

Health and Social Care Curriculum Overview – Year 10

Sequencing of topics	What knowledge will students develop? (Including key terminology)	What skills will students develop? (Including literacy & numeracy)	Assessment opportunities	Homework opportunities	Personal development (Ursuline Values, Catholic Social Teaching, Cultural Capital, Cross-curricular, Careers)	Curriculum links
Autumn Term 1						
<p>COURSEWORK COMPONENT</p> <p>COMPONENT 1 – HUMAN LIFESPAN DEVELOPMENT</p> <p>A - Understand human growth and development across life stages and the factors that affect it</p>	<p>A1 - Human growth and development across life stages</p> <ol style="list-style-type: none"> Principles of growth and development The physical changes that take place across the six stages of a human’s lifespan and the effect of these changes. The intellectual changes that take place across the six stages of a human’s lifespan and the effect of these changes. The emotional changes that take place across the six stages of a human’s lifespan and the effect of these changes. 	<ul style="list-style-type: none"> Critical thinking The ability to apply theoretical concepts to real-life situations Observation Skills Understanding the complexity of human development Understanding of the interrelated factors that affect development 	<ul style="list-style-type: none"> Case study questions <p>Supervised assignment comprising of specific tasks completed in autumn term 2.</p>	<ul style="list-style-type: none"> Research tasks Case studies Practice Questions 	<ul style="list-style-type: none"> Grateful and Generous: Appreciate the gift of life and the opportunity to understand human growth and development across the stages of life Faith-filled and Hopeful: Acknowledging the potential for growth, resilience, and positive outcomes throughout the lifespan Listening and Attentive: Understanding and recognising the diverse experiences and needs of individuals across different life stages Dignity of God’s people 	<p>KS4</p> <ul style="list-style-type: none"> Unit 3: Health and Wellbeing <p>KS5</p> <ul style="list-style-type: none"> Unit 1: Human Lifespan Development Unit 14: Physiological Disorders and their Care

<p>B - Understand how individuals deal with life events</p>	<p>5. The social changes that take place across the six stages of a human's lifespan and the effect of these changes.</p> <p>A2 - Factors affecting growth and development</p> <ol style="list-style-type: none"> 1. Physical factors 2. Lifestyle factors 3. Emotional factors 4. Social factors 5. Cultural factors 6. Environmental factors 7. Economic factors <p>B1 - Different types of life event</p> <ol style="list-style-type: none"> 1. Health and wellbeing: <ul style="list-style-type: none"> ○ Physical and Mental illness etc. 2. Relationship Changes: <ul style="list-style-type: none"> ○ Marriage etc. 3. Life circumstances: <ul style="list-style-type: none"> ○ Moving house etc. 				<ul style="list-style-type: none"> • Care for Creation • Solidarity • Spiritual • Social • Cultural • Psychology • Biology • Sociology • Teacher • Social Worker • Geriatric Care Manage • Developmental Psychologist 	
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<p>COURSEWORK COMPONENT</p> <p>COMPONENT 1 – HUMAN LIFESPAN DEVELOPMENT</p> <p>B - Understand how individuals deal with life events</p>	<p>B2 - Coping with change caused by life events</p> <ol style="list-style-type: none"> 1. Character traits that influence how individuals cope: <ul style="list-style-type: none"> ○ Resilience, self-esteem etc. 2. Sources of support that can help individuals adapt: <ul style="list-style-type: none"> ○ Family, friends, carers, multidisciplinary working etc. 3. Support that can help individuals adapt: <ul style="list-style-type: none"> ○ Emotional support, practical help etc. <p>Completion of supervised assignment</p>	<ul style="list-style-type: none"> • Resilience Building • Empathy and Active Listening • Communication techniques • The ability to apply theoretical concepts to real-life situations • Collaborative and Multidisciplinary Working 	<ul style="list-style-type: none"> • Case study questions <p>Supervised assignment comprising of specific tasks completed in autumn term 2.</p>	<ul style="list-style-type: none"> • Research tasks • Case studies • Practice Questions 	<ul style="list-style-type: none"> • Loving and compassionate: Demonstrate compassion and empathy towards individuals experiencing change, understanding the need for support • Courageous and resilient: Recognise the importance of resilience in coping with change fostering courage to navigate challenges • Faith filled and hopeful • Dignity of God’s people • Care for Creation • Solidarity • Social • Moral • Psychology • Sociology • Counselor • Life Coach • Rehabilitation Specialist • Youth Worker • Hospice or Palliative Care Worker 	<p>KS4</p> <ul style="list-style-type: none"> • Unit 2: Health and Social Care Services and Values • Unit 3: Health and Wellbeing <p>KS5</p> <ul style="list-style-type: none"> • Unit 2: Working in Health and Social Care
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Spring term 1

