



THE URSULINE ACADEMY ILFORD
A Catholic Academy for Girls
Weekly News – 2023/2024 Issue 13
8th December 2023



Dear Parents/Guardians
Headteachers Headlines...

During this second week of Advent, as we focus on the theme of peace, it is a poignant reminder of the tranquillity we seek amidst the hustle and bustle of the holiday season. In a world often marked by chaos and uncertainty, the concept of peace takes on profound significance.

Peace, in the context of Advent, goes beyond the absence of conflict. It is a deep sense of calm that emanates from within, a tranquillity that transcends external circumstances. As we light the second candle on the Advent wreath, we are not only symbolising the anticipation of the birth of Christ but also the yearning for the peace He brings.



Let us take this Advent season as an opportunity to cultivate a peaceful spirit within ourselves and to spread that peace to others. May the flickering flame on the Advent wreath serve as a beacon, guiding us towards the serenity that comes from embracing the true essence of Christmas – the birth of hope, love, joy, and peace.

Next week we will be reminding students during form times of the expectations regarding movement around the building during lunchtimes. Please do discuss this with your daughters so that we have peaceful & calm lunchtimes where we enjoy a break before the busy business of afternoon learning.

Lunchtime: Where students can eat their lunch.

The 3 locations where students can eat their lunch are:

- The Canteen
- The Main Hall
- The playground / courtyard (year 11)



Hot food can only be consumed in the Canteen.

Students must not eat or drink in the corridors or whilst walking around the building.



Lunchtime: Where students are permitted to be at lunchtime:

- Students can go to the three main areas at lunchtime: Canteen, Main Hall or playground / courtyard.
- Students may go to a room where they are engaged in a specific club or extra-curricular activity that is supervised by a member of staff e.g. IT club, Library, Revision clubs etc.
- Students are not permitted to stay in corridors, stairwells or classes where they have not been given explicit permission to be there – these areas are out of bounds.
- Where students are found to be in areas considered out of bounds at lunchtime and cannot provide a valid reason for this, they will be issued with a demerit.



Fiona Stone headteacher@uai.org.uk



Newsletter Contents this week:

Chaplaincy News Page 2

Advent Calendar, Page 3

Art News, Pages 4 – 5

Christmas Disco News, Page 6

History News, Page 7

It's beginning to look a lot like Christmas, Page 8

Library News, Pages 9 - 10

Music News, Pages 10 - 11

RE News Page 12

Science News, Page 13

Sixth Form News, Page 14

STEM News, Page 15

Free School Meals, Page 16

Lunch Menu, Page 17

Careers News, Page 18

Extra-Curricular Clubs, Page 21



Chaplaincy News



Pope Francis@Pontifex – 4th December 2023

WE have entered [#Advent](#) full of hope. We fervently implore the Prince of Peace to bring comfort to our wounded hearts and to nations suffering from wars and crises of every kind, so that all may live a dignified and peaceful life.



**Forward in Joy – 366 days with Angela Merici – Daily words of wisdom from our patron saint
December: Hope**

8th December: They should place their hope and love in God alone, and not in any living person.

9th December Let God work; he will do marvellous things.

10th December: Learn from Our Lord who, while he was in this world, was as a servant.

11th December: God will give you the necessary strength, provided you do not fail for your part.

12th December: Strive to seek out the means and ways to advance.

13th December: Merely beginning is not enough if you do not carry through.

14th December: Put all your zeal and strength into carrying out your duty.

The Ursuline Prayer

Gracious God,

Let us remain in harmony,

United together all of one heart and one will.

Let us be bound to one another

by the bond of love,

Respecting each other, helping each other,

And bearing with each other in Jesus Christ.

For if we try to be like this, without any doubt,

The Lord God will be in our midst.

