

Physical Education (Year 9)

Invasion Games: Netball, Football, Basketball, Hockey, Ultimate Frisbee, Rugby

Initial – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – able to link basic skills, e.g., throwing and catching.	Skills – able to link basic skills, e.g., throwing and catching, with basic idea generation but limited accuracy.	Skills – able to combine skills and ideas with reasonable control.	Skills – able to combine various skills and ideas with good control and accuracy.	Skills – able to modify skills based on tactical considerations with accuracy.	Skills – Analyse own performance, identify strengths and weaknesses, and develop solutions for improvement.
Tactics/compositional ideas – Understand simple attacking and defending tactics/compositional ideas.	Tactics/compositional ideas – Understand and begin to use simple attacking and defending tactics/compositional ideas.	Tactics/compositional ideas – Implement simple attacking and defending tactics/compositional ideas in small-sided activities.	Tactics/compositional ideas – understand simple attacking and defending tactics / compositional ideas and be aware of them and use them in appropriate activities.	Tactics/compositional ideas – Be aware of and use simple attacking and defending tactics/compositional ideas in various activities.	Tactics/compositional ideas – Modify skills based on tactical considerations with accuracy.
Evaluation skills – Watch others and discuss what is good and not.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Be aware of and use simple attacking and defending tactics/compositional ideas appropriately.	Evaluation skills – Make judgments on what's good and bad to aid improvement.	Evaluation skills – Make judgments on good and bad, provide feedback.	Evaluation skills – Evaluate own performance, create appropriate solutions.
Safety in sport – Explain basic principles of safety in invasion games.	Safety in sport – Explain safety principles and the role of sports officials.	Safety in sport – Be aware of and use simple attacking and defending tactics/compositional ideas in various activities.	Safety in sport – Apply safety principles for preparation and competition.	Safety in sport – Apply a variety of safety principles for preparation and competition.	Safety in sport – Explain and demonstrate warm-up components, evaluate officials' impact on sports.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Modify skills based on tactical considerations with accuracy.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate body's reaction to exercise.	Effects of exercise on the body – Evaluate body's reaction to exercise for health benefits.

Strike & Field Games: Rounders, Soft ball and Cricket

Initial – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills like throwing, catching, and batting the ball.	Skills – Link basic skills and generate simple ideas with limited accuracy.	Skills – Join skills like throwing, catching, and batting a ball with reasonable control.	Skills – Join some skills and ideas on fielding or batting with good control and accuracy.	Skills – Choose the correct fielding or batting skills based on sports principles with consistent control.	Skills – Modify batting and fielding tactics based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand simple batting and fielding tactics/compositional ideas.	Tactics/compositional ideas – Understand and begin to use simple batting and fielding tactics/compositional ideas.	Tactics/compositional ideas – Watch others, provide feedback to help them improve.	Tactics/compositional ideas – Be aware of and use simple batting and fielding tactics/compositional ideas appropriately.	Tactics/compositional ideas – Be aware of and use simple batting and fielding tactics/compositional ideas in various activities.	Tactics/compositional ideas – Modify batting and fielding tactics based on evaluations and compositional ideas with accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills – Make judgments on what's good and bad to aid improvement.	Evaluation skills – Make judgments on good and bad, provide feedback.	Evaluation skills – Evaluate own performance, create appropriate solutions.
Safety in sport – Explain basic principles of safety in strike and field games.	Safety in sport – Explain safety principles and the role of sports officials.	Safety in sport – Explain and apply safety rules within competition.	Safety in sport – Apply safety principles for preparation and competition.	Safety in sport – Apply a variety of safety principles for preparation and competition.	Safety in sport – Explain and demonstrate warm-up components, evaluate officials' impact on sports.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Racket Sports: Tennis, Badminton & Squash

Initial – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as serving, shots, and preparing the racket.	Skills – Link basic skills with basic idea generation but limited accuracy.	Skills – Join skills like serving, shots, and preparing the racket with reasonable control.	Skills – Join some skills and ideas on offensive or defensive moves with good control and accuracy.	Skills – Choose the correct offensive or defensive moves based on sports principles with consistent control.	Skills – Modify offensive or defensive moves based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand simple deflection tactics/compositional ideas.	Tactics/compositional ideas – Understand and begin to use simple deflection tactics/compositional ideas.	Tactics/compositional ideas – Implement simple deflection tactics/compositional ideas in small-sided activities.	Tactics/compositional ideas – Be aware of and use simple deflection tactics/compositional ideas appropriately.	Tactics/compositional ideas – Be aware of and use simple deflection tactics/compositional ideas in various activities.	Tactics/compositional ideas – Modify deflection tactics based on evaluations and compositional ideas, helping to improve with some accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills – Make judgments on what's good and bad to aid improvement.	Evaluation skills – Make judgments on good and bad, provide feedback.	Evaluation skills – Evaluate own performance, create appropriate solutions.
Safety in sport – Explain basic principles of safety in racket sports.	Safety in sport – Explain safety principles and the role of sports officials.	Safety in sport – Explain and apply safety rules within competition.	Safety in sport – Apply safety principles for preparation and competition.	Safety in sport – Apply a variety of safety principles for preparation and competition.	Safety in sport – Explain and demonstrate warm-up components, evaluate officials' impact on sports.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Performance Activities: Dance, Trampolining & Gymnastics

