 25 and under.

## **Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!**

You can register your daughter for Free School Meals if you receive any of these benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
  - Income Support
    - Income-based Jobseeker's Allowance
    - Income-related Employment and Support Allowance
  - Support under Part VI of the Immigration and Asylum Act 1999
    - The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the [Redbridge.gov.uk](http://Redbridge.gov.uk) website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school. Thank you for your co-operation.





## Careers

### Careers in Science with bp

- [Foundation Apprenticeship: Applications Support Lead \(Sunbury\)](#)
- [Foundation Apprenticeship: Laboratory Technician \(Pangbourne\)](#)
- [Foundation Apprenticeship: Laboratory Technician \(Hull\)](#)

### **Considering a career in Technology?**

[Software developer](#), [Cybersecurity consultants](#). [Finding work experience](#).

**Interested in Maths? KPMG!** [Audit Apprenticeships \(kpmgcareers.co.uk\)](#)

**Last chance for students to register for our weekend masterclasses this academic year.**

Medicine, Psychology, Investment banking. Engineering, Law, Art, Architecture, Fashion, Dentistry, Filmmaking, Forensic Science, Politics, Vet [View & Register: Ages 12-14](#) [View & Register: Ages 15-18](#)

### **Apprenticeships at Bellway**

Engineering, Quantity Surveying, Architectural, Business Administration, Assistant Accountancy (AAT), Bricklaying, Carpentry & Joinery, Plumbing & Heating Trainee, Assistant Site Management. See Bellway\_NAW2024.pdf [Download](#)

**Barratt Developments** are offering apprenticeships this year for Degree and the Aspire program. [CLICK HERE](#) to register for the live virtual careers talk.

### **IBM Apprenticeships – Accepting Applications NOW!** [Level 4 Apprenticeships](#)

[ACCA Careers](#) Earn, learn and qualify with an ACCA accountancy apprenticeship.

### **Legal apprenticeships masterclass**

<https://attendeegotowebinar.com/register/8762888205070018397?source=Schools>

**New Retail Apprenticeships** Stronger Starts Retail Apprenticeship **register their interest [here](#)**

### **Royal Mail Apprenticeships:**

Engineering Technician and Degree, Finance, Fleet, Postal Apprentices, Project Management, Sales. **Year 13 Sign up:** <https://pathwayctm.com/event/royal-mail/>.