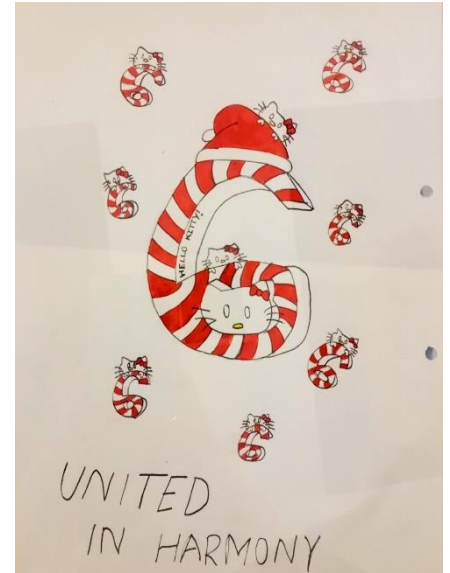
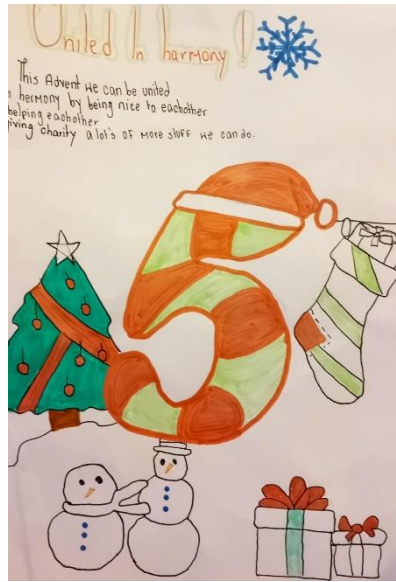
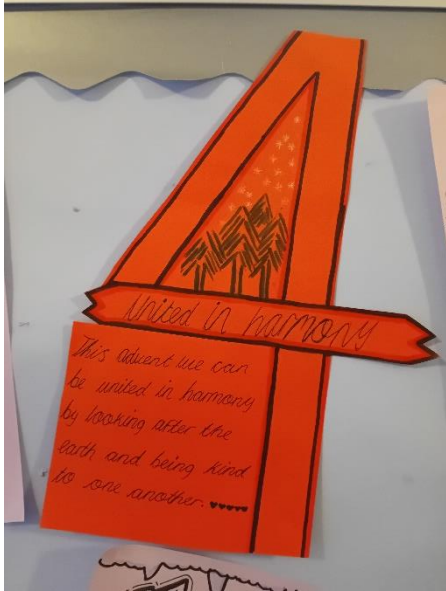




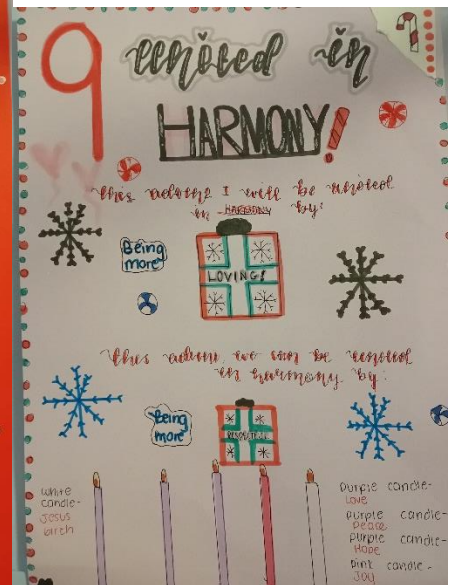
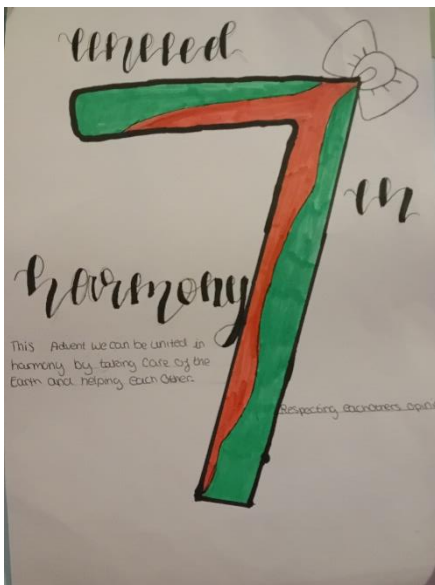
Advent Calendar

Our Advent Calendar continues this week...