<p>COURSEWORK COMPONENT</p> <p>COMPONENT 2 - HEALTH AND SOCIAL CARE SERVICES AND VALUES</p> <p>A - Understand the different types of health and social care services and barriers to accessing them</p>	<p>A1 - Healthcare services</p> <ol style="list-style-type: none"> 1. Health conditions: <ul style="list-style-type: none"> ○ Arthritis, Cardiovascular conditions, Dementia, etc. 2. Health services available: <ul style="list-style-type: none"> ○ Primary, A&E, secondary, tertiary care etc. <p>A2 - Social care services</p> <ol style="list-style-type: none"> 1. Definition and description of social care 2. Social care services for: <ul style="list-style-type: none"> ○ Children, adults, those with specific needs, elderly etc. 3. Additional care: <ul style="list-style-type: none"> ○ Informal and Voluntary care <p>A3 - Barriers to accessing services</p> <ol style="list-style-type: none"> 1. Definition of barriers 2. Types of barrier and how these are overcome <ul style="list-style-type: none"> ○ Physical barriers 	<ul style="list-style-type: none"> • Problem-solving • Healthcare Knowledge • The ability to apply theoretical concepts to real-life situations • Ethical conduct • Understanding of the impact of barriers to access and services and how to overcome these challenges 	<ul style="list-style-type: none"> • Case study questions <p>Supervised assignment comprising of specific tasks completed in spring term 2.</p>	<ul style="list-style-type: none"> • Research tasks • Case studies • Practice Questions 	<ul style="list-style-type: none"> • Loving and Compassionate: Cultivate a compassionate attitude towards individuals promoting respect empathy and kindness in their interactions • Faith-filled and Hopeful: Acknowledging the potential for healing, support, and improved well-being through the provision of quality healthcare • Serviam: Recognising the variety of mechanisms that could be utilized to serve an individual's needs to ensure optimal health and wellbeing • Care for Creation • Option for the Poor • Solidarity • Community and Participation • Social • Physical • Moral • Psychology 	<p>KS4</p> <ul style="list-style-type: none"> • Unit 2: Health and Social Care Services and Values • Unit 3: Health and Wellbeing <p>KS5</p> <ul style="list-style-type: none"> • Unit 2: Working in Health and Social Care • Unit 5: Meeting Individual Care and Support Needs • Unit 14: Physiological Disorders and their care
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	<ul style="list-style-type: none"> ○ Barriers to those with sensory disability ○ Barriers to those with different social and cultural backgrounds ○ Barriers to people that are EAL or have speech impairments ○ Geographical barriers ○ Barriers for those with learning disabilities ○ Financial barriers 				<ul style="list-style-type: none"> ● Biology ● Sociology ● Nurse ● Allied Health Professional ● Healthcare Administrator ● Public Health Specialist 	
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Spring term 2

<p>COURSEWORK COMPONENT</p> <p>COMPONENT 2 - HEALTH AND SOCIAL CARE SERVICES AND VALUES</p> <p>B - Understand how individuals deal with life events</p>	<p>B1 - Skills and attributes in health and social care</p> <p>1. Skills</p> <ul style="list-style-type: none"> ○ Problem solving ○ Observation ○ Dealing with difficult situations ○ Organisation <p>2. Attributes</p> <ul style="list-style-type: none"> ○ Empathy ○ Patience ○ Trustworthiness ○ Honesty 	<ul style="list-style-type: none"> ● Problem-solving ● Observation Skills ● Communication Skills ● The ability to apply theoretical concepts to real-life situations ● Understanding of the impact of barriers to access and services and how to overcome these challenges 	<ul style="list-style-type: none"> ● Case study questions <p>Supervised assignment comprising of specific tasks completed in spring term 2.</p>	<ul style="list-style-type: none"> ● Research tasks ● Case studies ● Practice Questions 	<ul style="list-style-type: none"> ● Grateful and Generous: Appreciating the opportunity to contribute to the well-being of others through their problem-solving, observation, and empathy ● Leading for Justice: Embody justice by utilising their skills and attributes to advocate for fair and equitable access to services. attitude towards 	<p>KS4</p> <ul style="list-style-type: none"> ● Unit 2: Health and Social Care Services and Values ● Unit 3: Health and Wellbeing <p>KS5</p> <ul style="list-style-type: none"> ● Unit 2: Working in Health and Social Care ● Unit 5: Meeting Individual Care and Support Needs ● Unit 14: Physiological
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	<p>B2 - Values in health and social care</p> <p>1. The 6 Cs:</p> <ul style="list-style-type: none"> ○ Care ○ Compassion ○ Competence ○ Communication ○ Courage ○ Commitment <p>B3 - The obstacles individuals requiring care may face</p> <p>1. Definition of obstacles</p> <p>2. Potential obstacles:</p> <ul style="list-style-type: none"> ○ Emotional / Psychological ○ Availability of resources ○ Lack of Support etc. <p>B4 - The benefits to individuals of the skills, attributes and values in health and social care practice</p> <p>How skills, attributes and values benefit individuals when receiving care</p> <p>Completion of supervised assignment</p>				<p>individuals promoting respect empathy and kindness in their interactions</p> <ul style="list-style-type: none"> ● Listening and Attentive: Recognise the importance of truly hearing and understanding individuals' needs and concerns. ● Care for Creation ● Option for the Poor ● Community and Participation ● Social ● Moral ● Psychology ● Sociology ● Healthcare Assistant ● Support Worker ● Care Coordinator ● Social Care Worker ● Mental Health Advocate 	<p>Disorders and their care</p>
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Summer Term 1						
Start Year 11 Content						
Summer Term 2						