## Extra-Curricular Activities

Day	Activity	Time	R0om	Year
<b>EVERY DAY</b>	Rise & Shine Biology Time! LMB	7.45 - 8.30a.m.	G7	Year 11
<b>MONDAY</b>				
<b>BREAKTIME</b>	Music Practice (Invitation only): SDE	10.40 – 11.00am	S5	Years 7-11
<b>LUNCHTIME</b>	Music Practice (Invitation only): SDE	12.40 – 1.10pm	S5	Years 7-11
	Guitar Ensemble: SDE	1.10 – 1.40pm	S5	Years 7-11
	Indoor Rowing: JMA/CHB	12.40 – 1.10p.m.	Gym	All Years
<b>AFTER SCHOOL</b>	Library Club: CFI	3.20 – 4.30pm	Library	Years 7-13
	Netball Club: JMA	3.30 – 4.30p.m.	Playground/Gym	Years 7-8
<b>TUESDAY</b>				
<b>BREAKTIME</b>	Music Practice (Invitation only): SDE	10.40 – 11.00am	S5	Years 7-11
<b>LUNCHTIME</b>	Music Composition Club: SDE	12.40 – 1.10pm	S5	Years 9 - 10
	Violin Ensemble: SDE	1.10 – 1.40pm	S5	Years 7-11
	STEM Club: AKO	1.00 – 1.30pm	G12	Years 7-11
	Debating Team: EDO	12.40 – 1.10pm	F19	Years 12-13
	Maths Club: TKA	12.40 – 1.40pm	S6	Years 7-11
	Chemistry Club: JOS	12.40 – 1.10pm	G8	Years 10-13
	GCSE PE Intervention: SFR	12.40 – 1.30p.m.	G18	Years 10-11
	Newspaper Club: NAS	12.40 – 1.40p.m.	F9	Years 7-11
<b>AFTER SCHOOL</b>	Subject Champions: RBA	3.30 – 4.30pm	G15	Years 12-13
	Library Club: CFI	3.20 – 4.30pm	Library	Years 7-13
	Netball Club: SFR	3.30 – 4.30p.m.	Playground/Gym	Years 9 - 13
	Humanities Revision Club: EDO/HMA/HCO	3.30 – 4.30p.m.	G3	Year 11
<b>WEDNESDAY</b>				
<b>BREAKTIME</b>	Ukulele Group: DEA	10.40 – 11.00a.m.	S5	Years 7-8
<b>LUNCHTIME</b>	Music Practice (Invitation only): SDE	12.40 – 1.00p.m.	S5	Years 7-11
	UAI Choir: SDE	1.00 – 1.40p.m.	S5	Years 7-11
	Mindfulness and Wellbeing: NKA	12.40 – 1.10p.m.	G9	Years 12-13
	Indoor Athletics: JMA	12.40 – 1.10p.m.	Gym	Years 7-8
	LGBT Club: HMA/EDO	12.40 – 1.10p.m.	F19	All Years
	French Pop Club: LGR	12.40 – 1.10p.m.	G6	All Years
	Spanish Speaking Club: SCL	12.40 – 1.10p.m.	G5	Year 11
	SEN Science Club: MUD	12.40 – 1.10p.m.	G11	Year 8
	Islamic Society: AAH	1.05 – 1.30p.m.	F8	All Years
<b>AFTER SCHOOL</b>	DT Catch Up: AKO	3.30 – 4.30p.m.	G12	Year 11
	Football Club: LBU/DOK	3.30 – 4.30p.m.	Playground/Gym	All Years
	Peer Mentor: NKA/RBA/HCO/SFR	3.30 – 4.30p.m.	G15	Years 7-13
	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
<b>THURSDAY</b>				
<b>BREAKTIME</b>	Music Practice (Invitation only): SDE	10.40 – 11.00a.m.	S5	Years 7-11
<b>LUNCHTIME</b>	Worship Band: SDE	12.40 – 1.10p.m.	S5	Years 7-11
	Woodwind Ensemble: SDE	1.10 – 1.40p.m.	S5	Years 7-11
	Art Club: RBU	12.40 – 1.40p.m.	S2	Years 7-13
	Knitting Club: HMA & Mrs Mackie	12.40 – 1.40p.m.	F18	Years 7-11
	Charity and Enterprise: LBU	12.40 – 1.10p.m.	F10	Years 12-13
	Sports Ambassadors: SFR	12.40 – 1.10p.m.	Dance Studio	Years 12-13
<b>Fortnightly</b>	African Caribbean Society: TKA/SFR/NKA	1.10 – 1.40p.m.	S6	All Years
<b>Fortnightly</b>	ECO Club: HCO/JMC	12.40 – 1.00p.m.	G3	Years 7-8
<b>AFTER SCHOOL</b>	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
<b>FRIDAY</b>				
<b>BREAKTIME</b>	Music Practice (Invitation only): SDE	10.40 – 11.00a.m.	S5	Years 7-11
<b>LUNCHTIME</b>	UAI Band: SDE	12.40 – 1.10p.m.	S5	Years 7-11
	Glee Club: SDE	1.10 – 1.40p.m.	S5	Years 7-11
	Art Club: RBU	12.40 – 1.40p.m.	S2	Years 10-13
	Chess Club: BFA	1.00 – 1.30p.m.	F13	All Years
<b>AFTER SCHOOL</b>	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
	Running Club: JMA	3.30 – 4.30p.m.	Playground/Gym	All Years

# What Parents & Carers Need to Know about MONKEY

Also known as Monkey Cool, this platform aims to fill the gap left by Omegle (which has now shut down) by placing users in random video chats with strangers. Participants use their mobile number and Snapchat username to connect to the service, where they can make matches, message other people and join group chats. The mobile version has been removed from the App Store due to safety concerns, but iPhone owners can still access the site via their web browser. The app remains available on Google Play, where its listing claims that Monkey has more than 30 million users worldwide.