4th, 5th & 6th December - We can be United in Harmony by looking after the earth and being kind to one another. We can also help one another and give to charity!



On days 7, 8 and 9 of this festive season, we will be "United in Harmony" by showing more love and respect. We will also respect the opinions of others!



Ms Eakins



Art News

Winners update for Ursuline Christmas card competition.

CHRISTMAS CARD ART COMPETITION

Could you create a Christmas masterpiece?*

Why don't you enter the Ursuline Academy Ilford art competition?

Do you want 100's of people to see your great art?

Just create a beautiful Christmas scene for the school Christmas card and hand it to Mr Butler.

Deadline: Weds 22nd November 2023.

*Create image only. No words. Full name on back of artwork.

The response to the school Christmas card design has been fabulous with a whole range of beautiful and creative entries. These were shortlisted last week, and the two winning designs below will be sent to the printers in time for Christmas posting.

Well done to everyone who participated and congratulations to our winners, **Naomi Friday Year 12** and **Aleeza Ansari Year 7**

Mr Butler
Head of Art





**Winners of the Christmas
card competition 2023**



**'Madonna and
child'**

Naomi Friday
Year 12



'Bethlehem'

Aleeza Ansari
Year 7



Year 7 and 8 Christmas Disco

We are pleased to announce that we will be hosting an after-school disco for students in Year 7 and 8 who wish to attend. This will take place on Tuesday 12th December from 4pm to 6pm. This is a fundraising event that has been organised by parent volunteers in collaboration with the school. This was a really lovely event last year and all students really enjoyed it. Tickets will be on sale on the way in to school every morning next week and are priced at £3 each. There will be some food, snacks and drinks on sale on the evening. Students who live nearby can go home to get changed and return at 4pm and we will also make space available for changing and storing possessions for those who wish to get changed at school and attend the disco without going home in between.

Merry CHRISTMAS DISCO!
FOR YEAR 7 AND 8!!

JOIN US FOR A FUN FILLED EVENING WITH A DJ AND DHOL!

RAFFLE PRIZES!

DECEMBER 12

4PM - 6PM

TICKETS ARE £3!

PIZZA, CRISPS, SWEETS AND MORE ON SALE!

STUDENTS CAN CHANGE AT SCHOOL IF REQUIRED!

POSTER BY SHRADDHA PIDAPARTHI: 9T

Archives Live

On Monday 4th December A Level History students had the opportunity to take part in an online seminar hosted by The National Archives, in which Dr Tracey Borman, esteemed Tudor historian, talked us through some of her favourite Tudor documents in the archives. It was a fantastic event, and Dr Borman’s love for her work really shone through. Students were able to try their hand at palaeography, attempting to decode 16th century handwriting, and see some excellent examples of the famous Tudor propaganda machine. A highlight was seeing a letter from Robert Dudley (Elizabeth’s rumoured lover) to Elizabeth I, written in 1588. The contents of the letter were not particularly noteworthy, but on the back of the letter Elizabeth I had written ‘his last letter’, as he had died a few days after it was sent. Elizabeth kept the letter in a locked box by the side of her bed until her own death in 1603, in a clear demonstration of her love for him. The letter serves as a reminder that people in the past were just like us, which can sometimes be forgotten.