Initial – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as balances, travels, and shapes.	Skills – Link basic skills and generate simple ideas with limited accuracy.	Skills – Join skills like balances, travels, and shapes with reasonable control.	Skills – Join some locomotion and technical movements with good control and accuracy.	Skills – Choose the correct movement pattern based on fluency and end goal with consistent control.	Skills – Modify movement patterns based on evaluations and compositional ideas to improve performance.
Tactics/compositional ideas – Understand what makes a routine aesthetically pleasing/compositional idea.	Tactics/compositional ideas – Understand and begin to use what makes a routine aesthetically pleasing/compositional ideas.	Tactics/compositional ideas – Implement what makes a routine aesthetically pleasing/compositional ideas in a motif.	Tactics/compositional ideas – Be aware of and use what makes a routine aesthetically pleasing/compositional ideas in your own routine.	Tactics/compositional ideas – Be aware of and use what makes a routine aesthetically pleasing/compositional ideas in various activities.	Tactics/compositional ideas – Modify based on understanding how to make a routine aesthetically pleasing/compositional ideas and techniques, helping to improve with accuracy.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve and understand different scoring systems.	Evaluation skills – Make judgments on what's good to help others improve, understand different scoring systems, and provide feedback.	Evaluation skills – Make judgments on what's good and bad to aid improvement, apply different scoring systems with feedback.	Evaluation skills – Make judgments on good and bad, provide feedback, apply different scoring systems.	Evaluation skills – Evaluate own performance, create appropriate solutions, apply different scoring systems.
Safety in sport – Explain basic principles of safety.	Safety in sport – Explain principles of safety in performance activities.	Safety in sport – Explain and apply safety principles and rules in performance activities.	Safety in sport – Apply safety principles for preparation and competition in performance activities.	Safety in sport – Apply a variety of safety principles for preparation and competition in performance activities.	Safety in sport – Explain and demonstrate warm-up components, adhere to safety procedures appropriate to activity, evaluating their effect.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.

Athletics Events: Track & Field

Initial – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Emerging – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Developing – a student who is developing their Y9 PE skills will be able to:	Secure – a student who is secure in the skills in the Y9 PE curriculum will be able to:	Advanced – a student whose understanding of the Y9 PE skills is still emerging will be able to:	Mastered – a student who has mastered the skills in the Y9 PE curriculum will be able to:
Skills – Link basic skills such as running, throwing, and jumping.	Skills – Link basic skills with basic idea generation but limited accuracy.	Skills – Join skills like running, throwing, and jumping with reasonable control.	Skills – Join some skills and ideas within specific events with good control and accuracy.	Skills – a Choose the correct athletic skills based on the event with consistent control.	Skills – Modify and transition effectively based on evaluations and implement ideas with some accuracy in chosen events.
Modifications/transitions ideas – Understand simple modifications and transitions ideas.	Modifications/transitions ideas – Understand and begin to use simple modifications and transitions ideas.	Modifications/transitions ideas – Implement simple modifications and transitions ideas in a competitive situation.	Modifications/transitions ideas – Be aware of and use simple modifications and transitions ideas in appropriate events/situations.	Modifications/transitions ideas – Be aware of and use simple modifications and transitions ideas in various activities.	Modifications/transitions ideas – Modify and transition effectively based on evaluations and implement ideas with accuracy in chosen events.
Evaluation skills – Watch others and discuss what is good and not so good.	Evaluation skills – Watch others, provide feedback to help them improve.	Evaluation skills – Make judgments on what's good to help others improve.	Evaluation skills – Make judgments on what's good and bad to aid improvement, use feedback.	Evaluation skills – Make judgments on good and bad, provide feedback, apply different scoring systems.	Evaluation skills – Evaluate own performance, create appropriate solutions, apply different scoring systems.
Safety in sport – Explain basic principles of safety in Athletics.	Safety in sport – Explain safety principles in Athletics and the role of officials.	Safety in sport – Explain and apply safety principles and rules in Athletics and competition.	Safety in sport – Apply safety principles for preparation and competition in Athletics.	Safety in sport – Apply a variety of safety principles for preparation and competition in Athletics.	Safety in sport – Explain and demonstrate warm-up components, adhere to safety procedures in Athletics, evaluate the effect of officials.
Effects of exercise on the body – Know the effects of exercise on the body.	Effects of exercise on the body – Describe how exercise affects the body.	Effects of exercise on the body – Describe how exercise affects the body and why it's good.	Effects of exercise on the body – Explain how exercise affects the body for overall health.	Effects of exercise on the body – Evaluate the body's reaction to exercise.	Effects of exercise on the body – Evaluate the body's reaction to exercise for health benefits.