Ursuline Academy Ilford

Food (Year 7)

| | Initial – aEmerging –student whostudentis still initialwhosewill be able tounderstandpartially meetg is stillsome of theemerging wfollowingwith support: | whose understanding is developing will also be able in to: ill | Secure – a student whose understanding is secure will also be able to: | Advanced – a student whose understanding is advanced will be able to do some of the following: | Mastered – a student who has mastered their understanding will be able to do all of the following consistently: |
|----------------------|---|---|--|---|--|
| Practical and theory | Work safely, reasonably accurately and tidily. Use some basic equipment and techniques eg knife, grater. Produce an acceptable standard of dishes. Complete some practical tasks on time and with some guidance and help. Write mostly in sentences. Identify the sections of the eatwell guide and foods in each section. Describe the dish made, lis any problems and list some sensory qualities (evaluation). Choose own modification of a dish and give a reason for choice. Follow instructions complete simple write tasks. | skills and techniques fairly effectively. Produce some good quality dishes. Complete most practical tasks within time constraints and with a little guidance and help. Complete written work in full sentences. t Describe the sections of the eatwell guide and give examples of foods in each section. Describe how well the making of a dish went, how parts of the dish could be improved and identify the | Work with a variety of equipment safely and efficiently in a tidy environment. Work using a range of practical skills and techniques effectively; knife skills - fruit salad, soup, fruit crumble; rubbing in method - scones, biscuits, crumble; bread making - pizza base. Consistently produce good quality dishes. Complete practical tasks within time constraints and mostly independently. Complete written work in full sentences using descriptions. Explain the importance of the eatwell guide. Explain which steps in the making went well, how to improve the dish made and | Work consistently hygienic manner i environment. Work using a rang and techniques ver knife skills - fruit s crumble; rubbing scones, biscuits, com making -pizza base Consistently produ quality finished dis Consistently comp tasks within time of independently. Complete written sentences using de explain comments Explain the import eatwell guide and used to provide a Explain and justify the making went of improve the dish of | n a tidy and clean e of practical skills ery effectively; alad, soup, fruit in method - rumble; bread e. uce very good shes. olete practical constraints and work in full escriptions and s made. tance of the how it can be balanced diet. which steps in well and how to |

| a dish and give reasons for choice.(evaluation).Choose own ideas or adaptation dishes and justify choices.Follow instructions todish and describe reasons forFollow instructions to com | | choice. Follow instructions to complete written tasks with | Choose own ideas or modify a dish and describe reasons for choice. Follow instructions to complete detailed writtentasks with some | Follow instructions to compl detailed written tasks independen |
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