Student responses:

‘My favourite document was Valor Ecclesiasticus (Henry VIII’s survey into the wealth of the monasteries, before their dissolution in the 1530s), as it is a great example of Tudor propaganda and art. It makes me wonder what methods were used to produce the documents, the art is of such a high standard’ **Obichi Duru**
Year 13

‘My favourite part was Dudley’s letter to Elizabeth, which was his last letter before his death. The fact that it was so well preserved is amazing to me’ **Alisha Qureshi, Year 13**

‘I particularly enjoyed the depiction of Henry VIII in the Valor Ecclesiasticus, I was intrigued by the use of gold as propaganda to portray Henry’s wealth and majesty’ **Anoosha Jawad, Year 13**

‘The seminar was very insightful into the Tudor period, and it was fascinating to see the documents we learn about in textbooks right in front of us’ **Elizabeth Akande, Year 13**

Henry VIII in the Valor Ecclesiasticus:



Ms Mackie, Subject Lead – History

Mary I and her husband, Philip of Spain:





It's beginning to look a lot like Christmas at Ursuline...



This week we have decorated our Christmas tree and put our Crib up!

These were the girls selected from Years 7, 8, 10 to help decorate them and they did a wonderful job!

Merry Christmas!

Miss Agudelo



P.S. Our crib is over 35 years old!!

Our RE Teacher, Mrs Lobo, joined Ursuline in 1988 and she said the crib was here before she started!



A book this Christmas...

a lifetime of possibilities

Christmas is a time for family and sharing stories. Our latest research shows that almost a million children in the UK say they don't have a single book of their own at home.



Young children who don't own books are less confident readers. Children who struggle with reading and literacy are likely to do worse at school. They are also less likely to get good qualifications, or a good job when they leave school.

At the National Literacy Trust, we know the power of reading for pleasure. In a book, children can discover new worlds, meet new people and learn about the past. It can spark their imaginations and help them develop empathy.



Your generous donation could help us get books to children who need them the most.

£10.00 could provide a disadvantaged child with their very first book.

£25.00 could help fund family literacy packs for parents with children on neo-natal wards, helping them to bond with their babies through reading.

£50.00 could help train a volunteer to work with parents with low literacy levels and give them the skills to help develop their child's literacy and communication skills.

£100.00 or more could contribute towards a National Literacy Trust Hub, which will create long-term change in areas of the UK where low levels of literacy are entrenched and intergenerational.

[Donate today](#)

Library Christmas Display...

Christmas is a time for all of us to reflect and wonder.....



Thank you, Samiha, for helping with the Christmas display.

Ms Finaly, Librarian



Music News

St Cecilia Lunchtime Music Concert

On Friday 1st December, we were delighted to put on a lunchtime concert for all to enjoy.

It was a great celebration of music and wonderful to showcase some of our very talented musicians.

Well done to all who performed, including our Ukulele Group led by Ms Eakins, UAI Choir, UAI Band, and three of our Year 9 bands.

Thank you to all students and staff who came to watch!





Year 9 bands:

'Careless Whisper'

Zionee Quansah (drums)
 Shreshti Gurrapu (violin)
 Sabeen Haneche,
 Ania Khan (bass guitar)
 Christine Oyekan (piano and singer)
 Aaliyah Khan (singer)



'Levitating'

Avril Gottshalk-Charles (drummer)
 Miracle Daley, Kirpa Gusani, Riana
 Zaman (singers)
 Emaan Khan (piano)



'Best Part'

Habiba Tijani (piano)
 Alyssia Baptiste (guitar)
 Malaika Abigaba (drummer)
 Veronica Mbula,
 Zoya Spence (singers)



UAI Choir

Ms Deller, Subject Lead Music

RELIGIOUS EDUCATION

Religious Education News

Last Friday A level RS students were treated to a series of masterclasses from Dr Peter Vardy (Vice Principal of Heythrop College, University of London, 1998-2011). In the past 14 years since the beginning of these student conferences, Peter has worked with more than 100,000 young people and more than 1000 schools in the UK and overseas and written a number of books in both ethics and philosophy of religion. He covered a range of key topics, such as the goodness of God, the idea of whether conscience is acquired or innate and the problems of natural law.