(Although the lack of age verification means that someone younger could easily log in with a fake date of birth.)

## WHAT ARE THE RISKS?

### AGE-INAPPROPRIATE CONTENT



The app claims to use AI to detect sexual content or activity that violates its policies, along with having a 24/7 moderation team. However, reports in the media continue to indicate that explicit content remains commonplace on Monkey (including sexually graphic or violent material) and is therefore accessible to anybody who uses the app – including those aged under 18.

### CONTACT WITH STRANGERS



The obvious risk in accepting random video chat partners is that users cannot know what or who they will see on their next connection. Talking to strangers is, of course, potentially dangerous – especially for children who might be persuaded to meet up with these people offline. The app lets users find each other by location, increasing the chances of a child being matched with a stranger from their local area.

### IN-APP SPENDING



While Monkey is free to download, it nevertheless offers in-app purchases promising to unlock access to premium features. For example, users who wish to make use of 'Knock Knock chat' (Monkey's text-based messaging option), rather than the app's Chatroulette-style random video calling feature, will need to pay to be able to do so.

### INTRUSIONS ON PRIVACY



According to Monkey's privacy policy, personal information (such as name, profile picture and date of birth), user-contributed content (any photos, texts, videos and screenshots shared) and each user's browser and IP address are collected. That is a considerable amount of data for Monkey to gather on its users – and all of this information is shared with third parties.

## Advice for Parents & Carers

### DISCUSS THE DANGERS

Even if you're comfortable with your child using Monkey, it's still important to talk about the potential dangers. It's crucial, for instance, that young people recognise the risks that stem from video chatting with strangers; that they understand not to share identifying information (like their street or school name); and that they know what to do if they are exposed to inappropriate content.



### RESTRICT IN-APP PURCHASING

If your child is accessing Monkey via an Android device, you can prevent them from making in-app purchases through the device's settings. If you do allow your child to use the site, we'd recommend that you enable this feature: young people have been known to spend significant amounts of money in their desire to unlock more features in apps such as this.

### REPORT INAPPROPRIATE CONTENT

Monkey states in the safety section of its site that "people are given the power" and that, to a large extent, Monkey is "self-governing." If a user is exposed to sexually explicit or inappropriate content on the platform, they can select the 'police' emoji in the top right corner of their screen to submit a report for Monkey's moderation team to review.



### SPOT THE SIGNS

If you're concerned that your child is spending too much time on Monkey – or that they may have been exposed to inappropriate or distressing content – it's important to watch for potential indications that they've been affected emotionally. They could be unusually irritable or unable to concentrate, for example, or failing to complete their homework or even to eat regular meals.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National Online Safety

#WakeUpWednesday



## **Redbridge Notice**

### **Make memories. Foster for Redbridge.**

We often take some things for granted. Taking our children to the park or to a playground; jumping in puddles; getting your wellies stuck in thick mud. Many children in Redbridge, however, have never experienced these fun and free activities. A care leaver remembers the time that she was fostered and had a picnic in a park, "I had never had a picnic in a park before. I was 11. It was so exciting."

If you would like to create happy memories for our most vulnerable children and are considering fostering, please email [fostering@redbridge.gov.uk](mailto:fostering@redbridge.gov.uk) or call us on 020 8708 6068 or visit our website <https://www.redbridge.gov.uk/fosteringschools> to book onto one of our virtual information sessions.



**Make memories**  
**Foster for Redbridge**



**020 8708 6068**  
**fostering@redbridge.gov.uk**