Mr McGhee. Head of Religious Education.

*The conference was really useful and I'm glad I went along. He was straight to the point, interesting and helped me understand everything that was being said. **Taybah***

*The conference certainly helped me to revise and understand topics such as natural law in more depth. **Asya***

*He was very entertaining, and it was useful to gain an idea of what university level discussions will be like. **Thriwethi.***

*When we had a debate about conscience towards the end of the conference, I enjoyed hearing the range of views from other students who were there; it was inspiring. **Marwa***





Science News

Magic Milk!

This week we tried to get messy with milk and washing up liquid.

Milk is made up of minerals, proteins, and fats. Proteins and fats are susceptible to changes. When washing up liquid is added to the milk, the soap molecules run around and try to attach to the fat molecules in the milk.

However, you wouldn't see this change happen without the food colouring! The food colouring looks like fireworks because it's getting bumped around, a colour explosion.

The soap lowers the surface tension of the milk. When the soap molecules head for the fats, they form spherical micelles. This causes movement and creates cool bursts and swirls of colour. After all the fat molecules have been found and equilibrium has been reached, there is no more movement.



Mr Uddin and Ms Agudelo



Review from Maariyah Siddiq

On Thursday, we had the opportunity to listen to a motivational talk from the one and only Mr Beezy. He delivered a very important presentation that left me inspired and motivated, which is exactly what I needed before my mocks. His dynamic speech style coupled with anecdotes, captivated our attention from start to finish.

What particularly stood out to me was Mr Beezy's emphasis on cultivating a growth mindset. He encouraged us to think not in terms of 'I don't understand that', but rather 'I don't understand that **yet**', and it was a powerful shift in perspective. It's the subtle 'yet' that has the potential to revolutionize our mind-set and instil the belief that we can achieve anything we set our minds to if we put in the work for it.

His ability to connect with us all on a genuine level and infinite positivity into the room makes him a standout motivational speaker worth experiencing.

Review from Aaliyah Siddiq

If there's one thing I could take away from Thursday's talk is that it was the most inspirational. A phrase that was beneficial to everyone would be: **No Grind, No Glory**. This means that if you don't put in the hard work yourself, then you won't gain anything in return, and that is a reality check.

It's one thing to dream about wanting success and a good future but another thing to actually put in the hard work now for your future self. This talk has been very powerful and has given me a new perspective on how to continue with school as well as life. It was such a motivational yet captivating and engaging speech that has inspired as well as encouraged me and my peers to start striving for more and putting in the work now so that our future self will have it easy.

I'm grateful to have had the opportunity to listen to Mr Beezy's inspirational talk, which was filled with enthusiasm and character, which was just what we needed to hear right before our mocks and the hard years of A levels we have ahead of us. His speech is one of a kind and it surely won't be forgotten!



Sketch by Mr Butler



Architecture into Education Award Winners

We are delighted to announce that The Ursuline Academy Ilford won the Architecture through STEM or STEAM Award in the inaugural **Architecture into Education Awards**. This event took place at the Building Centre in Central London earlier in the week. The award was recognition for our students' project work with the Design Future London (DFL) Challenge and other endeavours undertaken during STEM club work in school to support and nurture them into careers within the Built environment.

This year's DFL competition winners '**Spazio Verde**' (2023 winners) are now part of a featured exhibition being held at the Building Centre until March next year 2024. Congratulations to '**Spazio Verde**' and to '**Project Prasinos**' previous winners (2022) whose project continues to shine. Congratulations to the hard work contributed from the girls and the entire membership of our UAI STEM club. **DT Team**





Are you entitled?

Did you know...just registering your daughter for Free School Meals means that our school gets extra money!!

You can register your daughter for Free School Meals if you receive any of these benefits:

- *Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)*
- *Income Support*
- *Income-based Jobseeker's Allowance*
- *Income-related Employment and Support Allowance*
- *Support under Part VI of the Immigration and Asylum Act 1999*
- *The guarantee element of Pension Credit*
- *Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)*
- *Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit*

If you want your daughter to have a free, healthy meal at lunchtime that's great – she will get a free meal (saving you more than £400 per year!). There is NO stigma attached and no one will know because we operate a cashless payment system in our Dining Hall.

If you qualify but don't want your daughter to have Free School Meals, please still register as the school will get additional funding. Your daughter can still continue to have her packed lunch as normal!

To apply please complete the on-line Free School Meals application on the Redbridge.gov.uk website. You can apply regardless of which borough you live in because your daughter attends a school in Redbridge. It is a simple 1-page form, so don't delay, apply today!!

It is important to note that:

- Taking the meal is recommended but not compulsory
- Your daughter may receive additional help as a result of being registered, for example, help with the cost of music lessons or school trips
- No one will know and it will not affect any other benefits you are claiming
- Registering your daughter for Free School Meals will bring in more money to our school. Thank you for your co-operation!



Are you entitled?



Ursuline Menu for the coming week...

MENU

MY LUNCH MY WAY

WEEK 1

V = VEGETARIAN VE = VEGAN

MONDAY

BREAKFAST

POWERBALLS V
SAVOURY BREAKFAST MUFFIN
Bacon / Egg / Veg Sausage VE
YOGHURT & GRANOLA V

MID-MORNING

DIRTY VEGGIE WEDGES V
MARGHERITA PIZZA V
LOADED NACHOS V
PANINI / BAGUETTE

LUNCH

HALLOUMI BURGER WITH SRIRACHA SLAW & JACKET WEDGES V
MAC N' CHEESE V
JACKET BAR

FRUIT SHORTBREAD VE
DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

TUESDAY

POWERBALLS V
PORRIDGE BAR V
TOASTED BAGEL V
Plain / Cream Cheese or Melted Cheese
BREAKFAST HOT POT
CINNAMON SWIRL V

DIRTY WEDGES
Meat / Roast Vegetables V
CIABATTA PIZZA V
BREAKFAST WRAPS
HUMMUS BAR VE
3 kinds
PANINI / BAGUETTE

PERI PERI CHICKEN
With Spicy Rice & Minted Peas
FALAFEL & CARROT HUMMUS WRAP VE
CHICKEN GYROS
With Bean Salad & Sriracha Slaw
CURRY BAR

VEGAN GINGER CAKE VE
DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

WEDNESDAY

POWERBALLS V
PORRIDGE BAR V
SAVOURY BREAKFAST MUFFIN
Bacon / Veg sausage VE
BREAKFAST WRAP
YOGHURT & GRANOLA V
CINNAMON SWIRL V

SOUP V
DIRTY VEGGIE WEDGES V
CARBONARA PIZZA
FALAFEL & HUMMUS
CIABATTA V
HOT CHICKEN WRAP
PANINI / BAGUETTE

CHICKEN CARVERY ROAST 3 WAYS
Lemon / Tandoori / Plain with Roast Potatoes, Gravy & Seasonal Vegetables
QUORN ROAST VE
With Roast Potatoes, Gravy & Seasonal Vegetables
MEATBALL SUB
PASTA BAR

MOUSSE V
DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

THURSDAY

POWERBALLS V
PORRIDGE BAR V
TOASTED BAGEL V
Plain / Cream Cheese / Melted Cheese
BREAKFAST HOT POT
CINNAMON SWIRL V

DIRTY WEDGES
Meat / Roast Vegetables V
PIZZA NAAN V
SLOPPY GIUSEPPE
HUMMUS BAR VE
3 kinds
PANINI / BAGUETTE

CHICKEN KATSU CURRY
With Rice & Mixed Pepper Sriracha Slaw
SUMMER VEGETABLE CRISPY KATSU CURRY
TRAY BAKE VE
PASTA BOLOGNESE POT
JACKET BAR

FRUIT TURNOVER VE
DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

FRIDAY

POWERBALLS V
PORRIDGE BAR V
SAVOURY MUFFIN
Egg / Bacon / Vegan Sausage VE
BREAKFAST HOT POT
FULL ENGLISH FRIDAY

SOUP V
DIRTY VEGGIE WEDGES V
PIZZA TWIST V
LOADED NACHOS V
CINNAMON SWIRL V
PANINI / BAGUETTE

FISH & CHIPS
With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce
SPRING ROLLS & CHIPS VE
With Sweet Chilli Sauce
FISH FINGER SOFT TACO & CHIPS
With Peas & Baked Beans served with Curry Sauce / Ketchup / Tartar Sauce
PASTA BAR

FRUIT MUFFIN V
DESSERT SPECIAL V
Fruit / Jelly / Yoghurt

FRESH VEGETABLES & FRUIT SERVED DAILY



Careers

The Morgan Stanley Digital and Technology Solutions Degree Apprenticeship



The **Morgan Stanley Digital and Technology Solutions Degree Apprenticeship** enables students to benefit from theory-based learning at university whilst working alongside industry experts within the Morgan Stanley Technology division.

Delivered in partnership with **Queen Mary University of London**, students are supported to achieve their degree whilst developing valuable practical skills within the financial services industry.

Why choose a degree apprenticeship at Morgan Stanley?

- Kick-start your career in a supportive environment, making valuable contributions from the outset
- Support on exciting projects from designing and building software to interacting with internal clients to help deliver innovative solutions
- Rotate across different areas of the Morgan Stanley Technology division, gaining exposure and hands on experience across different teams
- Immerse yourself in the Morgan Stanley culture and the student community at university
- Earn a salary whilst you learn

Programme Start Date: September 2024

Application Deadline: 19 February 2024

Students can [apply now](#) or get in touch with the Morgan Stanley Early Careers team at emeaearlycareers@morganstanley.com!



The Reach Next Generation Summit for 11–15-year-old girls

The Reach Next Generation Summit for 11–15-year-old girls is coming back to London and will be taking place at **Kingsley Napley HQ in The**

City of London on Saturday December 9th, 2023.

The Summit is FREE to attend, and we provide lunch and afternoon snacks and it's open to all girls who are 11-15 years old and it will be very much a day of discussions to help girls think about their futures in the ever changing world we all now live in.

We will be discussing ambition, self-confidence, social media, money management, mental health and many more topics from a range of successful women from all backgrounds and sectors. It will be an empowering and energising day and one that changes lives for the better.

All the details are shown on the invitation here <https://tinyurl.com/rng9invite>

More information and videos from previous summits are at www.reachnextgeneration.com



EXTRACURRICULAR ACTIVITIES



Extra-Curricular Activities

Day	Activity	Time	Room	Year
EVERY DAY	Rise & Shine Biology Time! : LMB	7.45 -8.30a.m.	G7	Year 11
MONDAY				
BREAKTIME	Music Practice (Invitation only): SDE	10.40 – 11.00am	S5	Years 7-11
LUNCHTIME	Music Practice (Invitation only): SDE	12.40 – 1.10pm	S5	Years 7-11
	Guitar Ensemble: SDE	1.10 – 1.40pm	S5	Years 7-11
	Indoor Rowing: JMA/CHB	12.40 – 1.10p.m.	Gym	All Years
AFTER SCHOOL	Library Club: CFI	3.20 – 4.30pm	Library	Years 7-13
	Netball Club: JMA	3.30 – 4.30p.m.	Playground/Gym	Years 7-8
TUESDAY				
BREAKTIME	Music Practice (Invitation only): SDE	10.40 – 11.00am	S5	Years 7-11
LUNCHTIME	French Carol Singers: SDE/LGR	12.40 – 1.10pm	S5	Years 7-11
	Violin Ensemble: SDE	1.10 – 1.40pm	S5	Years 7-11
	STEM Club: AKO	1.00 – 1.30pm	G12	Years 7-11
	Debating Team: EDO	12.40 – 1.10pm	F19	Years 12-13
	Maths Club: TKA	12.40 – 1.40pm	S6	Years 7-11
	Chemistry Club: JOS	12.40 – 1.10pm	G8	Years 10-13
	GCSE PE Intervention: SFR	12.40 – 1.30p.m.	G18	Years 10-11
	Newspaper Club: NAS	12.40 – 1.40p.m.	F9	Years 7-11
AFTER SCHOOL	Subject Champions: RBA	3.30 – 4.30pm	G15	Years 12-13
	Library Club: CFI	3.20 – 4.30pm	Library	Years 7-13
	Netball Club: SFR	3.30 – 4.30p.m.	Playground/Gym	Years 9 - 13
	Humanities Revision Club: EDO/HMA/HCO	3.30 – 4.30p.m.	G3	Year 11
WEDNESDAY				
BREAKTIME	Ukulele Group: DEA	10.40 – 11.00a.m.	S5	Years 7-8
LUNCHTIME	Music Practice (Invitation only): SDE	12.40 – 1.00p.m.	S5	Years 7-11
	UAI Choir: SDE	1.00 – 1.40p.m.	S5	Years 7-11
	Mindfulness and Wellbeing: NKA	12.40 – 1.10p.m.	G9	Years 12-13
	Indoor Athletics: JMA	12.40 – 1.10p.m.	Gym	Years 7-8
	French Speaking Club: LGR	12.40 – 1.10p.m.	G6	Year 11
	Spanish Speaking Club: SCL	12.40 – 1.10p.m.	G5	Year 11
	SEN Science Club: MUD	12.40 – 1.10p.m.	G11	Year 8
	Islamic Society: AAH	1.05 – 1.30p.m.	F8	Years 7-11
AFTER SCHOOL	DT Catch Up: AKO	3.30 – 4.30p.m.	G12	Year 11
	Football Club: LBU/DOK	3.30 – 4.30p.m.	Playground/Gym	All Years
	Peer Mentor: NKA/RBA/HCO/SFR	3.30 – 4.30p.m.	G15	Years 7-13
	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
THURSDAY				
BREAKTIME	Music Practice (Invitation only): SDE	10.40 – 11.00a.m.	S5	Years 7-11
LUNCHTIME	Worship Band: SDE	12.40 – 1.10p.m.	S5	Years 7-11
	Woodwind Ensemble: SDE	1.10 – 1.40p.m.	S5	Years 7-11
	Art Club: RBU	12.40 – 1.40p.m.	S2	Years 7-13
	Knitting Club: HMA & Mrs Mackie	12.40 – 1.40p.m.	F18	Years 7-11
	Charity and Enterprise: LBU	12.40 – 1.10p.m.	F10	Years 12-13
	Sports Ambassadors: SFR	12.40 – 1.10p.m.	Dance Studio	Years 12-13
Fortnightly	African Caribbean Society: TKA/SFR/NKA	1.10 – 1.40p.m.	S6	All Years
Fortnightly	ECO Club: HCO/JMC	12.40 – 1.00p.m.	G3	Years 7-8
AFTER SCHOOL	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
FRIDAY				
BREAKTIME	Music Practice (Invitation only): SDE	10.40 – 11.00a.m.	S5	Years 7-11
LUNCHTIME	UAI Band: SDE	12.40 – 1.10p.m.	S5	Years 7-11
	Glee Club: SDE	1.10 – 1.40p.m.	S5	Years 7-11
	Art Club: RBU	12.40 – 1.40p.m.	S2	Years 10-13
AFTER SCHOOL	Library Club: CFI	3.20 – 4.30p.m.	Library	Years 7-13
	Running Club: JMA	3.30 – 4.30p.m.	Playground/Gym	All Years